

President:
NORBERT WALLAUCH
 Krottenbachstraße 16
 A-1190 Wien
 Austria
 Phone: +43-1-2633450
 Fax: +43-1-2638666
 norbert.wallauch@kronline.at

General Secretary:
HEINER KÖBERICH
 Am Bahnhof Louisa 9
 D-60598 Frankfurt am Main
 Germany
 Phone: +49-69-63307115
 Fax: +49-69-63307116
 Mob. +49-172-6126318
koeberich@bvdk.de

Treasurer:
GASTON PARAGE
 1, rue Pasteur
 L-4642 Differdange
 Luxembourg
 Phone: +352-21165214
 Fax: +352-582696
gparage@cmdnet.lu

Chairman TC:
JOHN STEPHENSON
 Andorogan, Bagatelle Road
 Five Oaks, St. Saviour
 Jersey C1, JE2 76A
 United Kingdom
 Phone: +441-534-758771
 Fax: +441-534-758188

Newsletter Editor:
 N.N

VP Europe Arnulf Wahlström
 VP Africa Alan Ferguson
 VP. Asian Susumu Yoshida
 VP N.America Larry Maile
 VP S-America Jose Puentes
 VP. Oceania Robert Wilks



MINUTES FROM THE IPF CONGRESS 2002

Trencin, Slovakia_Wednesday 13th November.
 From 10.00 a.m. to 16.00 p.m. hours

Agenda

1. Roll Call of Nations and Delegates.
 Presentation of Credentials of each Nation.
 Certification of Athletes and Referees.
2. President's Address.
3. Minutes of the last Congress.
4. Treasurer's Report
 (a) To examine the accounts of the previous year
 (b) To approve the budget for the forthcom. year
5. Secretary's Report
6. Committee Reports.
 (a) Technical Committee
 (b) Medical Committee
7. Regional Reports.
 (a) Region 1 (Europe)
 (b) Region 2 (Africa)
 (c) Region 3 (Asia)
 (d) Region 4 (North America)
 (e) Region 5 (South America)
 (f) Region 6 (Oceania)
8. Proposals and Rule Changes.
9. New Member Applicants.
10. Action on Delinquent Nations (see the Treasurer's report)
11. Hall of Fame. (Announcement of Names)
12. Future Championships.
13. Any Other Business.
14. Adjournment.

Technical Meeting: 1000 hrs.

Call to Order: 1110 hrs.

1. Roll Call of Nations:

Roll call of Nations and Officials:

IPF Executive:	Norbert Wallauch Heiner Koeberich Gaston Parage Robert Wilks	Arnulf Wahlstrom Larry Maile Alan Ferguson
Nations delegates:	Austria: Australia: Belgium: Bulgaria: Canada: Czechia: Denmark: Ecuador: Finland: Holland: Hungary: Germany: Gr. Britain:	Karl Aichinger, Herbert Shandl Steve Giffin, Robert Wilks Miriam Busselot, Serge Monseu Christo Meranzov Jeff Butt, Bill Jamison Jiri Hofirek Helge Laursen, Johan Westerberg Marcos Sanchez Kalevi Sorsa Henk Keizer, Rainier Noordeloos Andras Ronaszeki Dietmar Wolf Ralph Farquarson, Dennis Unitt

Iran: Mani Khosravi, Ali Hazratzad
Italy: Allesandro Favorito, Robert Belletti
Japan: Asama Shigetoshi, Hiro Isagawa
N. Zealand: Steve Lousich
Norway: Tone Ingebretsen,
Luxembourg: Werner Lau
Phillipines: Richie Rosales, Jason Gomez
Poland: Pawel Filleborn, Sdistaco Pienkov
(Please help with Polish Names)
Russia: Vladimir Bogatchev, Sergey Shantarenko
South Africa: Neville Primich, Chris Dranias
Slovakia: Pavol Muller, Pavol Kovalcik
Sweden: Johnny Wikland, Bo Eklof
USA: Bettina Altizer, Larry Maile
Uzbekistan: Lavrenty Matynyan, Shavkat Pirmatov
C. Taipei: Huang, Chia Ling
Ukraine: Vasyl Aloyev, Sirazhutdin Bazavev

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2. President's Address.

