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**Agenda of the IPF Congress 2006 in**

**Stavanger / Norway**

**Sunday, 5<sup>th</sup> November 2005**

**Rica Forum Hotel**

**Start: 02:00 pm**

**Agenda**

1. Roll Call of Nations and Delegates  
Presentation of Credentials of each Nation  
Certification of Athletes and Referees
2. President's Address
3. Minutes of the last Congress.
4. Treasurer's Report  
(a) To examine the accounts of the previous year  
(b) To approve the budget for the forthcoming year  
(c) Fees (if requested)
5. Finance Secretary's Report
6. General Secretary's Report
7. Committee Reports  
(a) Technical Committee  
(b) Medical Committee  
(c) Disciplinary Committee  
(d) Appeal Committee  
(e) Law & Legislation Committee  
(f) Doping Commission  
(g) Doping Hearing Panel
8. Regional Reports  
(a) Region 1 (Europe)  
(b) Region 2 (Africa)  
(c) Region 3 (Asia)  
(d) Region 4 (North America)  
(e) Region 5 (South America)  
(f) Region 6 (Oceania)
9. Elections
10. Proposals
11. New Member Applicants
12. Action on Delinquent Nations
13. Hall of Fame (Announcement of Names)
14. Future Championship.
15. Any Other Business
16. Adjournment

## **2. President's Address**

### **PRESIDENT'S REPORT**

presented to the IPF Congress 2006 in Stavanger, Norway

Dear Powerlifters all over the world,

An eventful year is almost over and we can on the one hand be quite satisfied but on the other we have to be rather disappointed. The positive aspect: The IPF is still growing, with actually 108 national member federations. No other Powerlifting federation in the world is as widely spread as the IPF but even if some of our smaller member federations have not yet reached a level to be competitive for international participation they have shown their interest and we will try to find ways to support their ambitions. As the last of our six regions Africa has acquired federational status with a somewhat turbulent first regional congress and championships in Alexandria, Egypt (for more see Alan Ferguson's report).

To come to the disappointing aspect: After having focused our fight against doping on the countries with the highest number of positives we had to suspend two of our strongest member federations – Russia and Ukraine – according to the IPF Anti-Doping Rules 12.6/12.6.1 for all international competitions and records from September 1<sup>st</sup> 2006 until December 31<sup>st</sup> 2007. This was the severest judgement the IPF EC has ever passed upon an affiliated member federation, but it was the only choice after so many doping violations and no sign from their authorities to change the situation. In Stavanger we will again meet Vladimir Bogatchev and Ivan Zbandut, the presidents of the two federations, and we expect from them to forward serious projects for an effective testing programme which we will certainly support.

If some might fear the IPF could loose the now suspended federations and their lifters so let me be optimistic. If one is looking to practice Powerlifting seriously than all the other organizations which do not care on doping misuse and only have to offer cheap "World Championship titles" to everybody are not really a choice. But believe me: We would more like to see them participating as clean lifters instead of being forced to punish them because of doping violations.

Let me talk about the duties of our regions and what we expect from our affiliated member federations: The regional federations are not organizations independent from the IPF but something like the extended arm of the IPF to the national federations. Their must not be any rivalry, we all have to pull on the same rope. The better a region is organized the easier it is for the IPF. An active working Executive, good communication by a regularly updated homepage, newsletters etc., perfectly organized competitions with a satisfying number of doping tests (minimum 10 percent!). The regions are represented in the IPF Executive with one board member each who shall give regional inputs – but for a joint IPF decision.

The yearly IPF Congress is formed out of the national member federations present and holds the power of our organization. They elect the members of the EC and vote on the constitution. But do they really need to decide on every minor change of the Technical Rules? I remember IPF congresses in the past where we have spent hours only for wordings of a rule. Why do we have an EC with very experienced people and a TC with representatives from all six regions? Let them do their duty and fire them if you are not satisfied. The IPF EC never has had any intention to depower the congress but only to look for a way making the daily things easier to happen for the benefit of our sport.

We have often talked about the visions of the IPF. One main thing is to simplify our Technical Rules, especially that they do not need further interpretations. This does not seem to be a big job but if it is well done the outcome will certainly be great. Another thing is the situation with the Bench Press. When people on some Internet forums joke that we should better call it “shirt press” instead of “bench press” then I guess it is time to react. Samples of each fabric have been forwarded to a well recognized textile research institute in Austria which will examine them to find the right standards. Into this finding process we will of course include our manufacturers as well as the national federations.

In April I have as usual attended Sport Accord, the annual international sports convention, which this year has taken place in Seoul, South Korea. There I had the big honour to be a speaker at the GAISF Media Work Shop and I took the opportunity to talk to many people of various organizations, as to Gilbert Felli and Jean-Laurent Bourquin from the International Olympic Committee (IOC), to Jan Fransoo, the new President of ARISF, the organization to which we will belong after IOC recognition, to people from WADA (World Anti-Doping Agency), IMGA (International Masters Games Association), IPC International Paralympics Committee, CSIT (International Labour Sports Organization) and others. They all showed big interest and high respect to Powerlifting and the IPF.

One of our big aims for 2007 will be a better media presence: We already have started to create a new IPF magazine "The International Powerlifter" with Dennis Unitt as chief editor and some other well known writers out of our sport. Furthermore the IPF is negotiating with German Telekom, Europe`s biggest telecommunication enterprise, for Internet Pay Video Streaming and we hope to already broadcast this year's Men's and Women's Worlds in Stavanger to all over the world. We also plan to compile a History of IPF Powerlifting, the Results of all IPF World Championships and a Development of all IPF World Records. More information – especially about the status of our IOC application – I hope to be able to give you at the Congress itself.

To finish my report let me once again state this: The will of the majority of the IPF Congress of nations will continue to be the will of the IPF. I wish you all the best for very successful World Championships.

Kind regards

Norbert Wallauch  
President IPF

Vienna, 24<sup>th</sup> September, 2006

### **3. Minutes of the last Congress**

See email to all member federations and on the IPF-Homepage from 12<sup>th</sup> December 2005

### **4. Treasurer's Report**

#### **FINANCIAL REPORT**

This year we have had more travel cost outcomes, because we invited the members of the TC to work out the new technical rules.

In our fight against Doping we also spent a lot of money in anti- doping tests and invited the members of the DHP Panels for a meeting in Miskolc.

We also had OCT tests which cost 16,000 €.

This year we gave out more money than ever before for the development of our sport.

Next year we'll invest more money in communications as on the streaming and on TV (Eurosport).

Up to now we haven't reached this goal yet.

In the future we'll persuade the nations that the participation fee and the anti-doping fee must be transferred to the IPF account, so that the Treasurer haven't so much money when travelling and this can lead to problems in some countries. According to this money collecting, I would like to inform the countries, which are charged with fines that the fines must be paid before the Congress takes place.

By the way, the fines must normally be paid one month after the fault. If the concerned nations don't pay its fines before the Congress the nation will be suspended and will consequently have no right to vote at the Congress.

The precise account report will be handed over at the Congress yet knowing we still have championships and so the correct Incomes and outcomes can be submitted to certifying (can be approved).

I can guarantee that this year as the year before the incomes and the outcomes are in balance.

I want to thank our sponsors Eleiko, Leoko, Pallini, Yvanko, Uesaka, ER-Equipment, Crain, Inzer Advance Designs, Titan and Metal Shop.

