

IPF

2012

AGENDA

IPF – General Assembly,
Agudailla/ Puerto Rico

IPF

28.10.2012



AGENDA

Marriot Hotel, West Parade/ Belt Road, Ramey Base

Aguadilla/ Puerto Rico

Sunday, 28th October 2012 / Begin: 3:00pm

- 1. Roll call of Nations and Delegates, presentation of credentials of each Nation.**
Certification of Athletes and Referees
- 2. President's Address**
- 3. Report Vice President**
- 4. Minutes of the last General Assembly**
- 5. Report Treasurer – Report Auditors**
To examine the accounts of the previous year
To approve the budget for the forthcoming year
Fees (if requested)
- 6. Report Secretary General**
- 7. Committee Reports**
 - a) Technical Committee
 - b) Medical Committee
 - c) Disciplinary Committee
 - d) Appeal Committee
 - e) Law & Legislation Committee
 - f) Anti-Doping Commission
 - g) Doping Hearing Panel
 - f) Women's Committee
- 8. Regional Reports**
 - a) Region 1 (Europe)
 - b) Region 2 (Africa)
 - c) Region 3 (Asia)
 - d) Region 4 (North America)
 - e) Region 5 (South America)
 - f) Region 6 (Oceania)
- 9. Elections**
- 10. Proposals**
- 11. New Member Applicants**
- 12. Action on delinquent Nations**
- 13. Hall of Fame**
- 14. Future Championships**
- 15. Any other Business**
- 16. Adjournment**

2) President's Address

Dear Athletes, Dear Officials, Dear Ladies and Gentlemen,

As you surely know, due increased private engagements I have resigned on 31. July 2012.

According the rules the Vice-President Johnny Graham has taken over the Presidents duties until the election in Puerto Rico.

As always at an ongoing process there are still matters, which must be followed up.

Please allow me to give you some personal thoughts, how the IPF and their member nations can achieve their goals and challenges:

1) It is visible that the current status of our regions and member nations differs and we have disequilibrium between the regions.

It is necessary to have a common speed, where all can follow the necessary steps. I admit that the IPF like a strong locomotive has shown a high speed and have pushed necessary improvements in the last years. But now it is the time to take a breath, reduce the speed and stabilise the joint achievements.

2) In my opinion it is necessary to install a partly paid so-called "Head of the IPF Headquarters" to unburden the honorary EC-members of the daily workload.

The German PF has 2 employees in their headquarters and my experience is that now the honorary elected persons can work more closely for the sport and the headquarters staff will carry out the daily administration work.

With this solution also the regional EC-members gain more time to push the development in the regions, instead to take over IPF workload, which is their mandate according the rules.

3) The close and trustful cooperation with our umbrella federations like IOC, SportAccord, WADA, IWGA etc. must be continued under the new presidency.

4) Cause of anxiety is the unfortunate development regarding the supportive gear. Mainly the development and the outside image of the Bench Shirts is a "pain in the neck". As long as the involved parties have a benefit (financial or like "equipment doping"), we have not the opportunity to have a sustainable improvement in this matter. In my opinion we must change our mind and ask ourselves, what is the best solution for the sport and not for oneself.

Like the motto of former US-President John F. Kennedy:

"Ask not what your country can do for you - ask what you can do for your country".

I would like to express to those, who mention, the Bench Shirt save the shoulders that we are far away from this point of view. It is our common liability that we have not stopped this development, which has more the power to destroy our sport instead of assisting us.

From my life experience I know that our normal behaviour is to keep the status quo, but sometimes it is necessary to bite the bullet and it is not too late to take over the control.

I found an appropriate motto of John F. Kennedy:

„All this will not be finished in the first 100 days. Nor will it be finished in the first 1,000 days, nor in the life of this Administration, nor even perhaps in our lifetime on this planet. But let us begin.“

Regarding the elections, I would like to point out that in my opinion Johnny is the appropriate candidate to be elected as successor for the position as IPF President. The last 2 years I have had the great opportunity to work with him closely and I am convinced that he is the person, who will lead the IPF in future to reach our mutual aims. He has the ability to invite the people and encourage and inspire them. Together with his integrity he has the skills to harmonize different views and come to a conclusion.

I wish you all the best for very successful World Championships and take care.

**Cordially yours
Detlev Albrings**

3) Report Vice President

A year has passed since our last meeting in Pilsen, Czech Republic, and the IPF has seen some changes. It was also the year that the entire IPF EC was reelected by its member Federations to serve for another 4 years. It was my first experience to work with the members of the IPF EC in a closed environment and meet during this time to discuss matters concerning the future of the IPF. Working with these members has been productive, and we may not always agree, but our mission is still the same, the improvement of the IPF, and the member Nations. We all must continue to strive to insure the highest quality of Leadership to the members.

During this year, I have had the honor to watch some of the best men and women of the powerlifting world do great things for our sport. Having the opportunity to stand by and see 3 great members to the IPF inducted into the Hall of Fame, to putting medals around the lifters neck gives me great chills, knowing I am standing with the BEST the IPF has to offer to the world. In saying this, I am also very proud of the standards that the Meet Directors perform, to put on the Best World Championships. We are very proud of the growth we have in having High Quality World Events, and meeting the Lifters needs.

The IPF, with the great job that our General Secretary has done, signed a new long term contract with ELEIKO, insuring that the high standards of our world meets will continue, with the world class equipment that ELEIKO provides. I can assure everyone here, this was not an easy task, with the world economy, but we are once again leading the powerlifting World, with the best meet equipment for any lifter to perform at.

We still have much work to do, but we are continuing to improve, listen, and provide the best for the lifters of the IPF. This was shown as we had our first ever Raw Classic in Sweden. As many of you are aware of, the Raw movement is growing every day, and it is our job to give the lifters what they see as a method of choice. With this growth, we now have lifters who

wants to compete unequipped, and have the choice to perform on the International level. We will continue to monitor this event, and make changes if needed, to accommodate the rest of the Raw Lifters.

With that being said, we now get to the argument of equipment. The IPF is well aware that we have some loopholes in our wording of how and what the manufactures can produce as far as the standards of production of equipment. With these standards, and loopholes, the manufactures are using these rights to design more gear, which causes more problems as to what is legal, and what is not. I have asked the IPF to approve, that **"NO OTHER CHANGES OR MODIFICATIONS TO SUPPORTIVE GEAR BE APPROVED"**, until the moratorium of the equipment expires in 2014. Hopefully, this will put an end to all the changes, and give our officials, a clear idea of what is legal. Hannie Smith, put in a lot of hours, and did an outstanding job of getting a reference guide out of what is legal, and we should not have to make changes to this because of some loopholes.

In May, I was once again asked by the IPF President, to represent the IPF at the 2012 Sport Accord meeting in Quebec, Canada. During this conference, I once again met with several members of the Sporting World, and mostly members who has a interest in our sport. After meeting with WADA, I was pleased to be told that we are following the WADA guidelines, and we have made GREAT improvements in our ICT, and especially in our OCT. However, we as a Federation, must budget wisely for this, as we don't get into a budget crisis, and cause a very successful program to lose its standards.

Also during this conference, I had a meeting with the members of the IOC, as we are still fighting the battle of IOC recognition. I was very pleased with the meeting, and the IOC gave us high marks to the improvements we have made in the ICT, standards, and overall operation of the IPF. Needless to say, with this being the year of the Summer Games, they are behind in getting out information, and hopefully we will get a positive response from them in the near future. I truly believe our future looks bright in this support.

As the meetings continued, I once again met with the World Games organizers, and the IWGA governing body. All were pleased to have powerlifting in the Games, but they are also looking at making room for other Sports, as the Summer Games has eliminated some sports, and the World games have put them on the schedule. This means, we must also put on a first class performance at the World Games. I personally feel we are NOT in danger of being in the World Games, but we all have the duty to assure our desire to be there.

With this info, the first World Games powerlifting test event was held in Cali, Columbia. The World Games staff has put the effort and funding to insure they live up to the standards needed for this event. After seeing what they are willing to work toward to make this a successful event, the IPF EC feel they are ready to host our event, and show the world that our sport is the real showcase of strength sports.

Many people work many hours to insure the success of the IPF. With these duties, they make great sacrifices to their personal lives, families, and goals. IPF President Detlev Albrings, has decided to move on with different things in his life, that he has been putting on hold for several years. I, along with most of the powerlifting world, want to wish him the

greatest success in his future. With his resignation, I have assumed the duties of IPF President, and stepped into some big shoes to carry on his task of duties. I have accepted this position with the highest Integrity, and will hold the high values that Detlev has provided. I am not naive to the challenge that lies ahead, and if the members of the IPF fill I am the best person for the position, I will accept it, and perform them to the best of my ability.

I want the lifters, member countries, and the rest of the powerlifting world know, WE are the BEST Powerlifting Federation, and we will continue to provide the Best service to all who believe in our cause.

Johnny A. Graham
President IPF

4) Minutes of the last General Assembly

See the e-mail to all member federations from 15th of November 2011 and on the IPF homepage.

5) Report Treasurer – Report Auditors

This is the report from January 2011 to 31 December 2011

The financial situation is healthy and can return a small profit.

For the most part we have followed our budget with some exceptions.

As far as the fees are concerned we have followed our budget in addition we have received additional referee's fees due to the fact that it was a renewal year even though some of the fees were actually paid last year.

On the expenditure side we have additional expenses due to the fact we bought new ties, scarfs and some jackets. As these are saleable items, over time we will get that money back.

Concerning the sponsor and manufacturers, we lost some of them during the year (Power Bar, Ivanko, APT, as well as some of the logo fees) and therefore the income is less than foreseen in the budget.

On the Administration side we made a concerted effort to save money and so the expenses were less than foreseen at the budget.

Travel costs were higher due to the fact we have had several meetings with the organizing committee from the World Games and also the Sport Accord.

Additional money was spent for the development of our sport which is very important for the Federation and it is also good for IOC recognition to give good equipment to Federations.

The majority of money was spent for the fight against doping.

Here we have allocated 55.972 € income and we received 80697.47 incomes.

We budgeted expenses of 55800 € but we actually spent 85237.89 € which is more than the 3rd of our total budget and 5000 € more than the income. The fight against doping is very important and good but we cannot spend more money than we receive, as the IPF needs money to fulfill other duties.

We are closing with a Profit of 4,933.91 €

Total income 246,251.77 € and expenses 241,317.86

Closing balance 2010: 59,524.09 € + 4,933.91 benefit 2011 = 64,458 € closing balance 2011

This is since 2008 the first time we close with a profit do to the fact that we have also done our best to save as much as possible and we increased from a – 27,200 € from last year to the profit of 4,933.91 €.

