



CONSTITUTION OF THE INTERNATIONAL POWERLIFTING FEDERATION

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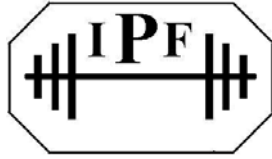
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CONSTITUTION OF THE INTERNATIONAL POWERLIFTING FEDERATION



Terminology

Unless specifically stated otherwise, the terms "Congress", "President" "Technical Committee" and such like shall mean the "IPF Congress", "IPF President", "IPF Technical Committee" etc.

Unless specifically stated otherwise, the terms "him", "his" and "Chairman" shall refer to persons of either sex.

1 DEFINITION

1.1 Name

1.1.1 The INTERNATIONAL POWERLIFTING FEDERATION hereinafter called "IPF" is an organisation founded in 1971. The Federation is composed of the affiliated National Federations governing the sport of powerlifting on the basis of one national federation per country.

1.2 Objectives

- 1.2.1 The union of all eligible athletic clubs, organisations or other groups active in powerlifting throughout the world.
- 1.2.2 To develop standardized competitive rules.
- 1.2.3 Maintain a system for recognizing and approving records.
- 1.2.4 Establish administrative and technical committees from its own number.
- 1.2.5 Establish, define and enforce rules for the government of powerlifting internationally.
- 1.2.6 Promote, support and encourage drug free powerlifting.
- 1.2.7 Produce official bulletins and/or powerlifting publications.
- 1.2.8 Secure other national affiliates (countries).
- 1.2.9 Promote, sanction and supervise international development programs and competitions, including world championships and single lift competitions.
- 1.2.10 Maintain an IPF Congress of bona fide international representatives.
- 1.2.11 To further the cause of powerlifting and strive for acceptance by the International Olympic Committee.
- 1.2.11 To maintain membership of the General Assembly of International Sports Federations and take part in the World Games.

2 Emblem and Flag

2.1 Emblem

An oblong octagon shield coloured bright red characterises the official emblem with an international powerlifting bar having three black discs on either end of the bar. The letters IPF in white shall be portrayed centrally resting on and above the bar with the letter "P" enlarged by half as much again over its fellows.

2.2 Flag

2.2.1 The flag of the IPF is the emblem on a white background.

2.3 Authorisation

- 2.3.1 The IPF emblem must not be used without the IPF's authorisation.
- 2.3.2 Only the IPF may authorise the fabrication of its emblem, badges, medals, etc.

3 GENERAL PROVISIONS

- 3.1 The IPF is recognised by the General Association of International Sport Federations (GAISF) and the International World Games Association (IWGA).
- 3.2 In its activities, the IPF follows the Olympic ideal and principles **and support and maintain the ideals and objectives of the Olympic movement. The IPF accept and recognize the Statutes and aims of the International Olympic Committee (IOC), the General Association of International Sports Federations (GAISF) and those of the World Antidoping Agency (WADA).**
- 3.3 All political and religious discussions or demonstrations are forbidden within the IPF.
- 3.4 The IPF supports all initiatives by powerlifters for peace and understanding.
- 3.5 No distinction is made between continents, countries or individuals for reasons of race, colour, gender, religion or politics.

4 OFFICIAL LANGUAGE OF THE IPF

- 4.1 The official language of the IPF is English.
- 4.2 All the publications and reports of the IPF are in English. The proceedings of the meetings of the Executive and the Committees are held in English.

5 MEMBERS

5.1 Membership

The membership of the IPF consists of national affiliates active in powerlifting. The IPF can recognise only one member (organisation) from each nation.

The recognition of a National Federation will be done in agreement with the Olympic Charter (Chapter 4, Article 33), and following the regulations contained in these statutes. The IPF will inform the NOC of the country in question.

The National Federations affiliated to the IPF must be independent inside their own country. The members of the Executive Committee and the President must be elected democratically, and have the nationality of the country concerned.

All affiliated Federations and their members shall recognise the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction

A new member nation must be affiliated to its regional federation before it can be affiliated to the IPF.

Only those lifters who are members of their respective national federation, association or organisation, can be considered eligible for membership.

Categories of IPF Membership:

- 5.1.1 Full Member
- 5.1.2 Provisional Member

A Provisional Member may only compete in world championships by the decision of the IPF Executive or in regional championships by decision of the Regional Executive or Regional President if no Executive exists. However, once granted permission, a Provisional Member shall have all competition rights but no vote. The Executive will be authorised to decide the amount of annual subscription required from a Provisional Member.

All countries applying for membership shall, on payment of the annual subscription fee, be granted provisional membership of the IPF subject to ratification at the next Congress.

5.2 Representation

The IPF is governed by a Congress consisting of a maximum of two delegates from each nation affiliate with one vote per country, and the IPF EC members with one vote each.

EC members are restricted to only one vote even as the officers cannot represent both their nation and the IPF Executive committee.

6 IPF BODIES

The IPF is composed of the following bodies:

- the Congress
- the Executive
- the Committees

7 CONGRESS

7.1 General Provisions

7.1.1 The Congress is the supreme governing body of the IPF.

7.1.2 The Congress shall meet annually one day before the start of the Men's Open World Championships.

7.2 Powers

The Congress has the power:

- 7.2.1 To admit any national affiliate (country) eligible under the Constitution by means of a two-thirds majority of votes cast.
- 7.2.2 To prescribe and amend the constitution by a two-thirds majority of votes cast and the technical rules and the By-Laws by a simple majority of votes cast.
- 7.2.3 To impose and enforce penalties for any violation of the Constitution or By Laws.
- 7.2.4 By a two-thirds majority vote of members present, to remove any suspension or remit any penalty previously imposed on any person or organisation, being members of the IPF.
- 7.2.5 To remove from office by means of a two thirds majority vote, any person who through neglect of duty or misconduct has brought the IPF into disrepute or in any way impaired it's function or development.
- 7.2.6 To establish dues of the IPF.
- 7.2.7 To control the income, expenditure and property of the IPF. In particular, it shall examine the audited balance sheet presented by the Treasurer and approve a budget for the forthcoming year.
- 7.2.8 To call and determine the time and place of special meetings of the Congress.
- 7.2.9 To institute, locate, conduct and manage all international powerlifting.
- 7.2.10 To establish, define and enforce rules for the government of international powerlifting.
- 7.2.11 To explain, define and interpret any provision of the Constitution.
- 7.2.12 To nominate and appoint the appropriate number of IPF representatives to the IOC when membership has been secured.
- 7.2.13 To consider and accept proposed changes to the Constitution and By-Laws every fourth year in ~~the even numbered years between~~ Olympic years.
- 7.2.14 To consider and accept major proposed changes to the Technical rules only in Olympic years, however, the **Executive Committee** may present one A4 sheet of proposed rule changes per annum to the Congress for the purpose of streamlining rules, reducing conflict between separate rules, and for the benefit of the-athletes, as appropriate.
- 7.2.15 **To ratify the IPF Anti-Doping Rules with amendments made into those rules by the Executive Committee.**
- 7.2.16 To elect the executive officers of the IPF every four years. Elect executive officers to fill any casual vacancies, which may occur between such election years.
- 7.2.17 To form standing, ad hoc and sub committees and to elect the chairman of the same. The standing committees of the IPF shall include Medical, Technical, Disciplinary and Appeal.

7.3 Annual Congress

7.3.1 Annual

Unless otherwise determined by the Congress, the annual meeting of the IPF will be held one day before the start of the Men's Open World Championships.

7.3.2 Special

Special meetings of the IPF are scheduled at the request of the President or at the written request of two thirds of the members of the IPF. Specific matters, except amendments to the Constitution, can be considered at a special meeting.

7.3.3 Notices

Time is of the essence. Not less than thirty (30) days notice must be given of any special or annual meeting of the IPF. The General Secretary will airmail a notice and agenda to all named delegates or their national federation. A notice sent to the last address known to the General Secretary complies with this requirement. The official agenda for the IPF congress must be received by all members at least thirty (with amendment 30) days before the congress takes place. Items not in the agenda cannot be considered in the Congress.

7.3.4 Order of Business

At all annual meetings of the IPF the following will be the order of business:

- 1) Roll Call
- 2) President's Address
- 3) Minutes of the last Congress
- 4) Treasurer's Report
- 5) Finance Secretary's Report
- 6) General Secretary's Report
- 7) Committee Reports
- 8) Regional Report
- 9) Elections
- 10) Action on proposed amendments
- 11) New Member Applicants
- 12) Delinquent Nations
- 13) Hall of Fame
- 14) Future Championships
- 15) Any Other Business
- 16) Adjournment

7.3.5 Quorum

At all meetings of the IPF, a quorum will consist of twenty per cent of nations in full membership.

7.3.6 Procedures

The following are the procedural rules for all meetings of the IPF:

- 7.3.6.1 The Standing Orders of the IPF are the supreme document for all IPF meetings except when they are in conflict with the provisions of the Constitution. In such cases, the Constitution prevails.
- 7.3.6.2 A motion to table is debatable only when a time to debate is fixed by a simple majority of the Congress.
- 7.3.6.3 All amendments to the Constitution and the By Laws must be submitted to all national affiliates and the appropriate committee before it can be acted upon at the annual meeting of the IPF. Such proposed amendments must be in the hands of the General Secretary at least sixty (60) days prior to the date of the Congress. A national federation, a regional federation or the appropriate committee, can submit all such amendments. The General Secretary shall send out all such amendments at least thirty (30) days prior to the date of the Congress for the attention of all national affiliates.