This year was added APT'S Pro Wrist Straps Company and Murphy Bench Shirt. Logo fee were paid by Quest Nutrition, GNC Pro Performance, House of Pain, Kappi Norway.

New came in addition Goodlift (Czechia) and Allsize Company (Netherland).

I gratefully thank all these sponsors.

A new idea came with the IPF magazine

Our goal is that everybody can subscribe this magazine and is then better informed about news and changes in the IPF.

We have sent bars and equipment to Miskolc, Sofia, Korea, the Philippines, Libya, Iraq and the Cayman Island.

The IPF Championship secretary I will especially thank Kalevi for his great help because he prepared all the papers for the championships.

More and more Organizers did not prepare the papers for the championships. That's the reason why I must on site prepare the papers with the TC Chairman John Stephenson or with one of the TC-members.

In the future Oleksandr Kopayev will prepare all the papers with the lot numbers, as these went automatically with his program.

I would like to thank him for his excellent work.

I'm also responsible to exchange the medals when lifters were disqualified. I'm not happy with the response of the nations, because a lot of nations don't give the information to their athletes.

Few athletes haven't given back their medals yet, although they were suspended.

I want to precise that no athlete has the right to keep medals when she or he is suspended, because they are disqualified.

So some championships remain open to these suspended athletes, which keep their medals.

This job is very time-consuming for me as I have to do all the nominations and the finances.

Thus I have honorary daily job with this business.

In my opinion I can expect a little more cooperation from the nations.

I hope that change with the new magazine, when the athletes will see by themselves when and where the exchange must be done.

The Meet directors and I worked together to send the right invitations to the nations which needed Visas.

This is very important and time consuming.

Our championships are improving in some countries where the Organizers have correct materials and that's the way we want to follow in the future so that our championships will be rightly bear the name World championships.

The Organizers should pay more for their medals, because a world championship is something special.

It's not enough, when we come back with a medal, which we could have had at a national Championship.

As we have enough Organizers we will spend time to test which nation is more suitable to respect the IPF requirements before giving the championships?

I want to precise that only the price written on the invitation must be paid for the room.

In future the Organizer must give the opportunities to pay with credit cards their hotel costs on the championships.

We can't oblige the nations to carry so much money when travelling.

Gaston Parage

IPF Treasurer

IPF Championship secretary

**(a) To examine the accounts of the previous year**

To be presented at the Congress.

**(b) To approve the budget for the forthcoming year**

To be presented at the Congress.

**5. Finance Secretary's Report**

To be presented at the Congress

## 6. General Secretary's Report

This year was partly a sad year for the IPF. We have a lot of positive cases and as you know, the IPF-Executive must pull the emergency brake and suspend Russia and Ukraine. This was not a rash decision of the IPF-Executive; we have discussed this step in-depth and careful. But this step was necessary and I personally hope that this is a warning signal and all member federations support us and improve their fight against doping.

A good message in the fight against doping is that I achieved in negotiation with the WADA-Laboratory in Cologne that they elongate our agreement for one year.

My daily work for the IPF consists of:

- \* Contact to the member federations.
- \* Answering a lot of emails (I receive approx. 20-25 emails per day)
- \* Contact to WADA, mainly the WADA-laboratory in Cologne and other WADA-laboratories.
- \* Contact to GAISF (General Association of International Sports Federations) and IWGA (International World Games Association).
- \* Preparation of updates for the IPF-Homepage (Calendar, invitations, several lists and information etc.).
- \* Preparing the IPF-EC meetings and IPF-Congress
- \* As a member of the Doping Commission, I handle all correspondence concerning doping cases and the contact/negotiation with International Doping Tests Agencies.

I only can do all this work with the support and continuous contact to the IPF-Executive members and the IPF Committee Members.

As we are mostly using for our telephone communication "Skype" we can phone for free over the Internet and can make conference calls.

The co-operation with Wim Wamsteeker (Internet Officer), Gaston Parage (Treasurer and Championship Secretary) and Dennis Unitt (Newsletter Editor) is excellent. I believe that we inform our members and the public very promptly through the IPF-Homepage and the Newsletter.

Next year we publish our own IPF-Powerlifting Magazine "The International Powerlifter". In my opinion this is an improvement for the IPF and for our sport. That it can be successful we need your support. Please subscribe the new magazine that you are always informed. Every member federations get one issue for free. Thanks to our Treasurer Gaston Parage, who spend some money of the budget for this service.

Dennis Unitt will further on produce this magazine and this is an advantage for us, because he has a good knowledge and experience of Powerlifting.

Many thanks to all athletes, member federations and executive members, who have supported me during the last year. I appreciate their co-operation.

I wish you all a successful Congress and an exciting and interesting first Men's & Women's World Championship.

Best wishes

*Detlev Åhrings*

Munich, 26.08.2006

## **7. Committee Reports**

### **(a) Technical Committee**

#### TECHNICAL COMMITTEE REPORT TO CONGRESS 2006

##### MEMBERSHIP

Bill Jameson	(CAN)
Johnny Wiklund	(SWE)
Bill Clayton	(USA) North America
Myriam Busselot	(BEL) Europe
Subrata Dutta	(IND) Asia
Steve Lousich	(NZ) Oceania
Hanie Smith	(RSA) Africa
Henk Keizer	(NED)
Norbert Wallauch	(AUT) ex officio

Another year has passed and I am pleased to report the following:-

Although the moratorium on supportive equipment (costumes/shirts) did not require any approvals, or were any received, (not as much as a set of wraps) good relations have been kept with manufacturers. The occasional e-mail or telephone call sent or received to confirm good will.

As can be seen by the above named, membership has been increased to extend to the geographical areas as laid down in our constitution, each one representing their particular region in the role of Technical Officer. My thanks for all of their support.



The Committee met with the Executive Committee while in Hungary at the time of the World Open Bench Press Championships, discussed, debated and voted on many items. Those put forward by ourselves relating to the rules of competition were accepted and have been included in the 2007 draft copy, available for approval by delegates to congress. The main concern and that of the Powerlifting fraternity is the bench press, and the means to return it to respectability. Our findings that of the E.C. M.C. and co-operation with manufacturers of the bench shirt should go some way! An almost daily request for interpretation, opinion, or comments in respect of the Technical Rules has been answered. Hopefully satisfactorily. The T.C. letter of information has been produced periodically. Thanks to Wim Wamsteeker ipf.com and Dennis Unitt "International Powerlifter" mag for publishing.

Referee Registrar Goran Gunnarsson continues with his good work keeping track of numbers and the administration of International Examinations world wide. He has asked me to make special mention of our Asian representative Hiro Ueno for his most professional commitment to the job.

#### Goran's Submission

All to the 1st of the 9th 2006

Total number of International ~Referees 477

Breakdown – Europe	285
Africa	10
Asia	77
Oceania	19
Americas	86

Examinations 55:           passes 49, failures 6

I have attended four World Championships this past year having been honoured to represent the IPF on two occasions. My thanks to the IPF Treasury for any necessary funding.

On a more personal note. Now that I have attained three score and ten years and with election year looming I guess that my position needs to be considered. In good health, it is not too demanding. The danger I foresee is being referred to as "that silly old - - - -"

CHAIRMAN  
JOHN STEPHENSON

Email address: [jnstephenson@jerseymail.co.uk](mailto:jnstephenson@jerseymail.co.uk)

## **(b) Medical Committee**

Good day to everyone.

