Approved list of Personal apparel and equipment for use at IPF sanctioned competitions.

Updated: 30th January 2017 Valid from: 1st January 2015 - 31st December 2018

**Approved Personal supportive equipment:**
Only costumes, support shirts, wraps, belts and singlets from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World.

**INZER**

<table>
<thead>
<tr>
<th>Item</th>
<th>Approved</th>
<th>Equipment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heavy Duty Blast Shirt (HD) <strong>Equipped</strong></td>
<td>Z-Suit</td>
<td>Equipped</td>
</tr>
<tr>
<td>High Performance Heavy Duty Blast Shirt (HPHD) <strong>Equipped</strong></td>
<td>Champion</td>
<td>Equipped</td>
</tr>
<tr>
<td>Extra High Performance Heavy Duty Blast Shirt (EHPHD) <strong>Equipped</strong></td>
<td>Hard Core</td>
<td>Equipped</td>
</tr>
<tr>
<td>Blast Shirt <strong>Equipped</strong></td>
<td>TRX Squat</td>
<td>Equipped</td>
</tr>
<tr>
<td>The Wrath bench Shirt <strong>Equipped</strong></td>
<td>Megathrust Squat</td>
<td>Equipped</td>
</tr>
<tr>
<td>The Rage bench Shirt <strong>Equipped</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Rage-X bench Shirt <strong>Equipped</strong></td>
<td>MAX DL Deadlift</td>
<td>Equipped</td>
</tr>
<tr>
<td>XB bench Shirt <strong>Equipped</strong></td>
<td>Fusion Deadlift</td>
<td>Equipped</td>
</tr>
<tr>
<td>Phenom bench Shirt <strong>Equipped</strong></td>
<td>XDL Deadlift</td>
<td>Equipped</td>
</tr>
<tr>
<td>Bolt bench Shirt <strong>Equipped</strong></td>
<td>INZER Singlets – various colour combinations are allowed</td>
<td>Classic &amp; Equipped</td>
</tr>
<tr>
<td>Erector Shirt - <strong>Equipped</strong></td>
<td>INZER Belts with Prongs</td>
<td>Classic &amp; Equipped</td>
</tr>
<tr>
<td>Sleeveless Erector Shirt <strong>Equipped Deadlift Only</strong></td>
<td>INZER Lever Belts</td>
<td>Classic &amp; Equipped</td>
</tr>
<tr>
<td>Heavy Duty Erector Shirt - <strong>Equipped</strong></td>
<td>INZER Knee Sleeves</td>
<td>Classic &amp; Equipped</td>
</tr>
</tbody>
</table>

**TITAN**

<table>
<thead>
<tr>
<th>Item</th>
<th>Approved</th>
<th>Equipment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Titan Fury Bench Shirt <strong>Equipped</strong></td>
<td>Titan Squat</td>
<td>Equipped</td>
</tr>
<tr>
<td>Titan Fury NXG+ SHP Bench Shirt <strong>Equipped</strong></td>
<td>Titan Centurion</td>
<td>Suit Equipped</td>
</tr>
<tr>
<td>Titan F6 Tornado Bench Shirt <strong>Equipped</strong></td>
<td>Titan Super Centurion</td>
<td>Suit Equipped</td>
</tr>
<tr>
<td>Titan Katana Bench Shirt <strong>Equipped</strong></td>
<td>Titan Spartan</td>
<td>Suit Equipped</td>
</tr>
</tbody>
</table>

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INZER Heavy Duty Blast Shirt (HD) **Equipped**
INZER Z-Suit **Equipped**
Wrist True Black Wrap **Classic & Equipped**

