



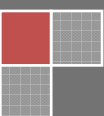
2008

AGENDA

IPF Congress 2008 St. John's, CANADA

IPF

02.11.2008



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Agenda of the IPF Congress 2008 in

St. John's/Canada
Sunday, 02. November 2008
Harbourview Ball room
Start: 02:00 pm

Agenda

1. Roll Call of Nations and Delegates
Presentation of Credentials of each Nation
Certification of Athletes and Referees
2. President's Address
3. Minutes of the last Congress.
4. Treasurer's Report - Auditor's report
 - (a) To examine the accounts of the previous year
 - (b) To approve the budget for the forthcoming year
 - (c) Fees (if requested)
5. General Secretary's Report
6. Committee Reports
 - (a) Technical Committee
 - (b) Medical Committee
 - (c) Disciplinary Committee
 - (d) Appeal Committee
 - (e) Law & Legislation Committee
 - (f) Doping Commission
 - (g) Doping Hearing Panel
 - (h) Women Committee
7. Regional Reports
 - (a) Region 1 (Europe)
 - (b) Region 2 (Africa)
 - (c) Region 3 (Asia)
 - (d) Region 4 (North America)
 - (e) Region 5 (South America)
 - (f) Region 6 (Oceania)
8. Elections
9. Proposals
10. New Member Applicants
11. Action on Delinquent Nations
12. Hall of Fame
13. Future Championships
14. Any Other Business
15. Adjournment



2. President's Address

Dear Athletes, dear Officials, dear Ladies and Gentlemen,

An eventful year is almost over and we can on the one hand be quite satisfied but on the other we have to be disappointed. The positive aspect: The IPF is still growing, with actually 116 national member federations. No other powerlifting federation in the world is as widely spread as the IPF but even if some of our smaller member federations have not yet reached a level to be competitive for international participation they have shown their interest and we will try to find ways to support their ambitions.

To come to the disappointing aspect: After having focused our fight against doping on the countries with the highest number of positives we had to suspend again the Russian Powerlifting Federation due a positive sample taken in connection of an OCT test.

Since I was elected as IPF President, this was my first unpleasant duty and also for the IPF Executive a difficult, but an absolutely essential step.

Referring to our strategic plan the IPF Executive Committee has extended his activities to model the IPF to a modern and effective federation, which serve our members in the best manner. These tasks will not be fulfilled in a short term. Step-by-step we will reach our goals.

The IPF Executive has engaged a professional Marketing and Communication agency. This agency looks into the IPF from the "outside" and helps to develop the IPF and its Regional federations to become a more modern organization. In this connection I would like to mention some catchwords as: Corporate Design, Corporate Identity, to define the IPF positions on the sport market, sponsoring programme, improvement in connection with the press and the media, how to arrange more attractive championships etc.

Mr. Ries, the head of the marketing agency will give a presentation at the Congress with more detailed information and I believe we will expect a very interesting and impressive presentation.

Please keep in mind; to be successful we all must spend our passion and efforts in view of the different innovations, which are necessary to improve our sport and the IPF.

In June the Secretary General Emanuel Scheiber and I attended the Sport Accord in Athens/Greece. We have had a time consuming week with many dates and meetings.

- 1) The first meeting was the IWGA General Assembly. I have the pleasure to inform you that the organisation of the World Games 2009 in Kaohsiung / Chinese Taipei went very well and we will expect impressive games. As you know, in negotiation with the IWGA we are allowed to extend the amount of athletes to 40 female and 40 male athletes and to compete in 4/4 groups. That also means two sets of medals more; this has also effects of the Games nation tables.
- 2) We attended also as guests the ARISF (Association of Recognized IOC International Sports Federations) Assembly. This was very interesting and informative.
- 3) We have had negotiations with Google/YouTube. In the meantime we signed a contract with Google/YouTube. That means in future we will broadcast our video files of our Championships on YouTube. That saves the IPF a lot of money.
- 4) The most important meeting was with the IOC Sports Department. They have examined our application, asked us some questions and informed us, that the IOC Executive Board will decide on 15. December 2008 about our application. In this connection I have had also a conversation with the IOC-Vice-president Dr. Thomas Bach, ARISF President Dr. Jan Fransoo, IWGA President Ron Froehlich, IWF-President Dr. Tamas Ajan and others.
- 5) Also a very important meeting was with WADA. They have examined our rules and have given to us some explanations for WADA-Code compliance and how to adapt our IPF Anti-Doping rules according the WADA-Code 2009.
In the meantime Kalevi Sorsa has adapted all necessary changes and I got the reply that our IPF Anti-Doping rules 2009 are WADA compliant. These new rules will be presented for ratification to the Congress.
Here I want to express my cordial thanks to Kalevi Sorsa, who has provided us in a short time and on an excellent way with the new rules. Kalevi is our best assistant in the Anti-Doping Commission.
- 6) We met also representatives of the International Paralympic Committee (IPC) and Commonwealth Games.

Regarding the meetings with the IOC and the WADA, I must strongly point out that to become IOC recognised it is a prerequisite that we are complete WADA compliant. That means our WADA rules must be WADA



compliant (it's already well done) and we must show WADA that we have fulfilled the requirements and stipulations within the rules adopted by the IPF or to the actions taken or not taken by the IPF.

Therefore the Secretary General Emanuel Scheiber has sent to all concerned member federations a reminder, to sign the acceptance and execution of the IPF Anti-Doping rules and the WADA-Code on national level.

Please understand it is not only to sign a form, all member federations must follow the IPF Anti-Doping rules and the WADA-Code in the manner specified in these documents.

In this connection, the IPF Executive Committee has decided, to propose to the Congress the expulsion of such federations, who have not signed the above mentioned acceptance form or are long time inactive or have not paid the membership fees.

That is a hard action, but necessary on our way for an efficient federation.

To finish my report let me state this: Our motto must be to feel the passion for powerlifting.

*If you want to build a ship,
so call not your men together to collect timber,
teach your men to yearn for the wide and endless sea.*

(Antoine de Saint-Exupéry)

Kind regards and I wish you all the best for very successful World Championships.

Detlev Albrings
President IPF

3. Minutes of the last Congress

See email to all member federations and on the IPF-Homepage from 09th November 2006

4. Treasurer's Report – Auditor's report

FINANCIAL REPORT

One more year is over and our financial situation is still good also when we have this year a deficit. This is due to the fact that we have again spent a lot of money for drug testing. But not only for drug testing we have spent a lot of money also for development of our sport, because this is very important for the future of our sport. As Detlev has mentioned in his report we have an external examination to make changes in our sport. This cost us a lot of money, but if the outcomes of this examination is working, it will bring us a lot of money.

We want to go new ways together with our sponsors. We want have them as partners and working with them together to bring our sport forward. That means that we are signing new contracts with our gear manufacturers. We want give them the guarantee that we sign a contract for the election period of the EC members, to make sure that our lifters know that we do not speak year by year over the gear and to give the sponsors the guarantee and to calculate our budget for more as one year to bring our sport forward.

This year we are making a proposal to increase the participation fee to 30 € as the IPF need this money to go forward with our ideas. The proposal is that the IPF receive 20 € and the organizer 10 €. The IPF need also a liability insurance which costs a lot of money but this is necessary. The IPF is now incorporated in Luxembourg as a non profit organization, because the tax is less then in the rest of the European Union. This costs us on-time 700 €, but we will save much more money in the future as we can pay the tax with 15% directly in Luxembourg and so per example the examination costs us 20,000 € for this year with the tax from Germany 3,800 € and the tax in Luxembourg 3,000 €. With this solution we have saved our on-time costs.

This is only one example. Many thanks goes to our sponsors and special to Pete Alaniz, who made an extra donation to us over 7,000 \$. I want to express my gratitude's also to Eleiko, Metal Shop, ER-equipment, Pallini and Leoko, which paid more money for fees and also for the advertisement on our streaming. Also many thanks to all other sponsors. Many thanks also to the European Powerlifting Federation, who paid for OCT tests. The EPF assist us also with a donation over 2,500 € for the Examination to improve our sport. It would be appreciated that other regions will do also more in the fight against doping as the IPF is at a point, where we



cannot do more and we have also to concentrate on other regions, as the problem with doping is not only in Europe. The fee which the regions collect must be used for drug testing and not for the travel of officials. Next year will be again an expensive year for us as we want to improve our development of the IPF and we have to make sure that we have no positive tested lifter at the World Games. Therefore all the concerned lifters must be tested from the regions and the rest will be OCT-tested by the IPF.

Since we have our own magazine we have some incomes and so the magazine costs us less money than before. But we are not satisfied with amount of magazine subscribers. We want make it more popular and we want include more pictures and stories from athletes and officials. We want have a new layout. But for this we need the help of all our Federations and regions. At the moment we have about 200 subscribers, which is really not is enough for the IPF with currently 116 member federations. Therefore I ask you all to send messages around to your Federations, clubs and athletes to advertise our magazine and to make sure that we can reach the goal of 1,000 subscribers. With all of your help we can achieve this goal.

Equipment was send to following nations: Leoko and ER-equipment to South Africa, Eleiko to Canada, Pallini to Tahiti and Uesaka to Uzbekistan. As new sponsor we have the Q-bar, which is only valid with the Ivanko plates.

We have had also an expensive streaming in Soelden, but this is important to reach the worldwide public. The Internet TV is the future and we have taken opportunity in time to enter this boat.

As Detlev has mentioned in his report, we have now cooperation with Google/YouTube. This contract save us about 7,000 € for the streaming so that I am confident that for the future the costs will be less or we can make more streaming e.g. additional at the World Sub-Junior & Junior's.