As Championship Secretary I have been very busy, and to make matters worse we still have federations, who make my work even more difficult. To look after 5 World Championships the Championship Secretary is virtually a full time voluntary job.

To make you aware of the duties the work consists of adding all the lifters onto the webpage, make sure that all nominations will be send in on time. Still there are Federations who have problems to send them in on time and then after asking me to accept them. At this stage I have added them all it is not a problem to make an exception but some are even asking me when we are working on the final nomination to accept them even when they have not sent any preliminary nomination.

I just want to clarify again why we have introduced this rule. It is not to harm the Federation and it is not that some nations think they can claim to get the medal. The reason was and I know it as I brought this rule in to get the preliminary nominations in time because in the past some did not send any preliminary nominations and so the organizer did not know how many rooms he needed to book at the Hotel. Obviously it is necessary for the organizer to know in time how many lifters will take part to make these reservations.

So that is the reason why we introduced this rule and it may be acceptable if I receive on the odd occasion a nomination one or two days later when am already working on it but it is not acceptable weeks after or with the final nomination to accept preliminary nominations.

We can make an exception if we have a nation for example who takes part for the first time and is not familiar with the procedures. In this case I ask my colleges in the EC and if they agree we accept it for one exception but not more.

Therefore I strongly recommend to follow our rules and to take care about the datelines.

I travelled to all the competitions 2011 and I have had a good cooperation with the organizers.

Herewith the information about the participation of lifters on the World Championships

Open Worlds Pilsen Czech Republic 142 men 36 nations 88 women 29 nations

SJ and Junior Powerlifting Worlds Moose Jaw Canada

61 men 18 nations 27 women 11 nations

Junior 79 men 21 nations 48 women 14 nations

Masters Powerlifting Worlds St Catharines

118 men 14 nations 64 women 12 nations

Open Bench press Worlds Soelden

Open men 114 lifters 25 nations SJ men 40 lifters 13 nations junior men 60 lifters 19 nations

Open women 51 lifters 17 nations SJ women 20 lifters 6 nations Jun women 32 lifters 14 nations

Masters Bench press Denmark Rodby

Men 180 lifters 19 nations women 49 lifters

At this stage I want express my respect and thanks to all the referee's who are always available and also to those nations who at all times provide us with more than one referee.

I want to thank all the Federations and also the EC and Committee members for the good cooperation. I wish you all a good and constructive General Assembly and a successful World Championship.

Gaston Parage

IPF Treasurer

IPF Championship Secretary

a) To examine the accounts of the previous year

To be presented at the General Assembly

b) To approve the budget for the forthcoming year

To be presented at the General Assembly

c) Fees (if requested)

6) Report Secretary General

Dear Delegates, Ladies and Gentlemen

Another powerlifting year ends in the next weeks and it was a year with a lot of important changes and challenges for the IPF.

Last year after the elections it seemed that the IPF board can continue the very successful work for another 4 years period with the same people, but in July Mr. Albrings decided to resign as IPF President for private reasons. We have to accept and respect this and I personally wish him all the best for his future and his upcoming projects. I want also to take the opportunity to thank Mr. Albrings, because he was the man, who guided me in the last years and who was mainly responsible with his charisma and his humanity that the IPF did a lot of big steps to improve our sport and he leaded the federation like the people expected, with respect and comprehension to everyone but also with visions and ideas to heave the IPF to a higher level in the world of sport. He is also the "mastermind" behind the application for the IOC recognition.

As the legal successor of Mr. Albrings as IPF President until the General Assembly, Mr. Graham represented the IPF in the last three months at several championships. He did it in an honourable way and it was also very pleasant to work with him. He has a lot of experience as active athlete, coach and official in several levels on national and international boards.

In my work I had in the past year 2 big focus areas:

1) Second application for the IOC recognition

Here I started to collect information's from the member federations in June 2011. I had also to collect information's about the work in our regions, committees and the EC. Another big question was how the IPF is handling the administrative work. Also requested by the IOC was the question, what we are doing against doping and in the gender equality.

All in all the whole file and also printed version of the second application consists of about 4000 pages of information's.

During this year the IOC advanced their questionnaire catalogue and we had to provide additional information's. But the first impression of the IOC Sports Department was, that the IPF provided a well prepared application and the IOC in honouring the big efforts from the IPF in the fight against doping (also that we are WADA complied). After I provided the last documents at end of September the IOC invited me to a special meeting on 12th November in Lausanne, where I will hopefully receive the positive answer about our application.

2) World Games Test Event in Cali/Colombia

For the first time in the IPF history, we had the opportunity to organize in cooperation with the Cali Local Organizing Committee (CLOC) and the FESUPO a powerlifting test event prior the World Games 2013.

This test event was very important for us of the reason, that in Colombia the national federation did not exist for several years now and the organizer had no experience with powerlifting.

We had two positive effects with this test event:

- a) The CLOC together with the Colombian Sports Ministry assisted some people to re-establish a new national federation in Colombia in focus to have also athletes participating in the WG 2013 and
- b) the IPF and the FESUPO had the opportunity to have a championship under the same conditions (to about 80%) we will have 2013 at the WG.

The test event was a big success and it was the biggest FESUPO championship ever. The athletes had perfect requirements at the venue with all brand new equipment from ELEIKO in the warming up area (4 stations) and also on the platform.

The IPF provided the scoring system (goodlift) and Alexandre Kopayev was also present as computer secretary. The transport from and to the airport and also from the hotel to the venue was organized excellent. The two hotels were of a good standard and especially the official hotel, which we will also have next year (Radisson Royal) was of a really high standard and we will for sure not have the same bad experience like in Kaoshiung 2009. The IPF itself observed the competition with 5 representatives (Johnny Graham, Gaston Parage, Hannie Smith, Emanuel Scheiber, Julio Conrado). As a result that the national federation was re-established with all new people we could also negotiate that the IPF can organize a team of 5 spotter and loaders for the WG 2013 from the USA with a lot of experience in spotting and loading. They will work together with a team from Colombia. So we can be sure that the best athletes around the world will also have the best spotter and loaders.

The media interest was also very high and a lot of newspapers wrote great reports and we were on the front page from 3 main papers from Cali! On Sunday the national TV station was present and broadcasted 2 hours LIVE in whole Colombia. The sports director of the WG informed me that a total of more than 5 million people followed the competition and the broadcasting company was very impressed about our sport, because we are a very interesting sport with a lot of emotions, they said!

My conclusion is that the CLOC is well prepared for the powerlifting events 2013 and we will have great games next year, maybe the best ever!

The qualifying system for the World Games will be as following:

80	Full contingent
45	(Each World Champion, 2 nd Place and 3 rd Place of the Powerlifting World's 2012 in Puerto Rico, which take part from 29.10.-04.11.2012 in Aguadilla)
12	(Each region can nominate two wildcards – 1 male and 1 female)
6	(For each region one extra wildcard – but this must be a women in the category 72kg)
4	(The Powerlifting federation from the host country will have 4 wildcards)
13	(Will be selected from the result list from the Powerlifting World's 2012 in Puerto Rico with a bodyweight calculator-Wilks Points)
In each category (4 men / 4 women) 3 lifters will be listed as “reserve lifters”, which will be nominated, if a lifter of the nomination list withdraw. These lifters will also be selected via bodyweight calculator (Wilks Points) at the Powerlifting World's in Puerto Rico.	
Women lightweight	47kg & 52kg
Women middleweight	57kg & 63kg
Women heavyweight	72kg
Women Super heavyweight	84kg & +84kg
Men lightweight	59kg & 66kg
Men middleweight	74kg & 83kg
Men heavyweight	93kg & 105kg
Men Super heavyweight	120kg & +120kg

All other information regarding the World Games 2013 you will receive in a separate information e-mail.

We did also improve the content of the quality from our IPF magazine and with every issue the magazines becomes more and more popular.

Here I have to say thank you to Sabine Al-Zobaidi who spends hours of hours to prepare a magazine with a high quality. The result of this is that we permanent receive positive feedbacks from lifters, officials and also from the umbrella federations like WADA, IWGA or IOC.

I big contribution to the success of the magazines are making also Christina Chamley from Australia, Miklos Fekete from Hungary and our media officer Heinrich van Rensburg from South Africa. And we should not forget all the people who assist us with sending reports and photos to the media team. To all of them: THANK YOU!

I handled also 7 applications for IPF membership together with the law and legislation committee. Some of the applications I received from “new” countries and some applications from countries, which we deleted in the last years of the reason of inactivity. These federations are mostly new founded under new leaderships. The requirements to become a member of the IPF are now more strict, because we will ensure that all new members will be active and registered or recognized by their national sports ministry or NOC.

Beside these duties I have still my daily work, which is also very important.

My daily duties are:

- Handle the incoming e-mails of the member federations and the committees
- Prepare the promoter contracts for the organizers of the world championships
- Be in contact with the umbrella federations (IOC, IWGA; SportAccord)
- Prepare the agenda and minutes of the EC-meetings
- Prepare the agenda and the minutes for the General Assembly here in Puerto Rico
- Assist the President at different duties
- Be in contact with our partners (sponsors) and negotiate about partnership programs with the IPF

At the end of my report I want to express my thanks to our President(s) Mr. Albrings and Mr. Graham, the Treasurer Mr. Parage, and all other people in the IPF who assisted me in my work. I wish all delegates a nice stay here in the wonderful country of Puerto Rico. For all competitors I wish you a successful and accident free competition with a lot of success. For the organizer, I wish you also very successful World Powerlifting Championships and I thank you very much that we can stay here and be your guests in Aguadilla.

Emanuel SCHEIBER
Secretary General IPF

7) Committee Reports

a) Technical Committee

Committee Members

Johan Hannie Smith (RSA)	Chairman
Patrik Thur (SWE)	Referee Registrar
Xavier de Pytorac (FRA)	Member
Johnny Wiklund (SWE)	Member
P.J. Couvillion (USA)	Member
Myriam Busselot (BEL)	Member
Steve Lousich (NZL)	Member
Anatoliy Stetsenko (UKR)	Member

I want to thank John Stephenson for all his hard work the last 30 years and I want to thank him for every ting that I have learned from him. I want to thank all the member nations that voted for me on the General Assembly 2011, I want to assure you that I will do my utmost best to not disappoint you.

During our first official meeting during the World Championships in Pilzen, we as a Committee decided to put together a catalogue together of all the IPF approved equipment. All the manufacturers had send samples of all the equipment to me and all the information was sent to Emanuel. You can see it on the IPF web together with the approved list.

During the Bench Press World Championships in Pilzen during May 2012, the Technical Committee had a second meeting. A lot of proposals from all the members were discussed and final proposals were sent to Johnny Graham the head of the rules group. He sent in the final proposals which will obviously be discussed at the General Assembly.

