

**President**

NORBERT WALLAUCH

Krottenbachstraße 16

A-1190 Wien

Austria

Phone: +43-1-2633450

Fax: +43-1-2638666

[norbert.wallauch@kronline.at](mailto:norbert.wallauch@kronline.at)

**prov. General Secretary**

DETLEV ALBRINGS

Lerchenauer Str. 124a

D-80809 München

Germany

Phone: +49-89-3513916

Fax: +49-89-35732243

[albrings@t-online.de](mailto:albrings@t-online.de)

**Treasurer**

GASTON PARAGE

44 Rue de la Chapelle

L-4528 Differdange

Luxembourg

Phone: +352-21165314

Fax: +352-582696

[gparage@cmdnet.lu](mailto:gparage@cmdnet.lu)

**Chairman TC**

JOHN STEPHENSON

Andorogan, Bagatelle Road

Five Oaks, St. Saviour

Jersey C1, JE2 76A

United Kingdom

Phone: +441-534-758771

Fax: +441-534-758188

[stephensonjsy@supanet.com](mailto:stephensonjsy@supanet.com)

**Newsletter Editor:**

DENNIS UNITT

International Powerlifter

21 Greville Smith Avenue,

Leamington Spa

CV31 2HQ

Great Britain

Phone: +44-1926-770252

Fax: +44-1926-770251

[DUnitt@aol.com](mailto:DUnitt@aol.com)

VP Europe Arnulf Wahlström

VP Africa Alan Ferguson

VP Asian Susumu Yoshida

VP N.America Larry Maile

VP S-America N.N.

VP Oceania Robert Wilks

**Agenda of the IPF Congress 2003 in Vejle / Denmark**

**Tuesday, 4. November 2003**

**Center Hotel in Vejle**

Start: 02:00 pm

**Agenda**

1. Roll Call of Nations and Delegates  
Presentation of Credentials of each Nation  
Certification of Athletes and Referees
2. President's Address
3. Minutes of the last Congress.
4. Treasurer's Report  
(a) To examine the accounts of the previous year  
(b) To approve the budget for the forthcoming year
5. Finance Secretary's Report
6. General Secretary's Report
7. Committee Reports  
(a) Technical Committee  
(b) Medical Committee  
(c) Disciplinary Committee  
(d) Appeal Committee  
(e) Law & Legislation Committee
8. Regional Reports  
(a) Region 1 (Europe)  
(b) Region 2 (Africa)  
(c) Region 3 (Asia)  
(d) Region 4 (North America)  
(e) Region 5 (South America)  
(f) Region 6 (Oceania)
9. Elections
10. Proposals
11. New Member Applicants
12. Action on Delinquent Nations
13. Hall of Fame (Announcement of Names)
14. Future Championship.
15. Any Other Business
16. Adjournment

## 2. President's Address

It is now four years when I was elected IPF President at the Congress 1999 in Trento, Italy, and this means that it is time to draw up the balance for this period. Many important steps have been done to make the IPF a worldwide-recognized organization, which need not fear to be compared with others. The IPF is the only member for Powerlifting in the GAISF, the General Association of International Sports Federations, and is also representing Powerlifting at the World Games, the Olympic Games of the Non-Olympic Sports.

In the moment the IPF has about 90 member nations on all five continents (the exact number will be announced during the congress), a number that is be far enough for becoming an IOC recognized sport. Unfortunately changes at the head of the IOC - Juan Manuel Samaranch was followed as IOC-President by Dr. Jacques Rogge - have so far prevented Powerlifting from being accepted, because the new president has his own ideas as to the criteria for recognition. Certainly a lot of the so far recognized federations will lose their membership in this elite circle, others, to be hoped including Powerlifting, will be affiliated.

And the IPF is still working on that: I am in permanent contact with Ron Froehlich who is the President of the IWGA (International World Games Association) as well as of the IRSF (IOC Recognized Sports Federations). We are completing a brochure about „Powerlifting – A Sport For Every Body“ and preparing a five minutes video tape with highlights of our sport. Both enclosures will complete the official letter for acknowledgement to the IOC when we get the signal to make our application.

IOC recognition is a very important issue because it is connected with public reputation and financial benefit but it does not consequently mean that Powerlifting has to become a part of the Olympic Programm. The only chance is if we can convince the Olympic people by an impressive performance at the World Games, which they see as a show-window for possible new Olympic sports, and by a blameless behaviour what we still try to do.

The IPF practises a strict anti-doping policy. We have signed a contract with WADA (World Anti Doping Agency) to carry on Out of Competition Tests especially in countries with positive doping cases. An anti-doping passport shall help to register the testing of lifters who compete at international level. And the number of tests at World Championships can from now on be increased thanks to a broad-minded offer by the IOC lab in Cologne.

Furthermore the IPF has now a new Constitution & By-Laws as it is needed for a modern sports federation. Thanks to Detlev Albrings, who did the main work and who has now established as a perfect successor for the resigned Heiner Koeberich as IPF General Secretary. After some years of un-known status the IPF is now officially registered in Austria. The „International Powerlifter“, edited by Dennis J. Unitt, has become the official magazine of the IPF, containing the bi-monthly IPF-Newsletter.

The number of sponsors has increased as well as the willingness of our member federations to pay their membership fee since Gaston Parage has taken over the duty of the treasurer. There is no one anymore who dares not to pay. Thank you, Gaston! The good financial situation has enabled the IPF to take over the travelling costs for the EC members twice a year i.e. at the World Championships for Women and for Men what helped to get a by far better communication within the EC.

Last year after 19 years absence the IPF come back to America with the Masters Bench Press World Championship in Killeen, Texas, followed this year by the Women's Worlds in Chicago. This fulfilled yet another promise I made to the IPF Congress 1999 in Trento when I was for the first time elected. I am also pleased to remark that Larry Maile, IPF Vice President North America and newly elected USAPL President, has started talks with AAU, USPF and other powerlifting organizations to find ways to cooperate and use their respective synergies. It would be great to see Powerlifting in the USA grow together.

The World Championships for Men in Vejle, Denmark, as two years before the Worlds in Sotkamo, Finland, will have a copious TV coverage with attendance of the Danish TV televising the highlights on every of the five days of competition and Saturday as well as Sunday two hours live. Besides that also Eurosport confirmed to broadcast a one-hour summary to all their 68 connected countries in 18 different languages and the daily highlights for use in Eurosport-News. A big chance to make Powerlifting known better.

This year was a hard one for me because of my sickness that forced me to stay in hospital two and later on four weeks within less then three months. But during this time I was happy to see that the other EC members worked pretty well and showed that the president does not necessarily need to interfere in every matter. My thanks go to Arnulf Wahlström, Gaston Parage, Detlev Albrings, Larry Maile, Robert Wilks, Alan Ferguson und Susumu Yoshida.

Now I have completely recovered and also put some private and business things in order. So I am ready for re-election as IPF President and I would like to do that with the same team as in the past four years.