As Championship Secretary I have had as in the past years a lot of work, which can be less when the Federations working more professional. Therefore we have decided in the EC that in the future only nominations can be sent by the General Secretary or President as often the person involved have not the knowledge of the rules or are not completing the forms. Another problem is that we know only these persons, but not the coaches from the nations or other persons, which are involved in this matter. It is written in the invitation that no individuals can send in the nominations. We have also the problem that I receive nominations by different persons with different referees so that we have then more referees from one nation as allowed.

Some individual persons, who are unknown or seldom seen, use the nominations to receive visas. Therefore we accept beginning 2009 only nominations send by the General Secretary or the President. They have to collect the nominations from their coaches and they have also to make sure that all room reservations and transportations details are given to the organizer. In the past we have had also here a lot of problems with some nations. It is not the duty of the IPF or the organizer to make the program for the transportation or room reservation schedule. This is the duty of the nations. Also the forms must be filled out with all items, which are requested and that mean also when the referees are available. Every time after the technical meeting we have to re-change all our schedules, because some nations are not informing us about the availability of the referees. This is unprofessional. In the future all nominations which are not complete or which have the wrong form will not be accepted and send back to the Federation.

We have another problem that is the payment over bank transfer. I know that it is possible to send money over the whole world. In all other sports nobody is running with a lot of money in the pocket around the world. This is one more goal we must reach and this is one more step forward of professionalism.

To close I have to say that for the exchange of the medals the Federations are not enough cooperative, as I have a lot of medals beginning of 2003, which shall be exchanged. It is the duty of the Federation to send us back the medals for exchange and to send me the address to send the right medal back. This is for each Federation not to much work but for me it costs hours of work.

Therefore I have given this duty to our General Secretary Emanuel Scheiber. I hope you will have a better cooperation in this matter with him. Please keep in mind that is for your lifters! Soon I have the time I will also spread out the invoices for all those nations, which have not send back the medals after the lifter was tested positive. With this action I will definitively close the outstanding championships. Each medal cost 50 €.

Best regards
Gaston Parage
Treasurer IPF
Championship Secretary IPF



(a) To examine the accounts of the previous year

To be presented at the Congress.

(b) To approve the budget for the forthcoming year

To be presented at the Congress

(e) Fees (if requested)

5. General Secretary's Report

Dear Delegates, Ladies and Gentleman!

It was my first year in the position of the General Secretary from the IPF and I started as a real newcomer. Nobody knewed me, and I knowed also only a few persons from the administrative part of the IPF. It was a big pleasure and honour form e, that you elected me last year in Sölden with more than a 2/3 majority. Thank you all!

In this first year I got a lot of help and assistance from our President and former General Secretary Mr. Albrings and also from Mr. Parage, the EC members and the whole family of the IPF. Thank you again to all of them!!

My first goal was, to build up contacts to all Member Federations and the different Committees. Than I started also with the daily paperwork.

- Prepare the incoming Emails from the Member Federations and the Committees
- Prepare the promoter contracts for the organizers from the World Championships
- Prepare the agenda and minutes from the EC-meeting in Prague
- Prepare the agenda fort he Congress here in Canada
- Assist the President at different duties

I worked also with MR. Ries and the whole EC to build up a new „FACE“ for the IPF. We discussed a lot of different proposals to get a new marketing strategy for our Federation. We also worked for a new media strategy, to get more interest from the several medias (magazines, papers, TV, internet). If we will have more media presence, we also will get more and better sponsors for our sport. And this is also helpful fort he organizers from the World Championships and also for all Member Federations.

In February Mr. Albrings and I was invited fort he Arnold Schwarzenegger Classic's in Columbus, Ohio. The Powerlifting events were promoted the first time by the USAPL under the patronage of the IPF. It was a huge event and we saw perfect organized tournaments on all three days under the leadership from Mr. Dr. Larry Maile!

For the Deadlift and the Benchpress tournaments we were on the main stage and there were more than 5000 people to see these events!!!

Also Mr. Schwarzenegger visited one of our Powerlifting competitions and he honoured the work from the USAPL and the IPF.

I think with this event the USAPL and the IPF will get a lot of promotion and it is very helpful for our sport.

From the 2nd to 7th June, Mr. Albrings and I were at the Sport Accord in Athens, Greece.

This event was also a big experience form e, because I had the chance to meet a lot of leaders (Presidents, General Secretaries,..) from several international Federations there. All Olympic and non Olympic sport Federations were present. I spoke with some colleagues (GS) and I recognized, that there are a lot of federations with the same problems like ours (for example to become more media presence). I had also some conversations with the leaders from WADA, GAIFS, IPC and IOC.

In my opinion it is very important to represent our federation at the Sport Accord. So we will have better contacts to the international sport organisations and this will be helpful to get a better image in the world of sport.

From 24th to 29th June was held the World Benchpress Championships in Prague. This World Championships was organized very well and we saw a lot of great lifts and records.



For myself I was an active international lifter until 2007 I saw, that on this World's was not so much „blow ups“ like the years before. So maybe the lifters realized to choose the right shirt for their bodyweight!
But the EC held also four EC-meetings at this World's. Two meetings were together with Mr. Patrik Ries , to prepare some proposals for our new strategies. In the other two meetings we had an agenda with 21 issues. So for example: We gave the World Championships for 2011 or we discussed for some proposals for the Congress. We was also working fort he new promoters contract and the new organizing checklist. Other issues were also IOC recognition, WADA compliance and some other business.

At the finish of my report I wish all delegates a nice stay here in Canada.

For all competitors I wish you a successful and accident free competition with a lot of records.

For the organizer, I wish you also very successful World Powerlifting Championships and I thank you very much that we can stay here and be your guests in St. John's.

Emanuel SCHEIBER
Secretary General IPF

6. Committee Reports

(a) Technical Committee

MEMBERS

Bill Clayton (USA)
Bill Jamison (CAN)
Hanie Smith (RSA)
Henk Keizer (NED)
Johnny Wiklund (SWE)
Myriam Busselot (BEL)
Steve Louisch (NZL)
Subrata Dutta (IND)

It hardly seems possible that it was one year ago I was writing a report to Congress 2007.
Time certainly fly's as one ages.

It has been rather a quiet year in regard to new equipment requiring IPF Approval. Apart from several sets of wraps and a new powerlifting bar, nothing further has been received for evaluation from our licensed manufacturers. Perhaps the "limit" has been reached in respect of supportive equipment.

The Technical Committee were deeply saddened on hearing of the death of Mr. Pete Alinez (Sen). Our condolences to (Pete Jnr.) MD. TITAN and family were heartfelt.

It was a pleasure to welcome Myriam Busselot back onto the Committee representing Europe, but also our sorrow to hear of the ill health of Joachim Lehmann (GER)

Daily correspondence mainly requiring rule clarification has been dealt with promptly, and judging by the response, to the satisfaction of the enquirer.

Referee Registrar Goran Gunnarsson has kept us informed of referee numbers (published annually) and administered Cat 1 and Cat 2 Exams most proficiently. All successes have been published in the Technical Committee News Bulletin. Thanks to Goran for his excellent work.

Although at times pushed for material, Dennis Unit editor of Powerlifting Magazine and Wim Wamsteeker IPF Web Site are to be thanked for publishing The Technical Committee's News Bulletin.

The Technical Committee still have the opportunity of constructing one sheet of A 4 with proposals to the Annual Congress. I am pleased to report that this has been felt unnecessary, and unless something unforeseen should occur, then the year 2010 will be the next time for proposals of change.

The Referee's Clinic has proved to be a successful addition as part of the requirements needed to renew credentials within the four year period



International IPF Referees: 2008

	Number of Nations	Category 1	Category 2	Total of Referees
EUROPE	25	100	143	243
AFRICA	1	4	4	8
ASIA	9	26	51	77
OCEANIA	2	8	11	19
AMERICAS	11	15	66	81
TOTAL	48	153	275	428

My thanks to Members of the Committee who have contributed and spread the good word throughout their regions.

We shall continue to take the initiative and proactive approach working for the interests of the IPF family.

John Stephenson
Chairman IPF Technical Committee

(b) Medical Committee

Good day to everyone.

I would like to thank our medical panel for their continued work.

Dr. Richard Herrick
Dr. Mathias Ritsch
Dr. Helmar Stiegler
Dr. Chris Calvano
Dr. Josephine Wing-yuk Ip

Upon reviewing TUE applications, it has been observed that there is a large number of Master athletes competing with considerable health concerns requiring one or more prescriptions. We, as a committee are recommending that athletes require a medical clearance to participate. This is especially proposed for athletes 18 years and under and master lifters. As we have discussed, schools, universities and professional sports all require a physical clearance before participation.

The medical clearance of the athlete will help reduce the risk of injuries, allow the athletes to assume responsibility for their health and reduce the national organization from liability and accidents.

We would also like to make athletes aware that though some organizations may approve TUE's for certain medications, our medical panel may not allow. We may also consider need for more information from your physician stating that you have tried other medications and this is the only medication that maintains your health. This still does not ensure a medical approval.

Please consider our recommendation.

Concerning TUE applications. I would also like to recommend that all TUE's are typed and not hand written. It is difficult to interpret hand written applications.

Also, I am recommending that there be a required email by the athlete, coach or an athletic representative to which I may confer with if there is a question about the application whether it is a spelling of the medication, an



incomplete application, no address, dosage or route of medication etc.

Please understand that email attachments do not always print correctly whether it is the ink used or the format. This is why I would like the applications typed.

As of Sept 1, 2008 thirty five TUE applications were reviewed and 30 impairment applications.

As a reminder, all TUE's and impairment applications may be found on the IPF website.