A lot of e-mails with questions were sent to me, which I answered hopefully to everyone's satisfaction.

Out thanks go to Referee Registrar Patrik Thur of the annual account produced here and his dedication in administration of all aspects in relation to International Examinations. Congratulations to all who have passed throughout the year and special thanks to our examiners for sparing their time

	Number of Nations	Category 1	Category 2	Total Number of Referees 2012-08-31
Male/Female Europé	25	99/13 112 45,5%	113/21 134 54,5%	246
Male/Female Africa	1	3/1 4 50,0%	2/2 4 50,0%	8
Male/Female Asia	7	17/4 21 30,4%	38/10 48 69,6%	69
Male/Female Oceania	2	7/1 8 47,1%	6/3 9 52,9%	17
Male/Female North America	6	18/1 19 35,2%	27/8 35 64,8%	54
Male/Female South America	6	1/0 1 7,7%	7/5 12 92,3%	13
TOTAL	41	165 40,5%	242 59,5%	407

**New referees 2011-2012
September-August**

Category 1

Joseph Marksteiner	USA
Tero Hyttinen	Finland
Ola Arvidsson	Sweden
Harnek Singh Rai	Canada
Luis Tudela	Spain
Pierrette Demuth	Luxembourg

Category 2

Claude Sitruk	France
Oleg Kravchenko	Ukraine
vladimir Lapikov	Ukraine
Gable Wang Ka Po	Hong Kong
Sathish Kumar	India

Rahim Asgari Gahrouie	Iran
Munadhel Jasaim	
Hassan	Iraq
Kadhim Azeez	Iraq
Daisuke Arakawa	Japan
Mayumi Katamura	Japan
Seiko Omori	Japan
Ryo Omori	Japan
Takeshi Monoe	Japan
Naoki Ishimoto	Japan
Koichi Nakatani	Japan
Shigeki Minami	Japan
Munehiro Shiota	Japan
Ermetov Ulukbek	Kazakhstan
Yekaterina Kryukova	Kazakhstan
Denis Basov	Russia
Michael Knott	Canada
Gordon Spencer	Guyana
Bjarke Kollits Olsen	Denmark
Terje Sandbo	Norway
Jean Bernard Blondan	France
Giovanni Ferrari Medina	Peru
Kenji Nakama	
Hokamura	Peru
Gabriel Quispe Loayza	Peru

The selection and positioning of referees to officiate at IPF Championships has been made throughout the year, according to Nations nominations. Special thanks to all the Technical Committee Members who attend World Championships during the past 12 months and assisted the Meet Directors with referee's duty lists.

The problem regarding the shortage of referees on World Championships still exists and we need more referees at Master World Championships.

For the future the Technical Committee plans an on line referee examination and we are also busy with a DVD regarding Technical Rules.

Hannie Smith
Chairman IPF Technical Committee

b) Medical Committee

Greetings IPF members:

After Pilsen Congress (November 2011) a new Chairman Medical Committee IPF was appointed. A new Chairman but old problems have left. First of all they again concern a great amount of TUE applications in 2012.

This is in part due to the fact that many member federations have arrangements with their national anti-doping authorities (NADA). In such cases, a NADA approved TUE may then be accepted by IPF MC without further review. The NADA's are the national WADA affiliate and therefore provide the highest level of review according to WADA code.

But athletes still get TUE for non prohibited medicaments from their NADA. More often they also apply for TUE for anabolic steroids and testosterone. In such cases we demand to send us the current medical tests and detail, updated case history. Such announcement usually are left without answer or the sent documentation is incomplete. It results the lack of approval for TUE (accepted by NADA) by MC IPF. But it is still valid in internal competitions.

There continues to be confusion among athletes as to what is banned. The IPF MC often fields questions concerning the status of a given medication: is it safe to use, can it be used out of contest, what is the amount of a specified substance that can be taken (safely and legally) without breaching a threshold and generating an adverse analytical finding (AAF). We have not seen new TUE requests for growth hormone or testosterone this year.

Medical Committee will do the best to support IPF attempts leading powerlifting to become the Olympic discipline.

Prof. nzw. dr hab. Marek Kruszewski
Chairman, IPF Medical Committee

c) Disciplinary Committee

The Disciplinary Committee consists of the following members:

Dietmar Wolf (Norway)
Kalevi Sorsa (Finland)
Gennadiy Khodosevich (Russia)

Most of the workloads were related to examine all actual doping cases:
by control of the doping control papers
if all requirements were accomplished
if actually a TUE (Therapeutic Use Exemptions) exists related to this doping case
before the case(s) have been forwarded to the Doping Hearing Panel (DHP).

In addition two cases, where IPF suspended lifters have competed at their National Championships during the ineligibility period imposed to them. (Article 10.10.1, IPF Anti - Doping Rules).

The DC examined and discussed each of these cases in detail subsequently.
Two cases are still under investigation and are therefore not completed yet.

We would like to thank all the members of the Committees and the EC - members for their good co-operation and help throughout the last year.
We wish you all a successful Congress and World Championship Competition.

Best wishes,

Dietmar Wolf
DC Chairman - IPF

d) Appeal Committee

The IPF Appeal Committee (AC) have during the period since last General Assembly 2011 consisted of Lars-Göran Emanuelson (Sweden), chairman, Jean-Claude Verdonck (Belgium), Steve Lousich (New Zealand), Eliot Feldman (USA) and Tatsuo Togo (Japan).

I am sad to inform you that Mr Tatsuo Togo from Japan, who was the latest member in the AC, has past away. I remember Mr Tatsuo Togo as an enthusiastic member of the IPF AC and as a good representative for our sport. Mr Tatsuo Togo was an honorable man who was urgent to do a good work for the IPF. I honor his memory and send my regards to his family and friends in Japan. It is a great loss for all of us. May he rest in peace?

The AC has since last GA had one appeal regarding the approval of a bench press shirt, The Titan Super Katana low cut, to decide upon since the last General Assembly. The AC has not come to a decision when this report was written.

The AC has an important function within the IPF. Through the AC an appealing part has the opportunity to have wrongly decisions corrected.

The AC is understaffed and we will ask the nations for further committee members. We are for the moment one member short. Therefore we ask the nations if you have anyone within your organizations that would like to become a member in the AC please contact Lars-Göran Emanuelson, Hinsaringen 16, S-139 53 VÄRMDÖ, SWEDEN, or at lars-goeran.emanuelson@powerlifting-ipf.com. The members of the AC are all doing a very good job. I would like to thank you all for your support to complete the AC.

Lars-Göran Emanuelson
Chairman (Sweden)

e) Law & Legislation Committee

Dear IPF Members,

First of all thanks to all nations, which are present this year at this IPF General Assembly.

The Law and Legislation Committee consists of the following persons:

Jean Claude Verdonck (Chairman)

Sandro Rossi (Member)

Emanuel Scheiber (Member/Administration)

Many new country constitution were sent to the Law and Legislation Committee:

1. Ghana Powerlifting Federation,
2. Lebanon Powerlifting Federation,
3. Pakistan Powerlifting Federation,
4. Afghanistan Powerlifting Federation,
5. Sri Lanka Powerlifting Federation,
6. Egyptian Strength Federation,
7. Palestine Powerlifting Federation

We have read all the constitution proposals very carefully, step by step

But to be in order with our constitution the countries must have:

1. President, Secretary and Treasurer
2. Follow the IF constitution
3. Follow the WADA Code
4. Have sanction for the athletes who does not follow the WADA Code and the IPF regulations

Then they can be accepted

Unfortunately the following countries DO NOT respect our regulations and therefore the application must be rejected: **Ghana, Sri Lanka, Egypt, Palestine;**


The following federations will be accepted as provisional members: **Lebanon, Pakistan, Afghanistan;**

Jean-Claude Verdonck
Law & Legislation Chairman

f) Anti Doping Commission



INTERNATIONAL TESTING

In 2012, for the first time, the IPF ADC prepared a formal Test Distribution Plan. Such a document for each ADO has long since been required by WADA, but it was only in 2012 that the IPF has been able to fully comply in this regard.



**INTERNATIONAL
POWERLIFTING FEDERATION**

**TEST DISTRIBUTION
PLAN 2012**


1. Introduction

WADA's 2012 International Standard for Testing (IST) states - "Each ADO with Testing jurisdiction must develop a plan for the efficient and effective allocation of its Testing resources". And this is not just a dictate, but sound advice, for the war on doping in sport is ongoing and involves ever more sophisticated maneuvering by those who would cheat. In response, sporting authorities must deploy their resources strategically, to focus their testing efforts on the riskiest nations, events and athletes if the upper hand is to be gained by those who would preserve the purity of sport.

And so the International Powerlifting Federation (IPF) here presents its Test Distribution Plan for the sport of Powerlifting for 2012. The Plan for 2012 is more formal and comprehensive than in past years, in reflection of the growing sophistication and determination of the IPF's anti-doping efforts. The Plan highlights a number of key trends in the IPF's coming drug testing work with its athletes -

- a greater ratio of out-of-competition testing (OCT) relative to in-competition testing (ICT) than in past years
- nevertheless, maintenance of a comprehensive event ICT programme, given some of the reach limitations of any OCT regimen
- an increased emphasis on targeting in athlete selection
- firmer oversight of the IPF testing programme by a semi-independent Anti-Doping Commission
- achievement of all those goals within a constrained resource situation, the IPF being, despite the breadth of the Powerlifting sport, an almost entirely volunteer organization.

In the following pages the rationale and specifics of the IPF Testing Plan for 2012 are explicated. This will be the roadmap for the dedicated officials of Powerlifting in their campaign for a clean, fair sport.



Robert Wilks
Chairman, IPF Anti-Doping Commission

The IPF Test Distribution Plan document has sections on the risk evaluation of IPF events, nations and athlete types, an actual Plan of the number of test types (ICT v OCT) and a summary of the administrative steps involved in applying the Plan. The key issue of course in test planning was the ratio of OCT versus ICT. The benchmark in many sports is 50:50, however a small federation such as the IPF has constraints in terms of finances and of a floor number of ICT being required across our calendar of events. In the end the aims for IPF tests in 2012 were set as –

IPF AIMS FOR 2012

ICT	250
<u>OCT</u>	<u>60</u>
TOTAL TESTS	310
OCT RATIO	20%

To facilitate this Plan, a contract with the private but WADA compliant agency International Doping Tests And Management (IDTM) was negotiated for the carrying out of a minimum of 40 and a maximum of 60 OCTs in 2012, each at a flat cost of EUR 550. This is a highly favorable rate per test, however a minimum expenditure of EUR 22.500,-- is required. That amount has been guaranteed by contributions from the Regional Federations, Europe leading the way with EUR15.000,--. ICT remained funded by athlete anti-Doping Fees, with various national agencies and DCOs being engaged for each event.