President Wallauch discussed the progress in the IPF over the past year. This includes growing participation among the Nations in our championships with more than 40 nations participating. Each of the IPF World Championships has been successful over the past year with record number of competitors attending. A number of world records have been exceeded in the past year.

We have registered the IPF as a legal sports federation in Austria, the home of the President, and I would ask you to approve that registration (approved by unanimous vote of the Congress). I would also ask you to approve the short version of the Constitution which must accompany this registration (approved by unanimous vote of the Congress).

This year, we bring to you a number of proposals which strengthen our constitution, and make us more similar to other international sports federations. They reflect our fight against doping, and assist our bid for International Olympic Committee recognition.

As you are aware, we have been actively pursuing IOC recognition over the past year, and have begun preparing the materials for this bid. As the criteria for recognition have changed, with the final criteria to be issued next May at the earliest, we will tailor our efforts to the new requirements.

Mr. Koeberich and I will attend the semi-annual Congress of the World Games Association and GAISF next week in Colorado Springs, Colorado, USA. This is very important in gathering information on the World Games, IOC recognition, and enhances cooperation among the International Sports Federations.

The IPF and the World Antidoping Agency have completed a contract for Out of Competition Doping Control which will be initiated in the next several weeks.

Several complaints have been received among competitors attending the World Master's Championships in Argentina, including inappropriate hotel costs and less than IPF standard competition equipment. These matters will be addressed in the Executive with penalties to be assessed in this instance and for future similar situations.

One of our strongest nations, India, has been unable to get visas to attend these championships. This matter will be investigated so that other nations do not find similar problems in the future.

Finally, the IPF made it's return to the USA this year, after an absence of more than 15 years. The World Master's Bench Press Championships was held in Killeen, Texas, and was very well organized and received.

** Accepted unanimously

3. Minutes of the last Congress.

Reviewed and approved.

4. Treasurer's Report.

FINANCIAL REPORT

The financial situation is very positive this year. We have a good balance between income and expenses. As planned in last year's budget, we have balanced income and expenses, and finished the financial year with a profit. Both categories were lower than projected.

We have achieved this success due to the good cooperation between the EC and our sponsors. Two of our sponsors did not pay their fees for this past year: Nippy because of bankruptcy, and Crain has only paid 3000\$ instead of 4500\$. Because of Mr. Crain's not paying full equipment licensure fees, only the bench press shirt and the wraps are on the approved list. All the other Crain gear is not legal until the whole amount is paid.

Because of our good financial situation I have proposed at last congress, that at Master's Championships – like at all other championships - nobody has to pay the doping test fee, if she or he achieves a World record during the competition. Only a World record achieved on a 4th attempt will result in the athlete having to pay the test fee. So, we are spending more money for doping control tests as we had originally planned. The main reason for increasing the number of doping tests was a decision made by EC in Riesa after we had received a warning letter from IWGA. We had a positive test at the World Games and they warned us that the IPF might be expelled from the World Games if we have positive tests in the future. For this reason we decided to increase testing. However, the money spent on doping did not exceed our income from doping control fees charged athletes, and fines for doping infractions. I think this is good because we did not have to take any money from our savings account.

During the past year, our travel costs did not exceed what was projected in the budget. We sent a sufficient number of officials from the EC and TC to all Championships. The EC was able to hold two meetings within the last year. This was an advantage for promoting powerlifting.

You may have noticed that we have a new layout for our Newsletter. This is also money that we have spend for the Federations to give them accurate and essential information in a proper and suitable layout. This is a first in IPF history.

This year, we provided Russia, Germany and Argentina with bars and weight sets to use in Championships. As you

can see, we do a lot for the Federations and support them as well as possible. During the past year, we spent our money for important things for our federations and for powerlifting.

In future we should also spend money for our committees. It is important that they hold meetings regularly in order to work out all necessary activities in a professional manner and for the future of the IPF.

On behalf of the IPF, I want to thank all the EC members for their hard work, and all our sponsors for their support. It is this support that has carried us to this good financial situation.