Best in health,

Bernie Miller DC CCEP
IPF Medical Chairman

(c) Disciplinary Committee Report

The Disciplinary Committee consists of the following members:

Dietmar Wolf (Norway)
Larry Maile (USA)
Stéphane Hatot (France)
Kalevi Sorsa (Finland) interim member

Since the last Congress 2007 held in Sölden / Austria, the DC had to deal with and to decide in 30 cases.

1. Cases, where lifters have participated in competitions organised by other federations (not organised, sanctioned or approved by the IPF) and is therefore a violation of the IPF Constitution, article 14.9 which were valid at this time. The suspended time for violation of article 14.9 is one year.
2. Cases, lifters participated in competitions were suspended lifters have participated, too. This is a violation of the IPF Anti - Doping rule, article 10.11. The suspension time of these lifters is 6 months Ineligibility commencing from the date of violation.
3. Cases, where lifters related to doping violations are suspended but in fact have competed again (in other federations, not organised, sanctioned or approved by the IPF) during there suspension period. This is a violation of the IPF Anti - Doping rule, article 10.11. The suspension time of these lifters have been extended with 6 months elongation to Ineligibility.
4. The workload of the DC is also to examine all actual doping cases (control of the doping control papers or if all requirements are accomplished) before the cases be sent to the Doping Hearing Panel. In addition to examine in some cases, if there actually a TUE (Therapeutic Use Exemptions) exists related to this doping case.

The DC examined and discussed each of these cases in detail at this time.

We thank all the members of the Committees and the EC-members for their good co-operation and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,

Dietmar Wolf
DC Chairman - IPF

(d) Appeal Committee Report

The IPF Appeal Committee (AC) has during the period since last congresses consisted of Lars-Göran Emanuelson, chairman, and Jean-Claude Verdonck.

The AC does not have any appeal to decide upon since the last congress.



Even though the AC don not have had any appeals to work with the AC fulfils an important role within IPF. The AC is an opportunity for the appealing part to have a wrongly decision corrected. Even if most of the decisions that have been made over the years have been found correctly decided upon by the previous instances, is there a reason to make an appeal. I.e. the appealing part has a strong case. An appeal is costly and should therefore be well considered before it will be made. All aspects must be considered and the decision can not leave any doubt or further questions.

Since all doping cases are handled in a more appropriate way, there have been a small number of issues that have been landing on the appeal committees' desk. Since the last congress there have not been any appeals that have come to our knowledge. Nevertheless, in times of worries and in crisis we never know when we have use of the committee. Therefore it is of great importance that the committee is staffed with people that have good reputation and are represented from all around the world. We look forward to have some new members in the committee. Please write to lars-goran.emanuelson@fi.se with your application or suggestion for a member in the committee.

Lars Emanuelson (Sweden)
Chairman

(e) Law & Legislation Committee

Dear IPF Members,

First of all I would like to thank all the Country President who has given their positive vote of confidence for my re-election as Law & Legislation Chairman in Soelden, Austria.

As in the previous years I will do my utter best to work for the IPF with only positive, progressive and realistic aims.

Many new country constitution proposals were sent through by Mr Robert Keller as the British-, the US Virgin Island and the Aruba Constitutions .

I have read them very carefully, step by step and I was very happy to read that they fully respect the IPF Law & Legislation as well the Wada Code and I think that these three new countries can be proposed as effective IPF members at this IPF World Congress at St. John's Newfoundland, Canada .

Last year just before the Sölden World Congress I received the Republic of Cameroon's Constitution which I examined with great pleasure, because it is very well done.

I think this Constitution is the best one I ever read and can be given as an example as a very clear, professional, open – minded , respectful, controlled Constitution which respects in every point the Human Rights, the IPF Technical Rules, the WADA Code and the Law & Legislation.

Other new countries sent me their constitution proposals as Nicaragua and Trinidad & Tobago

Unfortunately the Trinidad & Tobago Constitution can't be accepted in this very first version because it is incomplete and not according to the IPF rules.

I also reject the Constitution from Nicaragua cause it is not written in the IPF language which is English but in Spanish . I prefer to wait for the English version so I can easily understand each line of their constitution.

Up to now I am still waiting for both new versions so I could, I hope, give these two countries, Nicaragua and Trinidad & Tobago a green light.

I´ m very pleased to see that more and more new countries are interested in our beloved sport and want to join the IPF as to develop powerlifting and protect their sportsmen or sports lovers by a respectful, clear and good constitution.

Isn't Unity strength through Unity?

Jean-Claude VERDONCK,
Law and Legislation Chairman



(f) Doping Commission

The IPF Anti-Doping programme has continued on a number of fronts in 2007 to 2008 –

ATHLETE TESTING & SANCTIONING

The front line of doping control is an effective in & out of competition testing. The IPF's testing statistics for the full calendar year 2007 and thus far in 2008 (end of August) are –

	<u>2007</u>	<u>2008 (Part)</u>
In-Competition	346	178
Out-of-Competition	<u>26</u>	<u>4</u>
Total Tests	373	182
Positive	<u>26+3pending</u>	<u>9 pending</u>
	8%	5%

In addition there are approximately 15 international cases still open with regards to out-of-range T:E and other ratios. However these have originated over the last three years, require a series of follow-up tests and present technical challenges in reaching definitive conclusions, issues shared by all federations in this difficult area.

In addition to direct doping violations, the IPF has enforced Anti-Doping rule 10.11 or Constitution item 14.9 as follows –

2007	3
2008 (part)	1 (+1 pending)

Such measures are necessary in the IPF, as we run the risk of suspensions being meaningless via athletes participating in outlaw "federations". An encouraging sign is that these cases are now much less frequent than in 2005 and 2006.

Supporting the testing and sanctioning programme of the IPF are our judicial entities of the Disciplinary Committee and Doping Hearing Panel, ably led by Dietmar Wolf and James Cirincione, those bodies have continued to perform with great professionalism, in the face of surely the heaviest workload of any federation. The DHP was greatly strengthened this year by the recruitment of Janie Soubliere, formerly a counsel with WADA and also past IPF President Norbert Wallauch.

NATIONAL FEDERATION SUPERVISION AND SANCTIONING

The IPF Anti-Doping Rules and also Constitution and By-Laws, require the IPF to supervise the anti-doping programmes of national federations. This is a Herculean task, as we have 117 federations, with anti-doping programmes ranging from the non-existent to even more sophisticated than that of the IPF. This is a major issue for the IPF, as such a situation creates an uneven playing field; as well, all national federations must have WADA-compliant anti-doping programmes for the IPF's IOC application to withstand scrutiny.

Accordingly, in 2007 to 2008 the IPF has continued to deal with nations whose testing record has indicated challenges within their domestic programmes. In that regard in the last year

- the Russian Powerlifting Federation incurred a second suspension, as a result of it returning another two year positive case during its probationary period; Russia will return on 1st September 2008 but will remain on probation until 30th June 2009
- the Ukraine Powerlifting Federation remains on probation until the end of 2008



- India and South Africa led the 2007 positive charts and have been placed on notice of possible suspension by the IPF, along with arrangements being initiated for coordination with national testing agencies and direct IPF Whereabouts and testing in those countries.

IPF OUT-OF-COMPETITION TESTING & WHEREABOUTS

Undoubtedly the most effective tool in doping control is out-of-competition testing. At the international level this is very challenging, as a great quantity of resources are required to manage the results monitoring and Whereabouts collection and location compliance which underpin the actual testing process.

However in 2007 to 2008 the IPF persisted in advancing our infrastructure for out-of competition testing. A breakthrough has been the involvement of the IPF in WADA's ADAMS Whereabouts system. This is a worldwide on-line system for collecting athlete Whereabouts data and will grow in the future. As at 31 0808 the IPF has access to 371 lifters details worldwide, with 65 international standard lifters directly controlled in the IPF's registered testing pool.

In the future, this form of testing will be a major area of development for the IPF. For example, all lifters participating in the 2009 World Games must be logged on ADAMS. However target testing of relevant lifters and nations is a tool the IPF will use more and more.

CAS APPEALS

Athletes returning positive drug test results or other violations may make a final appeal to the Court of Arbitration in Sport. In 2007 to 2008 there was one such case for the IPF, that of Mr Jonsson from Iceland. This case was heard in the CAS Court at Lausanne in Switzerland in December 2007. The IPF was represented by attorney Dr Demel and called as witnesses Toni Speth, Robert Wilks and Detlev Albrings.

The Court decided the case in favour of the IPF and the two year suspension of the athlete was upheld. However the judgement served to clarify a number of procedural and other matters in the IPF testing process, especially that

- out-of competition testing can take place at Championships e.g. a lifter may arrive at a venue a few days before their class but can be tested in that lead-up time
- anyone who is "involved in the planning of Powerlifting" cannot be a Doping Control Officer or Chaperone; thus an EC member, a DHP member, a Doping Commission member and almost certainly a senior national office-holder cannot in any way conduct testing
- Doping Control Officers & Chaperones must have "adequate qualifications and experience", which is defined in various WADA documents as involving a course of study and a certain degree of experience.

This all has the effect that the IPF must engage independent agencies for all testing. This has resource implications, but the alternative would be a testing programme that will not stand up legally, exposure to damages and ultimately sanction for the IPF from WADA. These issues also apply to national-level testing.

WADA & IOC EXAMINATION OF THE IPF

The IPF has an application for IOC recognition pending, with the result due in December 2008. It is clear that our doping record will be the defining issue in that application. At the same time the IPF has been contacted by WADA, which has asked for information to review our doping programme. We can expect that these two matters are linked and WADA's renewed interest in the IPF can be taken as a positive sign.

WADA's enquiries have focused on

- IPF supervision of national federation testing programmes
- target testing, both in & out of competition



- development of international Whereabouts as the basis of an effective out-of competition testing programme
- the IPF's actual testing track record, in terms of number of international tests, ratio of positives, etc.