Norbert Wallauch  
**IPF President**

### **3. Minutes of the last Congress**

See IPF Newsletter No. 6 October / November 2002

### **4. Treasurer's Report**

The financial situation is still good, we have a good balance with the income and expense. We have more expenses as foreseen in the budget but we close the financial report with a small benefit. It was foreseen in the budget that Inzer would pay, but because he has paid in advance two years ago he does not need to pay this year.

We now have one more sponsor (Metal shop/Finland) so there is no hole in the budget with sponsorship money.

Again we have trouble with Crain for the payment of the licensing fee, but at long last he has paid, although, we are waiting for the final cheque to clear. The outstanding membership-fee from those Nations that had not paid has now been paid and they may partake in all IPF Championships. Countries, which are only provisional members, may also partake in IPF Championships even though the fee has not yet been paid. This I have accomplished together with Gerhard Geissler and therefore I thank him again for his help.

We have now 62 full members, 20 provisional members and 13 suspend members.

Because of our good financial situation I have proposed since I was elected as treasurer at congress that nobody must pay the doping control test if he realizes a World record (only the 4. attempt must be paid for). Before, all lifters must pay for the record, what I found that was not good and proper because it is unfair to give only records to lifters which have the money but not to the lifters which are strong but do not have the money for paying for the record. Since I have been treasurer we have not increased the participation fee, the doping-fee or the referee fees. And as long as I'm still treasurer I will defend the strategy not to increase the participation fee or the referee fee. In my opinion we must not take the money from the lifters and the referee's, but that we must have more sponsors and increase the membership-fee from 100 Euro to 200 Euro from 2005 onwards. We must also find a way to have more money for the OCT (Out of competition testing). The money from doping control is just enough for controls at competitions. In the last 2 years we have elevated the quantity of controls and this year we had enough money for doing OCT.

This we have never had before. This is a step in the right direction. We have now good relations with the Lab in Cologne and so it is possible to do more. Here my thanks go to Detlev Albrings because he has made the contact with the Lab in Cologne.

A lot of money is used for travel, because before there was no EC assistance. During the last 4 years we have a good Executive Committee and we have done a lot of work. Therefore it is necessary to pay the trips of the EC members, because without meetings you cannot do good work. We have a lot of new committee's (none existent when I was coming into the EC). Here you can see that the EC has done a lot of work to reinstall the committee's, but therefore we must also have money so that the members can travel to work together. Nobody can do good work by mail, so therefore it is important that the members can meet a minimum one time in the year.

Never before, had a Federation received bars but for the last 4 years we have given a lot of material to the federations. John Stephenson has done 20 years very good work for the IPF but his costs were not paid i.e. phone, stamps, travel etc. But for the last 4 years the IPF treasury has repaid his expenses. Göran Gunnarsson also makes a very good job as referee registrar. And so it is normal for me if he comes to the congress, working on the re-registrations and handing over the stamps for the period 2004-2007, that the IPF pay his trip. This also has not happened before, so as you can see a lot has changed in the last 4 years. We have now a very good magazine and Newsletter. It costs money but it is necessary to have this. Now a lot of information is given to the Federations.

In Finland we have had the television and the Championships were on Eurosport. This year we have again an arrangement with Eurosport for our Men's Open in Denmark. This also costs money.

This year we have given bars and ER-equipments to Slovakia, USA, Canada and bars to Ukraine, Argentina, India, and Fiji.

As you can see we have sponsored a lot but still have a reserve.

All this has never happened before and so hopefully you are content with my work and position as treasurer. So I thank you all for the co-operation you have given me in the past 4 years and I trust you will support me to continue for the next 4 years.

My thanks go also to our sponsors Inzer Advance Design, Titan Support Systems, Metal Shop Gym, Crain, Eleiko, Leoko, Ivanko, ER-Equipment, GNC Pro Performance, Quest Nutrition USA, Powerhouse Japan Proform Fitness, KFT Hungary Adidas Norway.

As the fee is paid they can be used from all Nations.

*Best regards  
Gaston Parage  
IPF Treasurer*

**(a) To examine the accounts of the previous year**

To be presented at the Congress.

**(b) To approve the budget for the forthcoming year**

To be presented at the Congress.

**5. Finance Secretary's Report**

To be presented at the Congress

## 6. General Secretary's Report

As you know, Heiner Köberich has resigned from the position of the IPF General Secretary at the World Women in Chicago.

The IPF-EC asked me to take over the duties provisionally. Because I can't be simultaneous the DC-Chairman, Dietmar Wolf / Norway has taken over the duties of the DC-Chairman.

Thank you very much Dietmar.

I haven't had any documents after taking the duties as IPF GS so I had to take such measures like preparing the invitations and organising the doping control for the coming 5 World Championships in a short time.

A special thank to the organisers, who have supported me in this matter.

I have a good contact to the respected IOC-Laboratory in Cologne and now we have a one year agreement with the Manfred-Donike-Society and the Institute of Biochemistry of the German Sports University in Cologne. This agreement will reduce the cost of doping tests, and allow us to increase the number of tests done.

Together with Wim Wamsteeker (Internet officer) I think that I have improved the IPF-Homepage (e.g. Calendar and the Members list).

Many thanks to Wim, who does a very good job for us.

In this matter I want to ask all member federations, that they sent to me their address data to me. So we get a proper members database.

If your address data on the Homepage is correct, please send only a short notice to me, that all is correct.

I will stand as candidate for the IPF General Secretary and I hope, I get your official consent to support you in the next four years.

I'm a team player and I hope that we have a good cooperation in future.

I wish you a successful Congress and a good World Championship.

Best wishes

*Detlev Albrings*

Munich, 06.09.2003

## 7. Committee Reports

### *(a) Technical Committee*

#### TECHNICAL COMMITTEE REPORT TO CONGRESS 2003

##### Committee Members

P.J. Couvillion  
Klaus Brostrom  
Bill Jamison  
Henk Keizer  
Arnulf Wahlstrom  
Susumu Yoshida

Dear Delegates,

As Chairman of the Technical Committee, this will be my last report to Congress. I had been encouraged to seek re-election and originally intimated that would be so. Since, circumstances have changed. My wife is due to retire at the end of the year, and we wish to do some travelling (no, not to and from Powerlifting Championships) although I hope to attend any that happen to co-incide.

I will not have the daily "hands on" and commitment as at present, possibly being away for months at a time. Congress I am sure will elect a suitable successor who will receive my full support and help if necessary in the duties as Chairman.

Referee Registrar Goran Gunnarsson who stands for re-election, continues to do an excellent job. His return to the post, we the committee feel should be a unanimous decision.