**Update:**
- Updated: 30th January 2017
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**Notes:**
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- **INZER**
  - Heavy Duty Blast Shirt (HD) **Equipped**
  - Z-Suit **Equipped**
  - Wrist True Black Wrap **Classic & Equipped**
  - High Performance Heavy Duty Blast Shirt (HPHD) **Equipped**
  - Champion Suit **Equipped**
  - Knee True Black Wrap **Equipped**
  - Extra High Performance Heavy Duty Blast Shirt (EHPHD) **Equipped**
  - Hard Core Suit **Equipped**
  - Iron Wraps A and Z **Equipped**
  - Blast Shirt **Equipped**
  - TRX Squat Suit **Equipped**
  - W30 Knee Wraps **Equipped**
  - The Wrath bench Shirt **Equipped**
  - Megathrust Squat Suit **Equipped**
  - W40 Knee Wraps **Equipped**
  - The Rage bench Shirt **Equipped**
  - MAX DL Deadlift Suit **Equipped**
  - W50 Knee Wraps **Equipped**
  - The Rage-X bench Shirt **Equipped**
  - MAX DL Deadlift Suit **Equipped**
  - W60 Knee Wraps **Equipped**
  - XB bench Shirt **Equipped**
  - Fusion Deadlift Suit **Equipped**
  - W70 Knee Wraps **Equipped**
  - Phenom bench Shirt **Equipped**
  - XDL Deadlift Suit **Equipped**
  - W80 Knee Wraps **Equipped**
  - Bolt bench Shirt **Equipped**
  - INZER Singlets – various colour combinations are allowed
  - Classic & Equipped
  - W30 Wrist Wraps **Classic/ Equipped**
  - W40 Wrist Wraps **Classic/ Equipped**
  - Erector Shirt - **Equipped**
  - INZER Belts with Prongs
  - Classic & Equipped
  - W50 Wrist Wraps **Classic/Equipped**
  - Sleeveless Erector Shirt **Equipped Deadlift Only**
  - INZER Lever Belts
  - Classic & Equipped
  - W60 Wrist Wraps **Classic/Equipped**
  - W70 Wrist Wraps **Classic/Equipped**
  - Heavy Duty Erector Shirt - **Equipped**
  - INZER Knee Sleeves
  - Classic & Equipped
  - W80 Wrist Wraps **Classic/Equipped**

**TITAN**

- Titan Fury Bench Shirt **Equipped**
- Titan Squat Suit **Equipped**
- Titanium Wrist Wraps **Classic & Equipped**
- Titan Fury NXG+ SHP Bench Shirt **Equipped**
- Titan Centurion Suit **Equipped**
- Red Devil Wrist Wraps **Classic & Equipped**
- Titan F6 Tornado Bench Shirt **Equipped**
- Titan Super Centurion Suit **Equipped**
- Signature Gold Wrist Wraps **Classic & Equipped**
- Titan Katana Bench Shirt **Equipped**
- Titan Spartan Suit **Equipped**
- Wrist Wraps T.H.P. (with lettering or yellow stripe) **Classic & Equipped**
<table>
<thead>
<tr>
<th>Titan Super Katana Bench Shirt Equipped</th>
<th>Titan Superior Suit Equipped</th>
<th>Wrist Wraps MAX RPM (black with green, pink or orange stripes) Classic &amp; Equipped</th>
</tr>
</thead>
<tbody>
<tr>
<td>Titan Super Katana low cut Bench Shirt Equipped</td>
<td>Titan Velocity Deadlift Suit Equipped</td>
<td>Knee Wraps T.H.P. (with lettering or yellow stripe) Equipped</td>
</tr>
<tr>
<td>Titan Super Katana low cut Collar Shirt Equipped</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vortex Shirt Equipped</td>
<td>Titan Singlets - various colour combinations are allowed Classic &amp; Equipped</td>
<td>Knee Wraps MAX RPM (black with green, pink or orange stripes) Equipped</td>
</tr>
<tr>
<td>Titan Lever Belts Classic &amp; Equipped</td>
<td></td>
<td>Titanium Knee Wraps Equipped</td>
</tr>
<tr>
<td>Titan Quick Release Belts Classic &amp; Equipped</td>
<td>Titan Knee Sleeves Classic &amp; Equipped</td>
<td>Red Devil Knee Wraps Equipped</td>
</tr>
<tr>
<td>Titan Belts with Single Prong or Double Prong Classic &amp; Equipped</td>
<td>Titan Knee Sleeves yellow jacket Classic &amp; Equipped</td>
<td>Signature Gold Knee Wraps Equipped</td>
</tr>
</tbody>
</table>

**METAL**

<table>
<thead>
<tr>
<th>Metal Singlets (various colour combinations allowed) Classic &amp; Equipped</th>
<th>Metal Belts (various colour combinations allowed) Classic &amp; Equipped</th>
<th>Metal Knee Sleeves (various colour combinations allowed) Classic &amp; Equipped</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metal Black Wrist Wraps Classic &amp; Equipped</td>
<td>Metal Black Line Wrist Wraps Classic &amp; Equipped</td>
<td>Metal Triple Black Line Wrist Wraps Classic &amp; Equipped</td>
</tr>
<tr>
<td>Metal Mystical Wrist Wraps Classic &amp; Equipped</td>
<td>Metal Black, Silver and Orange Wrist Wraps Classic &amp; Equipped</td>
<td>Metal Mystical Knee Wraps Equipped</td>
</tr>
</tbody>
</table>