The IPF has thus far provided written responses to WADA, with the possibility of in-person conferences to follow. However I believe that so far the information provided will have a positive impact on WADA.

Further, in 2009 the revised WADA Code will be applied world-wide. Thus a new set of IPF Anti-Doping Rules must also be applied and these have been drafted and will be presented at this Congress. Kalevi Sorsa of the IPF Doping Commission deserves credit for his excellent technical work in preparing the new IPF rules.

However sound rules is one thing, but ultimately the IPF will stand or fall on the actual implementation and effectiveness of its anti-doping programme.

THE FUTURE

The directions the IPF must and will move forward on from 2008 to 2009 and beyond are –

1. greater volume of international out-of-competition testing and also development of the infrastructure that underpins that i.e. results monitoring and Whereabouts
2. closer supervision of national federation programmes – an adopted and implemented national anti-doping programme is a condition of the IPF membership and the IPF has undertaken to WADA that 1st September 2009 will be the cut-off for nations to demonstrate Code compliance or forfeit their IPF membership
3. continued targeting of relevant athletes and federations – this is advocated by WADA and is critical for a meaningful anti-doping programme
4. operating according to the new WADA Code, which allows for flexible penalties, strengthens TUE and Whereabouts procedures, mandates provisional suspensions and so on
5. strengthening anti-doping education programmes – various seminars were run in 2005 to 2006, following adoption of the first WADA Code, but there has been less such activity in the last year and education on the technical, legal and moral issues in anti-doping is a never-ending task.

Robert Wilks
Chairman IPF Doping Commission

(g) Doping Hearing Panel

The Doping Hearing Panel consists of the following members:

Chris Calvano (USA)
James Cirincione (USA)
Janie Soubliere (Canada)
David Sperbeck (USA)
Norbert Wallauch (Austria)

We have two new members on the DHP this year, Janie Soubliere and Norbert Wallauch. Both of our new members bring considerable experience and knowledge to the DHP. Ms. Soubliere served for four years as Legal and Results Manager at the World Anti-Doping Agency, and, as you know, Mr. Wallauch served as IPF President through 2007. We welcome our new members and thank them for assisting in the fight against doping in our sport.

Since September 2007, the DHP has delivered judgments in 30 doping cases, which is slightly higher than the past two years, which averaged 24 cases per year. We examined and discussed each of these cases in detail. One case was appealed to the Court of Arbitration for Sport in Lausanne, Switzerland, and we were pleased that the Court of Arbitration for Sport upheld our judgment earlier this year. Five doping cases are open and under investigation at various stages of review, as of the date of this report.



Two important issues deserve close attention. First, the WADA Prohibited List was amended to add the Specified Substances clause. That clause describes “substances which are particularly susceptible to unintentional anti-doping rule violations because of their general availability in medicinal products or which are less likely to be successfully abused as doping agents.” Under the IPF Anti-Doping Rules, in cases involving such substances, if an athlete can establish that his or her use of a prohibited substance was not intended to enhance performance, a lesser sanction may be imposed. Intent is a key question, and the DHP’s decision to impose a reduced sanction is discretionary, not mandatory. We think that this change to the Prohibited List brings increased fairness and rationality into our anti-doping policy.

Second, this year, as in 2007, we handled many cases in which athletes presented documentation of a medical condition only after testing positive for a prohibited substance. In some cases, the Specified Substances clause has allowed the DHP to exercise leniency where appropriate. However, we urge all member nations to notify athletes that they must apply for a Therapeutic Use Exemption as soon as possible if they are subject to testing and have medical conditions requiring the use of an otherwise prohibited substance. Athletes should use the application forms available on the IPF’s website. Information provided by the athlete will be kept confidential, as described on the application form. The DHP further stresses that athletes must be sure to renew their TUEs before they expire.

Both of the above issues highlight that it is extremely important for all athletes to consult with their doctors regarding their medical requirements and their status as international competitors. We urge the member federations to take steps to educate and assist their athletes in meeting their obligations under the Anti-Doping Rules.

We will keep fighting against doping in Powerlifting to bring recognition and respect to all of the tremendous athletes of our great sport.

We thank all the members of the Committees and the Executive Committee members for their excellent support and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,
James Cirincione
DHP Chair

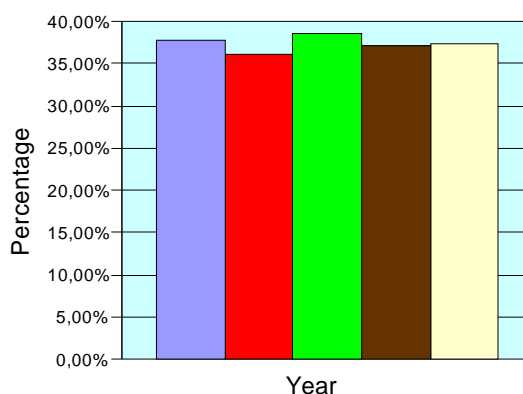
(h) Women Committee

Goal of the Women's committee is to promote female powerlifting within the IPF.

The first step on this was an analysis about the current situation.

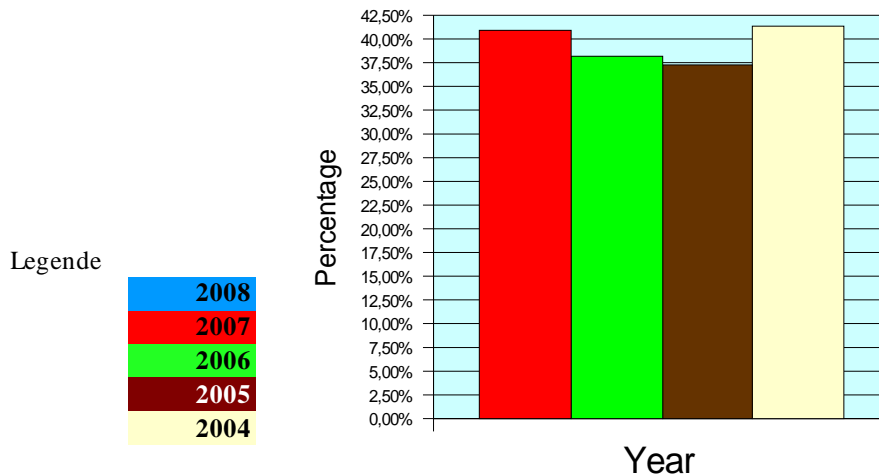
The statistics and graphics below give an overview about the number and percentage of female lifters from 2004 until 2008 that took part in Open World Championships. You can see this number is nearly constant, differences may be a result of the host city and the costs of all athletes to go there. On average, 35% - 40% took part in these competitions. This number indicates that the IPF is on a good way to integrate women.

**Percentage of Women
in Benchpress**





Percentage of Women in Powerlifting



Another interesting point is the number of nations that send female and male athletes to international powerlifting championships. The numbers below represent the nations at world championships in powerlifting.

	2007	2006	2005	2004
Men	34	37	34	27
Women	31	27	21	25

The comparison show, that the number of nations that sends female athletes to world championships is slowly increasing and was in 2007 nearly the same than the number of nations with male athletes. The conclusion could be, that female lifters benefit from the success of the male lifters. As more as powerlifting as a whole is a recognized sports in the region and supported, as more women find the way to this sports.

But there are still many regional differences, for example in Europe, in North America, in India, in Japan and some other countries women as a matter of course are part of every team. In other regions there are only a few female lifters.

A good way to promote female lifters are regional international championships. I think about Commonwealth Championships with 44 female lifters (Sub Juniors, Juniors, Seniors and Masters I and II) in 2007! Or the Western European Championships with 24 female lifters in 2008. Such championships with a mix of experienced lifters and lifters that are new to the sports are a good platform for women. They open the door for women that don't lift at the level of World Championships, they can share their experiences together and become more motivated and experienced.

On the other side we have the 3. rd National Open Powerlifting Championships of the African Powerlifting Federation 2008. Only two women took part – the courage of these women is applauding able and hopefully it will be more in the future.

To get a clearer idea about the situation in the regions and countries, I contacted women at international championships myself or asked the regional General Secretary for help.

Contacts have been made for India, North America, South Africa and South America.

After the suspension of Russia on the 1.st of September I'll also contact a lady from this country.



For the future the following main priorities are seen:

1. In the past often the women lifted early in the morning or separated from the men. For this reason on nearly all International Championships the time tables should be reviewed. It is important, that we have a mix of men and women on every day, this would give a clear voice for the women in Powerlifting.
2. In all media, newspapers, the Internet and official press releases women should be more represented. These media are very important – they have to show that female lifters don't look like men and support the positive image. A represent of the women's committee should be invited to official meetings of the IPF to this point.
3. To go on with the hard Anti-Doping course of the IPF is the base to promote women. Female lifters would stay still females and to meet this requirements a drug-free sport is necessary.
4. It has to be discussed, how far the birth control pill increase the performance.
5. The women's committee will prove the rules concerning the interests of women.