A lot of the outstanding money from Federations who took part in Championships in the past has been collected. The majority of the remaining balance is due from Federations which did not take part in recent Championships.

My wish for our future is to have more sponsors so that we might have enough money to fund regular meetings of our committees (TC, DC, L&L, Medical etc.). In my opinion, it is very important that these people can discuss important issues and work together in order to move our sport forward. We must also guard our savings for unbudgeted future costs, such as those for pursuing IOC recognition, and possible future legal defense.

Many thanks to all EC members and to all National Federations for their strong cooperation, and outstanding support of the IPF, and a special thanks to Gerhard Geissler, the Assistant-treasurer, for all of his help.

Best regards
Gaston Parage
IPF Treasurer

** Accepted unanimously

(a) To examine the accounts of the previous year

Past years expenditures and income presented to the Congress by Mr. Parage.

** Accepted unanimously

(b) To approve the budget for the forthcoming year

2003 Budget presented by Mr. Parage, approved unanimously by the Congress.

5. SECRETARY'S REPORT 2002.

The year 2002 was a hard but also a interesting year as the championships all were running well and bigger then ever. 1st time since I am in IPF as official we had to take away a Worlds from an organiser, as the Juniors were taken away from Venezuela and given to Russia, who did a great job doing it in September after only 5 month of preparation. A negative thing was that again we had positive lifters. Most negative was a letter from the IWGA to eliminate us from the world games, if we will have in 2005 Duisburg again positive lifters.

I am very sorry that again in beginning 2002 we could not reach Olympic recognition. But after 3 years we finally reached a contract with WADA about OCT Testing after Arnulf Wahlström took over that task. Hopefully until the congress I can sign it if I get it in time.

But in any case it was a pleasure to serve at all of these championships and IPF duties. I could see that the standard of each of them continues to increase, especially as I am now not the only IPF officer present.

As I saw in 2002 still some hotel prices seemed to be higher as the street prices. Sometimes the banquets often are expensive without having then the food according to the money paid. So we will outline also some guidelines how a banquet shall be in minimum aspects.

My workload is now very large but still I have some help. But I had some relieve as the IPF Newsletter is now edited and sent by Dennis Unit what brings the IPF again a step in direction to a professional federation. Here I thank Gaston Parage who had organised Idea for it.

Also after no articles in the GAISF newsletter for nearly 3 years, I could find in Larry Maile a good writer for those articles, two already were published and it will continue.

A problem is that the IPF is still not registered as a federation in Austria.

In terms of time, my **number one** duty now, is answering to the **e-mail correspondence flood to me**. Some days I spend up to 5 hours reading, writing, and answering emails. I think in on the one hand, e-mails are a very great thing; on the other hand e-mails can also be very dangerous. Often as it is so easy to write and send them. They are written often to quickly and sometimes without thinking much about it. I also receive many e-mails from lifters around the world, which write to me instead of to their national offices. They tell me I am the only one who is answers them quickly enough.

Many ask me to send a confirmation of having received it, especially if it is a nomination, but that I cannot and do not want to do, as it would increase my workload by another 10 to 20 percent. For some, that is the most important task, but there is other important work to do as well. To save time, and to allow for other important work, please look at the IPF Nominations page to see if your submission has been received. I will not confirm directly.

But one is important the nations officers send me attachments with the title „nominations“ or „nomination form“. You should know we have many championships and so they should be entitled in a manner that I without opening it can save it to the right folder.

e.g. for preliminary junior from Poland it should have the filename PRJUN02POL.doc, then I can work out it much faster.

I want to thank to those colleagues from the IPF who helped me and bringing the IPF forward. Also the nations who support me in my duties for powerlifting. I also hope that this can be raised to a higher standard in the next years. The only nation we must expulse is the **Federation royal Marocaine** who gave only false nominations and never came.

I like my work as GS IPF and I will continue until we have reached IOC recognition.