I would like to say that since the IPF has mandated TUE applications, the Medical Committee has had a success' on the most part, reviewing and granting approvals.

In 2005, the Medical Committee had approved (26) TUE applications and so far this year we have reviewed (15) applications w/ approval.

We do receive a few applications, each year, that are not legible and therefore we cannot review for a decision. Most of the time with these applications there is no email contact and a turn around time by mail may exceed the IPF meet schedule, therefore you are not approved prior to the meet.

An email address would be greatly appreciated in case the medical panel requires more information before reviewing or legibility.

Remember, the TUE application needs to be to me 30 days prior to the scheduled IPF meet.

After receiving the application, I review and establish the pertinent info in regards to the athlete's health and send this info to for medical doctors on the Medical Panel for review to base there decisions.

This information is provided discretely to the medical panel w/out the name of the athlete nor the country represented.

Please remember that airmail can take up to 2 weeks to reach my office, then the medical panel may take up to another week to review with another 2 weeks to send you a copy of the grant or denial by snail mail.

Also, be advised, a copy of this form will be sent to WADA by fax whether a TUE is granted or denied.

In the near future, the medical panel will make applications approved for a specific duration of time. For example, 4 weeks, 6 months, 1 year, 1 injection to an anatomical region etc.....

This will establish the athlete visiting his or her doctor for another evaluation. We must have healthy and responsible athletes on the platform and therefore you may be filling out more than 1TUE per year.

There should be no reasons for retroactive TUE's.

We need to minimize these problems.

Athletes should be aware of the WADA / IOC / IPF banned substance list and methods. You can find this info on any of the three websites. We should think about member nation athletes, coaches, etc. signing an agreement, individually, that they will abide by these standards and will be held liable if there is not something in place at this time.

TUE applications may be found on the IPF website. You may email me the application, filled out w/ the appropriate info to expedite your decision, but will be expected to send the original copy to my office, which is also found on the IPF website.

Once a decision is rendered, I can send a temporary copy by email while you wait for your hard copy for filing.

Please make all info legible. If you can type the info, this would be most acceptable.

Since establishing a relationship w/ WADA, the IPF has stepped up to the strictest of antidoping procedures. As a result, we have encountered a high number of positive test results.

Remember, these tests are to insure fair competition among the drug free athletes and keep our organization at the highest of standards.

It is a privilege to represent your country at the World Class level of competition. It is an embarrassment to get caught cheating, for you, your national organization, and to the International Powerlifting Federation.

The Medical Committee is there for the athletes, please utilize our panel for doping education.

On a final note, please remember the athlete is responsible for what he/she puts in their body, no matter what route of entry.

Best in health,  
Bernie Miller DC, CCEP  
IPF Medical Chairman

### **(c) Disciplinary Committee Report**

The Disciplinary Committee consists of the following members:

Dietmar Wolf (Norway)  
Larry Maile (USA)  
Stéphane Hatot (France)

Since the last Congress 2005, the DC had to decide in 21 cases. These cases are related were lifters have been suspended because they participated in competitions organised by other federations than IPF or participated in competitions were suspended lifters have participated, too. The suspension length of these judgements is from 3 month up to 1 year correlated to the article 10.11 Anti - Doping rule IPF or to article 14.9 Constitution and By-laws IPF. Some lifters were under suspension from IPF for doping abuses and they got another 4 years suspension or some lifters have been lifetime suspended from the IPF. The DC examined and discussed each of these cases in detail. The DC has the also the function to examine, whether there any TUE (Therapeutic Use Exemptions) exist for each doping case.

We thank all the members of the Committees and the EC-members for their good co-operation and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,

*Dietmar Wolf*

DC Chairman - IPF  
Brumunddal - Norway, 5.09.2006

### **(d) Appeal Committee Report**

**The IPF Appeal Committee report**

The IPF Appeal Committee (AC) has during the period since last congresses consisted of Lars-Göran Emanuelson, chairman.

The AC has had one appeal to decide upon since the last congress. The made appeal was found correctly judged by the disciplinary committee.

Even if most of the decisions that have been made over the years have been found correctly is there a reason to make an appeal if the appealing part has a strong case. An appeal is costly and should therefore be well considered before it will be made. Because of this reason must a decision made by the AC be carefully and correctly. All aspects must be considered and the decision can not leave any doubt or further questions. The AC fulfils an important role in IPF and is an opportunity for the appealing part to have a wrongly decision corrected. A member in the AC should therefore be persons that are careful and conscientious while making a decision. The AC is still understaffed and we will ask the nations for further committee members.

Every nation that would like to have a member in the AC please contact Lars-Göran Emanuelson, Hinsaringen 16, S-139 53 VÄRMDÖ, SWEDEN.

Lars Emanuelson (Sweden)  
Chairman

### **(e) Law & Legislation Committee**

Dear IPF Members,

I am very pleased to say that these present and previous years have seen our IPF Law & Legislation ready to solve any questions or practical problems raised during our International Championships.

Still we are willing to improve more over our Law & Legislation.

That' s why we have had a long discussion meeting with the EC and TC members in Miskolc, Hungary in May 2006 about and around the Constitution including the Law & Legislation, the WADA Code and the Technical Rules .

All we wanted is to improve, simplify and precise the rules concerning not only the practice of Powerlifting but also the material, the categories and the security.

As Law and Legislation Chairman I hope the Congress Members will support our work in Miskolc by their POSITIVE voting.

Therefore I think it would be a good thing to ask each region to send me the full information on their Law and Legislation President as to form a special Law and Legislation Committee which will see whether all Region' s Constitutions are the latest ones and whether they are comprehensible, well understandable and fully applied in their Region. So I appeal to all Law and Legislation Presidents who want to join a dynamic, conscious and open-minded Committee as soon as possible.

Their main tasks would be to enable comprehension, to check conformity and to transfer the latest rule changes to the powerlifters, the coaches and their region.

Of course the new magazine can be of great help.

Since 2004 the Iranian and Greek Constitutions have been accepted because they respected the IPF Constitution. But unfortunately I have seen NONE or very few athletes coming from those two countries.

If there are problems inside or outside the country, I mean according to the IPF Law and Legislation I'm always ready to do my utmost best to solve them.

In 2005 & 2006 Nations joined us an IPF and region Competitions.

I asked these federations to send me their requested Constitution so that I can read, examine and control it to see whether their proposal of Constitution fully respects our up-dated, rewritten IPF Law and Legislation.

Our beloved sport needs the help and support of everybody, not only lifters but also sports lover, open-minded persons who are convinced that a clean sport with no doping must be recognised as a full sport.

I'm fairly sure we are on the right way and I will do my utmost best to continue on that way to make of the IPF Powerlifting an evermore clean, honest and respectful sport with the help of our IPF Law and Legislation

Jean-Claude VERDONCK,  
Law and Legislation Chairman

## **(f) Doping commission**

### **DOPING COMMISSION REPORT**

2006 was the second year of operation of the IPF doping system under the WADA Code. The Code has been a breakthrough for world-wide doping control, but has brought with it great responsibilities for signatory Anti-Doping Organizations, such as the IPF. Nevertheless the IPF, with limited resources, has continued to fight doping on a number of fronts.

## **COMPETITION TESTING**

The IPF is directly responsible for testing at international events. A final tabulation will be done at the end of the year, but from January to September 2006 the IPF carried out (NUMBER) tests at World & Regional Championships.