INTERNATIONAL TESTING

And that was the theory. The practice for 2012 remains incomplete at the time of this written report (update will be presented at Congress). The time needed for the Plan preparation, contract negotiation and agreement on funding pushed the OCT program into the second half of the year. Thus the statistics on testing are for the 2011 full year (part-reported at the 2011 Congress) and for thus far in 2012 are –

	<u>2011</u>	<u>2012</u> (to 2 nd Sept)
In-Competition IPF Tests	305	167
Out-of-Competition IPF Tests	<u>31</u>	<u>19</u>
Total IPF Tests	336	186
Positives	13	8
	3.9%	4.3%

This 2011 positive rate of 3.9% compares to 6.9% for 2010 and 3.6% in 2009. Notable for 2011 was a near 10% positive rate for OCTs.

PROBATIONARY AND SUSPENDED NATIONS

The IPF rules have the effect that a nation having 4 or more positives in any 12 month period can be suspended or put on probation, or even a combination thereof. In 2011 to 2012 four nations had the misfortune to come into or remain in that category. Those were Argentina, Iran, Poland and India.

Each of those nations has been assigned a member of the ADC to oversee their rehabilitation. The general approach has been to require the nation to provide ranking lists, then Whereabouts for selected top-ranked athletes, then money for OCT. This has produced mixed actual results so far and evaluation of methods with special nations will need to be carried out at the end of 2012. There is uncertainty as to the best approach to take with high-risk nations. Direct suspension may have a salutary effect, or it may cast the federation into a situation of unregulated excess. Controlled management e.g. allowing participation at Championships of a limited pool of lifters who are OCT'd regularly, arguably reinforces rehabilitation, but requires great administrative input. Only experimentation and the matching of the nations risk characteristics with proposed solutions will yield the answers.

SPECIAL ISSUES

1. **Registered Testing Pool** – the IPF RTP of c. 100 top athletes is well administered by Sabine Al-Zobaidi. However there is a fundamental issue in that compiling an RTP purely on results can greatly reduce the sensitivity of targeting i.e. there are many athletes on the RTP from nations with unimpeachable national OCT program. There may be some scope for a different approach to RTP within WADA's 2012/13 review of its Code.
2. **World Championship Whereabouts** – the IPF uses a secondary Whereabouts form for entrants to World Championships and with probationary nations. This is quite distinct from the

ADAMS Whereabouts system used with athletes on the RTP. The difficulty with this secondary Whereabouts form is that an official Missed Test cannot be recorded if the athlete is not where they say they will be. This has made IDTM wary of testing in such cases and posed a cost risk re futile chases of athletes who can neither be found nor sanctioned. It is possible that a greater flexibility in and tailoring of the RTP, so that there is only one, official, Whereabouts method may be the solution

3. **Blood Tests** – early in 2012 WADA issued a memo requiring ADOs to make 10% of their tests as blood tests. This was a challenge for the IPF, in terms of staffing, transport and other costs; also it seemed that this rule was directed at the coming Biological Passport and detection of EPO. However communication with various WADA-related personnel, culminating in a direct response from David Howman, yielded the advice that blood tests are relevant for Powerlifting, particularly re detection of growth hormone, however at this stage considerably less than 10% blood tests would be acceptable. Thus in 2012 the IPF has conducted a small number of blood tests and has been assisted by a streamlining of the process for this by the agencies.

4. **Athlete Sophistication** – there has been much commentary within the anti-doping community and in the press re the 2011 onwards WADA approach of only IRMS'ing for testosterone where an athlete has an initial T:E ratio exceeding 4:1. The assumption is that some athletes can use T such that they keep below that ratio and thus the radar. Also anecdotal reports have been received re certain Powerlifting athletes following such an approach and adding other less detectable substances. The IPF attempts to be proactive in moving against such practices e.g. with insulin tests and blood tests for growth hormone, but the chase is eternal and the IPF resources finite.

NATIONAL TESTING & REPORTING

National ICT and OCT program are required by the WADA and IPF rules, yet there remains incomplete compliance with this. The prime mechanism for the IPF to monitor its national federations' testing program is the annual report required from each federation. For the last three years the compliance figures with this program are –

	<u>2011</u>	<u>2010</u>	<u>2009</u>
IPF Member Nations	94	104	107
National Reports Lodged	85	85	66
Nations Not Reporting	9	19	41
Nations Reporting But Not Testing	43	45	26
Fully Compliant (Reporting & Testing) Nations	41	40	41

Thus the pattern of the last few years continued, in that almost all nations are now reporting their test figures, but the bottom line remains that only c.40 nations test, the majority of nations don't test at all and there is no movement in that figure.

In terms of national testing results, the 2011 figures were –

	<u>2011</u>	<u>2010</u>	<u>2009</u>
In-Competition National Tests	1188	1307	984
Out-of-Competition National Tests	<u>812</u>	<u>607</u>	<u>734</u>
Total National Tests	2000	1914	1718
Positives	88	78	64
	4.4%	4.1%	4.7%

There is thus a trend upward in number & ratio of positive cases at the national level, as opposed to a trend downwards at the internationally. Notable nations contributing to the national positive rate in 2011 were India (52% of tests positive), Brazil (25%), Czech (13%) and South Africa (10%). Nations testing most heavily relative to their populations would seem to be Australia, the Scandinavian countries and perhaps Russia (acommdenable 333 tests, but a large lifter population).

A further issue with NFs is compliance with Code penalty clauses. As the ADO in Powerlifting, the IPF has responsibility for ensuring appropriate penalty application by NFs, whereas there have been instance of less than 2 year penalties for steroid cases or even of suspended athletes being allowed to lift nationally.

EDUCATION

Education remains an underpinning element of the IPF's anti-doping program. Again we have the issue of resource limitations but the IPF Anti-Doping Kit, prepared in 2011, has been widely distributed amongst federations in 212.

Robert Keller has done stirring work in presenting numerous in-person anti-doping seminars in many countries and has done likewise with IBSA (Blind Powerlifting). This and other reforms, have surely had much to do with Blind Powerlifting achieving Paralympic acceptance.

PERSONNEL

In 2012 the IPF Anti-Doping Commission was fortunate to gain the services of Klaus Bostrom (Denmark) as a new member.

Detlev Albrings had for some years done great work in handling the results management process for the ADC, but unfortunately for us retired as of October 2012.

As confirmed by the Executive Committee in 2011, the ADC is expected to operate semi-independently in athlete selection and test administration. However a travel budget of zero and the growth of events and program made such autonomous operation difficult to fully achieve in 2012.

At present, there remains one position vacant on the ADC. We are hopeful of a recruit who will particularly be able to focus on written educational material.

Robert Wilks
ADC Chairma

g) Doping Hearing Panel

The Doping Hearing Panel (“DHP”) consists of the following members:

James Cirincione (USA)
Janie Soubliere (Canada)
David Sperbeck (USA)
Hugo Velasquez (Venezuela)
Norbert Wallauch (Austria)

Since September 2011, the DHP has delivered judgments in approximately 21 doping cases. This number of cases is consistent with our average of about 24 doping cases per twelve-month period. We examine each of these cases in detail and issue a reasoned judgment in support of each decision.

In November 2011, the DHP adopted new and less cumbersome administrative review procedures, led by Janie Soubliere, that have both enabled the IPF’s results management procedures to be streamlined and allowed the DHP to deliver written judgments in a short and defined time-frame after date on which an ADRV is reported to the IPF. We believe that the IPF, National Federations, and Athletes each have been well-served by these changes. These new procedures are all compliant with the World Anti-Doping Code and have been well-received and commended by WADA.

Since November 2011, the World-Anti Doping Agency has been engaged in its Code Review Process. The next version of the Code is scheduled to become effective in 2015. In May 2012, WADA published the first draft of the revised 2105 Code. It is available on WADA’s website in both clean and redlined versions. WADA has solicited comments to this draft and all comments are due prior to October 10, 2012. WADA then will issue a second draft of the 2015 Code, following which a similar review process will take place. The final draft of the 2015 Code will be presented at the end of 2013. Many notable changes have been proposed to the Code.

Of particular interest, draft Rule 2.10 introduces a prohibition on associating with banned coaches and support staff. Draft Rule 10.4.1 includes a comment to cure an ambiguity in the current Rule 10.4 that was at issue in the recent CAS decision in *Oliveira v. USADA*, CAS 2010/A/2107 (available online). The proposed comment states: “where an Athlete or other Person Uses or Possesses a product to enhance sport performance, then, regardless of whether the Athlete or other Person knew that the product contained a Prohibited Substance, Article 10.4.1 does not apply.” This comment (if it becomes effective) means that an athlete who ingests a product to enhance sport performance (such as a dietary supplement) will not be able to avoid sanctions for an ADRV by arguing that he or she did not intend to ingest a prohibited substance that was contained in that product.

Draft Rule 10.6 contains guidance as to when a four-year period of ineligibility may be applied. There has been uncertainty among many international federations regarding the circumstances under which a four-year suspension is appropriate, and the draft Code provides a list of factors that support an enhanced suspension. The factors include: premeditated

doping; using of multiple prohibited substances; using prohibited substances on multiple occasions; using prohibited substances which are not likely to have been used on a single occasion; engaging in a conspiracy to commit ADRVs; using prohibited substances whose

performance-enhancing effects would last longer than the otherwise applicable suspension, and engaging in deceptive conduct to avoid detection or adjudication of an ADRV.

We will keep fighting against doping in Powerlifting to bring recognition and respect to all of the tremendous athletes of our great sport. We urge the member federations to take steps to educate and assist their athletes in meeting their obligations under the Anti-Doping Rules.