Heiner Köberich

** Accepted unanimously

6. Committee Reports.

(a) Technical Committee

Committee Members:

P.J Couvillion – USA,	picouvillion@aol.com
Klaus Brostrom – Denmark	klaus.brostrom@pip.alko
Bill Jamison – Canada	billjamison@sympatico.ca
Henk Keizer – Netherlands	hkeizer@planet.nl
Arnulf Wahlstrom – Norway	arnulfw@halden.net
Susumu Yoshida - Japan	phouse@tky.3web.ne.jp

Dear Delegates,

It is with pleasure that I once again on behalf of the committee make our annual report to Congress. Although unfortunately we are unable to meet as a body on a regular basis, with the advent of e-mail, (and all members are "connected") we are in contact, sharing views, and drawing conclusions.

Our approved licensees of powerlifting apparel, namely Inzer Advance Designs and Titan Support Systems sent us new support shirts which met with the approval of the committee, now trading as "PHENOM" and "FURY" respectively.

A new company "METAL SPORT AND WEAR - FINLAND" has forwarded a costume and wraps which will join the IPF "approved" list when our treasurer is in receipt of the fees.

We continue to produce a bi-monthly newsletter featured on the web site and in the official IPF magazine " International Powerlifter". It must be pointed that our newsletter is not an official publication, and often contains "opinions". An abundance of correspondence has been replied to all hopefully to the satisfaction of senders.

Goran Gunnarsson Referee Registrar is doing an excellent job, administering the referee exams and continually up-dating the World Wide list of referee's. These below have qualified in the past year.

Category one:

Leonid Kotendzhy, Ukraine, Michael Overdeer USA, Joachim Lietzau, Germany.

Category two:

Denmark - 1

Finland - 2

France - 4

Germany - 9

Great Britain - 2

Holland - 2

India - 1

Iran - 1

Italy - 2

Sweden - 1

Ukraine - 2

USA - 3

At the time this goes to press (sorry about that old pun again) we would have conducted a rules clinic and exam for several South American National Referee's at the World Master's Championships in Argentina.

The proposals via the Technical Committee have received publicity.

Two are directly from the T.C. two from the E.C. and one from Powerlifting Australia.

These items complete the prerogative offered the T.C. at Congress 2001. i.e. essential items for consideration

Over the years, there is one difficulty that has not really been addressed. It is that of multi national juries, when perhaps three different languages are spoken perhaps one in English which the other two jurors cannot understand. That person being relied upon to make decisions. (Hardly democratic)

It has been suggested that all Jury Members should have some working knowledge of English, the official IPF language, but this would be unreasonable and almost impossible to enforce.

Committee member P.J. Couvillion (conspicuous by his absence from the Powerlifting scene) has not enjoyed the best of health this past year or so. I spoke with him recently and he says that he is looking forward to being back amongst the action in 2003. We all wish him well. He has been sorely missed.

Finally the committee will continue with their pro-active approach to the sport, taking the initiative, listening and acting upon when necessary.

We wish all member nations and their delegates an enjoyable and successful congress.

John Stephenson, T.C. Chairman

e-mail: stephensonjsy@supanet.com

** Accepted unanimously

(b) Medical Committee

The Medical Committee has been active over the past year revising the IPF Medical Handbook. Dr. Miller presented the new handbook to the Congress, and it is approved pending revisions. It will be available for examination by all nations on the IPF website following the Congress. Forms have been provided for declaring restricted medications, and for consent to treatment by IPF Medical Staff at competitions.

** Accepted unanimously

C. Disciplinary Committee Report

The Disciplinary committee consists of the following members:

Dietmar Wolf (Norway)

Larry Maile (USA)

Detlev Albrings (Germany)

Since the last Congress 2001 the DC had to decide **10 doping cases**. We examined and discussed each of these cases in detail. These ten cases are too many. **This isn't an advantage for our IOC-bid.**

Furthermore we had three additional cases, in which two lifters and one official had competed/participated against IPF-suspended lifters. These lifters and the official got a warning for their first offence.

I thank all the members of the Committee and the EC-members for their good co-operation.

Keep your fingers crossed; at the moment we do not have any doping case on the table.

I wish you a successful Congress and a good World Championships.

Best wishes Detlev Albrings. Munich, 30.09.2002

** Accepted unanimously

(d) The Law&Legislation committee .