Statistics Worldchampionships

Class	2008		2007				2006				2005				2004							
	Benchpress		Powerlifting		Benchpress		Powerlifting		Benchpress		Powerlifting		Benchpress		Powerlifting		Benchpress					
	Prague/CZ		Sölden Austria		Thisted Denmark		Stavanger Norway		Miskolc Hungary		Miami USA		Ylitorio Finland		Stockholm Sweden		Cape Town South Africa		Cahors France		Cleveland USA	
	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
-44,0									5	5			6						6			5
-48,0		6		10			7	11			7	11			6				9			9
-52,0		11		16			6	4	12	5	5	4	8	5	7			3	10		4	5
-56,0	3	11	11	18	7	9	8	7	6	12	11	14	6	8			12	14		4	7	
-60,0	4	8	13	13	8	8	9	15	7	9	7	10	5	5			9	10		4	8	
-67,5	6	8	15	18	8	6	10	11	10	10	17	9	9	11			14	10		8	5	
-75,0	15	8	16	10	9	10	17	6	12	6	16	9	10	9			15	14		11	10	
-82,5	9	6	15	12	10	6	14	5	11	7	17	11	10	7			14	8		12	5	
-90,0	18	8	21	7	13	7	22	8	12	7	23	7	12	5			15	8		12	4	
90,0		7		8			6	9		8		10		6				11				5
-100,0	19		21		18		15		13		19		15				13			14		
-110,0	23		19		16		23		18		15		17				21			14		
-125,0	13		15		10		14		15		19		13				12			10		
125,0	10		16		16		8		12		12		13				14			13		
Athlets	120	73	162	112	115	65	144	89	121	76	160	95	115	68			142	100		106	63	
Sum Athlets		193		274		180		233		197		255		183			242			169		
Percent	62,18%	37,82%	59,12%	40,88%	63,89%	36,11%	61,80%	38,20%	61,42%	38,58%	62,75%	37,25%	62,84%	37,16%			58,68%	41,32%		62,72%	37,28%	

Eva Speth
Chair Women's Committee



7. REGIONAL REPORTS

(a) Report from Europe



EPF Administration.

EPF has all together 38 member nations of which 30 are full members fulfilling all EPF membership obligations. The EPF administration is as follows:

- President. Arnulf Wahlstrom, Norway
- V. President: Ralph Farquharson, Great Britain
- Gen. Secr.: Dietmar Wolf , Norway
- Treasurer: Alain Hammang, Luxembourg
- Techn. Com. Chairman: Myriam Busselot, Belgium
- Law and Legislation Com. Chairman: Sandro Rossi, Italy
- Championship Secretary: Jiri Hofirek, Czech Republic
- Disciplinary Committee chairman: Pavol Müller, Slovakia
- Auditor: Pavol Müller, Slovakia
- Appeal Committee chairman: Detlev Albrings, Germany
- Women's Com. Chairman: Tone Ingebretsen, Norway
- Internet officer: David Hinchley, Great Britain
- Record registrar: Jari Tähtinen, Finland
- Media Officer: Anton Kraft, Denmark

Congress.

The EPF Congress was staged in Frydek – Mistek in Czech Republic 5 May and delegates from 17 of the 30 full member nations were present. In the Open Europeans, starting the day after the Congress, lifters from 19 nations took part.

New election of Vice President and Technical Com. Chairman took part.

EPF Hall of Fame was awarded to Raija Jurkko (former Raija Koskinen) from Finland.

European lifters.

In January the following lifters were appointed by the Executive as *European lifters 2007*:

Ielja Strik, Netherlands and Jaroslaw Olech, Poland.

Olech was awarded this prestige title for the 6th time.

International championships

Most of the national federations in Europe are experienced organizers of powerlifting championships and the standard of the organizations have been high.

In 2008 5 European championships, 1 Western European Championship are organized and also 2 World Championships are hosted in Europe.

General.

At the Congress this year, Ralph Farquharson from Great Britain was elected as new Vice President replacing Myriam Busselot from Belgium which was elected new Technical Com. Chairman.



The EPF Executive members and committee chairmen and officials are all experienced persons forming a good team to run the daily administration of EPF.

This year a new Organizing Handbook and a revised Technical Checklist have been worked out. These two documents will be combined and attached to the Promoters Contract for 2009 and on.

The economy is running well the last years due to good administrative routines and a good book keeping system that helps the Treasurer to keep up all his work to collect outstanding payments and paying all bills in time.

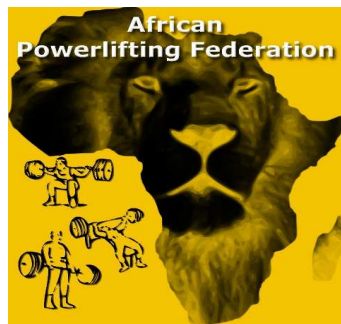
The good economy gives EPF the possibility to help organizers of European championships economically. EPF has instituted an "EPF sport development fund" which means that organizers of European championships are offered to buy cheap IPF recognized equipment. The manufacturers have lowered their prizes considerably and EPF pay half of the net price of this equipment and the organizer the other half. Then every organizer should be able to present high standard equipment also in the warm up room at European championships. Once a federation has a complete set of equipment this can be used at every future Europeans or Worlds organized by the same federation.

In 2008 2 organizers have been supported by this fund.

Also in 2008 a high number of doping tests have been carried out at European championships and cups. Besides, EPF has supported economically OCT tests carried out by IPF. The fight against doping abuse to create fair play for all lifters has the highest priority within EPF.

Arnulf Wahlstrom
President EPF

(b) Report from Africa



2007/8 has proved to be another trying year for Powerlifting in Africa.

Following a successful 2007 where the African Championships were staged in South Africa and the fledgling federation finding its feet, 2008 has been a bit of a let down.

Algeria were successful with their bid to stage the African Championships this year and the IPF and APF fully supported them unfortunately the Algerian Federation could not get their act together and at the last minute with no other takers at short notice the championships had to be abandoned. This unfortunately seems to be a bit of a trend as in the 2007 year Libya were scheduled to stage the Champs however at the last minute they pulled out leaving with South Africa filling the gap.

The 2009 Championships are scheduled for Nigeria and the feedback so far with Oladipupo Sangode the APF Secretary in charge sounds promising and let's hope that it will go ahead as planned.



A number of national competitions have taken place this year with the main focus being the larger federations of South Africa and Nigeria and the results posted on the APF web site.

South Africa have been in the spotlight over the last year regarding a number of positive dope tests and measures have been put in place to rectify the problem. The South African Institute for Drug Free Sport have committed themselves to assisting us with these measures and OCT and in competition testing is taking place with a planned approach and hopefully this will achieve the desired results. The Sub Junior and Junior World Championships are taking place in Potchefstroom, South Africa, during the first week of September and a large turnout is expected.

Knowing the organisers I am pretty confident a well run and well organised Championship will take place.

Kenya whose federation collapsed a few years ago have requested renewed membership of the APF and hopefully this can be revived in the near future.

At the moment the countries with membership of the APF stand at 14 with possible new membership of Kenya and Botswana.

Thanks must go to the IPF and the various Powerlifting sponsors for the support they have given over the last year and for the future support for the 2009 African Championships

Although communication and finance throughout Africa still present huge problems I am encouraged that with perseverance and the desire I feel sure that that Powerlifting will continue to grow and 2009 will be a better year.

Alan Ferguson

(c) Report from Asia



Competition

1, Our Annual Asian Powerlifting Championships was held in Tashkent of Uzbekistan.

Tashkent is the capital city of Uzbekistan known as the one of the oldest city of Silk Road.

The championships started from 1st of May.

Hotel was 4 star hotels near from the venue. The distance from hotel to venue was only 3 or 4 minutes walk.

The venue was big banquet hall of the hotel Uzbekistan, old but still top hotel of the city.

The venue was prepared by only one night under the strong leadership of Mr. ERKINBOY KADIROV the president of Uzbekistan Powerlifting Federation. The stage was decorated beautifully and the atmosphere was unique.

Nearly 250 lifters including Senior, Masters, Jjuniors and Sub-Juniors and men's and women's. Many Asian new records were made and even the world record was made.

Because there were so many lifters, 5 days championships started early morning and finished late at night every day. We need to think something to shorten the championships.



2, Asian Bench press Championships is scheduled to be held in December in Hong Kong.

For example, only from Japan, over 40 lifters are planning to compete at the Asian Bench press Championships, because the distance between Japan and Hong Kong is not too much.

We will have biggest bench press championships in the world.

I will report this at the APF web pages soon after the championships.

(<http://asia.powerlifting.jp/>)

Congress

1, Election of the Office Bearers for the year 2008 to 2011

Election of the office bearers for the year 2008 to 2011 was held and following office bearers was unanimously elected for the turn 2008 to 2011.

1. President- Susumu Yoshida (Japan).
2. VicePresidents-
 - a) Rajesh Tiwary (India)
 - b) Dominic Cabalza (Philippines)
 - c) Erkinboy Kadirov (Uzbekistan)
 - d) ChaoChen Feh (ChineseTaipei)
 - e) Arsalanov Ilfat (Kazakhstan)
3. Hony. Sec. Subrata Dutta (India)
4. Hony. Treas. P.J. Joseph (India)
5. Chairman
Med. Com. Hisako Yoshida (Japan)
6. Chairman
Techn. Com. P.J. Joseph (India)
7. Record
Register Hiroyuki Ueno (Japan)

2. Future Championships

1. 2008- Asian Bench Press will be held at Hong Kong during 4 - 6 December.

2. 2009- Asian Powerlifting Championship will be held at Udaipur during 1 - 6 May.

3. 2009- Asian Bench Press will be held at Chandigarh during 19 - 21 August

4. 2010- Asian Powerlifting Championship will be held at Ulaanbaatar, Mongolia.

5. 2010- Asian Bench Press will be held at Ulaanbaatar, Mongolia.

6. 2011- Asian Powerlifting Championship provisional bid was given by Philippines.

7. 2011- Asian Bench Press provisional bid was given by ChineseTaipei & Kazakhstan.

- Mongolia withdraws the bid for the Asian Benchpress Championships 2010 later, and Korea could not hold the Asian Benchpress championships, so right now the Asian Benchpress championships 2010 is not decided.

Members

This year there were no new member nations.