The statistics for positive doping cases for 2006 can be found on the IPF-Homepage. As at 25.September there are:

- 1) 43 judgments in doping related matters
- 2) 3 open matters
- 3) No analyse results yet: European Bench Press in Bordeaux, Asian Bench Press in Manila, World Sub-Juniors&Juniors, South American PL in Sao Paulo, World Masters in Killeen

## **OUT-OF-COMPETITION TESTING**

OCT is the most powerful weapon in doping control. However this technique requires a great administrative infrastructure, particularly in terms of a Whereabouts system and this is only partially developed in the IPF.

Nevertheless thus far in 2006 the IPF has conducted two major bouts of OCT, at the Russian a Ukraine Championships (although the testing was at national competitions, it was OCT in the sense of being no-notice and not at an international competition). The results of that testing showed the power of OCT, with 30 tests producing 17 positives. This shocking outcome, following many other competition test positives from Russia and Ukraine prompted the IPF to impose a two year suspension on those federations.

OCT will be developed further in the future by the IPF.

## **OTHER SANCTIONS**

The IPF doping rules preclude lifters and officials from taking part in competitions involving suspended athletes or competing internationally in non-IPF powerlifting competitions. Such rules are essential to maintain the deterrent effect of positive test suspensions. Thus far in 2006 eight cases of lifters and officials breaching these rules were heard by the IPF, with a number of cases pending.

## **OTHER IPF COMMITTEES**

The Medical Committee (re Therapeutic Use Exemptions) and the Disciplinary Committee & Doping Hearing Panel (re hearings) also work on doping matters. Those Committees have worked exceptionally well in 2006 and a productive meeting between the EC and DHP was held in May in Hungary.

Special mention should be made of the administrative work of Detlev Albrings, who as IPF Secretary and also Doping Commission member efficiently handled much of the arrangements for testing and results management. Kalevi Sorsa also has contributed with his outstanding technical knowledge and drafting skill.

## **IPF CONTRACTS**

The IPF works with a number of government testing agencies and laboratories within the WADA system. However we have established ongoing contractual relationships with the Cologne laboratory, International Doping Tests & Management (IDTM) and the Hungarian testing agency MSTT and these have been economical and effective arrangements. The IDTM and MSTT contracts in particular will allow for OCT to expand in future.

## **NATIONAL TESTING**

As members of the IPF, national federations are required to conduct national-level testing programmes. This has been taken up well in some countries, but not at all in others. The IPF has responsibility for encouraging full compliance by nations and will work with national federations to achieve effective doping control.

Also, each nation is required to submit an annual report of its testing programme to the IPF. In 2006 only 19 nations complied with this and it is essential that there is full compliance in the future.

**Robert Wilks**  
**Doping Commission Chairman**



## **(g) Doping Hearing Panel**

### **2006 Doping Hearing Panel Report**

The Doping Hearing Panel (“DHP”) consists of the following members:

Carl Bryant (Australia)  
Chris Calvano (USA)  
James Cirincione (USA)  
David Sperbeck (USA)  
Anton Speth (Germany)

Since September, 2005, the DHP has delivered judgments in over 50 doping cases. We examined and discussed each of these cases in detail. Less than 5 doping cases are still under investigation at various stages of review, as of the date of this report.

In the 2004 report of the Disciplinary Committee (“DC”), the Chair of the DC stated that the DC decided 24 doping cases and that such amount was eight times higher than in 2003. In 2005, the rate of doping violations remained constant with the rate from 2004. Since September 2005, we have had over 50 more doping cases resulting from in and out-of-competition doping control. This number is extremely high, even when compared against the past two years. However, many of these cases resulted from targeted testing of lifters belonging to the Russian and Ukrainian Powerlifting Federations. Both of those federations have been suspended from competition until December 2008. When considering the number of cases arising from other countries, the number of cases is 20. This number of cases is roughly consistent with the number from the years 2004 and 2005. It is still high, but not extreme, and it gives a clearer picture about the general state of compliance with the anti-doping rules in the majority of our member federations.

Unfortunately, I must again state that this level of non-compliance brings disrepute to our sport. Importantly, though, the high number of positive tests reflects that the IPF is following a very strict anti-doping policy and is making serious efforts to identify and deter doping problems at not only the individual level, but at the national level as well. The DHP expects that the IPF’s recent efforts will cause national federations to demand and enforce adherence to the anti-doping rules. Next year, hopefully, we will report a significant decline in the number of doping cases handled by the DHP.

We will keep fighting against doping in Powerlifting to bring recognition and respect to all of the tremendous athletes of our great sport.

We thank all the members of the Committees and the Executive Committee members for their excellent support and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,

*James Cirincione*

DHP Chair - IPF

Chicago                      September 14, 2006

## **8. Regional Reports.**

### ***(a) Report from Europe***

*By Arnulf Wahlstrom*

#### ***EPF Administration***

EPF has all together 35 member nations of which 28 are full members fulfilling all EPF membership obligations. In addition, Albania has applied for membership but has not fulfilled the requirements by now.

The EPF administration consists of:

- President. Arnulf Wahlstrom, Norway
- V. President: Kalevi Sorsa, Finland
- Gen. Secr.: Dietmar Wolf , Norway
- Treasurer: Alain Hammang, Luxembourg
- Techn. Com. Chairman: Myriam Busselot, Belgium
- Law and Legislation: Kseniya Aloeva, Ukraine
- Championship Secretary: Jiri Hofirek, Czech Republic
- Disciplinary Committee chairman: Pavol Müller
- Appeal Committee chairman: Detlev Albrings
- Internet officer: David Hinchley, Great Britain
- Record registrar: Jari Tähtinen, Finland

#### ***Congress***

The Congress was staged in Prostejov, Czech Republic and delegates from 14 of the 28 member nations were present.

It was decided to institute an “EPF award of merits” which is medals in gold, silver and bronze accompanied by diplomas to honor officials and lifters serving the Powerlifting sport at national levels. The medals are ordered and presented by the national federations.

**EPF Hall of Fame** was awarded to Inger Blikra, Norway and Petr Theuser, Czech Rep.

### ***European championship.***

From this year on the Open European Championships are combined for Men and Women meaning that 5 European championships and one Western European championships have been organized:

- European Open: Prostejov, Czech Rep. (56 Women and 93 Men)
- European Juniors: Bratislava, Slovakia (48 Women and 92 Men)
- European Masters: Prostejov, Czech Rep. (33 Women and 144 Men)
- European Benchpress Open: Bordeaux, France (38 Women and 69 Men)
- European Benchpress Masters: Frydek Mistek, Czech Rep. (34 Women and 127 Men)
- Western European Championships: Hamm, Luxembourg (22 Women and 36 Men)

231 Women and 561 Men took part which all together is 792 lifters. This is a higher number of lifters than in 2005 meaning that the numbers of participants are increasing even though the Russian and Ukraine federations were suspended from 1. September and did not take part in the two European Bench Press championships (Open and Masters).

### ***General***

The EPF administration has focused on routines to make the federations more professional and to better the conditions for lifters and officials at European championships.

The instruments have been contracts with the organizers of European championships to fulfill technical and organization requirements as well as imposing fines if they do not meet the specifications.