It consists of the following members:

Arnulf Wahlström (Norway)

Dietmar Wolf (Norway)

Larry Maile (USA)

Gaston Parage (Luxembourg)

Klaus Broström (Denmark)

Detlev Albrings (Germany)

At the Congress 2001 the Law & Legislation Committee has got the order to revise the IPF-Constitution and By-Laws.

All member federations have received the draft of the new IPF-Constitution and By-Laws together with the July 2002 IPF-Newsletter. Please bring it along with you to the Congress 2002

We discuss this draft at our Congress 2002 in Trencin.

On our opinion we have built up a Constitution and By-Laws, which will help us promoting our sport.

I hope our Congress will be constructive and productive and that we do a harmonious teamwork.

Best wishes Detlev Albrings, Munich, 30.09.2002

** Accepted unanimously

7. Regional Reports.

(a) Report from Europe.

General.

The European championships have all been very well organised this year and there have been a considerably increase in participants in European Benchpress championships. But also the number of juniors and senior men have increased in their respective European championships, so the majority of the European countries show a very good activity but unfortunately some nations face difficulties in recruiting new lifters.

Members.

The European Powerlifting Federation (EPF) has 32 (31*) full and 4 (3*) provisional member nations. Armenia was accepted as new member nation this year. The yearly EPF Congress took part in Eskilstuna, Sweden in May with delegates from 15 (15*) member Nations present.

EPF Hall of Fame were honoured at the EPF Congress to *Ralph Farquharson*, Great Britain for his long and very good service to the powerlifting sport both as official and lifter.

EPF Powerlifters of the Year (-2001) were honoured to *Marina Kudinova* from Russia and *Vitaliy Papisov* from Ukraine (top ranked lifters by points).

EPF Executive members are: *Arnulf Wahlström*, Norway (pres.), *Klaus Broström*, Denmark (v.pres. and law & legisl. com. chairm.), *Heiner Köberich* (gen. secr. and treasurer), *Myriam Busselot*, Belgium (technical com. chairm.), *Pavol Müller*, Slovakia (finance com. chairm. & disciplinary com. chairm.) and *Kalevi Sorsa*, Finland (Appeal com. chairman)
Jari Tähtinen, Finland is appointed as Record Registrar and *David Hinchley*, GB is appointed as Internet Officer.

General view of activities.

The European Region has been active in organising international championships and cups in 2002. This includes 4 out of 7 World championships (Women's, Juniors, Open Bench Press and Open Men's), 6 European championships (juniors, open men, women, masters and bench press for seniors and masters), 3 Nordic championships (open men and women, juniors/sub-juniors and bench press), Danube cup, European Union cup and St. Petersburg cup. The EU cup attracted 67 lifters from 11 nations, so this cup is very popular.

European championships.

- Senior European Champ.: Eskilstuna, Sweden with 95(67*) lifters from 19(15*) nations
- Women “ “ Frydlant, Czechia (2001) with 52 (72*) particip. from 12 (17*) nat.
- Junior “ “ Balatonelle, Hungary with 47 (37*) women and 91(74*) men from 19 (15*) nations.
- Master “ “ Kolomia, Ukraine with 16 (28*) women and 91 (121*) men from 10 (16*) nations.

- Benchpr. “ Nymburk, Czechia with 99(86*) men and 72(55*) women from 20 (19*)nations.
- Benchpr. Masters “ Nymburk, Czechia with 40 (35*) women and 154 (118*) men from 17(17) nations.

Regional Championships and Cups.

- *Nordic Championships* were organised by Denmark (juniors and youth), Sweden (open men & women) and Norway (bench press).
- Ukraine hosted the *Danube Cup*, Holland the *European Union Cup* and Russia the *St. Petersburg cup*.
Arnulf Wahlström, Vice President for Europe.

(* in the text means numbers from year 2001.

** Accepted unanimously

(b) Report from Africa

The year started off with good intentions to create a united Powerlifting Federation along with an All Africa Powerlifting Championship mid year.

However as is with Africa all good intentions generally end with disappointment and this year was no exception. After discussions with the major players at the end of 2001 and early 2002 it was decided to stage the All Africa Championships in Kenya.