Goran reports:  
Referee's qualified since October 2002

##### Category 1

Robert Keller USA  
Lucien Gillis "  
Larry Maile "

Jan Wilczynski	Poland
Ivan Karpisek	Czech Republic
Josef Svedja	"
Steve Lousich	New Zealand

## Category 2

Argentina	1
Australia	1
Brazil	5
Canada	1
Chinese Taipei	1
Equador	2
Great Britain	2
Hong Kong	1
Iran	3
Ireland	1
Italy	2
Poland	7
RSA	2
USA	2

## INTERNATIONAL IPF REFEREES:

2003-09-10

	<b>Number of Nations</b>	<b>Category 1</b>	<b>Category 2</b>	<b>Total Referees</b>
<b>Europe</b>	24	112	158	270
<b>Africa</b>	1	2	7	9
<b>Asia</b>	12	36	64	100
<b>Oceania</b>	2	6	11	17
<b>Americas</b>	7	17	65	82
<b>Total</b>	<b>46</b>	<b>173</b>	<b>305</b>	<b>478</b>

Throughout the past year the Technical Committee has conducted several Category 1 and 2 Examinations. Our thanks to all the examiners around the world for their help in producing competent referees for the International Circuit.

As Chairman I have officiated at 4 International Championships this past year. My thanks to the IPF-Treasurer for the travel funding.

Proposals for change have been received from Australia, Finland and Sweden, and will be/have been discussed in committee. Those acceptable (13.2.1 of the Constitution) will be presented to Rules Congress 2004, and published on and in the appropriate media for member's interest throughout the coming year.

The T.C. Newsletter has been produced regularly. Again, our thanks to Wim Wamsteeker, Web Site, and Denis Unitt International Powerlifter Magazine.

A French manufacturing company named PALLINI has approached the committee in regard to IPF approval of their plates/discs (their bar is of a weight lifting type). When they produce a Power Bar the whole package will be considered.

Nothing new has been added to the list of approved apparel this past year. Good relations continue with our licensees.

At present it is considered that Marathon Suits will not meet with approval in 2004. The Nordic countries must be thanked by the users of Marathon Suits for keeping them "afloat" in 2003.

Under article 13.2.10 Technical Committee. There is only one essential item for proposed changed at Congress 2003. It is that referring to the belt as on the agenda.

Just one perennial complaint received by the committee is that many Juries do not have teeth" are sitting on three "wasted seats" and do not have the courage or are unable to make decisions when the rules are not being applied correctly!

The Committee under the new Chairman I am sure will continue with their pro-active approach to our Sport taking the initiative and acting upon.

We wish all Nations delegates an enjoyable and successful Congress.

John Stephenson  
T.C. Chairman

## **(b) Medical Committee**

To be presented at the Congress

## **(c) Disciplinary Committee Report**

The Disciplinary committee consists of the following members:

Dietmar Wolf (Norway)  
Larry Maile (USA)  
Detlev Albrings (Germany)

Since the last Congress 2002 the DC had to decide **3 doping cases**. We examined and discussed each of these cases in detail.

These 3 cases are still too many, although these are fewer than last year.

The IPF-General Secretary Heiner Köberich has resigned at the World Women in Chicago and the IPF-EC has asked me, to take over the duties provisionally.

In this position I cannot be simultaneous the DC-Chairman. So Dietmar Wolf was asked to do this job until this years Congress provisionally.

The DC has now to decide in a complicated doping case of the World Women.

Please keep in mind that all member federations, which have a positive case in 2004, cannot participate in the World Games 2005 (according IPF By-Laws 106.12). So we want to remember you to fight against doping further on.

We thank all the members of the Committee and the EC-members for their good cooperation.

We wish you a successful Congress and a good World Championship.

Best wishes

*Detlev Albrings / Dietmar Wolf*  
Munich / Haugesund, 06.09.2003

## **(d) Appeal Committee Report**

The IPF Appeal Committee (AC) have during the period since last congresses consisted of Lars-Göran Emanuelson, chairman, and Nectar Kikiris.

The AC has been informed of all decision that the IPF disciplinary Committee (DC) have made during the period. Even though there have not been any appeals for the AC to make decision in. The fact that we have not got any appeals is a result of the good job that has been done within the DC.

The AC still is understaffed and is still looking for more members to complete the committee with five members.

Lars Emanuelson (Sweden)  
Chairman

## **(e) The Law & Legislation Committee**

The Law & Legislation committee consists of the following members:

Arnulf Wahlström (Norway)  
Dietmar Wolf (Norway)  
Larry Maile (USA)  
Gaston Parage (Luxembourg)  
Klaus Broström (Denmark)  
Detlev Albrings (Germany)

At the Congress 2002 the Law & Legislation Committee has presented a new IPF-Constitution and By-Laws. The Congress voted for this and in the meantime the IPF has been registered in Vienna / Austria.  
So a milestone of the Committee was reached.

At this year Congress the L&L-Committee got proposals for changing Technical rules and IPF-Con.+By-Laws from some member federations.

This year is the election Congress and we need for changing our rules a 2/3-majority. Most of the member federations, which have sent proposals, have given their proposals to the Technical Committee. The TC shall discuss and prepare these proposals for the Congress next year.

I hope our Congress will be constructive and productive and that we do a harmonious teamwork.

Best wishes

*Detlev Albrings*

Munich, 06.09.2003

## 8. Regional Reports.

### ***(a) Report from Europe***

#### ***General.***

European member federations have this year hosted 4 World Championships, 6 European championships and some international cups. It is a pleasure to see that most federations have gained a lot of good experience and are able to provide high technical standard at their championships.

At the Congress in May new EPF officials were elected and a total revised EPF Constitution and By Laws were accepted. EPF is well organised and prepared to meet the challenges in the years to come.

#### ***Members.***

The European Powerlifting Federation (EPF) has 31 (32\*) full and 7 (4\*) provisional member nations. The yearly EPF Congress took part in Sofia, Bulgaria in May with delegates from 18 (15\*) member Nations present plus 5 EC members.

***EPF Hall of Fame*** were honoured at the EPF Congress to *Jiri Hofirek, Czech Republic* for his long and very good service to the powerlifting sport as official and *Cecile Jamin, France* for her outstanding lifting and long time active career.

***EPF Powerlifters of the Year*** (-2002) were honoured to *Marina Kudinova* from Russia and *Jaroslaw Olech, Poland* (top ranked lifters by points).

***EPF Executive members*** and officials elected at the Congress this year were: *Arnulf Wahlstrøm, Norway* (Pres.), *Kalevi Sorsa, Finland* (Vice-Pres.), *Heiner Köberich* (Gen. Sec. and Treasurer), *Myriam Busselot, Belgium* (Technical Com. chairm.), *Dietmar Wolf* (Law & Legislation com. chairman), *Pavol Müller, Slovakia* (Finance Com. chairm. & Disciplinary Com. chairm.) and *Detlev Albrings, Germany* (Appeal Com. chairman) *Jari Tähtinen, Finland* is appointed as Record Registrar and *David Hinchley, GB* is appointed as Internet Officer.