**SBD**

<table>
<thead>
<tr>
<th>SBD Singlets Classic &amp; Equipped</th>
<th>SBD Wrist Wraps Classic &amp; Equipped</th>
<th>SBD Knee Sleeves Classic &amp; Equipped</th>
</tr>
</thead>
<tbody>
<tr>
<td>SBD Belts Classic &amp; Equipped</td>
<td>SBD Knee Wraps Equipped</td>
<td></td>
</tr>
</tbody>
</table>

**STRENGTHSHOP**

<table>
<thead>
<tr>
<th>Strengthshop Singlets Classic &amp; Equipped</th>
<th>Strengthshop Inferno Knee Sleeves Classic &amp; Equipped</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Strengthshop Lever Belt Classic &amp; Equipped</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**BEAST GENETICS**

<table>
<thead>
<tr>
<th>Singlet Classic &amp; Equipped</th>
<th>Lever Belt Classic &amp; Equipped</th>
<th>Belt with Single Prong Classic &amp; Equipped</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q</td>
<td>Quick Release Belt Classic &amp; Equipped</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Belt with Double Prong Classic &amp; Equipped</td>
<td></td>
</tr>
</tbody>
</table>
## BUKIYA
- Oni Lever Belt Action
  - Classic & Equipped
- Oni Wrist Wraps
  - Classic & Equipped
- Oni Singlet
  - Classic & Equipped
- Oni Knee Sleeves
  - Classic & Equipped

## ELEIKO
- Eleiko Knee Sleeves
  - Classic & Equipped
- Eleiko Belt
  - Classic & Equipped

## REHBAND
- Rehband Knee Sleeves, Original 7051, 7 mm
  - Classic & Equipped
- Rehband Knee Sleeves, Blue Line 7084, 7 mm
  - Classic & Equipped
- Rehband Knee Sleeves 7751, 5 mm
  - (RX and Core Line)
  - Classic & Equipped in different colours
- Rehband Knee Sleeves 105434, 7 mm (RX)
  - Classic & Equipped in different colours

## Super Training Products / Sling Shot
- Sling Shot 26" Wrist Wraps
  - Classic & Equipped
- Sling Shot Knee Sleeves, 7mm
  - Classic & Equipped
- Sling Shot Gangsta Wrist Wraps
  - Classic & Equipped

## Wahlander
- Wahlander Prong Belts
  - Classic & Equipped

## Lifting Large
- Lever Belts „Economy“
  - Classic & Equipped
- Single Prong Belts „Competition“
  - Classic & Equipped
- Lever Belts „Competition“
  - Classic & Equipped
- Singlets „Basic“
  - Classic & Equipped
- Single Prong Belts „Economy“
  - Classic & Equipped
- Singlets „Economy“
  - Classic & Equipped

## Best Belts
- Best Belts single & double prong
  - Classic & Equipped

## Iron Tanks
- Iron Tanks Level Belts
  - Classic & Equipped
Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

Approved bars, plates and racks:

<table>
<thead>
<tr>
<th>Manufacturer</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELEIKO</td>
<td>Bench/Squat Racks, PL Bars and discs</td>
</tr>
<tr>
<td>ER EQUIPMENT</td>
<td>Bench/Squat Racks</td>
</tr>
<tr>
<td>IVANKO</td>
<td>PL Bars and Discs</td>
</tr>
<tr>
<td>LEOKO</td>
<td>PL Bars and Discs</td>
</tr>
<tr>
<td>PALLINI</td>
<td>PL Bench/Squat Racks, PL Bars and Discs</td>
</tr>
<tr>
<td>ROGUE</td>
<td>PL Bar and Discs</td>
</tr>
<tr>
<td>UESAKA</td>
<td>PL Bars and Discs</td>
</tr>
<tr>
<td>METAL</td>
<td>Metal Viking PL Rack, Metal Viking Bench Rack</td>
</tr>
<tr>
<td>TITEX</td>
<td>PL Bars and Discs</td>
</tr>
<tr>
<td>AWESOM AS</td>
<td>PL Racks</td>
</tr>
<tr>
<td>ZAOBA BULL</td>
<td>PL Bar and Discs</td>
</tr>
</tbody>
</table>

Approved logos:

- MAXREP
- German Powerlifting Distr.
- Team Farrel
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- RESCINDX
- A7 Fitness
- Quest Nutrition
- LVD Fitness

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the
user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

_Courtesy of:  Johan Smith_, Chairman of IPF Technical Committee and _Dietmar Wolf_, IPF Treasurer