I travelled to Nairobi only to find on my arrival that there was much in fighting among the hierarchy of Powerlifting resulting in abandonment of the whole venture.

The Congo was my next option however due to political unrest and an ongoing civil war this too was abandoned. The last resort was Egypt however after numerous e-mails and faxes I received no response and eventually gave up the hope of staging this competition in 2002.

I then approached the All Africa Games committee in Nigeria with the suggestion that Powerlifting be incorporated in the 2003 Games however once again in true African style no answer to numerous calls.

I eventually contacted the South African representative of the All Africa Games who is on the All Africa Games committee and submitted the proposal only to elicit a reply that any sport to be eligible to participate in the Games has to be registered and active in 22 African countries which unfortunately we are not.

As a result of all this no African Powerlifting Championships have taken place this year but I will resume my efforts to try to arrange them to happen in 2003.

On a more positive note contact still exists with a number of African countries and dialogue is on going with the Mauritian Powerlifting Federation and Namibian Powerlifting Federation.

In South Africa through the Ministry of Sport, Powerlifting has been consolidated into one unified body under the IPF banner resulting in many more lifters competing. The South African Senior Championships this year, with a qualifying standard in place, attracted over 100 lifters.

Finally I will persevere with my efforts to try to unify Powerlifting in Africa, however this is not an easy task but it does present a challenge.

Alan Ferguson, Vice President for Africa.

** Accepted unanimously

(c) Report from Asia.

Year 2002, we had 2 major Asian championships.

One is Asian Powerlifting Championships that were held in Korea, 15th to 19th, May. Korea Powerlifting Federation has not long history of hosting international competition, but they willingly organize this important event. 141 lifter participated to open, junior, sub junior divisions. 11 World records were made and so many Asian records were made.

Two is Asian Benchpress Championships held in India, 16th to 18th August. Even though there were only 2-3 month to prepare this international championships, Indian Powerlifting Federation did very good work and made the championships success and memorable. One of the impressive lifts of the championships was 268kg of Japanese new 110kg lifter Minami.

Of course this is the Asian New Record and there were many other Asian record.

This year's progress of Asian Powerlifting Federation is the fact that the Asian Championships are growing in the size and quality. Specially, the size is becoming we need more days for the championships. Sometimes organizer had difficulty to make the Asian Championships for only 4 days. In the future we will divide the Asian championships for open and junior & sub junior and masters. But at the moment, we continue to combine these championships.

There were Asian Games (Asian Olympics) in Busan, Korea. I went to this big event to meet the person who has good relation to OCA (Olympic council of Asia). He advised me that we need good contact with the General Secretary of OCA. He came from India, so I contact with our president Mr. Subrata Dutta. He will talk with him about the future of the powerlifting in Asia region.

Susumu Yoshida, IPF Vice president Asia

** Accepted unanimously

(d) Report from North America

In many ways, this has been a calm year in the North American Region. We held our first IPF World Championships in the U.S. in many years, and it was well received. The profile of the IPF continues to be elevated by the success of teams from USA Powerlifting attending World Championships, and participation is increasing on all teams. We are also enjoying good relations between the U.S. and Canada, and plan to resume North American competition with a North American Cup in March of 2003. We have not had any recent communication with our neighbours to the south, however, over the past several years, and efforts to engage Guatemala, Puerto Rico, Mexico, and the other Caribbean nations through an intermediary have failed. Hopefully, they will rejoin us on the platform with the resumption of North American competition.

We continue to pursue sponsors for our National Federations, and for the IPF here in North America, and are working on tentative plans for a professional competition sometime in 2003.

USAPL is also proceeding with work on the World Women's Championships in May, with the new date of 22 to 25 May in Chicago. We look forward to a good championship.

Larry Maile, Vice President for North America.

** Accepted unanimously

(e) Region 5 (South America)

Written report received from Mr. Puentes.

** Accepted unanimously

(f) Report from Oceania

Membership.