7.3.7 Credential

The following are required:

- 7.3.7.1 The names of all delegates to the Congress. Member Federations may designate a maximum of two delegates, preferably the President and the General Secretary. Delegates other than the President and General Secretary shall present a written authority of their national federation not later than the opening of the annual or special meeting.
- 7.3.7.2 Failure to make the proper certification will deny a seat at such meetings unless the delegate is accepted by a simple majority vote of Congress.

8 EXECUTIVE OF THE IPF

8.1 Titles

The titles of the officers of the IPF are: President, Vice-President, General Secretary, Treasurer, and Board Members. A maximum of three executive officers shall be from any nation.

8.2 Executive

The Executive shall consist of the President, General Secretary, Treasurer and 6 Board members. The Regions (Continents) determine the 6 board members and the Executive elect one to act as Vice President. There shall be at least a quorum of four members. In the event of an impasse (stalemate), the President shall cast the deciding vote.

8.3 Powers of the Executive

- 8.3.1 It shall be the governing body of the IPF between Congresses.
- 8.3.2 To maintain running control of the expenditure of the IPF, in accordance with the budget approved by the Congress.
- 8.3.3 It shall prepare a budget for the forthcoming year for presentation to the Congress.
- 8.3.4 Vacancies. In the event of the death, resignation or in case of inattention to duty by recommendation of the Disciplinary Committee, the various offices are to be filled as follows:
 - 8.3.4.1 President: The Vice President will be designated by the Executive to succeed the President until the next Congress. At this Congress, the presidential successor shall be elected.
 - 8.3.4.2 Vice-President: The Executive shall appoint a successor to serve until the next Congress.
 - 8.3.4.3 General Secretary and Treasurer: The Executive shall appoint a successor to serve until the next Congress.
- 8.3.5 To appoint the non-executive officers specified in 11.1 hereunder. The Executive shall also have the power to remove non-executive officers from office.
- 8.3.6 To administer the IPF Development Fund.
- 8.3.7 To amend the IPF Anti-Doping Rules upon consult with the Doping Commission.**
- 8.3.8 To establish the commissions and panels as specified in the IPF Anti-Doping Rules, and to appoint the Chair and other members of each commission and panel established under this rule.**
- 8.3.9 The Technical Committee may present one A4 sheet of proposed rule changes per annum for approval by the Executive Committee to be included in the Congress agenda for the purpose of streamlining rules, reducing conflict between separate rules, and for the benefit of the-athletes, as appropriate.**

9 ELECTION OF THE IPF-OFFICERS

9.1 Election

Elections for all officers will be held every four years.

9.2 Term of Office

- 9.2.1 The term of office for all officers of the IPF shall be for four years. They shall be eligible for re-election.
- 9.2.2 A person may be nominated for IPF office by any national federation member, provided that he is in good standing in his own national federation. "A member in good standing" shall be defined as a fully paid up member of his national federation, who is not under suspension by that body or by the IPF.

10 NON-EXECUTIVE OFFICERS

10.1 Titles

The titles of the non-executive officers of the IPF are: Championships Secretary, ~~Doping Control Secretary~~, Finance Secretary, Newsletter Editor, Media Officer, Internet Officer, Records Registrar, Referee's Registrar.

10.2 Appointment and Rights

The Executive shall appoint non-executive officers. By invitation of the President they may attend meetings of the Executive but without vote and with voice only on matters relating to their respective offices.

11 COMMITTEES, COMMISSION, PANEL

11.1 General Provisions

Each committee shall consist of a chairman elected by the Congress and a maximum of six (6) members from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

11.2 Medical Committee

- 11.2.1 All decisions of the Committee require the approval of the Congress. ***However, the Committee's decisions are the final decisions of the IPF on the matters as assigned in article 4.4 of the IPF Anti-Doping Rules having the responsibility of the Medical Committee:***
- 11.2.1.1 ***to consider and make decisions on requests for Therapeutic Use Exemptions (TUEs) of international level athletes;***
- 11.2.1.2 ***to establish a register for the TUE applications and decisions on them and keep the Register updated;***
- 11.2.1.3 ***all members of the Medical Committee, as well as any administrative persons of the IPF involved, shall conduct all of their activities on TUEs in strict confidence, and shall sign confidentiality and conflict-of-interest agreements in accordance with article 5.0 of the WADA International Standard for Therapeutic Use Exemptions;***
- 11.2.1.4 ***to modify the WADA TUE application forms suitable to use within the IPF and ensure that the forms are displayed at the IPF Web site.***
- 11.2.2 Safeguards the health of the lifters.
- 11.2.3 Act as consultant to the promoter of world championships on such matters as medical and hygienic conditions and food supplies to competitors.
- 11.2.4 Appoint duty doctor(s) for each day of the championships. The doctor(s)' specific duties shall include:
- 11.2.4.1 To be available at each weigh-in period.
- 11.2.4.2 Supervise the application of bandages and plasters in accordance with IPF rules and notify the Jury of such treatment.
- 11.2.4.3 Establish a liaison with local medical facilities and doctors for the provision of medical treatment, transport and ambulance service if necessary in emergency.
- 11.2.4.4 The duty doctor to be present at the start of each competition together with referees and lifters.
- 11.2.4.5 The duty doctor may participate in the doping control procedure.
- 11.2.5 Conduct research and collect material relating to the field of sports medicine. Such material when approved to be distributed to affiliated nations.
- 11.2.6 Carry out specific studies in relation to sports injuries, treatment and prevention.
- 11.2.7 Take out and maintain membership of International Sports Medicine Federations.
- 11.2.8 Conduct such research as necessary to review and establish appropriate bodyweight classes for powerlifting competition.
- 11.2.9 Conduct such research as necessary to review and establish appropriate doping control procedures to ensure the integrity of powerlifting competition and records.

11.3 Disciplinary Committee

11.3.1 Disciplinary hearings

The following provisions shall apply to Disciplinary hearings.

11.3.1.1 DISCIPLINARY HEARINGS

The Disciplinary committee shall investigate the case of any affiliated federation, lifter or official accused of any of the following:

- I) Bringing the IPF or the sport of Powerlifting into disrepute.
- II) Acting in a manner that is contrary to the best interests of the IPF.
- III) Contravening any of the provisions of the Constitution or By-Laws.
- IV) Contravening any of the rules or regulations governing the accepted behaviour of members of the IPF.

Following such investigation it may impose an appropriate penalty.

11.3.1.2 Representation

The nation, the concerned lifter or official has the opportunity to let himself be represented at the Disciplinary Committee by an authorised person, e.g. lawyer. The costs for the representative have to be paid by the nation, the lifter or the official himself, regardless of the outcome of the hearing.

11.3.2 Duties

The Disciplinary committee (DC) shall be entrusted with the examination and decision of **all** disciplinary cases within the IPF. The General Secretary mandated by the Executive Committee shall send such cases to the DC. Disciplinary cases also can be sent to the DC by a national federation. The DC shall further collect all relevant information needed to deal with the case as mandated in the various parts of the Constitution and By-Laws. All sensitive information shall be treated confidential within the parties involved.

The Disciplinary committee consists out of the Chairman elected by Congress and 2 other members **appointed by the Executive Committee**.

The Disciplinary committee must decide about all **suspensions penalties except on doping related cases**. **Duties of the DC as apply to the Result Management Procedure on doping related cases are as defined in article 7 of the IPF Anti-Doping Rules.**

11.4 Appeal Committee

11.4.1 Appeal hearings

The Appeal committee shall receive all documents relating to any appeal **except an appeal(s) against any decision on doping related cases. Decisions made under the IPF Anti-Doping Rules may be appealed exclusively to the Court of Arbitration for Sport (CAS) in accordance with the provisions applicable before such court (re the IPF Anti-Doping Rules, article 13).**

Such Appeals **other than appeals to the CAS** must be lodged with the Appeal Committee Chairman within one month of the written notification of the decision on which the appeal is based. A copy of the appeal must be sent to the General Secretary.

The Appeal committee shall within one month of receiving all documentation relating to the appeal examine and investigate the matter and decide on an appropriate penalty.

Appeals lodged with the Appeal Committee and appeals to the Congress must each be accompanied by payment according to ~~By-Laws 103.2.16 if they relate to suspensions or fines for drug offences, or according to~~ By-Laws 103.2.16 for ~~other~~ appeals. If the appeal is successful no financial claim or other petition for damages may be made against the IPF. Following successful appeals, ~~half of~~ the fee paid for the appeal will be refunded.

An appeal against any decision of the Appeal Committee may be made to the Congress. Such appeal must be lodged with the General Secretary within one month of the written decision of the Appeal Committee, and not later than six weeks before the date of the Congress. The appeal shall be lodged with the General Secretary who shall then include the appeal on the agenda to be considered by Congress.

Within a one month period following the decision of Congress on an appeal, there shall be a final right of appeal to the Court of Arbitration for Sport in Lausanne / Switzerland.

The Appeal Committee may, in its absolute discretion, waive or vary the time limits contained herein.

11.4.2 Duties

The Appeal committee consists out of the Chairman elected by Congress and 4 members. The members must not be simultaneous a member in the Disciplinary Committee.

Duties are described in the in the IPF-Constitution 11.4.1 „Appeal Hearings“.

After examining all facts and documents the committee makes its decision and sends this to the IPF-Executive and the concerned national federation. ***The judgements must be published in the IPF-Newsletter.***

11.5 Law and Legislation Committee

11.5.1 Shall receive any proposals regarding Constitution and By-Laws documents of the IPF from member nations within the proper time frame, evaluate accordingly and suggest to the IPF Congress alternative courses in action.