We thank all the members of the Committees and the Executive Committee members for their excellent support and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,

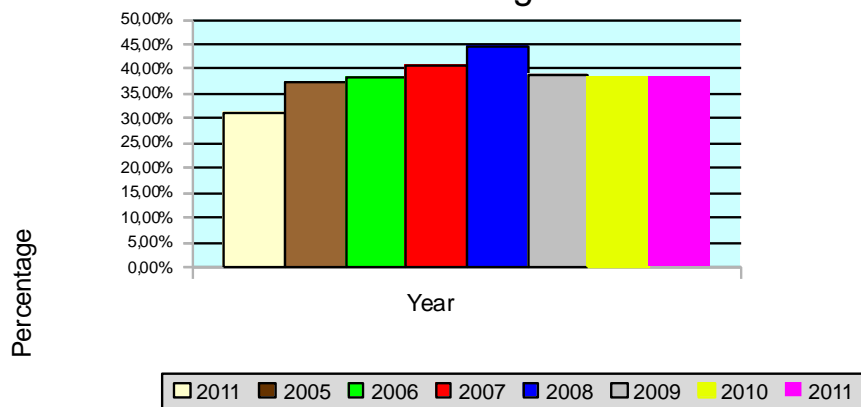
James Cirincione
DHP Chair

h) Women Committee

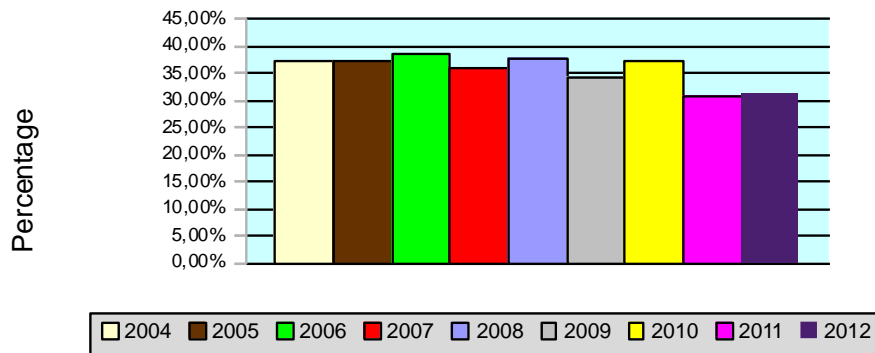
Like all the years before, female lifters in powerlifting have been fully integrated and on all championships women have had equal rights. Women are widely accepted within the IPF. This is not only shown at the IPF website (gallery, promotion video etc.) but mainly at all championships.

The statistics and graphics below give an overview about the number and percentage of female lifters from 2004 until 2012 that took part in Open World Championships in Powerlifting and benchpress. You can see this number is nearly constant, differences may be a result of the host city and the costs of all athletes to go there. On average, 30% - 45% took part in these competitions.

**Percentage of Women
in Powerlifting**



Percentage of Women in Benchpress



Another interesting point is the number of nations, that send female and male athletes to international Powerlifting Championships. The numbers below represent the nations at World Championships in Powerlifting.

	2004		2005		2006		2007		2008		2009		2010		2011	
	Nat.	Athl	Nat.	Athl	Nat	Athl	Nat	Athl	Nat	Athl	Nat	Athl	Nat	Athl	Nat	Athl
Men	27	143	38	160	37	144	34	162	32	118	28	106	30	119	36	142
Women	25	100	21	95	27	89	31	112	27	95	21	67	22	84	29	88

Tabelle 1: Statistics Open Powerlifting World Championships

The comparison shows, that the number of nations that sends female athletes to world championships is still at a high level.

Having a look to the committees, the situation is not the same. There are very few women in top positions in the IPF. In my eyes a quota is not the solution, but women should be asked to take more responsibility. I speak from personal experience when I say that mixed teams are the most successful teams. Here the IPF has got a backlog demand.

The situation concerning the referees has been improved during the last year. The statistic says that we have a few more female referees and they took responsibility on international championships. But there are still too less female referees on duty to nearly all World Championships.

There are two very important improvements especially for female Masters lifters:

1. To increase the number of M3/M4 athletes that can be nominated for international championships from three to five.
2. To set up World Record standards for all female age and weight categories

For the future the following main priorities are seen:

1. We still have to promote and educate more female referees. On all championships there are only a few female referees with IPF I or IPF II license available. My suggestion is to ask specifically former female lifters if they are interested in this job. They know the rules and to be a referee could be an alternative for them to be part of the powerlifting family.
2. More women should be encouraged to take responsibility in committees. We have women in almost every commission, but too often only one.
3. We have a lot of Masters in Powerlifting and Benchpress, the number of active Masters lifters increases year by year. They are not represented in any committee in the IPF, but I think they should. On the other side there is no need to instantiate a special „Masters Commission“. What we have in many companies and governments and what I know from my work for international companies is an Anti-Discrimination Agency. The Women's Committee should be extended to a committee of gender and age equality.

Eva Speth
Women Committee - Chairwomen

8) Regional Reports

a) Europe



EPF General Assembly.

EPF has all together 38 member nations of which 32 are full members fulfilling all EPF membership obligations.

The EPF General Assembly was staged in Mariupol in Ukraine 7. May and delegates from 15 member nations were present at the meeting and 22 nations took part in the championship.

European lifters.

In January this year the following lifters were appointed by the Executive as European lifters 2011: Tetyana Akhmytyeva from Ukraine and Jaroslaw Olech from Poland. Olech was awarded this prestigious title for 9th time.

International championships.

In 2012, 5 European championships and one Western European Champion are/will be organized. Host nations were, Ukraine (Open), Denmark (Juniors), Czech Rep. (Masters and Masters Bench), Italy (Open Bench) and Luxembourg (Western Europeans).

Also 1 World Championship as well as the first IPF Classic World cup were organized in Europe. Most organizers of international championships in Europe have great experience and the technical standard is high. All together about 800 lifters take part yearly at the European championships. From each Europeans, internet streaming is provided. The quality varies as the capacity of the internet lines and the capacity of the internet host also varies. EPF is working together with the EPF/IPF computer secretary Olexandre Kopaev to better the conditions in the future. Internet streaming is important for our sport as long as the television companies show low interest.

General.

EPF officials have for years worked close to every organizer of European championships to secure that all specifications contracted in the documents named;

Promoters contract, Organizing Checklist and the Antidoping Control Agreement are fulfilled.

EPF also support economically organizers if they need to buy IPF recognized equipment to meet the standard requested for the warm up room and the competition platform. Each organizer may receive up to about 2900 Euro.

EPF is working to establish training courses and training sessions for coaches and lifters in La Manga Club in Spain. La Manga Club is a well known training and recreation center used by many kind of sports. Together with the management in La Manga Club, the EPF EC is building up platforms and equipment for powerlifting and all will be completed by the end of 2012. Bars and plates come from Eleiko and will together with a wide range of training equipment installed at La Manga make the powerlifting center well equipped for various power training.

Also in 2012, a high number of doping tests have been carried out at European championships and cups. However, the policy within all olympic sports as well as powerlifting is that more out of competition tests shall be carried out. EPF has in 2012 transferred 15.000 Euro to IPF for OCT testing.

In 2011 EPF made 81 in competition tests at European championships and unfortunately one lifter was positive.

The fight against doping abuse to create fair play for all lifters has still the highest priority within EPF.

EPF Officials.

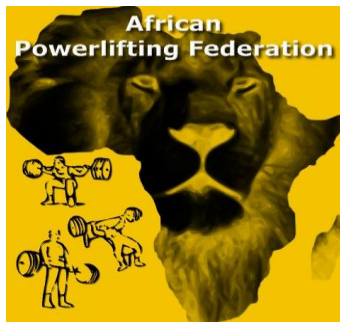
No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hard working officials that cooperate perfect in the leading team as well with the member federations.

Jiri Hofirek is working untiring and accurate with championship preparations and take part at all Europeans, Alain Hammang conducts the economy carefully and secure that all federations get what belongs to them and collect what they have to pay. Dietmar Wolf takes care of the General Secretary work, Myriam Busselot supervises referees and jury work and Sandro Rossi looks after the Law and legislation. Ralph Farquharson is doing an active job as media officer and vice President. He is also the key person to build up the La Manga powerlifting center. Record registrar Anatoliy Stetsenko works excellent by updating all European records and issuing record diplomas

and the good work of Olexandre Kopaev at European championships is highly appreciated. Also the remaining EPF officials do their work in a perfect manner. They are all a great team that deserves a great thank you for running European powerlifting.

Arnulf Wahlstrom, President EPF

b) Africa



I would like to say that Powerlifting is growing and on the increase in Africa however apart from the established nations such as South Africa, Morocco, Libya, Algeria not a lot has happened in the rest of Africa in the past year. I did mention this in last years report the fact that with conflict and unrest in a number of Central African and North African countries Powerlifting unfortunately takes a back seat.

We do however persevere and try to keep things going with the result that our AGM produced the following office bearers for the next 4 years and these are:

Alan Ferguson as President

Moussa Massour, Algeria elected as Vice President

Elmamoun Mohamed, Morocco, elected as General Secretary

Gail McKenzie Kerr, South Africa elected as Treasurer

Hannie Smith, South Africa elected as Technical Director

Peter Adejei, Ghana elected as Communications Officer

Hamid Jamal, Morocco elected as Board Member

African Championships

It was unfortunate that the African Championships had to be cancelled at the last minute due to the non arrival of Algeria because of lack of government sponsorship, South Africa nil funds available, Nigeria no visa's issued and of course Libya due to the ongoing conflict in the region with the change of government.

Sympathy's to Elmamoun Mohamed for the work and effort he put in to stage these championships especially with the fact that he did receive support from the Moroccan Ministry of Sport. He also received support from a sports officer from an American NGO who specifically flew out and travelled to Khenifra to assist Elmamoun stage the championships all in all a bit of an embarrassment.

The IPF sponsored bar, weights and squat and bench rack were well received and will be put to good use in the country as development equipment.

In March/April this year I was unfortunately let down by one of our newest West African members who invited me to present a seminar and coaching clinic however on the day of departure was told

by the parties concerned that they had to cancel everything at the last minute which obviously led to some financial loss. It is intended to try to revive this seminar at a future date.

On the positive side contact has now been made with a new Powerlifting organization in Egypt and we are waiting at this time for them to complete the formalities for membership of both the IPF and APF.

Africa in the past has produced some outstanding lifters however the highlight of the 2012 year so far must be the exceptional performance of Mohammed Bouafia of Algeria who smashed just about every record in the 120kg division of the inaugural Classic World Cup held in Stockholm, Sweden. He totaled 915.5 kg's Raw which was even a greater total than the superheavyweights managed.

This shows that there is a lot of potential and with effort and perseverance Powerlifting can grow and become a meaningful sport in the whole of Africa

**Alan Ferguson,
APF President**

c) Asia



Championships

We Asian Powerlifting Federation held two Asian Championships every year.

This year we had Asian Powerlifting Championships in India. The host city was historical and beautiful city of Udaipur.

The championships started on 1st of May till the 7th of May. At the opening ceremony, we welcomed minister of sports and culture. He gave us very nice welcome remarks.

Meet Hotel was Hotel Inder Residency (five star hotel) and the venue was also in this hotel. Every participants need not to go and back from the venue to hotel, so we had very comforting championships. All of these preparation was done by Subrata Dutta of India who is the general secretary of APF. Many officials and staffs of the Indian Powerlifting Federation worked so hard for 7 days.