To help the organizer to present IPF recognized equipment at the platform and in the warming up room, EPF has instituted an "EPF sport development fund" which means that organizers of European championships are offered to buy very cheap IPF recognized equipment. The manufacturers have lowered their prizes considerably and EPF pay half of the price of this equipment. Then every organizer should be able to present high standard equipment also in the warm up room at European championships. Once a federation has a complete set of equipment this can be used at every future Europeans or Worlds organized by the same federation.

For the moment two of the strongest EPF member federations are suspended by IPF due to not following the WADA requirements regarding antidoping. The EPF administration hope they will soon establish necessary routines to be in line with the WADA requirements and are prepared to support them in this respect.

All in all the EPF is god organized and the co-operation between the member federations and the EPF administration is working very well.

***(b) Report from Africa***

**African Powerlifting Federation**

2006 has been an eventful year for African Powerlifting in that we staged the first real African Championships in Alexandria, Egypt in June.

We have in the past, staged so called African Championships in South Africa where we have had one or two countries present however this time with the venue being closer to most of the member countries a better turnout resulted.

Although we experienced a number of problems relating to the organisation and venue we did manage to put 42 lifters on to the platform.

The countries with lifters present were South Africa, Egypt, Nigeria, Libya, Sudan, Somalia, in addition we had two none participating countries namely Morocco and Mali attending.

Unfortunately the host federation, Egypt, were unable to provide the infrastructure and facilities that one has come to expect of an IPF championship, however the best was made of the situation and a result was achieved. I do believe that the refereeing was up to standard and the lifters received a fair call and ultimately experienced competing internationally and developing new friendships which is what Powerlifting is all about.

On a positive note I was able to personally meet and have discussions with 8 representatives from African countries resulting in more tangible relationships.

These together with a number of nations unable to attend namely Uganda, Mauritius and Botswana form the nucleus of the African Powerlifting Federation.

Libya who have a very well established federation in place have agreed to stage next year's African Championships and knowing the abilities of the organisers I am sure that we can expect a top class competition.

Finally I am very satisfied with the progress made to date in growing the federation and it augers well for the future of Powerlifting in Africa.

Alan Ferguson

## **(c) Report from Asia**

The Report from Asian Region

We had very active year for 2006.

### **1, Asian Powerlifting Championships**

Korea hosted 2006 Asian Powerlifting Championships on early May.

Originally 2006 Asian Championships was scheduled to be in Mongolia, but due to their domestic problem, the championships was cancelled half year before the championships. We Asian Federation asked to our members to urgently host the championships but there were no countries prepare the meet in such a short time. In these conditions, Mr. Cho the president of Korean Powerlifting Federation moved and accepted our offer.

Within 6 month preparation, Mr Cho staged wonderful Asian Powerlifting Championships at the city of Teabeak, northern part of South Korea.

He got full support form city of Teabeak, and venue was the city cultural hall, one of the biggest building of Teabeak. Competition equipment was provided from Uesaka, one of the sponsor of IPF.

Over 200 lifters all around the Asian Region competed for 4 days and there were many new Asian records. If I point out the small probrem, that is the number of spectator and the spotter loader who were not well experienced.

### **2, Asian Benchpress Championships**

Philippines hosted very successful 2006 Asian Benchpress Championships mid August in Manila, capital city of Philippines. Over 160 lifters from 10 countries competed for 3 days. We had sub junior, junior, senior, masters class for men and women. There were so many Asian Records and I can not remember how many. Championships was held at the fine hotel near the beach and there were many nice audience.

### **3, Asian Congress**

This year's annual congress was held at the city of Teabeak, Korea. There were no big troubles and we confirmed future Asian championships.

2007 Asian Powerlifting Championships Kaohsiung, Chinese Taipei

2008 Asian Powerlifting Championships Tashkent, Uzbekistan

2008 Asian Benchpress Championships Hong Kong

#### **4, World Games**

2009, Chinese Taipei will host the World Games in Kaohsiung. On June, they hosted TD meeting for the World Games. This meeting was to decide the venue for each participating sports. Powerlifting got the good auditorium in the university near from centre of Kaohsiung City.

This venue is almost same capacity that of the venue of Akita, 2001 World Games Powerlifting.

#### **5, Asian Record**

We had many Asian Record in each Asian Championships and the World Championships. Especially we Asians are good in lighter body weight classes.

Visit our web pages, and you can see the latest Asian Records.

#### **6, Doping Test**

At the 2006 Asian Powerlifting Championships, we did 9 doping tests. These were done by Korean Laboratory which is recognized by IOC and WADA. There were no positive lifters at these tests.

At the 2006 Asian Benchpress Championships, we did 7 doping tests and we bring back the entire sample to Tokyo to do the tests. At this moment, we still were waiting the results.

#### **7, Equipments**

Uesaka provided fine 400kg barbell sets to both 2006 Asian Powerlifting Championships and 2006 Asian Benchpress Championships. I strongly recommend their equipment for the international meet. They are already very famous in weightlifting world.

By Susumu Yoshida

Board member of IPF Asian Region

#### ***(d) Region North America***

Report to the Congress  
North American Region  
September 11, 2006  
L.J. Maile, Ph.D.

2006 continues to be a year of growth in the North American Region. This fall marks the first North American Bench Press competition. This will augment our schedule which includes the North American Championships, and in association with our friends in South America, the Pan American Championships (every two years). A number of nations have come on board with the NAPF, and several will apply for full status with the IPF. Finances have tended to be the primary impediment for many of our nations, and with increasing airfares and great distances, all nations are suffering. Despite this, Powerlifting popularity continues to grow in the Caribbean sub-region and Central America.

The NAPF is planning doping control seminars starting in 2007, and the larger nations have expressed a willingness to assist the smaller with coaching and training strategies that facilitate improvement without the use of doping agents.

We have continued, largely thanks to the efforts of General Secretary Robert Keller, Technical Chair William Clayton, and Championship Secretary Jack Marcus to train referees such that our more remote neighbours may begin to build the core of their federations starting with adequate officials.

This year's North American Championships was held in Dorado, Puerto Rico and it safe to say that no effort was spared on the part of the City of Puerto Rico and Mayor Carlos Lopez Viera to make the competitors feel welcome and the competition run smoothly. The City made sure the best possible conditions would be had at the venue, and the banquet and fiesta were great and positive experiences for all who attended.

Competition has been balanced across the region, with the U.S. women winning the regional championship and the men from Puerto Rico repeating as Regional Champions. A number of countries received their first international medals, including Costa Rica, Guatemala, the Cayman Islands, Trinidad and Tobago, the Virgin Islands, Ecuador and El Salvador. Appearances were made by and successful performances by additional NAPF members, Bahamas, Canada.

We are very pleased at the early success of our region in our fourth year of competition. The camaraderie at competitions was far greater than expectations, and the friendships made will last a lifetime.

I would like to close by thanking our very generous sponsors: Titan Support Systems and Inzer Advance Designs. Without their support, our outreach and competition would not be possible.

Respectfully submitted: L.J. Maile, Ph.D., President, North American Powerlifting Federation

### ***(e) Region South America***

## **REPORT OF 2006 IPF VICE PRESIDENT OF THE SOUTH AMERICA**

Brazil together South America Powerlifting Federation holds South American Powerlifting Championships 2006, in São Paulo City, Brazil, biggest city of Latin America likes as New York.

The town of São Paulo is the financial brain of Latin America with banks and big corporations, beyond of the night life, of course !