In July Heiner Köberich resigned as Treasurer and Ralph Farquharson, GB was appointed new Treasurer. In August Heiner Köberich resigned from all EPF offices and Ralph Farquharson was appointed new General Secretary and Jiri Hofirek (Czech Rep.) new Competition Secretary.

Heiner Köberich's outstanding work in EPF as General Secretary and Treasurer from 1986 has been of vital importance for building EPF to the high standard it has to day. Heiner Köberich's contribution is highly appreciated and the powerlifting sport owes him a big thank you!

#### ***General view of activities.***

The European Region has been active in organising international championships and cups in 2003. This includes 4 out of 7 World Championships, 6 European championships, 3 Nordic championships, Danube Cup and European Union cup. The EU Cup will from 2004 change name to West European Cup as decided by the Congress.

### **European championships 2003.**

- Senior Europ. Champ.: Sofia, Bulgaria with 90(95\*) lifters from 16(19\*) nations
- Women “ “ Laukaa, Finland (2002) with 59 (52\*) lifters from 13 (12\*) nations
- Junior “ “ Nymburk, Czech. Rep. with 42 (47\*) women and 89 (91\*) men from 17 (19\*) nations.
- Master “ “ Balatonalmadi, Hungary with 41 (16\*) women and 160 (91\*) men from 20 (10\*) nations.
- Benchpr. “ “ Lviv, Ukraine with 51 (72\*) women and 88(99\*) men from 11 (20\*) nations.
- Benchpr. Masters “ Vrsac, Serbia and Montenegro with 19 (40\*) women and 75 (154\*) men from 15 (17\*) nations.

### **Regional Championships and Cups.**

- *Nordic Championships* were organised by Denmark (juniors and youth), Norway (open men & women) and Finland (bench press).
- Hungary hosted the *Danube Cup* and France the *European Union Cup*.

(\*) in the text means numbers from year 2002.

*Arnulf Wahlstrøm*, Vice President for Europe

### **(b) Report from Africa**

#### **Alan Ferguson Vice President Africa**

Another year of frustrations in terms of trying to consolidate and structure African Powerlifting.

I am in contact with 12 African states that have some form of Powerlifting Structure however only three of these namely South African Powerlifting Federation, Nigerian Powerlifting Federation and the Mauritius Powerlifting Federation are actually registered as being official African Powerlifting Federation members.

The other nine countries are in a situation whereby they have indicated an interest however when invited to compete and send entries no further word was heard.

The Ugandan Powerlifting Federation indicated at the end of last year that they might be in a position to host the 2003 All African Championships however due to lack of sponsorship and non communication from them I was forced to abandon the project and turned to the South African Powerlifting Federation to assist and open up their championships to other nations.

The South African Championships took place on the 9th September 2003 opened to all African nations who wished to compete and invitations were sent out accordingly as well as the invitation on the IPF web site.

Unfortunately once again no one bothered to even reply and as a result it turned out to be a totally South African event.

Powerlifting is very alive and well in South Africa and the South African Powerlifting Federation is now the only Powerlifting organization in existence in the Republic after the consolidation of the WPC and IPF factions facilitated by the government at the beginning of 2003.

The SA National Championships saw 85 lifters that qualified to lift in these championships producing some very encouraging results.

25 drug tests were carried out at these championships with not one positive.

I will continue to work towards the unification and consolidation of the sport in Africa over the next year with the hope that communication and commitment from the various countries improve to enable me to do this.

Alan Ferguson

### ***(c) Report from Asia***

#### **1. Championships**

We had the 2003 Asian Powerlifting Championships at Almaty, Kazakhstan, from 30<sup>th</sup> of April to 4<sup>th</sup> of May. This year, we prepared 5 divisions, such as Sub-Junior, Junior, Senior (Open class), Masters 1, and Masters 2. Total participants are 220, biggest Asian Powerlifting Championships ever.

Organizer of the Championships was Mr. Sergey Korzof, our vice-president. Hotel was international level, and the venue was wide and beautifully decorated.

Championships it self was very competitive and audience enjoyed hard battle of the each classis. This championship was televised every day and we can see the championship report on the newspaper with colour photos.

#### **2. Records**

At the 2003 Asian Powerlifting Championships, 25 women's Asian records were made and 5 women's world records were made. In the men's division, 11 Asian records were made. We did doping test for 15 lifters.

#### **3. Members**

This year, we welcome the Mongolian Powerlifting Federation as the provisional members. Now the number of the members of Asian Powerlifting Federation are 18 including provisional members.

#### 4. OCA & other organization

I met the one of the executive member of Olympic Committee of Asia at the Asian Games in Korea. He advised me to contact the General Secretary of OCA, Mr. Singh of India. I wrote the letter that we want to the powerlifting be recognized by OCA. He advised me to send him the activity report of our federation every year. I will keep on sending him our activity and appear the powerlifting in Asian Region.

Chinese Taipei Powerlifting Association suggested me to participate to the GAASF the controlling body of the general sports in Asian Region. I send several letters to the general secretary of GAASF but still got no good reply from him.

General Secretary of Asian Powerlifting Federation  
and Vice President of IPF, Asia  
Susumu Yoshida, 20.09.2003

#### ***(d) Report from North America***

This has been an exciting year in the North American Region. We continue to make strides in terms of increasing participation by athletes at World Championships, and we have reinitiated Regional competition via the North American Cup Championships, held this spring.

Athletes from our Caribbean neighbours have returned to IPF competition with a presence of the team for Puerto Rico attending the Women's World Championships held in Chicago, in May. Our friends from the south fielded a number of excellent athletes, and began the process of increasing referee certification in their area. This will be followed up with a formal referees clinic, to be held in September in San Juan in conjunction with their National Championships. Category I referee Robert Keller will travel to this competition, provide a rules clinic, and administer 12 tests to certify Category II referees. Puerto Rico also is planning to offer a regional cup match in the near future, as details work out.

The U.S. was proud to host the first Open World Championships in the U.S. in almost two decades, with the Women's Championships in Chicago. It was well attended, and is a step to bringing back public awareness of the IPF in the North American Region, which began with the 2001 Master's World Championships (Moose Jaw, Canada) and the Master's Bench Press World Championships in 2002 (Killeen, Texas, U.S.A.). We are eagerly anticipating the 2004 World Bench Press Championships, will use the publicity generated from prior international events to build momentum.

The initial IPF North American Cup was held in March in Philadelphia, Pennsylvania, with attendance by two U.S. teams, and a team from Canada. The team format, with average points for the whole team made for an exciting finish. Robert Keller and his staff, with sponsorship from Inzer Advance Designs, hosted a world class event. This region ends our competitive year with the U.S. Men's National Championships, held in Rapid City, South Dakota, and televised regionally for the first time.

It has been a successful past year, both within the nations of the North American Region, and internationally, with athletes improving their individual and team placings, and greater recruitment of young athletes, and retention of gifted master lifters. We look forward to another successful year.