The following nations have been active in 2001 to 2002 and have (or will) pay their 2002 fees to the OPF and IPF -

Australia	Papua New Guinea
New Zealand	Niue
Nauru	Samoa
Tonga	Tahiti
New Caledonia	Fiji

ie. 10 nations, the same number as in 2001.

Tuvalu has been inactive, as have Cook Islands, Northern Marianas, Wallis and Futuna and American Samoa. However, communications remain the difficulty in the far-flung Oceania region and some of those nations may again come to life, particularly if Powerlifting is included in the 2003 South Pacific Games.

Oceania Championships.

The 2002 Oceania Championships will be held late in the year, on December 6-8, at Taurunga, New Zealand. Organisation and entries are well advanced and this should be a successful event.

Oceania Challenge.

This event was held in conjunction with the Australian Championships in July 2002, at Launceston. Niue, New Caledonia and Australia took part, with Nauru and Papua New Guinea last minute withdrawals due to transport difficulties.

South Pacific Games.

The South Pacific Games will be held from 28th June to 12th July in Suva, Fiji. There will be 4,000 competitors, both able-bodied and disabled. At this stage, it seems that Powerlifting will be included. This will be most significant for our sport, as the South Pacific Games is the premiere sporting event in our region.

Administration

The 2002 General Meeting of the OPF will take place in Taurunga on 6th December 2002.

The OPF Committee, at this point, remains as -

President	Robert Wilks (Aus)
Vice-President	Grahame Fong (NZ)
Secretary/Treasurer/ Recordkeeper	Derek Pomana (NZ)
Committee:	Tony Burley (Aus)
	Ralph Atchison (Aus)
	Bruce Armstrong (NZ)
	Alan Tano (Niue)
	Russel Kun (Nauru).

Robert Wilks, Vice President for Oceania

** Accepted unanimously

8. Proposals and Rule Changes.

1. Revised IPF Constitution worked out by the Law & Legislation Com.

The document was distributed to all member nations in July 2002.

** Revised IPF Constitution approved unanimously, with proposals and specific amendments to the original document to be discussed below.

2. Revised IPF By Laws worked out by the Law & Legislation Com.

** Revised IPF By-Laws approved unanimously by the Congress, with specific amendments to the original document to be discussed below.

3. Amendments to Constitution and By-Laws as proposed by the Law and Legislation Committee:

IPF-CONSTITUTION

7.2 Powers

Add a second sentence in 7.2.14: Exception refer to 13.2.10

See below, allows the Technical Committee to present a page of proposed rule changes each year

(proposal by John Stephenson)

** Accepted unanimously.

12.6 Doping Control Officer

Add in 12.6.3: When all testing results have been finalised he shall communicate these to the Records Registrar, the General Secretary, **Disciplinary Committee Chairman**, Newsletter Editor and the Internet Officer.

(proposal by Detlev Albrings)

** Accepted unanimously

13.2 Technical Committee

Add a new paragraph 13.2.10: The Technical Committee may submit one A4 sheet of essential proposed changes per annum.

(proposal by John Stephenson)

** Accepted unanimously

13.4.2.1 Doping cases

Change and Add in 13.4.2.1 1): All relevant papers regarding a positive doping sample shall, without delay, be sent to the **DC chairman** by the **Doping Control Officer**. A copy must be sent to the **General Secretary** by the **Doping Control Officer**.

(proposal by EC)

** Accepted unanimously

15.3 Permission for organising an international contest

Add the following: An additional condition for a permission is, that at the international contest drug tests must be carried out according the IPF-rules. **Facilities must be made available in which doping control may be carried out. These are separate facilities or rooms, and are not used for other purposes.**

(proposal by Detlev Albrings)

** Accepted unanimously

16.7 Penalties Defined

Add in 16.7.1 first sentence: The following penalties shall be imposed on a national federation that has lifters or officials suspended for drug offences at or in connection with any World or Regional Championships (open, restricted or single lift), **International contests (refer IPF-Constitution 15.2 – 15.3)** or for suspension for positive drug testing results in out of competition testing.

(proposal by Detlev Albrings)

** Accepted unanimously

Delete in 16.7.1 second sentence: These results are considered to include testing completed by the IPF, its Regional Federations, **National Federations**, or affiliated testing agencies as authorised or prescribed by the IPF or it's regional federations.