6 nations and more of 130 lifters participated in all age divisions.

One of the Big South America Championships ever.

It was good championships. We had very busy 4 days.

We hosted the competition in Club Athletic Paulistano, a luxurious private club stayed in rich neighbour.

Any South American records were break.

Later I am going to sending to you the results.

During the technical meeting, we make election for President, General Secretary and executive, technical, medical and disciplinary committees. The congress decided the necessity of to do new web page. So, contact was done and new web page will be to do. We have done also, the calendar until 2009, which I am going to send to you together the results too.

I was elected President of FESUPO and Mr. Inguante from Argentine as general secretary.

We had hard work making contacts with South America federation for application at IPF. I believe that in next year going to have in IPF competitions lifters from Bolivia and Chile (Chile contacted me and told me that next year going to compete in regional competition.



In next year we are going to host the Pan-American Championships. We going to try introduce the competition in Pan-American Games. I believe it will be possible. In this year the Brazilian government gave to 10 lifters support monthly from August until the August of next year. Beyond we can bring to Norway a complete team.

I think that South America need walk a lot, however this year we get jump big steps.

Julio Conrado

## ***(f) Report Oceania***

### **OCEANIA REPORT 2006**

#### **MEMBERSHIP**

##### **Full Members**

Australia  
New Zealand  
Fiji  
Tahiti  
Nauru  
Niue  
Tonga  
Samoa  
New Caledonia

##### **Provisional Members**

Marshall Islands

##### **Potential Members**

American Samoa  
Palau  
Cook Islands

#### **ADMINISTRATION**

The period from late 2005 to 2006 has been quiet for the OPF, as our last General Meeting was in June 2005 (see last year's Report) and our next General Meeting will be in December 2006, at the 2006 Oceania Championships. Thus our office-bearers remain -

President:	R Wilks
Secretary:	P Cutjar
Treasurer:	S Lousich
Vice-President:	G Sannum

At the 2005 General Meeting a draft new Constitution was accepted in principle. This will be adopted in final form at the 2006 meeting and hence the OPF will be properly incorporated as a company in New Zealand.

## **COMPETITION**

Since the 2005 report the only international event involving the Oceania region has been the Commonwealth Championships in England. Australia, New Zealand and Fiji took part in this successful competition and Fiji was also awarded the conduct of the 2007 Commonwealth Championships.

However a number of events are coming in Oceania in 2006 to 2007 -

- December 2006 will be a combined Oceania PL & BP Championships in Townsville, Australia; this was arranged after two other nations took on and then pulled out of hosting this event
- April 2007 may be an Oceania Bench Press Championships in Christchurch, New Zealand (to be confirmed)
- September 2007 will be the South Pacific Games, in Apia, Samoa. This is the Olympics of the South Pacific and Powerlifting is privileged to be part of this event
- December 2007 the Commonwealth Championships will be in Suva, Fiji.

These major events will greatly strengthen the IPF and OPF in our region.

## **DOPING CONTROL**

In 2005 to 2006 Australia and New Zealand continued to have strong government-based drug-testing programmes and doping is well controlled in those countries. Australia had new Federal legislation enacted, which allows the government agency to conduct criminal record searches and other investigative activities and doping control is more intense than ever in those countries.

Fiji has established a number of WADA accredited Doping Control Officers and is close to having an actual Agency established. This will allow for more widespread testing in the Pacific area.

## **Robert Wilks**

## 9. Elections

## 10. Proposals

At this Congress the Technical Rules, Constitution and By-Laws can be changed.

### **Proposal A (All from the Executive Committee, Technical Committee and Law & Legislation Committee)**

#### **Constitution**

##### **7.2 Powers**

**7.2.12** To nominate and appoint the appropriate number of IPF representatives to the IOC when membership has been secured.

~~**7.2.14** To consider and accept major proposed changes to the Technical rules only in Olympic years, however, the Executive Committee may present one A4 sheet of proposed rule changes per annum to the Congress for the purpose of streamlining rules, reducing conflict between separate rules, and for the benefit of the athletes, as appropriate.~~

***The IPF-Executive Committee and the Technical Committee informs the member nations about rule changes.***

##### **7.3 Annual Congress**

###### **7.3.1 Annual**

Unless otherwise determined by the Congress, the annual meeting of the IPF will be held one day before the start of the **Men's and Women's** Open World Championships.

###### **7.3.4 Order of Business**

At all annual meetings of the IPF the following will be the order of business:

- 1) Roll Call
- 2) President's Address
- 3) Minutes of the last Congress
- 4) Treasurer's Report – **Auditor's report**
- 5) Finance Secretary's Report**
- 6) General Secretary's Report
- 7) Committee Reports

## **11 COMMITTEES, COMMISSION, PANEL**

### **11.1 General Provisions**

Each committee shall consist of a chairman elected by the Congress and a maximum of six (6) members (**exception Technical committee 10 members**) from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

### **11.4 Law and Legislation Committee**

11.4.1 Shall receive any proposals regarding Constitution and ~~By-Laws~~ documents of the IPF from member nations within the proper time frame, evaluate accordingly and suggest to the IPF Congress alternative courses in action.

11.4.2 *Shall receive any proposals regarding By-Laws documents of the IPF from member nations within the proper time frame, evaluate accordingly and suggest to the E.C .committee alternative courses in action.*

### **12.1 Fee for organising an international contest**

Any national federation organising an international contest must pay to the IPF a fee in accordance with the scale set out in the By Laws ~~and at the discretion of Congress. When world championships are held simultaneously with regional championships, the appropriate IPF sanction fee will be charged and shared equally between the IPF and the regional federation.~~

## **14 RESTRICTIONS ON TRADING**

The President, Board Members, General Secretary, Treasurer, Finance Secretary and ~~all~~ Committee ~~Chairmen's (and all the committee members)~~ and their spouses, de-facto partners, siblings, parents and children shall not be permitted to deal in or supply powerlifting equipment.

### **Bylaws**

#### **101.4 ~~Technical Rules Congress Schedule~~**

~~The Congress shall, if necessary, address itself to re-examining the Technical Rules every fourth year commencing in 2006.~~

#### **101.6 ~~Past Presidents Participation in Congress~~**

~~The Congress shall recognise Past-Presidents as active but non-voting members of the Congress.~~

### 101.10.3 General Secretary

101.10.3.7 *All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. At world championships, the IPF will receive 40%; the promoting national federation 30% and all the participating national federations will share the remaining 30% of the television revenue. This distribution of monies will only apply when the IPF obtains the contract and represents the profit after any costs of providing the signal for the broadcast are deducted. In the event of the IPF not having obtained a signed contract with a TV company at least twelve months before the date of the championships, then the IPF will waive its rights in favour of the promoter and receive an agreed percentage of the TV and sponsorship monies. This percentage will not exceed 25% of said monies. Promoters of world championships should be aware that when they apply for a sanction to promote the championships, the IPF does not guarantee that it will be able to obtain a TV contract for the event.*

### 101.11.2 Media Officer

~~*All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. At world championships, the IPF will receive 40%; the promoting national federation 30% and all the participating national federations will share the remaining 30% of the television revenue. This distribution of monies will only apply when the IPF obtains the contract and represents the profit after any costs of providing the signal for the broadcast are deducted. In the event of the IPF not having obtained a signed contract with a TV company at least twelve months before the date of the championships, then the IPF will waive its rights in favour of the promoter and receive an agreed percentage of the TV and sponsorship monies. This percentage will not exceed 25% of said monies. Promoters of world championships should be aware that when they apply for a sanction to promote the championships, the IPF does not guarantee that it will be able to obtain a TV contract for the event.*~~