Larry Maile, IPF Vice President for North America

### **(e) Region 5 (South America)**

To be presented at the Congress

### **(f) Report from Oceania**

#### **Membership**

The following nations have been active, fully paid members of the OPF and IPF in 2003:

Australia  
New Zealand  
Nauru  
Fiji  
Papua New Guinea  
American Samoa  
Tahiti  
Niue  
New Caledonia  
Tonga

i.e. Eleven nations. There has also been activity in Cook Islands, Paolu, Northern Marianas and Wallis & Futuna, which can be considered 'provisional members'.

#### **Oceania Championships**

Oceania Championships were held in December 2002, at Taurunga, New Zealand. These were most successful with c.60 entrants from six nations. Best lifter was Derek Pomona of New Zealand.

#### **Gay Games**

This event was also held at the end of 2002 in Sydney, Australia. The Games Powerlifting event was IPF sanctioned and attracted c.40 lifters. The Gay Games themselves are one of the World's biggest sporting events, with almost 10,000 competitors. One lifter tested positive and was duly suspended by the IPF. However overall Powerlifting made a major impact at this special event.

## **South Pacific Games**

For the first time the South Pacific Games were held with Powerlifting as an official IPF-sanctioned event. The Games are the major sporting event in the Pacific region and were held in July in Suva, Fiji. The Powerlifting event had 44 lifters from 8 nations, with the best performance being 293kg BP by George Lealiifano.

This event had TV coverage and a certain world first, page one headlines in the national newspaper about Powerlifting. Drug testing was conducted by IOC officials, with all 7 tests being negative.

## **Administration**

At the July 2003 General Meeting of the OPF the following committee was elected:

President / Secretary	Robert Wilks (Aust)
Vice-President	Gerry Sannum (NZ)
Treasurer	Steve Lousich (NZ)
Record Keeper	Derek Pomona (NZ)
Committee	Tony Burley (Aust)
	Russel Kun (Nauru)

Robert Wilks.

## **9. Elections**

President:	Norbert Wallauch (AUT) proposed by LUX, GER Larry Maile (USA) proposed by AUS
General Secretary:	Detlev Albrings (GER) proposed by LUX, GER
Treasurer:	Gaston Parage (LUX) proposed by GER, LUX
Technical Committee Chairman:	John Stephenson (GBR) proposed by LUX, GER Robert Keller (USA) proposed by USA Robert Wilks (AUS) proposed by AUS
Disciplinary Committee Chairman:	Dietmar Wolf (NOR) proposed by LUX, GER
Appeal Committee Chairman:	Lars-Göran Emanuelson (SWE) proposed by LUX, GER
Law & Legislation Chairman:	Detlev Albrings (GER) proposed by LUX, GER
Medical Committee Chairman:	Bernie Miller (USA) proposed by LUX, GER

## Board members (to confirm):

Africa:	Alan Ferguson (RSA)
Asia:	Susumu Yoshida (JPN)
Europe:	Arnulf Wahlström (NOR)
Oceania:	Robert Wilks (AUS)
North America:	Larry Maile (USA)
South America:	

Non executive members (appointed by the EC / proposals can made by the member federations)

Finance Secretary:	Gerhard Geissler (GER) proposed by LUX, GER
Media Officer:	
Newsletter Editor:	Dennis Unitt (GBR) proposed by LUX, GER
Records Registrar:	Jari Tähtinen (FIN) proposed by LUX, GER
Championship Secretary:	Gaston Parage (LUX) proposed by GER
Doping Control Officer:	Robert Wilks (AUS) proposed by LUX, AUS Detlev Albrings (GER) proposed by GER
Internet Officer:	Wim Wamsteeker (NED) proposed by LUX, GER
Referees Registrar:	Göran Gunnarsson (SWE) proposed by LUX, GER
Member of DC:	Stephane Hatot (FRA) proposed by FRA

## 10. Proposals

***At this Congress no Constitution and By-Laws can be changed, except if the Congress decides about amendments with a 2/3-majority.***

### 1) South Africa

The South African Powerlifting Federation has two proposals for congress:

1) That the World Bench Press Championship date is moved to somewhere other than December say mid year.

**Reason** is that, December is a bad month for travelling as all airlines increase their ticket prices from the 1st December making them very expensive and it is also getting close to Christmas holidays and a lot of hotels also increase their rates.

2) All World Championships must be staged in major cities or close proximity.

**Reason** is to keep the costs affordable; avoiding extra costs for onward travel to smaller centres sometimes these costs are as much again as the main leg of travel. The second reason is sometimes the lack of entertainment and facilities in smaller centres.

3) Included under Bench Press rules that a piece of cloth with a small weight attached which will hang over the edge of the bench, be placed under the lifters buttocks when positioning himself for the bench press.

Should the lifter raise his buttocks whilst in the process of the bench movement the cloth will automatically fall to the ground thereby indicating a no lift. One of the spotters can position the cloth under the lifter when the lifter is positioning himself getting ready for the lift. The benefit of this will be to allow the two side referees more opportunity to observe other infractions of the laws pertaining to the bench press.

## 2) Australia

**By-Law 101.7** -- add "The conduct of that Championship shall be regulated by a contract or contracts between the IPF & the promoting federation or other entities, such contract setting out reasonable requirements for the administration & operation of the championships by all parties concerned".

**Reason** -- to ensure good quality World Championships"

**BY-LAW 105.9** - delete "Single lift Bench Press"

**Reasons** - nonsensical to have two "World Records" for the same lift

- undermines IPF's credibility if it recognizes double-counted "World Records"
- the "Records" in bench-only meets are, on the whole, no better than the Records in 3-lift meets
- the IPF should now issue a World Record list with the better of the current Single or 3-lift Bench Press performance shown as the only World Record

**RULES-WORLD RECORDS 13** - delete from "World (single lift) Bench Press records ... (to) bench press record"

**Reason** - to be consistent with above

**RULE 2** - Insert “Men’s & Women’s combined Open World Championships”, “Men’s & Women’s combined SubJunior & Junior World Championships” & “Men’s Women’s combined Masters I, II & III World Championships”, “Men’s & Women’s combined Masters & Open Bench Press World Championships” and delete competing wording

**Reasons** - to allow for the World Championships calendar to be rationalized into four events, as follows (dates are suggested and to be confirmed by the EC) -

World Masters (Men & Women I, II & III) - March

World Juniors (Men & Women SubJunior & Junior) - early July

World Bench Press (Men & Women Open & Masters) - September

World Championships (Men & Women) - mid to late November

- fewer, larger events reduce travel time, create economies of scale in various costs, create events of magnitude comparable to other sports

- to give equal weighting and prominence to Women’s Open Worlds

**RULE 3** - SubJunior, delete “18 years”, insert “19 years”,

- Junior, delete “19 years”, insert “20 years”

**Reasons** - to make the SubJunior category one year older

- the current SubJunior category is lopsided, with few lifters aged 14-18 and many aged 19-23