Iran could not participate because of doping offence last year. Usually they send 40 to 60 lifters to the Asian Championships so we worried the total number of participants but still we had little bit more than 300 lifters from all around the Asia. We did Men's and Women's Senior, Junior, SubJunior, Masters classes. There were so many new Asian Records.

Always the farewell party at the Asian Championships was hot. Many lifters and officials danced with upbeat of the Indian traditional music. This experience would be unforgettable to all of us.

The second Asian Championships will be in Kazakhstan. That will be the 2012 Asian Benchpress Championships. The championships would be finished when you read this report, you can see the results at our new web pages.

<http://asianpowerliftingfederation.org/>

From this year we will start third Asian Championships. That is Asian Classic Powerlifting Championships. This meet will be held in Coimbatore, beautiful city of India on 10th to 14th of December.

We start Raw

In Asia, some countries have the history of doing Raw Championships. Japan have been doing both of Raw and Equiped Nationals for more than 10 years. India started Raw championships recently. So the news of IPF started the Classic World Cup was welcomed around the Asia. At the 2012 Annual Congress of Asia we decided that we will start Raw Asian Championship under the name of Classic Asia from this year.

Indian Federation under the leadership of Subrata Dutta, India could decide that they will have first Classic Asian Powerlifting Championships in 2012 December.

Next year we will start the first Asian Classic Benchpress Championships in Phillipines. (We do alternatively Classic Powerlifting and Benchpress championships year by year)

Anti-Doping

Recently India had the IOC and WADA recognized Anti-Doping agency. Last year we did many doping test through this Indian Agency (INADO) and there were some positive lifters from Iran and India.

IPF suspended Iran for 2012 and India for 2013. This matter was shock for us but we need to accept this suspension seriously.

Now Iran is starting the serious Anti-Doping movements in their country. They will have their National Powerlifting Championships in October. They want to invite Robert Wilks the chairman antidoping panel of IPF and me the president APF to watch their efforts of Anti-Doping movements in Iran.

I think Robert or I can report this championships at the GA.

Regarding the India, they learned the hard lesson. They have so many lifters all around the India. The population of India is said 1.2 or 1.3 billions, and the number of the lifters are over 30 thousand. I hope their effort to educate the anti-doping and start strict doping tests Nationally.

Another problem in Asia is we still have positive lifters at the Asian Powerlifting championships. For example this year, one lifter from Uzbekistan and one lifter from Afganistan were found positive. We will do more education of Anti-Doping in Asia.

Organization

We renewed our constitution line with IPF.

We renewed our web pages. Now the pages were maintained in India where APF General secretary works.

This change will speed up the uplording the information of Asia.

We are pushing new countries to be the members of IPF first, then be the member of APF.

Our potential is huge because the population in Asia is huge and the economical growth in Asian is huge.

The future world champions will be coming from Asia, I believe.

Watch out.

Susumu Yoshida,
President Asia

d) North America



The 2011-2012 competition year has been a year of change for the NAPF. Chief among these changes is the election of Robert Keller to the post of President of our Regional Federation. As you all know, Robert has worked tirelessly in developing the NAPF and has been instrumental in our growth over these past 11 years. His efforts to make contacts with athletes and government officials in the nations of the this Region have not only connected our athletes in the spirit of good, clean competition, but have lead to developing powerlifting in nations where no competitive lifting has taken place. In 2012, we continue this process with Dr. Keller at the helm. Our Regional governance has changed somewhat. We will expand and continue to develop the Executive Board for the NAPF, adding additional members with key skills and in key locations. Sergio Centeno, of Puerto Rico will assume the post of Secretary General, Michael Liccardi, Treasurer, and Bill Clayton will remain as Technical Chair. As such, Bill formally join the Executive. I will remain on the Executive and will represent the Region on the IPF Executive for the duration of my term.

We will continue to host our schedule of championships as in previous years, with the North American (Powerlifting) Championships, the North American Bench Press Championships, the Arnold Sports Festival, and the NAPF Professional Bench Press and Deadlift. Using an invitational model, we hope to expand our showcase events in 2013. Each of these events have been well run and well attended. Live streaming of our events allows a greater audience exposure to NAPF powerlifting. Our venues have been both comfortable and and in locations that athletes want to travel and enjoy. The Arnold Sports Festival very popular, as in past years. The Raw Challenge closed to entries in 36 hours. Additional lifters may only participate as athletes drop out.

In addition, we will add a raw Junior and Subjunior championships in 2013, and will add a raw division to the NAPF Bench Press Championships. Raw lifting is very popular in this region and we will continue to provide competition opportunities for those who wish to lift without supportive equipment. One of the benefits for our Region, were many athletes cannot afford equipment and travel, is facilitating growth without a large investment. We will continue to work in this area. We continue to work in the area of doping control. The avenues for athletes to acquire banned substances and have positive results either intentionally or inadvertently is only increasing. We continue to work in the area of education and to attempt to target those athletes whose performance is remarkable for its improvement. We continue to hold antidoping seminars and provide education to athletes and to nations as to the pitfalls of use of strength promoting substances.

Finally, I would like to thank our nations and our athletes for making the NAPF the friendly, supportive federation that it is. Our congress runs each year as a discussion among friends. Our championships are remarkable for athletes cheering on their competitors and for the respect that they display. It is these relationships that make the NAPF unique and successful.

Respectfully,

**L.J. (Larry) Maile, Ph.D.,
President NAPF**

e) South America



The year of 2012 was very special for FESUPO and South America !

We had a special support from World Games Comitee 2013 and Colombian Powerlifting Federation for hold the South American Powerlifting and Bench Press Championships 2012, in Cali city, Colombian beautiful city.

The town of Cali is the national capital of the sport and we can see that next World Games will be a success !

7 nations and more of 100 lifters participated.

The competition was the best competition in South American with excelent equipments from Eleiko. It was good championships. We had very busy 4 days.

In the last day we had ample broadcast by TV in live and newspaper during every days.

Many South American records were break.

We had new referees category II aproved from Peru and Guayana.

We had hard work making contacts with South America federation for aplicacion at IPF. We are contacting with Chile and Boliva about this.

I would like to thanks to all EC Members that were in Cali and worked very hard for support our event.

This was the best competition. If course that we am sure that South America need walk a lot, however this year we get jump big steps.

**Julio Conrado,
FESUPO President**

f) Oceania



MEMBERS

As of August 2012 the OPF membership included –

Australia	Fiji
Marshall Islands	Nauru
New Zealand	Niue
New Caledonia	Papua New Guinea
Samoa	Tahiti
Tonga	Kiribati (Provisional)
Tuvalu (Provisional)	

A surprising number of issues have arisen in 2011 to 2012 with the membership status of Oceania nations –

- New Caledonia and Tahiti are also affiliated with the French PL Federation and correspondence thus far has not completely clarified the status and fee responsibilities of the various parties. We are now advised that New Caledonia is “a committee under a contract basis to represent the French federation in New Caledonia”, whereas Tahiti’s status is still not completely clear
- some smaller federations are actually divisions of their National Olympic Committee and enter the Pacific Games as such, creating some disconnect with the structure of the IPF – thus Kiribati and Tuvalu linger in IPF Provisional status
- the Papua New Guinea federation, although competitively strong, collapsed administratively with the death of its President Mr Asi. The federation has been taken over by the PNG Olympic Committee, although they have advised that their intent is to re-establish a stand-alone federation.

ADMINISTRATION

The elected office-bearers of the OPF remain as –

President & IPF Board Member	Robert Wilks
Vice President	Julian Perry
Secretary	Pam Cutjar
Treasurer	Steve Lousich
Committee	Jim Clifford, Aitken Fruen
Recordkeeper	John Myers
Referees Director	Pam Cutjar
WebMaster	Tim Germanchis

In 2012 some challenges were thrown up by our WPC friends, who took advantage of the fact that “Oceania Powerlifting Federation Incorporated” is a company registered only in New Zealand, by starting to advertise themselves in Australia as “the Oceania Powerlifting Federation”. That was resolved only after protracted legal correspondence and the registering in Australia of “Oceania Powerlifting Federation” as a registered business name owned by Powerlifting Australia. Undeterred, the local WPC incorporated a company “CAPO Powerlifting Australia Ltd.”, the status of which is now being contested.

COMPETITION

As the Pacific Games were held in August 2011, no Oceania Championships were scheduled for 2011. However there were two international competitions involving Oceania in 2011/12 –

- **Commonwealth Championships, Bournemouth, England, December 2011** – Australia and New Zealand fielded teams in this large event, actually run by the Commonwealth Powerlifting Federation and involving such nations as India, the GB countries and South Africa. 264 Entrants took part in Raw and Equipped Powerlifting and Bench Press in this all-inclusive event
- **Pacific Raw Invitational, Melbourne, April 2012** – Following the success of a one-session, spectator-friendly elite event in 2011 another superstar contest was conducted in Melbourne. This was in the Raw discipline, given that over 2011-12 Powerlifting in Australia had shifted to very predominantly Raw. Thirteen lifters over 2 hours only, to a full house and near 2000 streaming viewers produced World Records for Blaine Sumner (USA) and Sonia Manaena (NZ), with Nick Tylutki (USA) narrowly missing a WR. Many Oceania and national records also went to Australian and New Zealand lifters.

FUTURE EVENTS

- **Pacific Games 2015** - in the Oceania region, the Pacific Games is the focus of all sport. Powerlifting has been in the last three Games now, but as an optional sport has to re-apply and prove its case each time, with challenges arising as to our number of classes, entry rules, lifting apparel and so on. However each time we have been successful. After the 2011 Games in Samoa the OPF was invited to submit recommendations for improvement of Powerlifting in the Games, a promising sign. One outcome of this may be the inclusion of Australia and New Zealand in the Games, as opposed to only the Pacific nations. The 2015 Games are scheduled for Port Moresby in Papua New Guinea. This was originally a strength for the aim of Powerlifting's inclusion in the Games once more, although now some challenges have arisen with the PNG Federation
- **Oceania and Commonwealth Championships 2013** – these events will be combined in December 2013, in Auckland, New Zealand. This will be a big event, Raw & Equipped, Powerlifting & Bench Press, all age groups and will run for up to a week
- **Oceania Raw Championships 2012** – these will be held in Sydney December 2012, in a focussed 3 day schedule.

Mention should be made of the Eleiko company, which has generously committed to free equipment for each of those coming events and also has previously provided for 2010 and 2011 Oceania events.

DOPING CONTROL

The pattern continues of there being strong government based testing programmes in Australia and New Zealand, but limited testing in the Islands.