Representative of Mongolia United Powerlifting Federation placed their request for new Membership at the congress. I as the President requested Mr. Munkhnasan Geleg to give details of their Country and activities of Powerlifting Sports. On hearing from Mr. Geleg representative from Mongolia, house was passed for their provisional affiliation and allowed them to take part in the Asian Championship Tashkent-08. Mongolian representative Mr. Munk Epdhene (Vice President) invited the President & General Secretary of APF to visit Mongolia for inspect the available infrastructure of



hosting Asian Meet in 2010 as they are very much interested to host which was accepted by Mr. Susumu Yoshida & Subrata Dutta.

Doping test

10 lifters were selected for the doping test.

All the samples were brought to Tokyo laboratory. The results were 2 positives and 8 negatives.

One Indian lifter and One Uzbekistan lifter were found positive.

Inspection

From 2007 we Asian Federation started the inspection half year before the Asian Championships. I went to Hong Kong for the inspection of 2008 Asian Benchpress championships. To see the hotel, venue and to meet the local federation members and to talk to the friends who want to work for the championships are very interesting and same time very much fun.

Suburata of India went to Uzbekistan.

For the Mongolia, me and Subrata went to there to check every thing and find out how bit is the energy for powerlifting.

World Games

2009 World Games will be held in Kaohsiung, Taiwan.

As the TD of powerlifting, I went to the TD meeting of 2007. The venue was checked and decided to the University auditorium. Now, TD meeting of 2008 was scheduled end of October. I can not report here because I am writing this report on September.

If very important matter were decided, I already put the news on APF web pages.

Susumu Yoshida

President of APF

(d) Region North America



The 2008-2009 IPF year has been one of slow growth and consistent work among the nations of the Region. Our administration has worked extensively with the Central American Nations in developing their powerlifting programs. Over the past two years the General Secretary, Mr. Robert Keller, Vice President Nestor Gregory, and/or I have met with the Ministers of Sport of several of our nations, highlighting the need to participate at the IPF level and encouraging these nations to fund powerlifting. With rare exception, the national powerlifting federations are National Olympic Committee recognized with varying levels of funding. Our theme has been strengthen the ties between the emerging federations and their own governments. Several federations have undergone changes in organization, either separating from their respective weightlifting and bodybuilding federations or having alternative administrations recognized by the NAPF.

Mr. Nestor Gregory has worked extensively in getting powerlifting's acceptance into the IOC Caribbean Games as a demonstration sport. While there has been some concern from other participants, Mr. Gregory's exhaustive work with his own



government (hosting the 2011 Games) and the Games Committee has resulted in our acceptance.

We have worked to strengthen the ties between the IPF Regions in the Pan American area (North, South, and Central America) by scheduling a Pan American Championships every two years in lieu of separate Regional Championships. This will allow our athletes to compete on a larger stage, and assist in fostering cooperation among the governmental entities that support powerlifting. As many of you know, powerlifting formerly was part of the IOC recognized Pan American Games but was dropped due to lack of attendance by key member nations. As we work to regain PASO (Pan American Sports Organization) acknowledgement and recognition, we must demonstrate that we can draw athletes from both regions to a single competition and that we have the infrastructure shown through Regional Cooperation to make this venture consistently successful.

This year, the North American Regional Championships have continued to grow in terms of nations participating, and attendance by media and governmental officials. In addition, WADA representatives attended and conducted the testing at the North American Regional Championships.

This coming year we have an ambitious calendar with the Sub regional Bench Press Championships in the Cayman Islands. This meet will be held in March with the date to be finalized. The NAPF/Pan American Championships will be held in Guatemala City, Guatemala the third week in June and the year will close out with the NAPF Bench Press Championships to be held in Acapulco, Mexico in October.

As in every year, the North American Powerlifting Federation would not exist without the support of our generous sponsors: E.R. Equipment, Ivanko, Titan Support Systems. In addition, our Officers have devoted a great deal of time and effort in continuing the momentum gained in prior years. Special thanks to Robert Keller and Nestor Gregory, as well as the efforts of our Championship and Scoring Secretary, Sergio Centeno (Puerto Rico) and Bill Clayton, Chair of Referees.

L.J. Maile, Ph.D., President
NAPF

(e) Region South America



Ecuador together with FESUPO-South America Powerlifting Federation, hosted the South American Powerlifting Championships 2008, in Quito city, Ecuador, in “Concentracion Deportiva Pichincha”, a beautiful sport complex.



6 (Brasil, Argentina, Uruguay, Peru, Ecuador and Colombia) nations and more of 110 lifters participated in all age divisions.

A big competition during three days! And we had very busy.

Excellent structure for receive the delegations, transport and a big staff in the venue.

Many South American records were break.

All in south American are waiting very excite for in next year the World Junior and Sub Juniors 2009.

During the technical meeting, we confirm that the South Americans powerlifting competitions will be alternate with pan American powerlifting competitions for a best integration between all countries with massive participation.

We also approved that is necessary for a country remain your affiliation in FESUPO that he compete with at least one lifter in continental competition.

There is many countries here in South American that don't compete more in regional competition for only to compete in world competitions.

Election was realized and a new directory was elected. I was elected President again. The new general secretary is Mr. Marcos Sanchez from Ecuador.

In next year we and NAPF going to host the Pan American Powerlifting Championships in Guatemala.

Julio Conrado
President FESUPO

(f) Report Oceania



In 2007 to 2008 the holding of the South Pacific Games encouraged nations to confirm their IPF and OPF membership. Thus the Oceania Powerlifting Federation now has as members 12 nations (up from 9 in 2006/7) –

Australia	Samoa
New Zealand	New
Caledonia	
Fiji	Papua New
Guinea	
Tahiti	American
Samoa	
Nauru	Niue
Tonga	Kiribati



Marshall Islands was a Provisional Member in 2007, however that nation has not moved to full membership and under the IPF Constitution may lapse as a member. There are reports of activity in Palau and Tuvalu, but no formal involvement by those nations at present.

ADMINISTRATION

In 2006 the OPF was formally incorporated as a company registered under New Zealand law, No. 1489041. This has been maintained and the reports required by law have been duly lodged. As at 31st December 2007 the OPF had cash on hand of NZD4481 (c. EUR2000), no other assets and debts of NZD1279 (to Mr R L Wilks). This modest financial standing reflects the resource limitations of many of the island nations.

The last Annual General Meeting of the OPF elected or appointed the following officials –

President	-	Robert Wilks
Vice President	-	Julian Perry
Secretary	-	Pam Cutjar
Treasurer	-	Steve Lousich
Committee	-	Jim Clifford
Record-Keeper	-	John Myers
Referees Director	-	Pam Cutjar
WebMaster	-	Tim
Germanchis		

It was also resolved at that meeting to hold elections each four years, prior to the IPF Election Congress, rather than annually.

COMPETITION

Two major events were held in the Oceania region in 2007 to 2008

–

1. South Pacific Games, Apia, Samoa, September 2007 – this event is the Olympics of the Pacific, held each four years and involving large-scale government support and media and public interest. Powerlifting was an official sport for the second time (previously Fiji 2007) and nine nations and 75 lifters took part. There were some challenges in this event, with the number of eligible classes and competitors only resolved at the last minute, but overall the Games' Powerlifting was a great success, with good audiences and Powerlifting on television and the front page of newspapers!
2. Commonwealth Championships, Christchurch, New Zealand, December 2007 – this event is actually overseen by the Commonwealth Powerlifting Federation, but this year was held at an Oceania location, with a number of Oceania nations eligible to compete. Australia, New Zealand, Fiji, Papua New Guinea and Samoa took part from Oceania. The Championships were marred by 6 positive drug test results, with another 3 cases still pending and the involvement of New Zealand Customs not helping the reputation of Powerlifting in that country (although none of the 9 cases involved Oceania lifters).



However the competition itself was keenly fought across all age groups, with approximately 80 lifters from 12 nations and hopefully the Commonwealth concept will be nurtured on to even bigger events from here.

As well, virtually all Oceania nations conducted national championships in 2007 to 2008, whilst at least Australia and New Zealand had extensive domestic competition programmes – see www.powerliftingaustralia.com and www.nzpowerlifting.co.nz

ANTI-DOPING

Australia and New Zealand continued to have strong national anti-doping programmes, run by government agencies. These have involved arms-length results monitoring, year-round whereabouts and OCT and education programmes. Since the last OPF report there has been one Australian domestic positive case (believed to be inadvertent use) and one New Zealand case (for cannabis).

In the Pacific Island nations there had been little testing or anti-doping infrastructure. However in 2007 a WADA RADO (Regional Anti-Doping Organization) was established for Oceania, based in Fiji. This created a number of qualified DCOs and chaperones who can be deployed to Oceania events, their first assignment being the South Pacific Games and a contract being signed for the 2008 Oceania Championships.

COMING EVENTS

From here the Oceania federation's main events will be -

- Oceania Championships, Papeete, Tahiti, December 2008
- Commonwealth Championships, Gawati, India December 2009
- Oceania Bench Press Championships, Tonga or Australia, early 2009 or early 2010.

With the advent of the Commonwealth Championships, the OPF has established the pattern of conducting Oceania Championships each second year, alternating with the Commonwealth Championships.

The Oceania Federation is also looking forward to representation at Powerlifting's premier event, the World Games in Taiwan in July 2009.

Robert Wilks
President OPF

8. Elections

No Elections at this Congress

9. Proposals

At this Congress the Constitution, By-Laws and Technical Rules can not be changed, except if the Congress decides about amendments with a 2/3-majority.



IPF Anti-Doping rules 2009

The IPF Anti-Doping rules were sent attached to this agenda. These rules are according the WADA-Code 2009 and WADA has certified that these rules are WADA-compliant.

According IPF-Constitution 7.2.14 the IPF Congress ratifies the IPF Anti-Doping rules. The IPF-EC asks the Congress to ratify the presented Anti-Doping rules.