11.5.2 Shall serve as the parent committee in further amending the Constitution and By-Laws.

11.5.3 Is responsible for updating the Constitution and the By-Laws.

11.5.4 Shall study the Constitutions of new applicant nations and report the results to the General Secretary.

11.6 Doping Commission

The Doping Commission shall be responsible for overseeing all testing conducted by the IPF. Testing may be conducted by members of the IPF Doping Commission or by other qualified persons so authorised by the IPF Doping Commission.

11.6.1 ***The Doping Commission consists of a Chair and a minimum of four and a maximum of five other members with experience in anti-doping elected by the Executive Committee.***

11.6.2 ***The Doping Commission shall arrange, co-ordinate and supervise doping testing for all IPF World Championships and other International Events where the IPF is the ruling body for the Event, and for Out-of-Competition Doping Control Sessions initiated by the IPF. The main duties are:***

- i. to establish and maintain a system for collecting details regarding the Sample Collection Sessions;***
- ii. to establish criteria for who may be authorised to be present during a Sample Collection Sessions;***
- iii. to co-operate with the organisers/promoters of World Championships and other International Events where the IPF is the ruling body for the Event in preparing the Sample Collection Sessions;***
- iv. to ensure that the Doping Control Stations meet the minimum criteria prescribed in article 6.3.2 of the WADA International Standard for Testing;***
- v. to appoint the sample collection Officers and their assistants or to make contracts with an Anti-Doping Agencies or assets to carry out the sampling at all World Championships and other International Events where the IPF is the ruling body for the Event;***
- vi. to appoint the sample collection Officers and their assistants or to make contracts with an Anti-Doping Agencies or assets to carry out the sampling at Out-of-Competition Doping Control Sessions;***
- vii. to provide an appropriate sample collection equipment and documents to the Doping Control Stations, or to ensure that the appointed Doping Control Officers are equipped with the relevant sampling kit and documents;***
- viii. to ensure that Sample Collection Equipment used meets the minimum criteria prescribed in article 6.3.4 of the WADA International Standard for Testing;***
- ix. to ensure that the Sample Collection procedures, Security/Post test administration and Transport of Samples and documentation substantially complies with the requirements prescribed in articles 7.0 – 9.3.6 of the WADA International Standard for Testing.***

11.6.3 ***The Doping Commission shall also review and update the criteria for inclusion in a Registered Testing Pool; and***

11.6.4 ***Collect, maintain and monitor sufficient athlete whereabouts information;***

11.6.5 ***Develop and document a test distribution plan;***

11.6.6 ***Select athletes for Out-of-Competition coping control;***

11.6.7 Report to the WADA clearinghouse all In-Competition and Out-of-Competition tests on athletes included in the IPF Registered Testing Pool as soon as possible after such tests have been conducted.

11.7 Doping Hearing Panel

11.7.1 Consists of a Chair and four other experts with experience in anti-doping. Each panel member shall be otherwise independent of the IPF. Each panel member shall serve a term of four years.

11.7.2 As determined in article 8 of the IPF Anti-Doping Rules, arranges and conduct of hearings and makes decisions when it appears, following the result management process described in article 7 of the IPF Anti-Doping Rules, that the IPF Anti-Doping Rules have been violated at or in connection of International Events or Out-of-Competition testing on an international level athletes initiated by the IPF or WADA.

12 REGIONAL FEDERATIONS

12.1 Regional Federations

The IPF recognizes six (6) regional federations: the African, Asian, European, Oceanian, North America and South-America Federations subject to the following conditions:

12.1.1 Each region shall be headed by an IPF Board Member with the purpose of promoting competitions within the region.

12.1.2 National federations must affiliate to the appropriate regional federation (if one exists) as well as to the IPF.

12.1.3 Their constitution and rules must be submitted to the General Secretary and must conform to all IPF statutes and rules where applicable.

12.1.4 Their championships must be conducted in full accordance with IPF technical rules.

12.1.5 They cannot issue permits for competitions other than their own regional championships.

12.1.6 In Regional Championships, the Regional Federations have the authority to suspend competitors or officials and take disciplinary actions against them **except on doping related cases**. They must report these facts to the IPF, which in turn may extend these disciplinary actions on a worldwide level. Regional Federations cannot suspend National Federations but may propose such action to the IPF.

12.1.7 ~~At the Regional Championships~~, Regional Federations must enforce the IPF Anti-Doping **Policy Rules** and a doping control must be carried out **in all Regional Events in full accordance with the IPF Anti-Doping Rules**.

12.1.8 Affiliated federations of Commonwealth countries may organise a sub-IPF federation in order to stimulate competition within the Commonwealth.

12.1.9 **The IPF must not interfere in national affairs except the Technical Rules, Constitution and By-Laws will not apply.**

13 SUBSCRIPTIONS AND FEES

13.1 Subscription

The Congress will determine the amount of the annual subscription to the IPF from time to time. The subscription is payable during the first month of the year. Upon receiving payment, a certificate of membership will be issued by the Treasurer. Any country, which has not paid its subscription for the current year, cannot participate or vote in the various meetings of the IPF. Its lifters cannot take part in competitions or meetings organised under the rules of the IPF, nor obtain ratification of their records. A reminder letter shall be sent to every national federation, which has not paid its subscription by the end of January.

13.2 Fee for organising an international contest

Any national federation organising an international contest must pay to the IPF a fee in accordance with the scale set out in the By Laws and at the discretion of Congress. When world championships are held simultaneously with regional championships, the appropriate IPF sanction fee will be charged and shared equally between the IPF and the regional federation.

13.3 Permission for organising an international contest

On payment of the required fee, the General Secretary will issue a permit for the international contest to the organising national federation. An additional condition for a permission is, that at the international contest drug

tests must be carried out according IPF rules. Facilities must be made available in which doping control may be carried out. These are separate facilities or rooms, and are not used for other purposes.

Only member federations can apply for a sanction of an international contest.

13.4 Participation in a contest without permission

No national federation shall take part in a contest for which a permit has not been issued.

14 DISCIPLINARY ACTIONS AND PENALTIES

14.1 Failure to apply for Competition Permit

National federations, which neglect to request the required IPF permit for an international competition and do not pay the required fee, shall be fined an additional EUR 200. The General Secretary shall send a warning letter to them. If the fee and fine are not paid within thirty (30) days of sending the warning, the national federation shall be suspended until such time as the total amount has been paid. Sanction fees for world championships must be paid at the time of application for the event.

14.2 Failure to Pay Annual Subscription Fee

A national federation, which has not paid its annual subscription by the 30th of June, despite having received a reminder letter, shall be suspended from membership of the IPF.

14.3 Defaulting on Agreements to Compete

If a national federation defaults on a competition engagement with another country or countries, the DC may, in the case of disagreement between them, make a decision or impose penalties if the IPF Constitution or rules have been ignored.

14.4 Reporting Infractions in International Competition

If a lifter or official commits any form of violation during an international contest in another country, the organising national federation must send a detailed report to the IPF General Secretary. He in turn will inform the Disciplinary Committee which will impose appropriate penalties. The organising national federation cannot penalise lifters or officials from other countries.

14.5 Suspension of Federations for Violations of Constitution/Bylaws

Any affiliated national federation, which violates the Constitution or rules of the IPF, shall be suspended by recommendation of the Disciplinary Committee for a period to be decided by the Congress.

14.6 Hearing ~~by Disciplinary Committee~~ prior to Penalty

~~All~~ **Any** national federation, lifter ~~and or~~ official ~~asserted to have committed a rule violation~~ ~~have~~ has the right to be heard **in its or his/her case** before the ~~relevant disciplinary or hearing body~~ ~~Disciplinary Committee~~ decides upon the penalty to be imposed.

14.7 Procedure for Filing Complaints against Individuals

Any lifter or official who considers that he has been wronged has the right to file a written complaint stating his reasons for complaining. This must be done through the intermediary of his national federation. If another person is implicated, the latter must be heard if at all possible. If the complaint is not made to the organizing national federation, it may be made to the Jury before the start of the competition. It must be examined immediately and if possible a decision taken.

A copy of the complaint and the decision of the Jury must be in writing and must be sent to the Disciplinary Committee.

14.8 Participation of Foreign Lifters in National Competition

A lifter living in a foreign country may only participate in competitions organised in that country provided that he presents written evidence of permission of his national federation to take part in such competition. This is to be provided by his own national federation.

~~14.9 Penalty for Participating while Suspended, Against Suspended Athletes, Qualifying Totals~~

~~A lifter or official cannot participate in contests or competitions if:~~

~~14.9.1 He is under temporary or permanent suspension.~~

~~14.9.2 There is any lifter or official participating in such contests or competitions who has been expelled from the IPF (or any national federation affiliated to the IPF) or who is under suspension. (This paragraph is valid for a lifter, who starts in the same weight class against an IPF (or any national federation affiliated to the IPF) suspended or expelled lifter).~~

~~14.9.3 A lifter cannot produce a qualifying total via his national federation for entry into World International or Regional championships Events while he is under suspension, by the IPF or Region, even if his national federation/ country accepts shorter national periods of suspension. In order to participate to take part in World or Regional championships a lifter must be nominated at least three weeks prior to the championships with a total made in an official competition i.e. at national or international level in the previous twelve months after the IPF or Regional suspension has elapsed. Lifters may not participate in the next two World Championships, regardless of whether the date of these championships falls outside of the period of the original suspension. For example, an athlete suspended at the 2002 Men's World Championships may not participate in the 2003 or 2004 Men's World championships even if the two years of his suspension have elapsed.~~

Penalties:

~~A warning for the first offence.~~

~~Up to a maximum of 6 month suspension for the second offence.~~

14.9 Return to IPF of Athletes Competing in Non-IPF Competition

Lifters who have competed in non-IPF sanctioned contests shall be permitted to compete in IPF Contests provided that they are not under suspension by the IPF for any reason, or by any other national federation for a drug related offence. **~~The IPF must recognise suspensions from other recognised sports bodies if they meet reasonable standards of testing, and publish drug testing results publicly.~~**

14.10 Other causes for Suspension/Expulsion: Dishonourable conduct, failure to attend, "throwing competitions"

The following may be subject to suspension or expulsion:

14.11.1 Any lifter properly entered for a competition that without acceptable reasons does not attend.

14.11.2 Any lifter who is deemed guilty of violating the rules or disobedience towards his national federation or any official in the execution of his duties.