In calendar 2011 Australia had 98 tests and New Zealand 27, with 2 methylhexanamine cases in Australia and 1 marijuana case in New Zealand. In both countries Powerlifting representatives liaise with and advise the respective agencies and have respected roles as contributors to the anti-doping cause.

In the Islands, Samoa did have some testing at its national championships, a step forward. In 2012 a positive case from the 2011 Pacific Games was finalized. Although involving a diuretic in the instance of an unsophisticated athlete, Powerlifting providing the Games' first ever positive may have some ramifications.

**Robert Wilks,
OPF President**

circumstances, the *National Federation's* reporting obligations to IPF include confirming the decision and period of *Ineligibility* the National Level disciplinary panel may impose on the *Athlete* following a hearing in accordance with article 8.2.3.

7.4.4 Failure by a *National Federation* to conduct proper and timely results management and/or a hearing in relation to any apparent anti-doping rule violation may result in the IPF reviewing or seizing the matter as provided in Article 12.4.

8.2.2 Hearings pursuant to this Article 8.2 shall be completed expeditiously and in all cases within three months of the completion of the Results Management process described in Article 7. Hearings held in connection with *Events* may be conducted by an expedited process. If the completion of the hearing is delayed beyond three months **without cause or reason**, the IPF may elect to bring the case directly before the IPF Doping Hearing Panel at the responsibility and at the expense of the *National Federation*

8.2.3 *National Federations* shall keep the IPF and WADA fully apprised as to the status of pending cases and the results of all hearings. **In all circumstances, upon completion of the required results management and disciplinary procedures, a *National Federation's* full reasoned and written decision must be sent to IPF along with an English summary of the decision outlining at minimum, the *Athlete's* name, the substance involved, the period of *Ineligibility* imposed and the reason for any reduction to the mandatory period of *Ineligibility*.**

12.2 A *National Federation* shall be obligated to reimburse the IPF for all costs (including but not limited to laboratory fees, **legal fees and expenses** and travel) related to a violation of these Anti-Doping Rules whether committed by the *National Federation* or by an *Athlete* or other *Person* affiliated with that *National Federation*.

12.4 **When *National Federations* fail to conduct proper results management procedures with regards to national-level anti-doping rule violations, the IPF is authorized to take necessary measures to ensure that the actions or inactions of the *National Federations* comply with these Anti-Doping Rules.**

12.4.1 **In the event of an anti-doping rule violation committed by an *Athlete* within the jurisdiction of a *National Federation*, if the *National Federation* fails to conduct timely results management procedures or to render a timely decision, or renders a decision that does not seem to be in compliance with these Anti-Doping Rules, the IPF Disciplinary Committee shall proceed with an internal review of the matter. Upon completion of its internal review the IPF Disciplinary Committee may find that a) the sanction imposed by the *National Federation* is clearly not in compliance with these Anti-Doping Rules or the *Code*, or b) the *National Federation* has failed to conduct results management procedures or to render a timely decision within 3 months without cause or reason.**

12.5 **When the IPF Disciplinary Committee receives a *National Federation* decision that clearly does not comply with the sanctions provided in these Anti-Doping Rules or the *Code*, the IPF may make recommendations to the *National Federation* on the initial decision and grant the *National Federation* the opportunity to promptly revise its decision based on the a proper application of the provisions of these Rules and the *Code*.**

12.5.1.1 **Should the *National Federations* modify the decision accordingly and provide IPF with a revised written decision, the IPF Disciplinary Committee will not take further action and close the file accordingly.**

12.5.1.2 Should the *National Federation* fail or refuse to revise its decision, the IPF Disciplinary Committee is authorized to seize the matter in order to bring the case directly before the IPF Doping Hearing Panel. Provided that the IPF Disciplinary Committee is satisfied that all International Standards were respected, that an anti-doping rule violation can be asserted and that the implicated *Athlete* has the right to be heard, the Disciplinary Committee shall then transfer the case file to the Doping Hearing Panel for an expedited hearing. The *Athlete* in question may be provisionally suspended before such a hearing takes place. Any decision rendered by the Doping Hearing Panel in these circumstances can be appealed to CAS in accordance with Article 13 of these Rules.

12.5.2 When, after three months of its initial notice, the IPF Disciplinary Committee has still not received proper results management reports or a timely decision from a *National Federation* in relation to an asserted anti-doping rule violation, the IPF Disciplinary Committee is authorized to seize the matter in order to bring the case directly before the IPF Doping Hearing Panel. Provided that the IPF Disciplinary Committee is satisfied that all International Standards were respected, that an anti-doping rule violation can be asserted and that the implicated *Athlete* has the right to be heard, the Disciplinary Committee shall then transfer the case file directly to the Doping Hearing Panel for an expedited hearing. The *Athlete* in question may be provisionally suspended before such a hearing takes place. Any decision rendered by the Doping Hearing Panel in these circumstances can be appealed to CAS in accordance with Article 13 of these Anti-Doping Rules.

12.5.3 A *National Federation's* refusal to revise a non-compliant decision may always result in the IPF or WADA exercising their right to an appeal at CAS at the *National Federation's* costs, in accordance with Article 13 of these Anti-Doping Rules.

12.5.4 The IPF Disciplinary Committee's right to a) seize a national-level doping matter and/or to request that the Doping Hearing Panel convene a hearing either to review a *National Federation's* decision that is clearly not in compliance with the Code or b) render a decision in lieu of the *National Federation* is consistent with the requirement that the principles of these Anti-Doping Rules and the Code must be respected and properly implemented at all times.

12.5.5 Any judicial review or disciplinary action taken by the IPF Disciplinary Committee or the Doping Hearing Panel under this Article 12.4 will always be at the respective *National Federation's* cost.

12.6 Failure to pay fines, Participation

If any of the above fines are imposed the offending national federation shall not participate in any *International Event* until the fine is paid.

Fines imposed under this article shall be paid within 60 days of invoicing and if not so paid within 60 days the *National Federation* shall be suspended from participation in any IPF activities from that 60th day up until the time the fine is paid to the IPF.

APPENDIX 4 - Standards for Testing, Guideline for Sample Collection

6.4.5 In conducting the Sample Collection Session the following information shall be recorded as a minimum:

...k) The type of the Sample (urine, blood, etc.);
l) The type of the test (In-Competition or Out-of Competition);

...

x) The name of the Testing Authority; and
y) The name of the Sample Collection Authority.

8.3 Where required, instructions for the type of analysis to be conducted shall be provided to the WADA-accredited laboratory or as otherwise approved by WADA. In addition, the IPF shall provide the WADA-accredited laboratory with information as required under Clause 6.4.5 f), h), j), k), l), o), p), x) and y) for result reporting and statistical purposes.

9.3.7 Upon request, the IPF shall collect and furnish to WADA, adverse sample profile information to supplement the mandatory provisions of *Code* article 14.1.2. This information regarding the circumstances surrounding Adverse and Atypical findings, shall be determined by WADA and may include, but is not limited to:

- a) The status of Athlete with respect to their Competition level;
- b) The status of Athlete with respect to whereabouts information;
- c) The timing of the test relative to training and competition schedules;

and

- d) Other such profile information as determined by WADA

Constitution

South African Powerlifting Federation

Proposal: New Constitution(14 – Disciplinary Actions and Penalties)

A Federation with more than two competitors on a World Championship or World Cup must send minimum one referee to the World Championship or World Cup.

The fee for not sending a referee is EUR 1 000.

The host nation can nominate six referees, at least one of the referees must be a female.

All nominated referees attending a championship, must be available for at least two days.

Reason:

At the most World Championships the number of referees is very low and some referees must work two or three sessions per day. The result of this "overloading" of some referees is that some decisions in the last sessions are sometimes not correct, because the referees concentration is not 100% after refereeing more than 5-7 hours! Often big teams with about 15 lifters are sending no referee but they expect always a fair referring from the referees who are sitting many hours per day on the platform! With the fee it will be possible to hire additional referees (if needed) from the host country or countries next to the host country.

By-Laws

South African Powerlifting Federation

Proposal:

By-Laws 103.2.2 and 103.2.3

Raising the referee examination and re-registration fee from EUR 30 to EUR 50

Reason:

The fee for the examination and re registration were the same for several years now and the collected money can be used to improve the standard of the referees and also of the examination of the referees.

Proposal:

By-Laws 103.2.5

Raising the IPF referee tie and scarf from EUR 15 to EUR 25

Reason:

Higher quality of the ties and scarfs and also an economic increase, because the fee is the same for many years

Proposal:

By-Laws 103.2.7

Raising the sanction fee for World Championships (beginning 2015) from EUR 1000 to EUR 2000

Reason:

To have the guaranty that the organizer fulfill all requested details from the promoters contract.

An economic increase, because the fee is the same for many years.

Proposal:

By-Laws 103.2.1

Raising the membership fee from EUR 200 to EUR 400 per year

Reason:

An economic increase, because the fee is the same for many years (this is a standard fee in most international sport federations)

The additional money will be used to improve the quality of the championships. The IOC requires a permanent improving of the standard of the championships and also of the administration in the federation.

Proposal:

By-Laws 103.2

Raising the participation fee from EUR 30 to EUR 50

Reason:

The additional money will be used to improve the quality of the championships. The IOC requires a permanent improving of the standard of the championships and also of the administration in the federation.

Technical Rules

Danish Powerlifting Federation

Proposal: add Page 2 #2 and #3

Introduction of official RAW (classic) World Championships for: open class men and women – subjunior/junior and Masters. Continue with the equipped championships as they are. After 2 years, in 2014, an evaluation is to be made at Congress to find out whether changes to the above should be made.

Motivation:

Equipped powerlifting is stagnating, whereas RAW lifting is becoming still more popular. Equipped lifting has become still more supportive, which causes problems for the IPF and the referees who find it difficult to handle the situation. One example is the latest illegal introduction of the super Katana low cut. It is also vital for the IPF to introduce official World championships in RAW (classic) powerlifting as there is a risk that RAW lifters will otherwise find other federations where to perform their lifting. The IPF needs more members and lifters and not less.

Australia Powerlifting Federation

Proposal: add Page 2 #2 and #3

- a) As of 2013, change the title and status of the event “IPF Classic Cup” to the “IPF Classic (or Raw) World Championships” – this to reflect the large proportion of Raw athletes now in the IPF and to remove the impediment of non-championship status for athletes seeking government funding for this event.
- b) Subject to agreement with the relevant Promoters, add Sub Junior and Junior as a first priority and then Masters, categories to the IPF Classic (or Raw) World Championships (or Cup), commencing 2013.
- c) Establish World Record Standards in the Classic/Raw Sub Junior, Junior and Masters categories, effective 1/12/12.
- d) Subject to agreement with suitable Promoters, conduct a World Classic/Raw World Bench Press Championships as from 2013 or 2014.

