

Approved list of apparel and equipment for use at IPF sanctioned competitions.

Updated: 1st February 2016 Valid from: 1st January 2015 - 31st December 2018

Approved supportive equipment:

Only costumes, support shirts, wraps, belts and singlets from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World. Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

INZER

Heavy Duty Blast Shirt (HD)	Z-Suit	Wrist True Black Wrap
High Performance Heavy Duty Blast Shirt (HPPHD)	Champion Suit	Knee True Black Wrap
Extra High Performance Heavy Duty Blast Shirt (EHPHD)	Hard Core Suit	Iron Wraps A and Z
Blast Shirt	TRX Squat Suit	W30 Wraps
The Wrath bench Shirt	Megathrust Squat Suit	W40 Wraps
The Rage bench Shirt		W50 Wraps
The Rage-X bench Shirt	MAX DL Deadlift Suit	W60 Wraps
XB bench Shirt	Fusion Deadlift Suit	W70 Wraps
Phenom bench Shirt	XDL Deadlift Suit	W80 Wraps
Bolt bench Shirt		
Erector Shirt		INZER Belts with Prongs
Sleeveless Erector Shirt	INZER Singlets – various colour combinations are allowed	INZER Lever Belts
Heavy Duty Erector Shirt		
Sleeveless Heavy Duty Erector Shirt	INZER Knee Sleeves	

TITAN

Titan Fury Bench Shirt	Titan Squat Suit	Titanium Wrist Wraps
Titan Fury NXG+ SHP Bench Shirt	Titan Centurion Suit	Red Devil Wrist Wraps
Titan F6 Tornado Bench Shirt	Titan Super Centurion Suit	Signature Gold Wrist Wraps
Titan Katana Bench Shirt	Titan Spartan Suit	Wrist Wraps T.H.P. (with lettering or yellow stripe)
Titan Super Katana Bench Shirt	Titan Superior Suit	Wrist Wraps MAX RPM (black with green, pink or orange stripes)

Titan Super Katana low cut Bench Shirt	Titan Velocity Deadlift Suit	
Titan Super Katana low cut Collar Shirt		Knee Wraps T.H.P. (with lettering or yellow stripe)
Vortex Shirt	Titan Singlets - various colour combinations are allowed	Knee Wraps MAX RPM (black with green, pink or orange stripes)
Titan Lever Belts		Titanium Knee Wraps
Titan Quick Release Belts	Titan Knee Sleeves	Red Devil Knee Wraps
Titan Belts with Single Prong or Double Prong	Titan Knee Sleeves yellow jacket	Signature Gold Knee Wraps

METAL

Metal Singlets (various colour combinations allowed)	Metal Belts (various colour combinations allowed)	Metal Knee Sleeves (various colour combinations allowed)
Metal Black Wrist Wraps	Metal Black Line Wrist Wraps	Metal Triple Black Line Wrist Wraps
Metal Mystical Wrist Wraps	Metal Black, Silver and Orange Wrist Wraps	Metal Mystical Knee Wraps

SBD

SBD Singlets	SBD Wrist Wraps	SBD Knee Sleeves
SBD Belts	SBD Knee Wraps	

STRENGTHSHOP

Strengthshop Singlets	Strengthshop Inferno Knee Sleeves	
Strengthshop Lever Belt		

BEAST GENETICS

Singlet	Lever Belt	Belt with Single Prong
	Quick Release Belt	
	Belt with Double Prong	

BUKIYA

Oni Lever Belt Action	Oni Wrist Wraps	
Oni Singlet	Oni Knee Sleeves	

ELEIKO

Eleiko Knee Sleeves	Eleiko Belt	
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REHBAND

Rehban Knee Sleeves Original d 7mm# 7051	Rehban Blue Line Knee Sleeves 7084 d 7mm#
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Rehband Knee 7751 (Rx and Core Line)	5mm #	Rehband Knee Sleeves 105434 (Rx)	7mm #
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Super Training Products / Sling Shot

Sling Shot 26" Wrist Wraps	Sling Shot Knee Sleeves 7mm
Sling Gangsta Wrist Sho	

Wahlander

Wahlander Prong Belts

Lifting Large

Lever Belts „Economy“	Single Prong Belts „Competition“
Lever Belts „Competition“	Singlets „Basic“
Single Prong Belts „Economy“	Singlets „Economy“

Best Belts

Best Belts – Single and Double Prong

Iron Tanks

Iron Tanks Lever Belts

Approved bars, plates and racks:

ELEIKO	Bench/Squat Racks, PL Bars and discs
ER EQUIPMENT	Bench/Squat Racks
IVANKO	PL Bars and Discs
LEOKO	PL Bars and Discs
PALLINI	PL Bench/Squat Racks, PL Bars and Discs
ROGUE	PL Bar and Discs
UESAKA	PL Bars and Discs
METAL	Metal Viking PL Rack, Metal Viking Bench Rack
TITEX	PL Bars and Discs
AWESOM AS	PL Racks
ZAOBA BULL	PL Bar and Discs

Approved logos:

- MAXREP
- German Powerlifting Distr.
- Team Farrel
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- RESCINDEX
- A7 Fitness
- Quest Nutrition

(The amount of the logo fee Euro 500,-- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

Courtesy of: [Johan Smith](#), Chairman of IPF Technical Committee and
[Dietmar Wolf](#), IPF Treasurer