14.11.3 Any lifter convicted of agreement to alter his best effort.

14.11.4 Any lifter, who by words or gestures threatens referees or any other officials in the execution of their duties.

14.11.5 Any lifter who participates in a contest with other countries without permission of his national federation.

Penalties

Up to a maximum of 6-month suspension for the first offence.

Up to a maximum of 12-month suspension for the second offence and a maximum fine of EUR 250.

14.11 Offences against person while at Championships, Jury Role

For offences such as false accusations of dishonour or dishonesty against a lifter or Official occurring at a championship, the Jury decides in these cases as soon as is possible (see Constitution 14.12 and 14.15)

Penalties

First minor offence: up to a maximum of 6-month suspension.

Second minor offence: up to a maximum of 12-month suspension and a maximum fine of EUR 250.

First serious offence: up to a maximum of 12-month suspension.

Second serious offence: up to a maximum of 24-month suspension and a maximum fine of EUR 500.

14.12 Ad Hoc Jury as Discipline Body

In absence of a Jury an ad hoc Jury may exclude a lifter or official from a competition for reasons of his misconduct. In such a case the Jury or ad hoc Jury must inform the lifter or official's own national federation, who in turn must decide what punishment to impose upon the lifter or official.

In absence of a Jury the IPF Official, who is the official representative of the IPF at this championship, must arrange an ad hoc Jury. The decisions of this Jury must be sent to the Disciplinary Committee.

14.13 Penalty for “Bringing the Sport into Disrepute”

Any member of an affiliated national federation who is found to be guilty of bringing the sport into disrepute by means of his comments, published articles, TV or radio broadcasts may be requested to appear before the Disciplinary Committee. Should the Committee feel that a bona fide case of violation exists, they will then present the matter to the Congress with a recommendation for appropriate penalties.

14.14 Responsibility for Payment of Fines

The concerned member federations are responsible for the payment of all fines that the Disciplinary Committee has imposed.

14.15 Limitations to Jury’s Role in Discipline

The Jury has the right to act as Disciplinary Committee, but only in cases which are connected to the championship and which need an immediate decision. The decision of the Jury is definite for this championship. The President of the Jury must send a copy of all decisions with all related documents to the Disciplinary Committee who will then review the actions of the Jury.

14.16 Sanctions and Consequences for Anti-Doping Rule Violations

14.16.1 *In case of a violation of the IPF Anti-Doping Rules, the lifter or other person involved shall be imposed in an appropriate period of Ineligibility as defined under Article 10 of the IPF Anti-Doping Rules and shall be subject to other consequences as defined under Articles 9 and 10 of the IPF Anti-Doping Rules.*

14.16.2 *Consequences to Teams shall be as defined under Article 11 of the IPF Anti-Doping Rules.*

14.16.3 *Sanctions and costs assessed against National Federations shall be as defined under Article 12 of the IPF Anti-Doping Rules.*

14.17 Withdrawal by a promoter

When an promoter, and a National Federation have been granted permission to organise a World Championships or cup, and thereafter, withdraws from the obligation to host this championships, a fine will be imposed which will be paid by the National Federation to IPF. Penalties will be set according to the time period in which the organiser withdraws, as follows:

14.17.1 if 6-12 months prior to the scheduled date of the championships the fine to be paid is the same amount as the championships fee (ref. By-Laws 103.2).

14.17.2 if 3-6 month prior to the scheduled date of the championships, the fine to be paid is equivalent to twice the championships fee (ref. By Laws 103.2).

14.17.3 if less than 3 month prior to the scheduled championships, the fine to be paid is equivalent to three times the championships fee (ref. By Laws 103.2). Penalties will also include the documented losses (e.g. cancelled air tickets) from nominated participants (lifters and officials). The fines above will not be imposed if the reason for the withdrawal is due to circumstances the promoter could not possibly have foreseen which are catastrophic and which place potential participants at risk (e.g. natural disasters, political crises, outbreak of war etc.).

14.18 Official Defined

The term "official" wherever it may appear in this Article, shall be deemed to include all persons described as such in the IPF Technical Rules or appointed by the organising committee of a championship, to act in any official capacity during the whole or any part of that championship.

15 IPF ANTI-DOPING RULES

15.1 Scope of the IPF Anti-Doping Rules

The IPF Anti-Doping Rules shall apply within the IPF, to each National Federation of the the IPF, and to each Participant in the activities of IPF or any of its National Federations by virtue of the Participant's membership, accreditation, or participation in IPF, the IPF's National Federations, or their activities or Events.

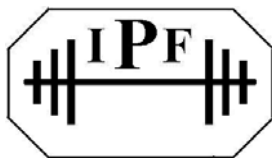
To be eligible for participation in International Events, a competitor must be a registered member of his or her National Federation, and must present an Acknowledgement and Agreement Form to the IPF officials at the weigh in before the competition. The form, available as Appendix 2 of the IPF Anti-Doping Rules, must be personally signed by the Athlete. The form from under-age Athlete must be counter-signed by his or her legal guardian.

It is the responsibility of each National Federation to ensure that all national-level Testing on the National Federation's Athletes complies with the IPF Anti-Doping Rules. In some cases, the National Federation itself will be conducting the Doping Control described in the IPF Anti-Doping Rules. In other countries, many of the Doping Control responsibilities of the National Federation have been delegated or assigned by statute to a National Anti-Doping Organization. In those countries, references in the IPF Anti-Doping Rules to the National Federation shall apply, as applicable, to the National Federation's National Anti-Doping Organisation.

The IPF Anti-Doping Rules shall apply to all Doping Controls over which IPF and its National Federations have jurisdiction.

16 RESTRICTIONS ON TRADING

The President, Board Members, General Secretary, Treasurer, Finance Secretary and all Committee Chairmen's and their spouses, de-facto partners, siblings, parents and children shall not be permitted to deal in or supply powerlifting equipment.



BYLAWS OF THE INTERNATIONAL POWERLIFTING FEDERATION

Terminology

Unless specifically stated otherwise, the terms "Congress", "President", "Technical Committee" and such like shall mean the "IPF Congress", "IPF President", "IPF Technical Committee" etc.

Unless specifically stated otherwise, the terms "him", "his" and "Chairman" shall refer to persons of either sex.

101 THE CONGRESS

101.1 Congress May be Open to Public

The Congress may be open provided that space is available.

101.2 Outside Parties Attending the Congress

The President may invite outside persons to attend the Congress.

101.3 Constitutional Congress Schedule

The Congress shall, if necessary, address itself to re-examining the Constitution, By-Laws and their appendices every fourth year commencing in 1998.

101.4 Technical Rules Congress Schedule

The Congress shall, if necessary, address itself to re-examining the Technical Rules every fourth year commencing in **2006**.

101.5 World Games and General Assembly of International Sports Federations

The Congress shall serve and maintain a membership in the General Assembly of International Sports Federations and take part in the World Games.

101.6 Past Presidents Participation in Congress

The Congress shall recognise Past-Presidents as active but non-voting members of the Congress.

101.7 Awarding World Championships to Individuals and Commercial Entities

The Congress, in the absence of bids from a national federation, may award World Championships to an individual or a commercial entity.

101.8 Participation Guidelines for Committee Chairmen

All Committee Chairmen and non-executive officers by virtue of their attaining officer status in the IPF are allowed admission to the Congress in its entirety but without vote and with voice only as pertains to their respective responsibilities.

101.9 Speeches by Candidates for IPF Office

Candidates for IPF office shall be permitted to address the Congress for a maximum period of five minutes.

The duties of various officers are those duties appointed by the Congress and include:

All IPF EC officers, by virtue of their attaining officers status in the IPF, be allowed admission to the Congress in its entirety with vote and with voice.

101.10.1 Duties of the Executive

The duties of various officers are those duties appointed by the Congress and include:

All IPF EC officers, by virtue of their attaining officers status in the IPF, be allowed admission to the Congress in its entirety with vote and with voice.

101.10.2 President

101.10.2.1 He orders meetings of the IPF as provided in the Constitution and presides at all meetings of the IPF and Congress

101.10.2.2 He has the right to exercise all the duties pertaining to his office in accordance with the Constitution.

101.10.2.3 He is an ex officio member of all committees.

101.10.2.4 The President provides leadership in the long-term and day-to-day activities of the IPF, delegating responsibility for completion of tasks, and making necessary contact with outside agencies to conduct IPF business

101.10.2 Vice President

101.10.2.1 He has such duties as assigned to him by the President and has all the power to perform the duties of the President in the absence or inability of the latter to attend.