Constitution

Con 1:

1.1 Name

1.1.1 The INTERNATIONAL POWERLIFTING FEDERATION hereinafter called "IPF" is an organisation founded in *1972 in Harrisburg, United States. The IPF is a non-profit organisation.* The Federation is composed of the affiliated National Federations governing the sport of powerlifting on the basis of one national federation per country.

Reason

This change is necessary due the incorporation of the IPF in Luxembourg.

Con 2:

1.2 Public utility

The IPF works for the purposes of this order for the benefit of the public in each valid version. *All actions and activities carried out by the IPF are not aiming at profit.*

The members have no interest in the federation property. The members of this body work in an honorary capacity; the property of the IPF serves exclusively for charitable purposes of the sport. Any profits may be supplied only for statutory purposes. The members receive no shares in the profits.

No person may receive for an activity or task in the IPF, an unreasonably high reimbursement.

Reason

This change is necessary due the incorporation of the IPF in Luxembourg.

Con 3:

2 Emblem and Flag

Reword 2.1 and 2.2 according to a new layout of the logo.

Reason

To develop a new logo is part of the process to renew the image of IPF.



Con 4:

Change 8.1 “Titles”: “General Secretary” in “Secretary General” and in all IPF related documents and rules

Reason

That is the right expression

Con 5:

Change 8.3.1 “Titles”: “Congress” in “General Assembly” and in all IPF related documents and rules

Reason

That is the right expression and standard in all international Sport Federations.

Con 6:

Add 8.3.11 “Powers of the Executive”

To negotiate and sign contracts with the equipment manufacturers. The term of such contracts shall be not more than an election period.

Reason

To guarantee the member nations, the athletes and the manufacturers stability.

Con 7:

Changes in 9.2 “Term of Office”

9.2.1 The term of office for all officers of the IPF shall be for four years ***and the mandate of all officers, even those who were elected between electoral Congresses, shall expire at the electoral Congress.*** All officers shall be eligible for re-election.

9.2.2 A person may be nominated for IPF office by any national member federation provided that the candidate is in good standing in his own national federation. "A member in good standing" shall be defined as a fully paid up ***or honorary*** member within his national federation, who is not under suspension by that body or ***by any other respectable sport organization, including the IPF regions and the IPF.***

9.2.3 ***Nominations of candidates for each IPF offices shall be received by the IPF Secretary General at the latest 30 days prior to the date of the Congress where the election shall take place. Later nominations shall not be accepted, except there is no nomination for an IPF-Office.***

Reason

To adapt the EPF ruling.



Con 8:

Change 11.6: “Doping Commission” in “Anti-Doping Commission” and in all IPF related documents and rules

Reason

That is the CAS-recommendation.

Con 9:

New sub-article:

14.10.6 An Athlete or official shall not participate in contests or competitions if there is any Athlete or official participating in any division, section or bodyweight class of that contest or competition who has been expelled or suspended from his or her international or national federation or who is serving the period of Ineligibility for a doping related offence.

Penalty for violation of this rule (14.10.6):

Six (6) months’ Ineligibility commencing from the date of violation.

The determination of the applicability or otherwise of penalty under this rule (14.10.6) shall be made by the IPF Disciplinary Committee (DC). Prior to such determination by the DC, the IPF Executive Committee may provisionally suspend the athlete, such suspension to commence from the date of the alleged violation.

Con 10:

Delete 14.17 “Withdrawal by a promoter”

Reason

This is a contractual matter and not a constitutional matter

Con 11:

15.1 Scope of the IPF Anti-Doping Rules

The Anti-Doping Rules shall apply to the IPF, each National Federation of the IPF, and each Participant in the activities of the IPF or any of its National Federations by virtue of the Participant’s membership, accreditation, or participation in the IPF, its National Federations, or their activities or Events.

To be eligible for participation in the IPF events, a competitor must have an IPF licence issued by his or her National Federation. The IPF licence will only be issued to competitors who have personally signed the Appendix 2 consent form, in the actual form approved by the IPF Executive. All forms from under-age applicants must be counter-signed by their legal guardians.

The National Federation must guarantee that all athletes registered for a IPF Licence accept the Rules of the IPF, including the IPF Anti-Doping Rules.



It is the responsibility of each National Federation to ensure that all national-level Testing on the National Federation's Athletes complies with the Anti-Doping Rules. In some countries, the National Federation itself will be conducting the Doping Control described in the Anti-Doping Rules. In other countries, many of the Doping Control responsibilities of the National Federation have been delegated or assigned by statute or agreement to a National Anti-Doping Organization. In those countries, references in the Anti-Doping Rules to the National Federation shall apply, as appropriate, to the National Anti-Doping Organization.

The Anti-Doping Rules shall apply to all Doping Controls over which the IPF and its National Federations have jurisdiction.

Con: 12:

16 VOLUNTARY DISSOLUTION OF THE ORGANISATION

Dissolution of the IPF shall only be possible by decision of the Congress. For this purpose, a written request stating the reasons for such dissolution shall be handed over to the Executive. After discussion of the request, the Executive will then put the request on the agenda of the next Congress.

In order for the dissolution to become valid, a three-quarters majority of all votes cast is required.

In the event of such dissolution of the IPF and provided the IPF still holds assets, and after having covered any liabilities, the Congress shall also decide on whom to transfer the remaining assets. These assets shall, if possible and permitted, be transferred to an organisation having the same or similar interests compared to the IPF, or shall be allocated to good causes.

Reason

This change is necessary due the incorporation of the IPF in Luxembourg.

By-Laws

BL 1:

Delete 101.6 "Awarding World Championships to Individuals and Commercial Entities"

Reason

World Championships can only be awarded to national federations.

BL 2:

101.10.5 Championship Secretary

101.10.5.2 The invitation will be based upon the answers to a standard questionnaire sent to the host national federation and/or promoters of the championship when a bid is accepted. Closing date for an organizer of World Championships to provide all details in the invitation is ~~6 to 8~~ **12** months prior to the contest date.



BL 3:

101.10.5.3 Shall collate all team nomination forms and ensure that they are fully and properly completed. He shall then prepare a full list of lifters nominated for the event. A copy of this shall be sent to the Internet Officer, the Newsletter Editor *and* the Media Officer, ~~the General Secretary and the President.~~

Reason

It is not necessary to send the nominations to the General Secretary and the President. The nominations will be published on the IPF-Homepage.

BL 4:

102.8 Incorporation of the IPF

The IPF is incorporated under the laws of Luxembourg with the following address: *1, rue Pasteur, 4642 Differdange*. The headquarters is located at the place of residence of the *President*. It is not necessary to move the country of incorporation with changes in officers or with a move of the headquarters if all functions of the IPF ~~may be are~~ continued without interruption and the corporate and legal integrity of it ~~may be are~~ maintained. The Executive will make any need for changes in location of incorporation or of location of the headquarters.

Reason

This change is necessary due the incorporation of the IPF in Luxembourg.

BL 5:

Delete 102.9 Litigation among IPF Entities

Reason

This rule is senseless and a part will be ruled in the Promoters Contract.

BL 6:

103.2 IPF Subscription and Fees

The participating national federations shall pay a drug test fee of EUR 50 for each lifter entered and declared at the Technical Meeting prior to the championships. If a national federation is not represented at the Technical Meeting, then a fee is required for all lifters nominated and entered on the final entry form. In addition to the drug test fee, participating national federations shall pay a participation fee of EUR ~~15~~ 30 per lifter for each lifter entered and taking part in any World Championships. ~~50%~~ EUR 10 of the participation fee or equipment similar to that amount shall be paid to the promoter, or the promoter shall receive equivalent support in goods donated by sponsors, as decided by the Executive.

Reason

To finance expenses for an important liability and indemnity insurance for the IPF.



BL7:

Change 103.4 to

103.4 TELEVISION AND ADVERTISING

103.4.1 The IPF is the exclusive owner of the TV broadcasting, marketing, Internet broadcasting (web casting), post-event production of video recordings and advertising rights and all other multimedia coverage of the World Championships and other events organised and controlled by the IPF.

103.4.2 To obtain these rights or part of these rights, a fee must be paid to the IPF.

The President, Secretary General and the Treasurer decide the amount in consultation with the EC.

103.4.3 Television rights, marketing and sponsorship revenues for World Championships are apportioned according to the signed contract between the host Federation / Organising Committee and the IPF.

103.4.4 At World Championships and competitions organised by the IPF, on each piece of equipment of the powerlifter's outfit, the IPF allows the application of

a) the identification (logo, name or a combination of both) of the Manufacturer of the product and/or

b) the identification of their commercial sponsor (logo, name or a combination of both) with the total maximum size of 10 cm's x 2 cm's per piece of equipment. Distinctive design patterns of a manufacturer are not considered for this measurement of the application. Anything exceeding this size is regarded as advertising and the relevant rules apply. At World Games, the IWGA rules prevail.

Reason

Clarification of the rights.

BL 8:

Delete 103.10 „Video fee for Commercial Enterprises and Individuals“

Reason

The IPF has the television rights and the Executive will negotiate in the best interest of the IPF with commercial enterprises.

BL 9:

Delete 103.11 „Imposition of new Conditions for World Championships Promoters“
And 103.12 “Promoters Responsibility to honour IPF contracts”

Reason

This will be ruled in the Promoters Contract.



BL 10:

104.1 Nomination

104.1.1 Nomination of lifters and officials to world championships shall be received by the IPF Championship Secretary with a copy to the Meet Director within following time limits:

- Preliminary nomination not later than 60 days prior to a world championship.
- Final nomination, *submitted* not later than 21 days prior to a world championship, *must be made from those nominated in the preliminary nomination.*
~~*Later entries will not be accepted.*~~

Reason

In 2007 we have changed our nomination procedure and this is an editorial change.