- three World SubJunior Championships have been held and have essentially been failures, i.e. low attendance and devaluation of the World Championship concept; moving the Sub-Junior Worlds to a combined event with the Junior Worlds only hides and does not change the underlying problem of few lifters in the current SubJunior category

- Women, Master II delete “upwards” and insert “and throughout the full calendar year in which she reaches 59 years”; insert “Master III: from 1 January in the calendar year she reaches 60 and upwards

**Reasons** - to create Women’s Masters III, same as for men

- legally and morally discriminatory to have men’s in one category but not women

- 60+ women at unfair disadvantage competing against 50 year olds

**RULE 4** - delete existing Bodyweight categories and insert the following as class limits -

<u>Men</u>	58	<u>Women</u>	46
	64		50
	71		54
	79		59
	88		68
	100		80
	115		80+
	115+		

**Reasons** - current categories are lopsided splicing of the world population of lifters - the Medical Committee/Robert Wilks report found that the current classes contain the following percentages of lifters -

<u>Men</u>	52	2%	<u>Women</u>	44	6%
	56	6%		48	10%
	60	10%		52	17%
	67 ½	17%		56	19%
	75	18%		60	16%
	82 ½	16%		67 ½	14%
	90	12%		75	10%
	100	10%		82 ½	4%
	110	5%		90	2%
	125	3%		90+	1%
	125+	1%			

a totally even distribution can never be achieved, but the proposed new classes eliminate the extremes of the current misdistribution -

<u>Men</u>	58	12%	<u>Women</u>	46	13%
	64	13%		50	14%
	71	17%		54	15%
	79	17%		59	22%
	88	17%		68	19%
	100	14%		80	13%
	115	6%		80+	4%
	115+	4%			

Sweden has submitted a proposal for new bodyweight classes but this has no empirical basis presented and would catastrophically worsen the present misdistribution of lifters and classes -

<u>Men</u>	55	7%	<u>Women</u>	47	14%
	63	18%		53	24%
	72	21%		61	33%
	84	26%		70	15%
	97	16%		80	9%
	112	8%		91	4%
	128	3%		91+	1%
	128+	1%			

- the proposed new classes are also fairer in terms of the range of performance encompassed in each class, e.g.

71kg 700 = 518 points  
79kg 755 = 519 points

100kg 855 = 518 points  
115kg 890 = 517 points

115kg 890 = 517 points  
140kg 925 = 517 points  
160kg 940 = 517 points

i.e. the new classes each encompass approximately 50kg of performance (whereas, say, the current 125 kg class encompasses c. 25kg of performance and the 67 ½ kg class 60kg of performance)

- the current, too many, lopsided classes have the effects that

- contests are unfair, e.g. 52kg medal is vastly easier to obtain than 75 or 82 ½ kg medal

- IPF loses credibility with Games organizers, governments, etc. who see that so many classes create “cheap” medals and thus resist inclusion of Powerlifting in their events

- Championships are prolonged

- classes are not differentiated to the public, i.e. totals are similar in the (too many) heavier classes and this dilutes the impact of those classes

**RULE 5** - delete “eleven”, insert “eight”; delete “ten”, insert “seven”

**Reasons** - to be consistent with new bodyweight classes

- to control the length of major Championships

**POWERLIFTS & RULES OF PERFORMANCE - Bench Press** - delete from “motionless on the chest ... (to) ... together”, insert “motionless on the chest for one second. The lifter must then return the bar to arm’s length with no uneven extension of the arms at any point and with both arms locking out simultaneously”.

**Reasons** - the phrase “one second is **recommended**” is ambiguous - is it a mandatory one second or not?

- disallowing only “immoderate” uneven extension has created wide variations in interpretation - what is “immoderate”? - and ever greater unevenness of extension

- “one second, no uneven extension”, returns bench press to a relatively black & white lift to judge

- delete “pronounced/exaggerated” from 4. causes for disqualification of a Bench Press

**Reason** - to be consistent with above

**RULES FOR THE DISABLED** - add “with the use of crutches, sticks/canes or wheelchairs”

**Reasons** - to allow wheelchair access to bench

- current inconsistency, wheelchair athletes can be lifted to the bench by their coach, but cannot use the more dignified approach of using their wheelchair

- in most Western countries it is illegal under Equal Opportunity legislation to discriminate against any group of disabled persons

- whether the lifter approaches the bench via coach carrying, stocks, crutches or wheelchair is irrelevant, as long as the bench press lift itself is performed according to rules applied to all

- politically unwise to exclude the disabled from bench press contests

**ORDER OF COMPETITION (b)** - insert after "a session can be composed of one group of a bodyweight category, a single bodyweight category or any combination of bodyweight categories"

**Reasons** - to allow for A, B, C groups to be run separately

- this will allow for attractive presentation of 10 or so A group lifters in c. 2 hour session to lifters

- will also allow for designing of presentations suitable for television (e.g. Vejle)

**RESPONSIBILITIES OF THE OFFICIALS (c) timekeeper** - delete "after being called to the platform", insert "after the Chief Referee signals "bar loaded"

**Reason** - "being called to the platform" is an imprecise point of time - speaker may delay

- Chief Referee should be in control of competition, not the speaker

### 3) Finland

DRAFT PROPOSALS FOR CHANGING THE CERTAIN ARTICLES OF TECHNICAL RULES, CONSTITUTION AND BY-LAWS OF THE IPF

Proposals for Technical Rules to be examined by the IPF Technical Committee and forwarded to the IPF Congress (2004?), if considered so. Proposals for Constitution and by-laws to be handled and forwarded to the Congress only in case the proposals for Technical Rules are put into agenda of the Congress. I'd recommend that all these draft proposals to be considered and decided in block because they are one way or another, tied to each other

Note: ~~Over-lined/red coloured~~ words to be deleted and replaced/added by **bold/blue**. Normal text to be kept as it is in current rules.

## GENERAL RULES OF POWERLIFTING

Page 4, item 7. To be changed as follows:

7. Each nation must submit a team roster giving the name of each lifter, bodyweight category and **the best result in each disciplines and total** achieved at national **championships** or international level **contests** during the previous twelve months. The date and title of the ~~competition~~ **national championship or international contest** in which the total was achieved must also be stated. These details must be submitted to the General Secretary of the IPF or Region and also the Meet Director at least 21 days before the date of the championships. The names of the alternates or reserves with their bodyweight categories and best totals must also be submitted at this time. ~~Failure to comply with this require may result in disqualification of the offending team.~~  
A lifter cannot produce a qualifying total via his national federation for entry into World, International or Regional championships while he is under suspension by the IPF or Region.

### Reason:

The IPF should require the results stated for lifters in nomination form to be achieved in "calendar" events. .