101.10.3 General Secretary

101.10.3.1 To make proper arrangements for keeping the records of the IPF and the Congress.

101.10.3.2 Issue all official notices of all IPF meetings.

101.10.3.3 Keep a complete record of competitions held under the auspices of the IPF. These records shall include the results of national championships, newsletters and magazines.

101.10.3.4 To serve as Secretary of the Congress and at any special meetings or hearings of the IPF.

101.10.3.5 To certify as a "Provisional Member" any applying nation who submits the proper fees and credentials, until such time as the Congress shall deliberate such membership.

101.10.3.6 Delegate any of the aforementioned duties to an "assistant secretary" appointed by the Executive or to such assistants as may be provided by the IPF By-Laws to perform it.

101.10.4 Treasurer

101.10.4.1 Receive all monies due to the IPF and deposit it to accounts in the name of the IPF.

101.10.4.2 Sign all cheques, notes and drafts together with one other signature as provided by the IPF By-Laws by a sum greater than Euro 2.500.

101.10.4.3 Pay all bills approved by the duly authorised officer or by the Congress, provided it is within the authorised current budget of the IPF.

101.10.4.4 When requested, hand over to the Finance Secretary for audit or other purposes, all monies, accounts, books, papers, vouchers and records pertaining to his office.

101.10.4.5 To present an audited balance sheet to the annual Congress. Audit of IPF accounts is to be made by the Finance Secretary.

101.10.4.6 To be responsible for collecting all fees due the IPF.

101.10.4.7 To be responsible for issuing an invoice and collecting any penalties.

101.10.5 Board members

- 101.10.5.1** *They shall take an active part in the IPF Executive work and carry out such duty as assigned to them by the President.*
- 101.10.5.2** *To represent the IPF in his region at national and international championships and meetings.*
- 101.10.5.3** *To supervise and lead the regional federation and organise yearly regional Congresses and championships.*
- 101.10.5.4** *To contact and inform potential new member nations in his region.*
- 101.10.5.5** *To serve as a consultant to the member federations within that region.*
- 101.10.5.6** *To represent his region at the IPF Executive Meetings and the Congress.*
- 101.10.5.7** *To make suggestions to the various IPF Committees.*
- 101.10.5.8** *To plan and control development programs within his region.*

101.11 Duties of the Non-Executive Officers

Duties of the non-executive officers are those duties mandated by the Executive including.

101.11.1 Finance Secretary

- 101.11.1.2** *Shall audit the balance sheet and books of the Treasurer prior to the Congress.*
- 101.11.1.3** *Monitor the expenditure of the IPF in regard to the budget.*

101.11.2 Media Officer

- 101.11.2.1** *Shall promote the IPF through the electronic and print media. The President must approve in writing all promotional material and press releases.*
- 101.11.2.2** *Shall consider all opportunities for television rights for international championships and make appropriate recommendations to the Executive.*
- 101.11.2.3** *Shall work with the Newsletter Editor to obtain paid advertising for the IPF publication and to increase its circulation.*
All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. At world championships, the IPF will receive 40%; the promoting national federation 30% and all the participating national federations will share the remaining 30% of the television revenue. This distribution of monies will only apply when the IPF obtains the contract and represents the profit after any costs of providing the signal for the broadcast are deducted. In the event of the IPF not having obtained a signed contract with a TV company at least twelve months before the date of the championships, then the IPF will waive its rights in favour of the promoter and receive an agreed percentage of the TV and sponsorship monies. This percentage will not exceed 25% of said monies.
Promoters of world championships should be aware that when they apply for a sanction to promote the championships, the IPF does not guarantee that it will be able to obtain a TV contract for the event.

101.11.3 Newsletter Editor

- 101.11.3.1** *Shall publish the official IPF newsletter or magazine on a bi-monthly basis. If necessary additional issues should be published on an 'as required' basis.*
- 101.11.3.2** *Shall set advertising rates (which must be ratified by the Executive) for the IPF Newsletter/magazine and shall work with the Media Officer to obtain paid advertising for the publication and to increase its circulation.*
- 101.11.3.3** *Maintain a current distribution list for the IPF publication. This list shall comprise all entries in the IPF directory as well as additional parties to whom the IPF publication is distributed.*

101.11.4 Records Registrar

- 101.11.4.1** *Shall certify all World records and maintain an up to date register of all records in all categories. World records can only be confirmed if IPF drug testing requirements for the acceptance of World records have been complied with. Pending the confirmation of a negative drug test by the analysing laboratory records shall be shown on the register as being "pending" for a period of not more than six months from the date of the performance. If the record is not confirmed within this period it shall be erased from the register.*

101.11.5 Championship Secretary

101.11.5.1 Shall maintain a Calendar of Events covering all major events for a period of not less than 24 months from the date of the Calendar.

In normal circumstances, all world and regional championships shall be allocated dates within the calendar that fall at approximately the same time each year. This principle shall be adhered to wherever possible. For example, the Men's Open World Championships should be staged in November each year, while the Women's Open World Championships should be in May. Regions

are to allocate similar annual dates for their own regional events and may combine regional with world championships if they are hosts for the world event.

The major events in the IPF calendar are as follows:

101.11.5.1.1 World Championships for Men (Open), Women (Open), Junior 19-23 years (Men and Women), Juvenile 14-18 years (men and Women), and Masters (Men and Women). Masters age categories are 40-49 years and 50-59 years and over 60 years for men. Over 40-49 years and over 50 years for women. World bench press championships for Men (Open), Women (Open).

101.11.5.1.2 World Cup

101.11.5.1.3 World Games.

101.11.5.1.4 Other international events as approved.

The Championship Secretary shall ensure that major international events do not clash. If necessary, sanction may be refused in order to achieve an orderly calendar.

101.11.5.2 Shall distribute to affiliate federations the invitation and details of major events at least six months prior to the event. He shall also distribute team nomination forms and other necessary documents to affiliated federations.

The invitation will be based upon the answers to a standard questionnaire sent to the host national federation and/or promoters of the championship when a bid is accepted. Closing dates for world championships are 6 to 8 weeks prior to the contest dates. If special hotel and transport booking forms are required, a draft copy of these forms shall also be sent to the Championship Secretary in order that they may be distributed with the invitation. Nomination forms for world championships must provide columns for the following information. ~~(which may be used for OCT [out of competition testing]):~~

101.11.5.2.1 Lifter's family name.

101.11.5.2.2 Lifter's first name in full.

101.11.5.2.3 Lifter's best total performed within the preceding twelve months at national or international level.

101.11.5.2.4 Lifter's year of birth. ~~In the case of Masters and Juniors, the actual date of birth is required.~~

101.11.5.2.5. Lifter's passport number., address and phone number., for OCT testing.

101.11.5.3 Shall collate all team nomination forms and ensure that they are fully and properly completed. He shall then prepare a full list of lifters nominated for the event. A copy of this shall be sent to the Internet Officer, the Newsletter Editor, the Media Officer, the General Secretary and the President.

101.11.5.4 Prepare or obtain from the responsible event official, the full results of the event and distribute this to the persons specified in the preceding section. Pending the final drug testing results championships results shall be published as "Provisional Pending Final Drug Test Results."

101.11.5.5 Before a sanction for a major event is granted he must ensure that the applicant has the capacity for successfully promoting the event and the ability to comply with all the requirements of the IPF.

101.11.6 Internet Officer

101.11.6.1 *Maintains the IPF Internet site.*

101.11.6.2 *The Directory*

101.11.6.3 *Constitution and By-Laws*

101.11.6.4 *Drug testing Protocol*

101.11.6.5 *Technical Rules and the "Rule Interpretation "appendix*

101.11.6.6 *World Records*

101.11.6.7 *Calendar of Events*

101.11.6.8 *Invitations and details on forthcoming events*

101.11.6.9 *Results of major events*

101.11.6.10 *Drug testing results*

101.11.6.11 *Authorised material from the President or Executive*

101.11.6.12 *Other than replies to routine enquiries he shall not post any other material without the written consent of the President.*

101.11.7 Referee's Registrar

101.11.7.1 *Maintains a complete register of all referees registered by their respective affiliated national federations.*

101.11.7.2 *Administers examinations for Category one and Category two international referee status.*

101.11.7.3 *Provides each national federation with a current list of accredited referees. Updated annually.*

101.11.7.4 *Provides each national federation with a list of referees who need to re-register in order to remain accredited.*

101.11.8 Committees, Commission, Panel

101.11.8.1 General Provisions

Each committee shall consist of a chairman elected by the Congress and a maximum of six (6) members from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

101.11.8.2 Technical Committee

101.11.8.2.1 The Technical Committee shall be entrusted with the examination of all requirements and proposals of a technical nature submitted to the IPF by affiliated federations. Proposals for Rules Congress shall be sent to the Chairman of the Technical Committee. The Committee will study the proposals and the Chairman will be responsible for producing a final list of acceptable rule proposals for presentation to the Congress. The Committee shall within thirty (30) days following the Congress, present to the Executive Committee for approval, any necessary clarifications (rewording) and corrections to the technical rules required by reason of Congress decisions.

101.11.8.2.2 The decisions of the Technical Committee are subject to approval of Congress.

101.11.8.2.3 Appoints the chief and side referees for world championships.

101.11.8.2.4 Trains and instructs referees who wish to take international qualifications and examines those who are recommended for examination. The Committee shall inform the Congress of the names of referees qualified to officiate at international championships and those who need to be re-examined.

101.11.8.2.5 Organises courses for referees before important competitions such as the world championships. The expense of organising courses or clinics shall be borne by the host national federation.

