

# Approved list of Personal apparel and equipment for use at IPF sanctioned competitions.

Updated: 30<sup>th</sup> March 2017 Valid from: 1<sup>st</sup> January 2015 - 31<sup>st</sup> December 2018

## Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts and singlets from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World.

## INZER

Heavy Duty Blast Shirt (HD) <b>Equipped</b>	Z-Suit <b>Equipped</b>	Iron Wraps A and Z <b>Equipped</b>
High Performance Heavy Duty Blast Shirt (HPPHD) <b>Equipped</b>	Champion Suit <b>Equipped</b>	W30 Knee Wraps <b>Equipped</b>
Extra High Performance Heavy Duty Blast Shirt (EHPHD) <b>Equipped</b>	Hard Core Suit <b>Equipped</b>	W40 Knee Wraps <b>Equipped</b>
Blast Shirt <b>Equipped</b>	TRX Squat Suit <b>Equipped</b>	W50 Knee Wraps <b>Equipped</b>
The Wrath bench Shirt <b>Equipped</b>	Megathrust Squat Suit <b>Equipped</b>	W60 Knee Wraps <b>Equipped</b>
The Rage bench Shirt <b>Equipped</b>	MAX DL Deadlift Suit <b>Equipped</b>	W70 Knee Wraps <b>Equipped</b>
The Rage-X bench Shirt <b>Equipped</b>	Fusion Deadlift Suit <b>Equipped</b>	W80 Knee Wraps <b>Equipped</b>
XB bench Shirt <b>Equipped</b>	XDL Deadlift Suit <b>Equipped</b>	W30 Wrist Wraps <b>Classic/ Equipped</b>
Phenom bench Shirt <b>Equipped</b>	INZER Singlets – various colour combinations are allowed <b>Classic &amp; Equipped</b>	W50 Wrist Wraps <b>Classic/Equipped</b>
Bolt bench Shirt <b>Equipped</b>	INZER Belts with Prongs <b>Classic &amp; Equipped</b>	W60 Wrist Wraps <b>Classic/Equipped</b>
Erector Shirt - <b>Equipped</b>	INZER Lever Belts <b>Classic &amp; Equipped</b>	W70 Wrist Wraps <b>Classic/Equipped</b>
Sleeveless Erector Shirt <b>Equipped Deadlift Only</b>	INZER Knee Sleeves <b>Classic &amp; Equipped</b>	W80 Wrist Wraps <b>Classic Equipped</b>
Heavy Duty Erector Shirt - <b>Equipped</b>	Wrist True Black Wrap <b>Classic &amp; Equipped</b>	
Sleeveless Heavy Duty Erector Shirt <b>Equipped Deadlift Only</b>	Knee True Black Wrap <b>Equipped</b>	

## TITAN

Titan Fury Bench Shirt <b>Equipped</b>	Titan Squat Suit <b>Equipped</b>	Titanium Wrist Wraps <b>Classic &amp; Equipped</b>
Titan Fury NXG+ SHP Bench Shirt <b>Equipped</b>	Titan Centurion Suit <b>Equipped</b>	Red Devil Wrist Wraps <b>Classic &amp; Equipped</b>
Titan F6 Tornado Bench Shirt <b>Equipped</b>	Titan Super Centurion Suit <b>Equipped</b>	Signature Gold Wrist Wraps <b>Classic &amp; Equipped</b>
Titan Katana Bench Shirt <b>Equipped</b>	Titan Spartan Suit <b>Equipped</b>	Wrist Wraps T.H.P. (with lettering or yellow stripe) <b>Classic &amp; Equipped</b>

Titan Super Katana Bench Shirt <b>Equipped</b>	Titan Superior Suit <b>Equipped</b>	Knee Wraps MAX RPM (black with green, pink or orange stripes) <b>Equipped</b>
Titan Super Katana low cut Bench Shirt <b>Equipped</b>	Titan Velocity Deadlift Suit <b>Equipped</b>	Titanium Knee Wraps <b>Equipped</b>
Titan Super Katana low cut Collar Shirt <b>Equipped</b>	Titan Singlets - various colour combinations are allowed <b>Classic &amp; Equipped</b>	Red Devil Knee Wraps <b>Equipped</b>
Vortex Shirt <b>Equipped</b>	Titan Knee Sleeves <b>Classic &amp; Equipped</b>	Signature Gold Knee Wraps <b>Equipped</b>
Titan Lever Belts <b>Classic &amp; Equipped</b>	Titan Knee Sleeves yellow jacket <b>Classic &amp; Equipped</b>	
Titan Quick Release Belts <b>Classic &amp; Equipped</b>	Wrist Wraps MAX RPM (black with green, pink or orange stripes) <b>Classic &amp; Equipped</b>	
Titan Belts with Single Prong or Double Prong <b>Classic &amp; Equipped</b>	Knee Wraps T.H.P. (with lettering or yellow stripe) <b>Equipped</b>	