BL 11:

Delete 105.7 "Meet Director's Guide"

Reason

This is ruled in the Promoters Contract.

BL 12:

Delete 105.14 "Failure to Submit Technical Checklist"

Reason

This will be ruled in the Promoters Contract.

Technical Rules

TR 1:

Personal Equipment

Item (c) Shoes or Boots (Page 13).

Proposal to add the words - - - - *and that, over the length of sole, and, or heel and must be reasonably flat*

Reason

To extend the rule to that which says, the underside must be uniform on both sides.



Proposal Athletes Commission

Technical rules:

- The time limit to change the opener in benchpress and deadlift should be reduced to 3 minutes to give more time to evaluate if there is a need for changes. 5 minutes could be kept for the squat because later changes in the lifting order could cause problems for the lifters preparation. In the squat you also have the opportunity to start the warming up earlier, so you will know the need for changing the opener in time.
- The bar should be cleaned between every lift in deadlift, at least when requested by the lifter or his/her coach. Not only the last round is important for the results in the discipline, the grip is vital in all three rounds.
- If a category consists of more than one group, all groups should have the same referees. If change of referees is necessary, the change should be made between the disciplines so that all lifters have the same referees in the same discipline.
- If a member of team is found to have committed a violation of these Anti-Doping Rules during an Event where a team ranking is based on the addition of individual results, the results of the Athlete committing the violation will be subtracted from the team result and cannot be replaced by the results of another team member.

Reason:

This change will make it more important for the federations to have a clean team. We believe this will encourage the federations to put more effort into their anti-doping work.

Proposal Czech Federation

1. Technical Rules page 37, World and International Records, amend section 2. h) as follows and change all reference to this rule accordingly:

New Records are only valid if they exceed the previous record by at least 0,5 kg. ~~1 kg; unless the new record is divisible by 2.5 kg then a 0.5 kg increase is acceptable.~~

Reason:

The present situation creates confusion among referees. It is also unfair that some athletes may break records by 0,5 kg increments while others have to comply with a minimum 1 kg increment rule.

2. Technical Rules page 18, Powerlifts and Rules of Performance, Bench Press, delete section 9.:

If anatomically, the arms cannot be fully extended the lifter must produce a certificate issued by the Medical Committee. The maximum allowable is 15 degrees out of true.



Reason:

Lifters who cannot fully extend their arms should compete among disabled athletes – this is not discrimination of the disabled, on the contrary the healthy lifters are discriminated now. The rule as it is creates unnecessary confusion and is contradictory to the strain after simplification of the rules. The public may be also confused when lifts of those who produced a certificate are judged as good although they look worse than lifts of athletes without any anatomical problems. Another reason is frequent abuse of this rule – we can see lifters with certificate who have their arms fully extended at the beginning of the lift but then do extend them fully at the completion of the lift.

10. New Member Applicants

Full: Great Britain; Aruba, US Virgin Islands, British Virgin Islands, Switzerland, Cameroon, Oman, Trinidad & Tobago

Provisional: Nicaragua; Panama

11. Action on Delinquent Nations

Egypt; Netherlands Antilles

Reason: To be presented at the Congress

The further Nations did NOT fill out and send back the IPF Membership Data Form to the General Secretary or did NOT pay the Membership Fee to the Treasurer:

Africa: D.R. Congo; Mauritius; Uganda; Zimbabwe; Mali; Nigeria; Seychelles;
Sierra Leone; Somalia;

Asia: Nepal; Malaysia; Palestine; Tajikistan; Turkmenistan; Sri Lanka; Lebanon;

Europe: Armenia; Israel; Malta; Portugal; Slovenia; Azerbaijan; Romania;

Oceania: American Samoa; Marshall Islands; Papua New Guinea; Samoa;
Tonga;

North America: Honduras; Bahamas; Barbados; El Salvador; Jamaica;

South America: Colombia; Guyana

12. Hall of Fame

To be announced at the Congress

13. Future Championships

Dates	Event	Organiser	Venue/City	Country
			2008	
02 November	Men's and Women's	IPF	St. John's,	Canada
08 November	World Championships		NL	
08 November	South American	FE.SU.PO.	Villa Maria	Argentina
09 November	Bench Press Championships			



04 December Asian Bench Press [APF](#) Hong Kong [Hong Kong](#)

07 December Championships

05 December	Oceania	OPF	Punaauia	French Polynesia
07 December	Championships			

2009

TBA March 3rd NAPF Caribbean [NAPF](#) George Cayman Islands
Bench Press & Town
Powerlifting
Championships

06 March	Arnold Sports Festival	USAPL	Columbus	United States of America
08 March			(Ohio)	

20 March Danube Cup [EPF](#) [Bratislava](#) [Slovakia](#)

21 March

15 April	World Bench Masters	IPF	Taupo	New Zealand
18 April	Championships			

01 May Asian Powerlifting [APF](#) Udaipur [India](#)

06 May Championships

06 May	Men's and Women's	EPF	Ylitornio	Finland
10 May	European			
	Championships			

27 May World Bench Press [IPF](#) Hamm [Luxembourg](#)

30 May Championships

TBA June	7th NAPF Congress	NAPF	Guatemala City	Guatemala
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TBA June 7th NAPF North [NAPF](#) Guatemala [Guatemala](#)
American Regional City

Powerlifting
Championships

TBA June	12th NAPF/FE.SU.PO	NAPF	Guatemala City	Guatemala
	Pan-American			
	Powerlifting			
	Championships			

TBA June Pan-American [FE.SU.PO.](#) [Guatemala](#)
Powerlifting
Championships

09 June	European Juniors	EPF	Jonkoping	Sweden
13 June	Championships			

23 June European Masters [EPF](#) Pilsen [Czech Republic](#)

27 June Championships



02 July 04 July	World Sub-Junior & Junior Bench Press Championships	IPF	Pilsen	Czech Republic
16 July 26 July	World Games	IWGA	Kaohsiung	Chinese Taipei
06 August 08 August	European Bench Press Championships	EPF	Frydek- Mistek	Czech Republic
19 August 21 August	Asian Bench Press Championships	APF	Chandigarh	India
31 August 06 September	World Sub-Juniors and Juniors Championships	IPF	Sao Paulo	Brazil
18 September 19 September	Western European Championships	EPF		Netherlands
30 September 03 October	World Masters Championships	IPF	Sofia	Bulgaria
TBA October	4th NAPF Regional Bench Press Championships	NAPF	Acapulco	Mexico
22 October 24 October	European Bench Press Masters Championships	EPF	La Louviere	Belgium
TBA November	South American Bench Press Championships	FE.SU.PO.	Montevideo	Uruguay
01 November 07 November	Men's and Women's World Championships	IPF	New Delhi	India
2010				
TBA March	4th NAPF Caribbean Bench Press & Powerlifting Championships	NAPF	Port of Spain	Trinidad and Tobago
14 April 17 April	World Bench Masters Championships	IPF	Sofia	Bulgaria
04 May 08 May	Men's and Women's European Championships	EPF	Köping	Sweden
26 May 29 May	World Bench Press Championships	IPF	Killeen	United States of America



TBA June	8th NAPF North American Regional Powerlifting Championships	NAPF	Acapulco	Mexico
TBA June	8th NAPF Congress	NAPF	Acapulco	Mexico
08 June 12 June	European Juniors Championships	EPF	Milano	Italy
22 June 26 June	European Masters Championships	EPF	Sofia	Bulgaria
TBA July	South American Powerlifting Championships	FE.SU.PO.	Punta del Este	Uruguay
TBA August	21st Central America & Caribbean Games	ODECABE	Mayaguez	Puerto Rico
05 August 07 August	European Bench Press Championships	EPF	Bratislava	Slovakia
28 August 04 September	World Sub-Juniors and Juniors Championships	IPF	Prague	Czech Republic
17 September 18 September	Western European Championships	EPF	Hamm	Luxembourg
27 September 02 October	World Masters Championships	IPF	Pilsen	Czech Republic
TBA October	5th NAPF North American Regional Bench Press Championships	NAPF	San Juan	Puerto Rico
21 October 23 October	European Bench Press Masters Championships	EPF	Hagondange	France
TBA November	South American Bench Press Championships	FE.SU.PO.	Bogota	Colombia
01 November 06 November	Men's and Women's World Championships	IPF	Durban	South Africa
2011				
18 March 19 March	Danube-Cup	EPF	Gorna Oryahovica	Bulgaria
13 April 16 April	World Bench Masters Championships	IPF	Rodby	Denmark



10 May	Men's and Women's	EPF	Pilsen	Czech Republic
14 May	European Championships			
25 May	World Bench Press	IPF	Soelden	Austria
28 May	Championships			
07 June	European Juniors	EPF		
11 June	Championships			
21 June	European Masters	EPF		
25 June	Championships			
TBA July	Pan-American Powerlifting Championships	FE.SU.PO.	Buenos Aires	Argentina
04 August	European Bench Press	EPF		
06 August	Championships			
29 August	World Sub-Juniors & Juniors	IPF	Moose Jaw	Canada
03 September	Championships			
16 September	Western European Championships	EPF		
17 September				
27 September	World Masters Championships	IPF	St. Catharines	Canada
01 October				
20 October	European Bench Press	EPF		
22 October	Masters Championships			
31 October	Men's and Women's	IPF	Prague	Czech Republic
05 November	World Championships			
TBA November	South American Bench Press Championships	FE.SU.PO.		Ecuador

2012

TBA July	South American Powerlifting Championships	FE.SU.PO.	Guayaquil	Ecuador
TBA November	South American Bench Press Championships	FE.SU.PO.	Lima	Peru

14. Any Other Business



15. Adjournment