## **101.11.5 Championship Secretary**

101.11.5.1 Shall maintain a Calendar of Events covering all major events for a period of not less than 24 months from the date of the Calendar. In normal circumstances, all world and regional championships shall be allocated dates within the calendar that fall at approximately the same time each year. This principle shall be adhered to wherever possible. ~~For example, the Men's Open World Championships should be staged in November each year, while the Women's Open World Championships should be in May.~~ Regions are to allocate similar annual dates for their own regional events and may combine regional with world championships if they are hosts for the world event. The major events in the IPF calendar are as follows:

~~101.11.5.1.1~~ World Championships for ***Sub Juniors Men (Open), Men and Women (Open), Junior 19-23 years (Men and Women), Juvenile 14-18 years (men and Women), and Masters (Men and Women). Masters age categories are 40-49 years and 50-59 years and over 60 years for men. Over 40-49 years and over 50 years for women. World bench press championships for Men (Open), Women (Open).***

## **101.11.8 COMMITTEES, COMMISSION, PANEL**

### **101.11.8.1 General Provisions**

Each committee shall consist of a chairman elected by the Congress and a maximum of six (6) members (**exception Technical committee 10 members**) from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

### **101.11.8.2 Technical Committee**

- 101.11.8.2.1 The Technical Committee shall be entrusted with the examination of all requirements and proposals of a technical nature submitted to the IPF by affiliated federations. Proposals for Rules ~~Congress~~ shall be sent to the Chairman of the Technical Committee. The Committee will study the proposals and the Chairman will be responsible for producing a final list of acceptable rules proposals for presentation to the ~~IPF EC Congress. The Committee shall within thirty (30) days following the Congress, present to the Executive Committee for approval, any necessary clarifications (rewording) and corrections to the technical rules required by reason of Congress decisions.~~
- 101.11.8.2.2 The decisions of the Technical Committee are subject to approval ~~of Congress. by IPF-EC.~~

### **102.3 Election of Regional Board Members**

Elections of Board Members of the IPF shall be determined by regional ~~caucuses federations~~ and ratified by the Congress.

### **103.2 IPF Subscription and Fees**

The annual membership subscription shall include all championship and international sanction fees with the exception of world championships. For these, sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

103.2.1	National affiliations (annually):	EUR 200
103.2.2	All referee examinations:	EUR 30
103.2.3	Referee card renewal:	EUR 30
103.2.4	Sanction for international matches:	Free
103.2.5	IPF Referee Tie	EUR 15
103.2.6	IPF Badge (if lost)	EUR 15
103.2.7	Sanction for World Championships	EUR 1.000

~~beginning 2006)~~

~~103.2.8 Sanction for Men's Open World Championships: EUR 600~~

~~103.2.9 Sanction for Women's Open World Championship: EUR 600~~

~~103.2.10 Sanction for Junior Men's and Women's World Championships:  
— EUR 400~~

~~103.2.11 Sanction for Master's Men's and Women's Championships:  
— EUR 600~~

~~103.2.12 Sanction for Bench Press World Championships: EUR 600~~

~~103.2.13 Sanction for Bench Press Master's World Championship  
— EUR 600~~

~~103.2.14 Sanction for Sub Juniors Worlds M/W — EUR 400~~

~~103.2.15 Analyse of B-Sample at cost~~

### **103.4 Television Rights of the IPF**

All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. If the IPF ~~Media Officer~~ (**General Secretary**) cannot obtain a signed contract at least twelve months before the date of the competition, then the IPF will waive its rights in favour of the promoter and in accordance with the terms contained in the By-Laws item 104.

### **103.6 Hotel Bills for National Federations and Officials at World Championships**

At all world championships, participating national federations shall be responsible for their own hotel bills.

All pre-booked rooms have to be paid before the championships; except those rooms which were cancelled until ~~ten-seven~~ (**7**) days before the beginning of the championships.

Cancellation has to be proofed by a written confirmation of the organiser e.g. an email or fax.

No other exception can be accepted.

Not the organiser, but the responsible national federation will be charged for any damages or thefts occurring in the room.

### **103.7 Hotel Bills for IPF Officials Attending World Championships**

The hotel bills of a maximum of 4 ~~IPF-Officials and the Computer Secretary-EC members~~ as decided by the EC shall be paid by the promoter of the championships on the basis of room and breakfast only for a maximum of ~~seven~~ (**7**) eight (8) days.

~~When a world championship is combined with a regional championship, the promoter shall pay the hotel bills for these 4 persons, room and breakfast only for a maximum of four days.~~



### **103.8 Travel Costs for IPF Executive**

The IPF shall pay travel costs and other expenses of four executive members as follows:

- 103.8.1 One hundred percent of the cheapest airfare obtainable from recognised carriers less any subsidy paid by any other agency.
- 103.8.2 In the event of a promoter not being in a position to honour his obligations to four executive members with regard to their hotel bills, the IPF shall pay same on the basis of a length of stay at least equal to that of the teams, or for a reasonable period of time not to exceed ~~seven (7)~~ **eight (8) days**.
- 103.8.3 Any finance referred to in item (103.8.2), shall be derived from the championship itself or current IPF deposits. Such funding must not be offset against future deposits.
- 103.8.4 No other recompense shall be made in favour of the four ~~executive members~~. **IPF-officials**.
- 103.8.5 Both the President and the Treasurer must approve all claims for expenses or reimbursements. This ruling applies equally to the issue and signing of cheques and contracts.

### **103.11 Video Fee for Commercial Enterprises and Individuals**

Video Fee: Any person making videos of world championships for commercial reasons, i.e. resale to the public at large, shall pay not ~~less than~~ EUR ~~400 (500)~~ for the privilege. ~~The income will be shared equally between the promoter and the IPF.~~ The organising national federation will however, have the right to its own video coverage with the income to be shared as for commercial video with a free copy for the IPF files. If no commercial contract for videos exists, then individuals may be given permission to video separate bodyweight classes in which a member of their family or club is competing. In these circumstances the IPF will issue a permit at a nominal fee not exceeding EUR 30.