## METAL

Metal Singlets (various colour combinations allowed) <b>Classic &amp; Equipped</b>	Metal Knee Sleeves (various colour combinations allowed) <b>Classic &amp; Equipped</b>
Metal Wrist Wraps (various colour combinations allowed) <b>Classic &amp; Equipped</b>	Metal Mystical Knee Wraps (various colour combinations allowed) <b>Equipped</b>
Metal Belts (various colour combinations allowed) <b>Classic &amp; Equipped</b>	

## SBD

SBD Singlets <b>Classic &amp; Equipped</b>	SBD Wrist Wraps <b>Classic &amp; Equipped</b>	SBD Knee Sleeves <b>Classic &amp; Equipped</b>
SBD Belts <b>Classic &amp; Equipped</b>	SBD Knee Wraps <b>Equipped</b>	

## STRENGTHSHOP

Strengthshop Singlets <b>Classic &amp; Equipped</b>	Strengthshop Inferno Knee Sleeves <b>Classic &amp; Equipped</b>
Strengthshop Lever Belt <b>Classic &amp; Equipped</b>	

## BEAST GENETICS

Singlet <b>Classic &amp; Equipped</b>	Quick Release Belt <b>Classic &amp; Equipped</b>
Belt with Single Prong <b>Classic &amp; Equipped</b>	Belt with Double Prong <b>Classic &amp; Equipped</b>
Lever Belt <b>Classic &amp; Equipped</b>	

## BUKIYA

Oni Lever Belt Action Classic & Equipped	Oni Wrist Wraps Classic & Equipped
Oni Singlet Classic & Equipped	Oni Knee Sleeves Classic & Equipped

## ELEIKO

Eleiko Knee Sleeves Classic & Equipped	Eleiko Belt Classic & Equipped
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## REHBAND

Rehband Knee Sleeves, Original 7051, 7 mm Classic & Equipped	Rehband Knee Sleeves, Blue Line 7084, 7 mm Classic & Equipped
Rehband Knee Sleeves 7751, 5 mm (RX and Core Line) Classic & Equipped in different colours	Rehband Knee Sleeves 105434, 7 mm (RX) Classic & Equipped in different colours

## Super Training Products /Sling Shot

Sling Shot 26" Wrist Wraps Classic & Equipped	Sling Shot Knee Sleeves, 7mm Classic & Equipped
Sling Shot Gangsta Wrist Wraps Classic & Equipped	

## Wahlander

Wahlander Prong Belts Classic & Equipped
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## Lifting Large

Lever Belts „Economy “ Classic & Equipped	Single Prong Belts „Competition “ Classic & Equipped
Lever Belts „Competition “ Classic & Equipped	Singlets „Basic “ Classic & Equipped
Single Prong Belts „Economy “ Classic & Equipped	Singlets „Economy “ Classic & Equipped

## Best Belts

Best Belts single & double prong Classic & Equipped
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## Iron Tanks

Iron Tanks Level Belts Classic & Equipped
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Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

**Approved bars, plates and racks:**

<a href="#">ELEIKO</a>	Bench/Squat Racks, PL Bars and discs
<a href="#">ER EQUIPMENT</a>	Bench/Squat Racks
<a href="#">IVANKO</a>	PL Bars and Discs
<a href="#">LEOKO</a>	PL Bars and Discs
<a href="#">PALLINI</a>	PL Bench/Squat Racks, PL Bars and Discs
<a href="#">ROGUE</a>	PL Bar and Discs
<a href="#">UESAKA</a>	PL Bars and Discs
<a href="#">METAL</a>	Metal Viking PL Rack, Metal Viking Bench Rack
<a href="#">TITEX</a>	PL Bars and Discs
<a href="#">AWESOM AS</a>	PL Racks
<a href="#">ZAOBA BULL</a>	PL Bar and Discs

**Approved logos:**

- MAXREP
- German Powerlifting Distr.
- Team Farrel
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- RESCINDEX
- A7 Fitness
- Quest Nutrition
- LVD Fitness

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the

user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

*Courtesy of:* [Johan Smith](#), Chairman of IPF Technical Committee and  
[Dietmar Wolf](#), IPF Treasurer