

# Approved list of apparel and equipment for use at IPF sanctioned competitions.

Updated: 1<sup>st</sup> January 2016 Valid from: 1<sup>st</sup> January 2015 - 31<sup>st</sup> December 2018

## Approved supportive equipment:

Only costumes, support shirts, wraps, belts and singlets from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World. Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

## INZER

Heavy Duty Blast Shirt (HD)	Z-Suit	Wrist True Black Wrap
High Performance Heavy Duty Blast Shirt (HPhD)	Champion Suit	Knee True Black Wrap
Extra High Performance Heavy Duty Blast Shirt (EHPhD)	Hard Core Suit	Iron Wraps A and Z
Blast Shirt	TRX Squat Suit	W30 Wraps
The Wrath bench Shirt	Megathrust Squat Suit	W40 Wraps
The Rage bench Shirt		W50 Wraps
The Rage-X bench Shirt	MAX DL Deadlift Suit	W60 Wraps
XB bench Shirt	Fusion Deadlift Suit	W70 Wraps
Phenom bench Shirt	XDL Deadlift Suit	W80 Wraps
Bolt bench Shirt		
Erector Shirt		INZER Belts with Prongs
Sleeveless Erector Shirt	INZER Singlets	INZER Lever Belts
Heavy Duty Erector Shirt		
Sleeveless Heavy Duty Erector Shirt	INZER Knee Sleeves	

## TITAN

Titan Fury Bench Shirt	Titan Squat Suit	Titanium Wrist Wraps
Titan Fury NXG+ SHP Bench Shirt	Titan Centurion Suit	Red Devil Wrist Wraps
Titan F6 Tornado Bench Shirt	Titan Super Centurion Suit	Signature Gold Wrist Wraps
Titan Katana Bench Shirt	Titan Spartan Suit	Wrist Wraps T.H.P. (with lettering or yellow stripe)
Titan Super Katana Bench Shirt	Titan Superior Suit	Wrist Wraps MAX RPM (black with green, pink or orange stripes)
Titan Super Katana low cut Bench Shirt	Titan Velocity Deadlift Suit	
Titan Super Katana low cut Collar Shirt		Knee Wraps T.H.P. (with lettering or yellow stripe)
Vortex Shirt	Titan Singlets - various colour combinations are allowed	Knee Wraps MAX RPM (black with green, pink or orange stripes)
Titan Lever Belts		Titanium Knee Wraps
Titan Quick Release Belts	Titan Knee Sleeves	Red Devil Knee Wraps
Titan Belts with Single Prong or Double Prong	Titan Knee Sleeves yellow jacket	Signature Gold Knee Wraps

**METAL**

Metal Singlets (various colour combinations allowed)	Metal Belts (various colour combinations allowed)	Metal Knee Sleeves (various colour combinations allowed)
Metal Black Wrist Wraps	Metal Black Line Wrist Wraps	Metal Triple Black Line Wrist Wraps
Metal Mystical Wrist Wraps	Metal Black, Silver and Orange Wrist Wraps	Metal Mystical Knee Wraps

**SBD**

SBD Singlets	SBD Wrist Wraps	SBD Knee Sleeves
SBD Belts	SBD Knee Wraps	

**STRENGTHSHOP**

Strengthshop Singlets	Strengthshop Inferno Knee Sleeves	
Strengthshop Lever Belt		

**BEAST GENETICS**

Singlet	Lever Belt	Belt with Single Prong
	Quick Release Belt	
	Belt with Double Prong	

**BUKIYA**

Oni Lever Belt Action	Oni Wrist Wraps	
Oni Singlet	Oni Knee Sleeves	

**ELEIKO**

Eleiko Knee Sleeves	Eleiko Belt	

**REHBAND**

Rehband Knee Sleeves Original 5mm # 7051	Rehband Blue Line Knee Sleeves 7mm # 7084
Rehband Knee Sleeves 5mm # 7751 (Rx and Core Line)	Rehband Knee Sleeves 7mm # 105434 (Rx)

**Super Training Products / Sling Shot**

Sling Shot 26" Wrist Wraps	Sling Shot Knee Sleeves 7mm
Sling Shot Gangsta Wrist Wraps	

**Wahlander**

Wahlander Belts
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**Lifting Large**

Lever Belts „Economy“	Single Prong Belts „Competition“
Lever Belts „Competition“	Singlets „Basic“
Single Prong Belts „Economy“	Singlets „Economy“

**Best Belts**

Best Belts – Single and Double Prong
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## Iron Tanks

Iron Tanks Lever Belts

### Catalogue of IPF approved Gear:

Online on <http://www.powerlifting-ipf.com/51.html>

### Approved bars, plates and racks:

<a href="#">ELEIKO</a>	Bench/Squat Racks, PL Bars and discs
<a href="#">ER EQUIPMENT</a>	Bench/Squat Racks
<a href="#">IVANKO</a>	PL Bars and Discs
<a href="#">LEOKO</a>	PL Bars and Discs
<a href="#">PALLINI</a>	PL Bench/Squat Racks, PL Bars and Discs
<a href="#">UESAKA</a>	PL Bars and Discs
<a href="#">METAL</a>	Metal Viking PL Rack, Metal Viking Bench Rack
<a href="#">TITEX</a>	PL Bars and Discs
<a href="#">AWESOM AS</a>	PL Racks

### Approved logos:

- [Goodlift](#)
- [RescindX](#)
- [Athletic Alliance Inc.](#)
- [KAPPI.NO](#)
- [Power-House Japan](#)
- [Quest Nutrition USA](#)
- [GNC Pro Performance](#)
- [Team Farrell](#)
- SIFA.WS
- MAXREP
- Alpha Fit
- Z Health Performance
- Barbell Medecine
- Progressive Rehab & Strength, LLC

(The amount of the logo fee Euro 500,-- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

Courtesy of: [Johan Smith](#), Chairman of IPF Technical Committee and [Dietmar Wolf](#), IPF Treasurer