The Committee can propose that Congress withdraw a referee's international card and terminate his appointment if it deems such action necessary.

101.11.8.2.6 The Committee may, subject to the approval of the Executive Committee, publish material of a technical nature, which deals with methods of training and performance of the power lifts. Such material shall be sent to all affiliated federations.

101.11.8.2.7 Establish procedures for training of officials in the conduct of contests and prepare job briefs for the use of officials appointed to specific duties during a contest.

101.11.8.2.8 Establish a code of ethics and good behaviour for the use of all officials. Infringements of the code may be referred to the Executive Committee for appropriate action.

101.11.8.2.9 Ensure that the equipment used by member nations and at world and regional championships conforms to the specific detailed requirements of the IPF.

101.11.8.2.10 The Technical Committee may submit one A4 sheet of proposed rule changes per annum for approval by the Executive Committee to be included in the Congress agenda.

102 PROCEDURES

102.1 IPF Member Nations Addresses

All listings of the IPF member nations shall include the name of the national federation.

102.2 Expulsion of Member Nations

No national federation shall remain a member of the IPF if the Congress by at least two-thirds majority of votes cast decides that it is not in the best interest of the IPF for that national federation to remain a member.

102.3 Election of Regional Board Members

Elections of Board Members of the IPF shall be determined by regional caucuses and ratified by the Congress.

102.4 Timelines for Submitting, Awarding Bids for World Championships

Bids shall be made and world championships awarded three years in advance. All bids, accompanied by outline reports on the extent of preparations made, shall be sent to the General Secretary at least ninety (60) days before the next Congress.

All organising federation must sign the promoter contract one year before the according championships otherwise the IPF sanctions will apply if this federation withdraws.

The executive committee will examine the bids and takes the decision where the different championships will be held.

The select nation must then report in detail to the Congress.

102.5 Printing of the IPF Technical Rules

The IPF shall only print a master copy of the Technical Rules. Each member nation will be permitted to reprint them for sale or distribution as it sees fit.

102.6 Testing for Category I Referees

The IPF may test for category 1 referee at any international championship except that of the Bench Press Championships.

102.7 Application for National Affiliation

The General Secretary shall design and maintain an application form for the use of nations wishing to affiliate to the IPF. The form shall require all necessary information from the applicant including the names and addresses of officers, other affiliations and relevant organisational data. The form will be returned together with a copy of the applicant Nation's constitution.

102.8 Incorporation of the IPF

The IPF shall be incorporated under the laws of the country in which it maintains its headquarters. It is not necessary to move the country of incorporation with changes in officers or with a move of the headquarters if all functions of the IPF may be continued without interruption and the corporate and legal integrity of may be maintained. The Executive will make the need for changes in location of incorporation.

102.9 Litigation among IPF Entities

No entity of the IPF may bring litigation against another entity of the IPF.

102.10 Permitted Expenses by Officers

The permitted expenses of all officers of the IPF shall be decided by the IPF-EC and contained in the Treasurer's budget proposals. If necessary the executive may by two-thirds majority vary payments approved in the budget.

102.11 Standing Orders Authority

The Standing Orders of the IPF shall be the supreme document for all IPF meetings. The exception being when they are in conflict with the Constitution (Ref: IPF Constitution 7.3.6.1).

102.12 Use of "World" as Relates to World Championships Defined

The word "World" in connection with powerlifting may only be used by the IPF for competition and records.

103 FINANCE

103.1 Audit of the Finance Secretary

The Finance Secretary shall perform an audit closing the books on 1st of October each year. There must be an audit of IPF accounts. The audit is to be made by the Finance Secretary.

103.2 IPF Subscription and Fees

The annual membership subscription shall include all championship and international sanction fees with the exception of world championships. For these, sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

103.2.1	National affiliations (annually):	EUR 200
103.2.2	All referee examinations:	EUR 30
103.2.3	Referee card renewal:	EUR 30
103.2.4	Sanction for international matches:	Free
103.2.5	IPF Referee Tie	EUR 15
103.2.6	IPF Badge (if lost)	EUR 15
103.2.7	Sanction for World Championships	EUR 1.000 (beginning 2006)
103.2.8	Sanction for Men's Open World Championships:	EUR 600
103.2.9	Sanction for Women's Open World Championship:	EUR 600
103.2.10	Sanction for Junior Men's and Women's World Championships:	EUR 400
103.2.11	Sanction for Master's Men's and Women's Championships:	EUR 600
103.2.12	Sanction for Bench Press World Championships:	EUR 600
103.2.13	Sanction for Bench Press Master's World Championship	EUR 600
103.2.14	Sanction for Sub Juniors Worlds M/W	EUR 400
103.2.15	Sanction for Students Cup M/W	EUR 400
103.2.16	Analyse of B-Sample	EUR 800
103.2.17	Appeals in relation of Drug offences (refer IPF-Con. 13.5.1)	EUR 300
103.2.18	Appeals for other offences (refer IPF-Con. 11.4.1)	EUR 150

Regional federations must be affiliated to the IPF and will not be subjected to any sanction fee for regional championships. In addition, the promoter shall be responsible for providing at his own expense all necessary medals, 1st 2nd and 3rd for all competing categories and classes (refer to 105.4 for medals or certificates for individual lifts). The category and class medals are to be ordered from the Treasurer at least three months prior to the championships.

The participating national federations shall pay a drug test fee of EUR ~~30~~ 50 for each lifter entered and declared at the Technical Meeting prior to the championships. If a national federation is not represented at the Technical Meeting, then a fee is required for all lifters nominated and entered on the final entry form. In addition to the drug test fee, participating national federations shall pay a participation fee of EUR 15 per lifter for each lifter entered and taking part in any World Championships. 50% of the participation fee or equipment similar to that amount shall be paid to the promoter, or the promoter shall receive equivalent support in goods donated by sponsors, as decided by the Executive.

103.3 Suspension for Failure to Pay Appropriate Sanction Fee for Competition

Any national federation organising any of the events listed in 103.2 and who has not paid the necessary sanction fee, shall automatically be suspended from memberships of the IPF until such time as the required fee is paid in full.

103.4 Television Rights of the IPF

All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. If the IPF Media Officer cannot obtain a signed contract at least twelve months before the date of the competition, then the IPF will waive its rights in favour of the promoter and in accordance with the terms contained in the By-Laws item 104.

103.5 Fees Collected from Televising IPF Championships

The apportionment of any fees received in respect of television contracts shall be made in accordance with the terms contained in the By-Laws item 104.

103.6 Hotel Bills for National Federations and Officials at World Championships

At all world championships, participating national federations shall be responsible for their own hotel bills.

All pre-booked rooms have to be paid before the championships; except those rooms which were cancelled until ten days before the beginning of the championships.

Cancellation has to be proofed by a written confirmation of the organiser e.g. an email or fax.

No other exception can be accepted.

Not the organiser, but the responsible national federation will be charged for any damages or thefts occurring in the room.

103.7 Hotel Bills for IPF Officials Attending World Championships

The hotel bills of a maximum of 4 EC members as decided by the EC shall be paid by the promoter of the championships on the basis of room and breakfast only for a maximum of seven (7) days.

When a world championship is combined with a regional championship, the promoter shall pay the hotel bills for these 4 persons, room and breakfast only for a maximum of four days.

103.8 Travel Costs for IPF Executive

The IPF shall pay travel costs and other expenses of four executive members as follows:

103.8.1 One hundred percent of the cheapest airfare obtainable from recognised carriers less any subsidy paid by any other agency.

103.8.2 In the event of a promoter not being in a position to honour his obligations to four executive members with regard to their hotel bills, the IPF shall pay same on the basis of a length of stay at least equal to that of the teams, or for a reasonable period of time not to exceed seven (7) days.

103.8.3 Any finance referred to in item (103.8.2), shall be derived from the championship itself or current IPF deposits. Such funding must not be offset against future deposits.

103.8.4 No other recompense shall be made in favour of the four executive members.

103.8.5 Both the President and the Treasurer must approve all claims for expenses or reimbursements. This ruling applies equally to the issue and signing of cheques and contracts.

103.9 Lapel Pins

A lapel pin portraying the official IPF emblem shall be obtained for sale to all members. In addition, the Finance Committee will obtain a stock of items such as belt buckles, cuff links, ties and tie clasps etc. for sale to members and as a means of raising funds.

103.10 Delinquent National Affiliate Fees

Delinquent Nations: National federations more than one year in arrears with their annual subscription shall be suspended from membership of the IPF.

103.11 Video Fee for Commercial Enterprises and Individuals

Video Fee: Any person making videos of world championships for commercial reasons, i.e. resale to the public at large, shall pay not less than EUR 400 for the privilege. The income will be shared equally between the promoter and the IPF. The organising national federation will however, have the right to its own video coverage with the income to be shared as for commercial video with a free copy for the IPF files. If no commercial contract for videos exists, then individuals may be given permission to video separate bodyweight classes in which a member of their family or club is competing. In these circumstances the IPF will issue a permit at a nominal fee not exceeding EUR 30.

103.12 Imposition of new Conditions for World Championships Promoters

The Congress will not impose changes in IPF requirements and conditions for promoting world championships upon promoters until twelve months after acceptance of such proposals. Promoters awarded World Championships prior to such changes shall be entitled to relinquish their sanctions without penalty, within 3 months of the change(s) being accepted by Congress. Promoters will not have any recourse against the IPF as a result of such changes.

103.13 Promoters Responsibility to Honour IPF Contracts

The promoter of a world championship must honour all contracts legally undertaken between the IPF and any outside commercial concern.