## WEIGH IN

Page 17, item 6. To be changed as follows:

6. Each lifter may only be weighed once. Only those whose bodyweight is heavier or lighter than the category limits of the category entered are allowed to return to the scales. They must return to the scales and make weight within the limits of the hour and a half allowed for the weigh in. ~~otherwise they will be eliminated from the competition for that bodyweight category.~~ A lifter can only be re-weighed as often as time and orderly progression by lots allows. A lifter may only be weighed outside the time limit of one and a half hours if he presents himself within the time limit, but due to the number of lifters trying to make weight, he is denied the opportunity of mounting the scales. He may then be allowed one re-weigh at the discretion of the referees. The lifter's agreed bodyweight must not be made public until all lifters competing in the particular category / categories have been weighed in. **A lifter who fails to make the bodyweight as entered in the Final Entry form, is excluded from the actual competition.**

Reason:

Moving up or down must not be acceptable, as the lifters should be able to showing their strength and tactical skill on platforms, not on the scales.

If the IPF is going to have powerlifting recognised by the IOC some day, it certainly means many changes to be made the sooner the better in the IPF rules conforming the common practises in Olympic sports. For several reasons, this rule change is one of them.

**WEIGH IN**

Page 18, item 7. To be changed as follows:

7. A lifter shall be nominated in his normal bodyweight category. ~~However, each lifter will have the option of changing categories up or down from that in which he was originally nominated on the final team nomination form. If the lifter wishes to exercise this option, he must present himself to the Chief Referee at the weigh in room ten minutes before the commencement of the weigh in for his final choice of bodyweight category. If he wishes to move up, the lifter must also report to the Chief Referee of his originally nominated lower category, ten minutes before the commencement of the weigh in for that category in order to be excused. If a lifter changes categories and the lot draw has already been carried out, then the lifter shall be placed at the top of the draw. If the lifter's new bodyweight category is to be split into alternating groups because of the number of competitors, then unless he can produce irrefutable evidence of a total made in the new category during the preceding twelve months at a National or International level, he will automatically be placed in the first group to lift. It is also courteous to let the Chief Referee from ones originally nominated class know of the move, he may not have received the information or to have been in the vicinity of the venue at the time.~~
- ~~Example (a) – A lifter nominated at 90 kg wishes to lift at 82.5 kg. He must present himself to the Chief Referee of the 82.5 kg category ten minutes before the commencement of the weigh in for that category.~~
- ~~Example (b) – A lifter nominated at 90kg wishes to lift at 100kg. He must report to the Chief Referee~~
- ~~of the 90kg category ten minutes before the weigh in commences and state that he wishes to move up into the 100kg category and therefore does not wish to weigh in. He must then also present himself to the Chief Referee of the 100kg category ten minutes before the commencement of the weigh in for that category. It is the responsibility of the lifter to know the bodyweight category for which he was originally nominated. A claim that an error had been made on the final nomination form will not be accepted.~~

Reason:

Due to the change of previous item.

## ORDER OF COMPETITION

Page 21, item (c) to be changed as follows:

(c) Grouping shall be determined by examining the lifters' best totals achieved at national **championships** or international level **contests** during the previous twelve months. The lifters with the lowest totals will form the first group to lift with progressively higher totals forming further groups as necessary. Where a lifter has not provided a total for the previous twelve months **in his/her entered weight category**, then that lifter shall automatically be placed in the first group to lift. ~~This also applies to lifters wishing to move up or down from their originally nominated category.~~

### Reason:

Obvious if the proposal for GENERAL RULES OF POWERLIFTING, page 4, item 7 is accepted.

## CONSTITUTION OF THE IPF

Article 12.5.2.2 to be changed as follows:

12.5.2.2 Lifter's best **results in each disciplines and** total performed within the preceding twelve months at national **championships** or international level **contests**.

Articles 16.28, 16.28.1 and 16.28.2 to be deleted:

~~**16.28 — Penalties for Failing to Enter Proper Nomination, Failure to Appear for Competition**~~

~~16.28.1 — Entries that fail to arrive in the hands of the General Secretary and Promoter less than 21 days before the opening date of the competition shall be subject to a fine of EUR 40 per entry, for each lifter and official nominated, payable to the promoter.~~

~~16.28.1 Member nations must notify the General Secretary and the Promoter of each World Championship of their attendance/non-attendance at the event. This notice must be received no later than 21 days prior to the start of each championships. Member nations who do not comply with this requirement will be fined EUR 30 and will not be permitted to participate in any World Championship until the fine has been paid.~~

### Reason:

Such a penalties/fines are meaningless as any entries after the 21-day time limit for final entries is over will not be accepted (if the proposal for it will be successful). At this stage (without a separate notice from nations) the IPF and the promoter do know which nations will take part at the Championship.

The number of article 16.29 to be changed as 16.28.

~~16.29~~      **16.28**      Official Defined

## BYLAWS OF THE IPF

**Add to the end of the title of article:**

106.4            Timelines for Completion of Invitation/Accommodation rates, **Preliminary Nominations, Final Entries**

Add the new articles as follows:

**106.4.3        Participants may only be officially entered by their respective affiliated national Federation. A preliminary Entry form, including information on the number of competitors and officials must be returned to the General Secretary and the Promoter not later than sixty (60) days before each Championship or Cup.**

**106.4.4        In case of non-attendance in the Championship or Cup by a nation, a preliminary Entry form to state the non-attendance must be returned to the General Secretary and the Promoter not later than sixty (60) days before the Event.**

**106.4.5        The General Secretary and the Promoter must receive a final Entry form not later than twenty-one (21) days prior to the start of a Championship or Cup. This form must include:**

106.4.5.1 The lifter's and reserve's name, date of birth, the bodyweight category, the best result in each disciplines and the best total achieved in national championships or international level contests last 12 months.

**106.4.5.2 The names of the accompanying officials and their function,**

**106.4.5.3 The exact arrival and departure information of the delegation.**

**106.4.6        No nominations are accepted after the time limit to return the Final Entry form to the General Secretary and the Promoter has elapsed .**

106.4.7 Verification of attendance/non-attendance or substitution of lifters with reserve lifters included in the Final Entry form takes place at the technical meeting prior to a championship or cup. No changes of weight categories are allowed.

#### 4) Medical Committee

**Draft proposal to make changes to the IPF Constitution as follows:**

**Constitution 13.4.2.1 - Delete the wording; “the IOC Olympic Movement Anti-Doping Code in the current version will be the guiding document followed” from the end of article and replace it by “the current version of the World Anti-Doping Code (WADC) provided and published by the World Anti-Doping Agency (WADA) with an appendixes and annexes based on the WADC will be the guiding documents followed as far as is applicable to the present practice in the IPF.**

Amended article in whole is as follows:

##### **13.4.2.1 Doping cases**

The procedure to deal with doping cases will be the following:

1) All relevant papers regarding a positive doping sample shall without delay be sent to the Disciplinary Committee Chairman by the Doping Control Officer. A copy must be sent to the General Secretary by the Doping Control Officer.