Luxembourg Powerlifting Federation

Proposal

- a) Continue with the Name Raw Classic. Don't feel that this has been up to the World Status as of this time. Still believe that we must evaluate this event much more.
- b) Institute Jr/SubJr. into Raw Classic, **beginning 2014**. This also may be amended to 2013, if the Meet Director agrees with this proposal..
- c) Don't institute Masters into the Raw Classic.

- d) Don't institute a Benchpress in Raw Classic.
- e) Mandate, that "NO MODIFICATIONS TO ANY SUPPORTIVE EQUIPMENT BE MADE BEFORE THE 2014 MORATORIUM".

IPF Executive Board

Proposal: Page 12 – T Shirt/ Supportive Shirt

IPF Shirt Specifications

1. Shirts usage in the IPF is a privilege granted solely by the IPF. Athletes may only utilize them if they pass the technical inspection at the competition they are intended for. The IPF has no obligation to allow shirts which are not judged to meet the specifications in the technical rules. The ruling of the inspecting referees may not be appealed. The IPF has no agreement with manufacturers that a shirt or any shirt may be allowed regardless of model, design, material, or appearance.
2. Shirts must conform to the diagram in appearance (standard t-shirt, Pps. 12-13, IPF Technical Rules). Seams must be in the approximate positions depicted in this diagram. The front of the deltoid must be covered by the front panel of the shirt or the sleeve. The shirt may not be pulled down such that the deltoid is exposed, or the rear panel is pulled over the deltoid.
3. Collar specifications:
 - a) The collar must be constructed from the material which comprises the front panel of the shirt. No material may be added.
 - b) The collar may be comprised of not more than two layers of material which results from the folding over of the front panel material. The thickness of the collar will not exceed two layers of material.
 - c) The collar may not exceed 1 cm. in width when laid flat on table.
 - d) The width of the collar may not exceed 30 cm in diameter when laid flat.
4. Chest Panel Specifications:
 - a) The chest panel may not be less than 2/3 the distance armpit to armpit of the athlete using it. In no case will the chest panel be less than 20 cm but these are considered very extreme cases of very light or very small athletes.
5. Arm Specifications:
 - a) Sleeves may be modified for length. They must not cover the elbow.
 - b) Sleeves may not be shorter than the length of the lifters bicep.
 - c) Sleeves may have one seam which may run vertically down the sleeve. No more than one seam is allowed per sleeve.
6. The back material may not be spandex or any other rubberized material.
7. No changes of material will be allowed from those originally approved. Any change in thickness, weave, etc. will result in a shirt or model of shirts being disallowed.

8. Seams of the collar and the sleeve may not be closer than 5 cm irrespective of the size or weight of the lifter. These seams MAY NOT TOUCH.

Canadian Powerlifting Union

Proposal: Page 18 & 19 Bench Press

Bench Press straight arm exemption for those with diagnosed Achondroplasia Dwarfism.

Reason:

Lifters with Achondroplasia Dwarfism are a valuable part of the lifting community. They are also a segment of the lifting population that has been unreasonably effected by the elimination of the medical exemption for arms that do not straighten completely.

By requiring those with Achondroplasia Dwarfism to provide a signed form from a physician declaring that the lifter does indeed have this condition and thereby allowing an exemption, this will prevent abuse of the exemption from other segments of the lifter population.

General Proposal

Danish Powerlifting Federation

Proposal:

Change the decision of the Executive Board of the IPF to approve the Titan Super Katana low cut – and make it illegal.

Motivation:

This approval is a violation of the following 3 rules and decisions made at IPF congresses:

1. Congress 2010: NEW equipment cannot be approved in the frozen period. - Only costumes officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting and Bench press Competitions. All approved gear (Stand: 01. July 2010) is frozen from 01.07.2010 – 31.12.2014.
2. The NEW katana does NOT comply with the technical rules as the collar and sleeve seams are attached to each other. Page 12/13 Technical rules book: T Shirt / Supportive Shirt. In addition seams may only be placed in the positions indicated in the diagram.
3. If NEW equipment should be approved as “modified,” It is not effective until January 1st – which no matter what makes the NEW shirt unavailable in 2012. The minutes from the 2011 congress say that any modification will be effective from 1st of January and must be presented to the annual IPF congress before the Technical rules are modified.



11) New Member Applicants

Full members: Iraq

Provisional members: Kiribati, Tuvalu, Afghanistan, Lebanon, Dominican Republic, Pakistan,

12) Action on delinquent Nations

No Action!

13) Hall of Fame

Will be announced at the General Assembly!

14) Future Championships

2013

01. - 03. March	Arnold Sports Festival	USAPL	Columbus (Ohio)	USA
15. - 16. March	Danube-Cup	EPF	Bid: requested	
28. - 30. March	7 th NAPF Caribbean Islands Powerlifting Championships	NAPF	Dorado	Puerto Rico
09. - 13. April	European Sub-Junior & Junior Championships	EPF	Prague	Czech Republic
18. - 21. April	World Masters Bench Press Championships	IPF	Prague	Czech Republic
07. - 11. May	Men's and Women's European Championships	EPF	Plzen	Czech Republic
22. - 26. May	World Bench Press Championships for Women&Men: Open, Sub-Junior & Junior	IPF	Kaunas	Lithuania
11. - 16. June	IPF Classics Powerlifting World Cup (unequipped)	IPF	Suzdal	Russia
TBA	11 th IBSA World Bench Press and Powerlifting Championships for the Blind and Visually Impaired	IBSA	Moscow	Russia
01. July	11 th NAPF General Assembly	NAPF	Orlando/Florida	USA
02. - 07. July	11 th NAPF North American Powerlifting Championships & 14 th FE.SU.PO./NAPF Pan-American Powerlifting Championships	FE.SU.PO./NAPF	Orlando/Florida	USA
09. - 13. July	European Masters Powerlifting Championships	EPF	Hamm	Luxembourg
28. July - 12. August	World Games	IWGA	Cali	Colombia



08. - 10. August	European Bench Press Championships	EPF	Bratislava	Slovakia
10. August	4th NAPF Pro International Grand Prix Bench Press & Deadlift Championships	NAPF	New Brunswick, New Jersey	USA
27. August - 01. September	World Sub-Junior & Junior Championships	IPF	Killeen / Texas	USA
13. - 14. September	Western European Championships	EPF	Blanquefort	France
23. - 30. September	World Masters Championships	IPF	Orlando / Florida	USA
17. - 19. October	European Masters Bench Press Championships	EPF	Sofia / Varna	Bulgaria
14. - 20. October	11 th Annual IBSA World Bench Press and Powerlifting Championships for the Blind and Visually Impaired Athletes	IBSA	Antalya	Turkey
16. - 17. November	8 th NAPF North American Regional Bench Press Championships	NAPF	Santo Domingo	Dominican Republic
05. - 10. November	Men's and Women's World Championships	IPF	Stavanger	Norway
04. - 08. December	Commonwealth & Oceania Powerlifting & Bench Press Championships (equipped and unequipped)	CPF/OPF	Manuaku, Auckland	New Zealand

2014

28. February - 02. March	Arnold Sports Festival	USAPL	Columbus (Ohio)	USA
27. - 30. March	8 th NAPF Caribbean Islands Powerlifting Championships	NAPF	Port of Spain	Trinidad & Tobago
09. - 13. April	European Junior & Sub-Junior Powerlifting Championship	EPF	St. Petersburg	Russia
17. - 20. April	World Masters Bench Press Championships	IPF	Northumberland	Great Britain
07. - 11. May	European Open Powerlifting Championship	EPF	Sofia	Bulgaria
21. - 25. May	World Bench Press Championships for Women&Men: Open, Sub-Junior & Junior	IPF	Rodby	Denmark
10. - 15. June	IPF Classics Powerlifting World Cup (unequipped)	IPF	Bid: South Africa	
TBA July	12 th NAPF General Assembly	NAPF	Charlotte Amalie, St. Thomas	US Virgin Islands
TBA July	12 th NAPF North American Powerlifting Championships	NAPF	Charlotte Amalie, St. Thomas	US Virgin Islands
TBA July	12 th IBSA World Bench Press and Powerlifting Championships for the Blind and Visually Impaired	IBSA	Moscow	Russia
09. - 13. July	European Masters Powerlifting Championship	EPF	Plzen	Czech Republic
08. - 10. August	European Open Bench Press Championship	EPF	Prague	Czech Republic
01. - 07. September	World Sub-Junior & Junior Championships	IPF	Oroshaza	Hungary
13. - 14. September	Western European Powerlifting Championship	EPF	Milano	Italy



29. September - 07. October	World Masters Championships	IPF	Plzen	Czech Republic
16. - 18. October	European Masters Bench Press Championship	EPF	Hamm	Luxembourg
10. - 16. November	Men's and Women's World Championships	IPF	Denver (Aurora)	USA
19. - 20 November	5 th FE.SU.PO. / NAPF Pan-American Bench Press Championships	NAPF / Fe.SU.PO.	Roadtown, Tortola	British VI
19. - 20 November	9 th NAPF North American Regional Bench Press Championships	NAPF	Roadtown, Tortola	British VI

2015

14. - 15. March	Danube-Cup	EPF		Bid requested
08. - 12. April	European Junior & Sub-Junior Powerlifting Championship	EPF		Bid: Hungary
16. - 19. April	World Masters Bench Press Championships	IPF		Bid: Suzdal / Russia
06. - 10. May	European Open Powerlifting Championship	EPF	Chemnitz	Germany
20. - 24. May	World Bench Press Championships for Women&Men: Open, Sub-Junior & Junior	IPF		Bid: Suzdal / Russia
09. - 14. June	IPF Classics Powerlifting World Cup (unequipped)	IPF		Bid: Helsinki / Finland
TBA July	13 th Annual IBSA World Bench Press and Powerlifting Championships for Blind and Visually Impaired Athletes	IBSA	Washington DC	USA
08. - 12. July	European Masters Powerlifting Championship	EPF	Ostrava	Czech Republic
07. - 09. August	European Open Bench Press Championship	EPF	Frydek-Mistek	Czech Republic
31. August - 6. September	World Sub-Junior & Junior Championships	IPF		Bid: Prague / Czech Republic
12. - 13. September	Western European Powerlifting Championship	EPF	Glasgow	Great Britain
16. - 18. October	European Masters Bench Press Championship	EPF		Bid: Talin / Estonia
28. September - 04. October	World Masters Championships	IPF		Bid requested
09. - 15. November	Men's and Women's World Championships	IPF		Bid: Hamm / Luxembourg

15) Any other Business

16) Adjournment