103.14 IPF Development Fund

The IPF may budget for and maintain a development fund. This is to be administered by the Executive. The purpose of the fund is to assist:

- 103.14.1 Unaffiliated nations in the formation of national powerlifting federations and their affiliation to the IPF.
- 103.14.2 Affiliated nations to develop the sport of powerlifting and maintain their affiliation to the IPF.

104 TELEVISION

All television rights for international competition shall be the sole property of the IPF, less any fee negotiated with the promoting national federation. At world championships, the IPF will receive 40%; the promoting national federation 30% and all the participating national federations will share the remaining 30% of the television revenue. This distribution of monies will only apply when the IPF obtains the contract and represents the profit after any costs of providing the signal for the broadcast are deducted. In the event of the IPF not having obtained a signed contract with a TV company at least twelve months before the date of the championships, then the IPF will waive its rights in favour of the promoter and receive an agreed percentage of the TV and sponsorship monies. This percentage will not exceed 25% of said monies.

Promoters of world championships should be aware that when they apply for a sanction to promote the championships, the IPF does not guarantee that it will be able to obtain a TV contract for the event.

105 RECORDS AND AWARDS

105.1 National Records and Claims for World Records

Each national federation shall be responsible for its own records and record claims. A world record claim may be submitted upon the form normally used by that nation.

105.2 World Record Certificates

The IPF shall provide an honour certificate free of charge to all lifters who establish bona fide world records.

105.3 Champion of Champions Award

At all IPF championships, a "Champion of Champions" award shall be given to the lifter who produces the best performance based upon the appropriate Wilks formula. Only class winners shall be eligible.

105.4 IPF Medals

105.4.1 The IPF shall maintain standardised medals for use at world championships. Medals to be presented for first, second and third places in each category based upon totals. In addition, medals or merit award certificates shall be presented for first, second and third places in the individual lifts of squat, bench press and dead lift in each category. Fourth attempts will not be accepted in assessing these awards and the lifter must make a total in the competition in order to qualify for an award. In the event of two competitors lifting the same weight, the lighter lifter will be declared the winner. Other awards may be provided according to the custom of the host nation.

105.4.2 Host nations may prepare medals to use as awards for category winners, in lieu of medals obtained from the IPF. Such medals must be of high quality, and must be submitted to the Executive for approval six months prior to the championships in question. Arrangements for manufacture and time of completion must be submitted as well.

105.5 World Championships Participation Certificates

World championship participation certificates shall be awarded to each lifter and official (team manager, coach) according to IPF regulations. They shall also be awarded to approved IPF officials and referees.

105.6 IPF Hall of Fame

Hall of Fame: There shall be an honorary body titled the "IPF Hall of Fame". Its purpose shall be to honour members who have made an outstanding contribution either by way of lifting achievement or service in general to the sport of powerlifting internationally. A maximum of two lifters and one official may be elected to the Hall of Fame each year but with the added proviso that not more than two men and one woman may be elected in any one year. A certificate of achievement will be awarded. No one who has been involved in drug offences or has been suspended by drug abuse shall be proposed to Hall of Fame.

Any lifter or official previously awarded Hall of Fame will lose this distinction if suspended by ~~EPF~~ or IPF due to doping abuse.

105.7 Election to Hall of Fame

The Executive decides prior to the congress, after having received the bids from nations, whom will be awarded Hall of Fame. The appointed persons will be honoured at the Congress. No one can be elected to Hall of Fame as a lifter until minimum of two years have been passed after that he/she has finished his/her career as an international level powerlifter.

105.8 Free Entry to Championships, Executive, Committee Chairmen, Hall of Fame Members

Members of the IPF Executive Committee, IPF Committee Chairmen and members of the IPF Hall of Fame will have free entry to any powerlifting competition organised by a member federation or its affiliates. An identification card will be issued by the IPF.

105.9 Categories of World Records

The IPF recognises world records in the following categories: Men's Open, Women's Open, Juniors Men and Women, Juveniles Men and Women and Masters Men and Women, Single lift Bench press: Open Men's, Open Women's, Master's Men and Women.

105.9.1 World records will be accepted and registered only within the categories listed in this item.

105.9.2 Records will only be accepted if applications are made strictly in accordance with the requirements of the IPF Handbook and include a copy of the relevant score sheet. Claims to be sent to the Record Registrar.

105.10 Recognition of World Records

World records will only be accepted from competitions where drug testing is carried out and the lifter returns a negative drug test. This must be done strictly in accordance with the ***IPF Anti-Doping Rules drug-testing procedure and standards as lay down by the IPF***, including the analysis of samples in a laboratory accredited at the time of analysis by ~~the IOG~~ ***WADA***.

106 COMPETITIONS

106.1 Non-discrimination in IPF Competition

No one is to be denied access to competition on the grounds of race, colour or creed.

106.2 National Flags

Each participating nation at a world championship must provide if required, a national flag approximately 1.5 m x 1.0 m in size. Any nation failing to meet this obligation will be fined the sum of EUR 30 in order to reimburse the promoter for any loss and inconvenience suffered. It is the responsibility of the promoter to issue a receipt on acceptance of the flag and request the return of this receipt on returning the flag to the team manager. If for any reason whatsoever, the promoter fails to return a nation's flag; he shall be required to reimburse that nation for the loss suffered.

106.3 Entry to Championships, Coaches, Officials, Meals for Working Officials

At all world championships the promoter shall provide free access to the venue and other competition buildings or functions for team officials and coaches on the following scale:

106.3.1 For the first three competing lifters, one official or coach shall be permitted access.

106.3.2 For every additional three competing lifters, one additional official or coach shall be permitted access to a maximum of three per nation.

106.3.3 The courtesy of free access shall also be extended to all officiating referees and jury members to a maximum of three per nation.

106.3.4 The courtesy of free access shall be extended to all members of the Sports Medicine Team who participate during the championships. The names of such personnel shall be forwarded to the promoter and an agreement reached between the Chairman of the Medical Committee and the promoters upon the number to be accepted.

106.3.5 Promoters of World Championships and Cups shall provide for the referees and the IPF officials free meals during the competition. Free meals should preferably include at least two servings of food and non-alcoholic drinks each competition day served in the competition area. Only referees and IPF officials that work with official duties during a competition day shall be granted such benefit from the promoter.

106.4 Invitation and Accommodation

106.4.1 The official invitation and details of world championships must be received by member nations at least six months prior to the event. Details shall include the date of the Congress, competition date, names and addresses of hotels and the rates to be charged.

106.4.2 Accommodation rates charged by the promoter must not exceed the normal rack rate charged by the establishment providing the accommodation.

106.5 Nomination

Nomination of lifters and officials to world championships shall be received by the IPF Championship Secretary with a copy to the Meet Director within following time limits:

- Preliminary nomination not later than 60 days prior to a world championship.
 - Final nomination not later than 21 days prior to a world championship.
- Later entries will not be accepted.

106.6 National Federations may not negotiate Television Contracts without Permission of the IPF Executive

A national federation may not negotiate a TV contract for an international title without the approval of the Executive. Failure to comply with this regulation could result in suspension of the national federation until the next Congress.

106.7 Meet Director's Guide

The Technical Committee shall prepare and maintain the 'Meet Director's Guide', this document will contain useful information designed to help promoters and promoters involved in staging a championship. It will outline the responsibilities of both the promoter and the IPF.

106.8 Equipment Standards

An "Equipment Standards" sub-committee to the Technical Committee is responsible for testing and publishing minimum standards for all equipment to be approved by the IPF.

106.9 Rule Interpretations by Technical Committee

The Technical Committee shall be responsible for compiling and subsequently maintaining a 'Rule Interpretation' appendix to the rulebook. The purpose of this appendix will be to provide full and clear explanations of those rules that most often give cause for misunderstanding among members.

106.10 Sub-Regional Competitions

The Regional Executive shall sanction sub-regional competitions on an international level. If a Regional Executive does not exist, then the responsibility for sanction shall rest with the Regional Board member of the IPF. Sub-regional means a competition between two or more nations but not open to all the nations in that region.

106.11 Competitions

- 106.11.1 Any national federation or promoter of international events must not attempt to advertise or invite lifters and officials to the event without first obtaining a written sanction from the General Secretary. Only written contracts or sanction will be valid.
- 106.11.2 Only national federations affiliated to the IPF may apply for sanctions
- 106.11.3 All members of national teams taking part in world or international competition must be in possession of a valid passport of the country they are to represent. Failing this, proof of a two-year period of residence in that country will be accepted.

106.12 Disabled Athletes competing in Able Bodied Divisions, Procedures for Weigh-In

“Benchpress Championships shall be organised without a special division of disabled lifters. Disabled lifters can compete within the non-disabled classes, if they fulfill the IPF rules as for non-disabled lifters pertaining to the actual lift. The blind, sight impaired, mobility impaired, may be assisted to and from the bench with the aid of the “coach” or/and with the aid of crutches, or sticks.”

For lifters who have an amputated lower limb, a prosthetic device shall be considered the same as the natural limb. The lifter shall be weighed in without the device, with compensatory weight added according to the established fractional charts. For lifters with dysfunctional lower limbs that require leg braces or similar devices for walking, the device shall be considered as part of the natural limb and the lifter shall be weighed in wearing the device.

106.13 Multisport events / World Games

- 106.13.1 Only nations which have registered no doping failures in the year preceding the Multisport event / World Games are allowed to take part.
- 106.13.2 All starting lifters must present a certificate ~~from an IOC recognized laboratory~~ that they are doping tested not older than 4 weeks prior to the Multisport event / World Games.