~~All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. At world championships, the IPF will receive 40%; the promoting national federation 30% and all the participating national federations will share the remaining 30% of the television revenue. This distribution of monies will only apply when the IPF obtains the contract and represents the profit after any costs of providing the signal for the broadcast are deducted. In the event of the IPF not having obtained a signed contract with a TV company at least twelve months before the date of the championships, then the IPF will waive its rights in favour of the promoter and receive an agreed percentage of the TV and sponsorship monies. This percentage will not exceed 25% of said monies.~~

~~Promoters of world championships should be aware that when they apply for a sanction to promote the championships, the IPF does not guarantee that it will be able to obtain a TV contract for the event.~~

#### 105.3 Champion of Champions Award

~~At all IPF championships, a "Champion of Champions" and Wilks point award shall be given to the lifter who produces the best performance based upon the appropriate Wilks formula. Only class winners shall be eligible.~~

#### 106.9 Rule Interpretations by Technical Committee

~~The Technical Committee shall be responsible for compiling and subsequently maintaining a 'Rule Interpretation' appendix to the rulebook. The purpose of this appendix will be to provide full and clear explanations of those rules that most often give cause for misunderstanding among members.~~

## 106 APPENDIX OFFICIAL AGENDA

### 106.4 Treasurer's – Auditor's Report

- a) To examine the accounts of the previous year
- b) To approve the budget for the forthcoming year
- c) Fees (if requested)

### 106.14 Failure to Use IPF Approved Equipment

If the promoter of a Championship listed in 103.2 does not use the IPF recognised bars and/or plates at the competition platform, he will be fined a sum of Euro 1.500, and any World record broken by the lifters at the competition will not be accepted ~~unless the bar and plates in use are checked and meet the IPF specifications-~~

### Proposal B (All from the Technical Committee and Executive Committee)

See changes in the Technical rules in bold letters or cancelled letters

### Proposal C (Luxembourg)

## 8 EXECUTIVE OF THE IPF

### 8.1 Titles

The titles of the officers of the IPF are: President, Vice-President, General Secretary, Treasurer, and Board Members. A maximum of ~~three~~ **two** executive officers shall be from any nation. **A member of a regional Executive committee can not hold a regional and an IPF officer function; only the regional elected Board member can hold a regional and an IPF officer function.**

**Reason:** It makes no sense that too much workload is concentrated to one person. It is necessary that the regional Executive members advances and develop Powerlifting in their region. Furthermore it can be a conflict of interest.

## **Proposal D (NAPF)**

### **Motion #1:**

It shall be mandatory that at least two thirds [2/3] of the IPF Executive Committee, in order to hold office, shall have been active as either a coach and/or lifter at the national and/or international level for at least three years, prior and/or during their term in office. Moreover, it shall be mandatory that prior to any election or appointment to an office or committee, each candidate shall produce a Curriculum Vitae [CV] outlining their professional experience, education level, business skills, as well as their participation history in sports, specifically powerlifting. This CV shall be presented at the IPF Congress to the member federation delegates for review.

### ***Rationale:***

The importance of having [practical experience and knowledge], specifically in the sport of powerlifting is an essential and key factor in being a successful officer, representing the sport of powerlifting. Powerlifting like many other "Sports" requires having skilled knowledge of physical practice (not just learning from a book or watching and event). As in anything, having "practical experience in any chosen profession or sport" is the key factor to being successful and making the appropriate, suitable and most importantly, the correct decisions that are in the best interest of the sport and most importantly the athletes. ***Special Note: By mandate of the NAPF Congress as whole, this motion was passed by a unanimous vote, and is being forwarded to the IPF General Secretary to be placed onto the IPF Agenda for consideration by the member federations of the IPF.***

***Submitted on August 04, 2006 by:***

***Robert Keller***

***General Secretary***

***North American Powerlifting Federation***

## **11 New Member Applicants**

**Full:** Cayman Islands, Costa Rica, El Salvador, Guatemala

**Provisional:**

## **12. Action on Delinquent Nations**

To be announced at the Congress

## **13. Hall of Fame**

To be announced at the Congress

## 14. Future Championships

2007

Date	Championship	Place
24. + 25. February	ER Equipment Denmark Bench Press Championship	Randers / Denmark
16. + 17. March	Danube-Cup	Stockerau / Austria
08. – 13. May	European Women + Men	Koscian / Poland
June	NAPF Regional WADA Anti-Doping Symposium	Guatemala City / Guatemala
June	5 <sup>th</sup> NAPF Congress	Guatemala City / Guatemala
June	5 <sup>th</sup> NAPF North American Regional Powerlifting Championships	Guatemala City / Guatemala
30. May. – 02. June	World Bench Press	Thisted / Denmark
13. – 17. June	European Junior	Sofia / Bulgaria
04. – 08. July	European Masters	Prostejov / Czech Republic
10. – 12. August	All Africa Championships	Libya
23. – 26. August	European Bench Press	Rødby / Denmark
24. August – 8. September	South Pacific Games	Apia / Samoa
Summer	Special Olympics World Summer Games	Shanghai / China
06. – 09. September	South American Powerlifting Championships	Cartagena / Colombia
04. – 08. September	World Sub-Juniors and Juniors	La Garde / France
12. – 15. September	World Bench Masters	Schwedt /O. / Germany
20. – 23. September	Western European Championship	Charleroi / Belgium
September	11 <sup>th</sup> Pan-American Powerlifting Championships	Sao Paulo / Brazil
03. – 06. October	World Masters	Ostrava / Czech Republic
October	2 <sup>nd</sup> NAPF Regional Bench Press Championships	Florida / USA or Nassau / Bahamas
03. – 04. November	South American Bench Press Championships	Peru
04. – 10. November	World Women + Men	Baden at Vienna / Austria
22. – 25. November	European Bench Press Masters	Zlin / Czech Republic
December	Commonwealth Championships	Fiji

## 2008

Date	Championship	Place
01. - 02. March	ER Equipment Denmark Bench Press Championship	Randers / Denmark
16. – 19. April	World Bench Masters	Trencin / Slovakia
06. – 11. May	European Women + Men	Prostejov / Czech Republic
28. – 31. May	World Bench Press	Prague / Czech Republic
June	6 <sup>th</sup> NAPF Congress	Port of Spain / Trinidad & Tobago
June	6 <sup>th</sup> NAPF North American Regional Powerlifting Championships	Port of Spain / Trinidad & Tobago
11. – 15. June	European Juniors	Donetsk / Ukraine
02. – 06. July	European Masters	Venue requested
07. – 10. August	European Bench Press	Bratislava / Slovakia
02. – 06. September	World Sub-Juniors and Juniors	Sandton / South Africa
19. – 21. September	Western European Championship	Denmark
01. – 04. October	World Masters	Palm Springs – California / USA
October	3 <sup>rd</sup> NAPF Regional Bench Press Championships	Oranjestad / Aruba
02. – 08. November	World Women + Men	St. John's, Newfoundland / Canada
20. – 23. November	European Bench Press Masters	Zlin / Czech Republic

## 2009

Date	Championship	Place
20. – 22. March	Danube-Cup	Bratislava / Slovakia
15. – 18. April	World Bench Masters	Bids: Auckland / New Zealand Bialystok / Poland
05. – 10. May	European Women + Men	Ylitornio / Finland
27. – 30. May	World Bench Press	Hamm / Luxembourg
June	7 <sup>th</sup> NAPF Congress	Mexico City / Mexico
June	7 <sup>th</sup> NAPF North American Regional Powerlifting Championships	Mexico City / Mexico
11. – 14. June	European Juniors	Venue requested
24. – 28. June	European Masters	Venue requested
16. – 26. July	World Games	Kaohsiung / Taiwan
06. – 09. August	European Bench Press	Zlin / Czech Republic
01. – 06. September	World Sub-Juniors and Juniors	Bid: Sao Paulo / Brazil
17. – 20. September	Western European Championship	Netherlands
30. September – 03. October	World Masters	Bids: Buenos Aires / Argentina New Delhi / India
October	4 <sup>th</sup> NAPF Regional Bench Press Championships	Mexico City / Mexico
01. – 07. November	World Women + Men	Bids: New Delhi / India Kiev / Ukraine Prague / Czech Republic Philadelphia or Orlando/ USA
19. – 22. November	European Bench Press Masters	Venue requested

### 15. Any Other Business

### 16. Adjournment