2) The DC shall inform the national federation, in which the lifter that tested positive is a member, to ask for any explanation or comments regarding the positive sample. The national federation shall be given a time limit of maximum 1 month to answer the request of the DC.

3) If appealed by the national federation, in which the lifter that tested positive is a member, to have the B-sample analysed, the DC will organise with the laboratory to have this carried out. The fee for appeals is according to By-Laws 103.2.15 to be paid to the IPF-Treasurer prior to any analyses of the B-sample.

4) After examining all facts and documents the committee makes its decision and send this to the IPF-Executive and the concerned national federation of which the suspended lifter is a member. The judgements must be published in the IPF-Newsletter

If in doping cases the IPF-Constitution or IPF-By-Laws have no rulings the current version of the World Anti-Doping Code (WADC) provided and published by the World Anti-Doping Agency (WADA) with an appendixes and annexes based on the WADC will be the guiding documents followed as far as is applicable to the present practice in the IPF.

**Reason:** There is said as comment in article 4.1 of the WADC that “*The OMADC will continue to be applicable until the WADC is accepted by the International Olympic Committee*” (OMADC = Olympic Movement Anti-Doping Code). As the IOC has already accepted the WADC then the OMADC is no more applicable. Therefore, and avoiding any confusions, the IPF should instead of OMADC, refer to the WADC.

Current article 17.1.1.5 of the IPF Constitution as:

17.1.1.5 The IPF accepts IOC recommendations regarding doping control, including those regarding listed prohibited substances and methods procedures for sample collection and accredited laboratories. The only variation from IOC recommendations shall be minor alterations to the list of prohibited substances and methods or sample collection procedures. Such alterations are within the authority of the Medical Committee to make on behalf of the IPF as and when required. Sanctions for positive cases in doping control are the following:

To be amended as follows:

17.1.1.5 The IPF do follow, as far as is applicable to its present practice, the testing procedures determined in the current documents provided and published by WADA, including the current Prohibited List published by WADA on which the prohibited substances and prohibited methods are identified, procedures for sample collection and transport of samples, and those regarding the use of accredited laboratories. The only variation from these standards shall be minor alterations to the list of prohibited substances and methods or sample collection procedures. Such alterations are within the authority of the Medical Committee to make on behalf of the IPF as and when required. Consequences imposed for proved doping cases are the following:

**Reason:** The same as for article 13.4.2.1. Additionally the Prohibited List provided by WADA is the only "Prohibited List" in common use from 1/1/2004. Avoiding any confusion the IPF also should instead of IOC list, which is no more applicable, refer to the WADC.

#### **4) Technical Committee**

##### **BELT**

Dimensions:

Change 6.to - Distance between end of belt and far end of tongue loop maximum 25 cm.  
Lever belt inner portion /tongue ( that from the lever ) maximum 25 cm.

**Reason:**

It has been brought to the attention of the T.C. that some referees are rejecting lever belts because the "inner tongue" (that from lever) is longer than 15 cm. Obviously this had been overlooked when the lever belt was introduced. This extra 10 cm will benefit the lifter wearing the standard belt, the remaining tongue being less cumbersome.

#### **11. New Member Applicants**

To be announced at the Congress

#### **12. Action on Delinquent Nations**

To be announced at the Congress

### 13. Hall of Fame

Announcement at the Congress

### 14. Future Championships

**2004**

<b>Date</b>	<b>Championship</b>	<b>Place</b>
18. – 21. March	Danube-Cup	Mukachevo / Ukraine
Middle of March	North American Powerlifting Championship	Miami-Florida
22. – 25. April	World Bench Masters	Banovce nad Bebravou / Slovakia
12. – 16. May	European Men	Nymburk / Czech Republic
03. – 06. June	World Women	Cahors / France
17. – 20. June	European Junior	Sofia / Bulgaria
07. – 11. July	European Masters	Nymburk / Czech Republic
22. – 25. July	European Union Cup	Brumunddal / Norway
30. July	EuroGames 2004 / Open Bench Press	Munich / Germany
05. – 08. August	European Bench Press	Yugoslavia
19. – 22. August	European Bench Press Masters	Hamm / Luxembourg
08. – 12. September	World Sub-Juniors and Juniors	South Africa
05. – 10. October	World Masters	New Delhi / India
09. – 14. November	World Men	Capetown / South Africa
25. – 28. November	European Women	Trencin / Slovakia
01. – 05. December	World Bench Press	Cleveland / U.S.A.

## 2005

<b>Date</b>	<b>Championship</b>	<b>Place</b>
18. – 20. March	Danube-Cup	Venue requested
Middle of March	North American Powerlifting Championship	
21. – 24. April	World Bench Masters	Nymburk / Czech Republic
11. – 15. May	European Men	Hamm / Luxembourg
25. – 29. May	World Women	Yli Tornio / Finland
15. – 19. June	European Junior	Doneck / Ukraine
05. – 10. July	European Masters	Milano / Italy
13. – 18. July	World Games	Duisburg / Germany
22. – 24. July	Western European Union Cup	Venue requested
04. – 07. August	European Bench Press Masters	Nymburk / Czech Republic
01. – 04. September	European Bench Press	Hungary
07. – 11. September	South American	
10. – 18. September	World Sub-Juniors and Juniors	Fort Wayne-Indiana / U.S.A.
04. – 09. October	World Masters	Capetown / South Africa
15. – 20. November	World Men	Philadelphia / U.S.A.
24. – 27. November	European Women	Hungary
30. Nov. – 04. December	World Bench Press	Goteborg / Sweden

## 2006

Date	Championship	Place
17. – 19. March	Danube-Cup	Venue requested
Middle of March	North American Powerlifting Championship	
19. – 23. April	World Bench Masters	Venue requested
16. – 21. May	European Women + Men	Nymburk / Czech Republic
14. – 18. June	European Junior	Venue requested
05. – 09. July	European Masters	Venue requested
20. – 23. July	Western European Union Cup	Hamm / Luxembourg
03. – 06. August	European Bench Press Masters	Kolomyja / Ukraine
10. – 13. August	European Bench Press	Bordeaux / France
05. – 10. September	South American	
05. – 10. September	World Sub-Juniors and Juniors	Sofia / Bulgaria
04. – 08. October	World Masters	<b>Bid: Killeen / U.S.A.</b>
07. – 12. November	World Women + Men	Norway
29. Nov. – 03. December	World Bench Press	Hungary or Nymburk / Czech Republic

## 2007

Date	Championship	Place
Middle of March	North American Powerlifting Championship	
18. – 22. April	World Bench Masters	Venue requested
September	South American	
04. – 09. September	World Sub-Juniors and Juniors	Venue requested
03. – 07. October	World Masters	Venue requested
06. – 11. November	World Women + Men	<b>Bid: Austria</b>
28. Nov. – 02. December	World Bench Press	Venue requested

**Venue requested** = means you can send in your bid.

### 15. Any Other Business

### 16. Adjournment