106.14 Failure to Use IPF Approved Equipment

If the promoter of a Championship listed in 103.2 does not use the IPF recognised bars and/or plates at the competition platform, he will be fined a sum of Euro 1.500, and any World record broken by the lifters at the competition will not be accepted unless the bar and plates in use are checked and meet the IPF specifications

106.15 Failure to Submit Technical Checklist

If the promoter does not return the Technical Checklist within stated time limit, he will be fined a sum of Euro 125.

106.16 Facilities and Equipment Differing From Those Specified in the Technical Checklist

If the equipment and/or other facilities have not been as specified on the Technical Checklist, the promoter will be fined a sum of Euro 1500, and the IPF will not grant any World Championship or cup to this nation for a period of two years after the event where the deviation from the Technical Checklist specifications are considered being seriously against the IPF rules.

~~**106.17 Anti-Doping-Control Passport**~~

~~Every lifter must present at the Weigh-in an Anti-Doping-Control-Passport, in which all doping controls are registered. The athletes must have been subject to doping control within the preceding six months or will not be eligible to participate in the Championships.~~

~~Lifters not able to present an anti-doping control passport registering doping controls in the preceding six months, shall be given the option to undergo such doping control at the championships at their own expense. Receipt of payment for such doping control must be presented at the Weigh-in and the doping control must be carried out during the championships.~~

~~The anti-doping control passport will be implemented for the World Open championships for Men, Women and Bench-Press starting from 2003 Men's Open World Championships.~~

106.18 — Consent form

~~All lifters taking part in IPF championships and cups shall sign the IPF Consent Form. This shall take place prior to his/her participation in an IPF championship or cup, a lifter shall sign such form with the text translated into the lifters' native language. This form will be handed over to IPF officials during the weighing in. A copy in the lifter's native language, and two copies in English shall be completed. The English copy, and the native language copy shall be retained by the IPF and submitted to the IPF General Secretary. A copy, in English shall be given to the lifter. The Consent Form will be active from 1st of January 2003.~~

Consent Form and Acceptance of the Constitution and By Laws of the IPF

My Personal Information:

Family Name: _____ 1st Name: _____ Middle Initial: _____
Date of birth: DDMMYYYY _____ Nationality _____
Town _____ Street _____ ZIP _____
Country _____
Passport Number: _____
My nominating Federation: _____

Acknowledgement and Acceptance of the Constitution and By-Laws of the IPF.

~~With my signature below, I acknowledge and accept the Constitution and By-Laws of the IPF, and specifically including rules and guidelines with regard to doping and doping offences. It is my responsibility to review and be familiar with these documents, available at www.powerlifting-ipf.com, and www.europowerlifting.org. By my signature below, I attest that I accept these documents, that I am legally bound, for myself, my heirs, and agents, to submit to any testing method deemed appropriate by the IPF including in-competition and out-of-competition testing, and accept any and all sanctions meted out by the IPF. I further acknowledge that the suspension for a 1st time positive test for anabolics and related compounds is two years, and for 2nd and later positive tests for anabolics and related compounds is up to a lifetime suspension. I will accept punishment for positive tests for other compounds as detailed in the IPF constitutions.~~

~~My signature below also confirms my agreement to follow, exactly, the procedures for appeal of all doping-related punishment until their conclusion. I will follow such steps as defined in the IPF constitutions in the order they are set out in these documents regardless of whether I disagree with the steps taken in completing doping testing by the IPF. If I fail to follow such steps, in proper order and to completion, I agree to pay all legal costs, on both my part, and that of the IPF, for all legal actions, regardless of outcome.~~

Signature: _____ Place: _____ Date: _____ Witness _____ (IPF Rep.) _____

107 CONTRACTS

107.1 Signing Authority, IPF Contracts

Both the President and the Treasurer (and/or General Secretary) must sign all contracts performed in the name of the IPF when the majority of the EC have accepted such contract to be signed. A copy of the contracts must be given to all EC-members, *if it is requested*.

108 APPENDIX STANDING ORDERS

108.1 Order of Business

An agenda shall be prepared by the General Secretary and circulated to all member federations at least 30 days prior to the IPF Congress. All items on the agenda shall take precedence over all other business. Members desirous of introducing any other business for the consideration of the meeting may only do so after the business on the agenda has been completed.

108.2 Minutes

The minutes of the previous meeting, having been circulated, shall be taken as read. No motion or discussion shall be permitted. The only exception to this rule will be in regard to the accuracy of the minutes. After confirming the accuracy of the minutes, the Chairman shall sign them, and the delegates at the Congress shall be at liberty to ask questions with regard to matters arising from the minutes. Such questions shall be permitted for purposes of information only, and no debate on the policy outlined in the minutes shall take place. No correction or alteration to the minutes will be accepted unless written notification had been received and acknowledged by the General Secretary within four months of the date of circulation of the minutes to member federations.

108.3 Selection of Speakers

The Chairman shall decide the order of speakers.

108.4 Chairman's. Ruling

The ruling of the Chairman on any question under the Standing Orders or on any point of order or explanation shall be final. If there is a difference of opinion on a point of substance, a vote shall be taken and a two-thirds majority required to the ruling.

108.5 Speeches

No member shall speak for more than five minutes at any one time.

108.6 Motions and Amendments

The first proposition on any particular subject shall be known as the original motion. All succeeding propositions in that subject shall be called amendments. Every motion or amendment must be proposed and seconded by members actually present at the meet before they can be discussed. It is permissible for a member to make a speech first and conclude with a motion. When an amendment is moved to an original motion, no further amendment can be discussed until the first amendment is disposed of. Notice of any further amendment must be given before the first amendment is put to the vote.

108.7 Substantive Motions

If an amendment is carried, it displaces the original motion and itself becomes the substantive motion; whereupon any further amendment relating to any portion of the substantive motion moved, provided that it is consistent with the business and not been covered by an amendment or motion which has been previously rejected. After the vote on each succeeding amendment has been taken, the surviving proposition shall be put to the vote as the main question. If carried, it shall then become a resolution of the meeting.

108.8 Voting

Except when the chairman at his absolute discretion, authorises a vote to be by secret ballot the voting shall be by show of hands or coloured cards, if these are available. On particularly sensitive matters, such as a vote, which is concerned with members, or prospective members who are present at the meeting, such persons may be asked to leave the room before voting takes place.

108.9 Matters of Procedure

At meetings, all matters of procedure which are not covered under these standing orders, shall be decided by the Chairman of the meeting.

108.10 Privileged Immunity of the Congress

Anything said In the IPF Congress, committees or subsequent documentation is without prejudice and may not be used in litigation.

109 APPENDIX OFFICIAL AGENDA

- 109.1 Roll Call of Nations and Delegates Presentation of Credentials of each Nation. Certification of Athletes and Referees
- 109.2 President's Address
- 109.3 Minutes of the last Congress
- 109.4 Treasurer's Report
 - a) To examine the accounts of the previous year
 - b) To approve the budget for the forthcoming year
 - c) **Fees (if requested)**
- 109.5 Finance Secretary's Report
- 109.6 General Secretary's Report
- 109.7 Committee Reports
 - (a) Technical Committee
 - (b) Medical Committee
 - (c) Disciplinary Committee
 - (d) Appeal Committee
 - (e) Law & Legislation Committee
 - (f) **Doping Commission**
 - (g) **Doping Hearing Panel**
- 109.8 Regional Reports
 - (a) Region 1 (Europe)
 - (b) Region 2 (Africa)
 - (c) Region 3 (Asia)
 - (d) Region 4 (North America)
 - (e) Region 5 (South America)
 - (f) Region 6 (Oceania)
- 109.9 Elections
- 109.10 Proposals
- 109.11 New Member Applicants
- 109.12 Action on Delinquent Nations
- 109.13 Hall of Fame
- 109.14 Future Championships
- 109.15 Any Other Business
- 109.16 Adjournment

110 APPENDIX RULE AMENDMENTS

Proposals to amend the IPF Constitution, By-Laws, Technical Rules and/or Appendices. Hereinafter referred to as rule(s), shall be set out as follows:

110.1 Clear identification of the exact rule(s) or portion thereof concerned. For example: "Constitution, 12.7..." or "Technical Rules page 24, Errors in loading 14, second paragraph, third sentence after the word 'appeal'."

110.2 Action to be taken:

110.2.1 Deletion, or

110.2.2 Addition, or

110.2.3 Amendment, delete ... and insert (or replace with)...

110.3 Text involved

110.3.1 and (110.2.3) above. Exact identification of the text to be deleted. Note: Paragraphs and sections may be referred to by numbers sentences and words should be quoted in full.

110.3.2 and (110.2.3) above. The text of the addition or insertion, accompanied in the former case by the proposed rule No. or location.

110.4 Optional

A brief statement of the reasons(s) for the proposal: This will form part of the formal proposal but is merely for the guidance of The Congress. It shall appear on a new line separate from the proposal proper and headed 'Reasons(s)'.

Note: Any proposal, which would cause the rules to become contradictory, shall be ruled out of order. That is, it is the responsibility of the proposer to ensure that the amendments in his proposal are comprehensively framed and all the rules, which would be affected, have been consistently dealt with by the proposal.

Renumbering: It may be desirable to renumber a rule or rules to bring them into a more logical order. In such cases the proposal shall clearly indicate by number if available, which rules are to be renumbered and their intended new location, with new numbers(s) if available.

Decided at the IPF-Congress in Cape Town / South Africa on 09. November 2004