The reason for Mr. Sorsa's proposed deletion is not to penalize National Federations for performing doping control in competition within each country and which is not international or world championship competition. Rather, individual nations are encouraged to have doping control programs the aims of which should be to keep doped athletes from participating in International competition or World Championships.

(proposal by Kalevi Sorsa / Finland)

** Accepted unanimously

16.10 Penalties for Federations for Positive Doping Tests, Participation in IPF Championships

Change in third paragraph: The same rule goes for all age categories, Men and Women (Sub-Juniors, Juniors, Open and Masters as well as **single lifts** as in Benchpress Worlds).

(proposal by John Stephenson)

** Accepted unanimously

Add at the end of the rule this sentence: However, all nations have the right to send at least one lifter to any championships.

(proposal by Arnulf Wahlström)

** Accepted unanimously

16.18.3. A lifter cannot produce a qualifying total via his national federation for entry into World, International or Regional championships while he is under suspension by IPF or Region, even if his national federation/country accept shorter national periods of suspension.

In order to **participate** in World or Regional championships a lifter must **be nominated latest 3 weeks prior to the championships with** a total made in an official competition i.e. at national or international level in the previous twelve months after the IPF or Regional suspension has elapsed.

(proposal by L&L)

** Accepted unanimously

Add: Lifters may not participate in the next two World Championships, regardless of whether the date of these championships falls outside of the period of the original suspension. For example, an athlete suspended at the 2002 Men's World Championships may not participate in the 2003 or 2004 World Championships even if the two years of his suspension have

elapsed.

** Accepted unanimously

16.22 Ad Hoc Jury as Discipline Body

Add in first paragraph: In absence of a Jury an ad hoc Jury may exclude a lifter **or official** from a competition for reasons of his misconduct. In such a case the Jury or ad hoc Jury must inform the lifter's **or official's** own national federation, who in turn must decide what punishment to impose upon the lifter **or official**.

(proposal by Detlev Albrings)

** Accepted unanimously

New 16.27 Withdrawal by an promoter

When an promoter, and a National Federation have been granted permission to organise a World Championships or cup, and thereafter, withdraws from the obligation to host this championships, a fine will be imposed which will be paid by the **National Federation** to IPF. Penalties will be set according to the time period in which the organizer withdraws, as follows:

16.27.1: if 6-12 months prior to the scheduled date of the championships the fine to be paid is the same amount as the championships fee (ref. By-Laws 3.2).

16.27.2: if 3-6 month prior to the scheduled date of the championships, the fine to be paid is equivalent to twice the championships fee (ref. By Laws 3.2).

16.27.3: if less than 3 month prior to the scheduled championships, the fine to be paid is equivalent to three times the championships fee (ref. By Laws 3.2). Penalties will also include the documented losses (e.g. cancelled air tickets) from nominated participants (lifters and officials). The fines above will not be imposed if the reason for the withdrawal is due to circumstances the promoter could not possibly have foreseen which are catastrophic and which place potential participants at risk (e.g. natural disasters, political crises, outbreak of war etc.).

(proposal by EC)

** Accepted unanimously

New 16.28 is old By-Laws 6.2: Penalties for Failing to Enter Proper Nomination, Failure to Appear for Competition

A nation whose team arrives to take part in the championship without prior nomination being received by the General Secretary shall be subject to a fine of EUR 200 per entry, lifter or official and payable to the promoter.

Deleted.

A similar penalty may be assessed upon a nation who fails to attend a championship after having nominated a team. They may also be required to compensate the promoter for any financial loss suffered due to their team being absent. The penalty will not be imposed if the reason for not attending is due circumstances, which are not foreseen (e.g. difficulty obtaining visas, etc. when a legitimate effort has been made to do so.) or which are catastrophic and which place potential participants at risk (e.g. natural disasters, political crises, outbreak of war etc.).

Deleted.

Entries that arrive in the hands **of the General Secretary and promoter** less than 21 days before the opening date of the competition shall be subject to a fine of EUR 40 per entry, lifter **and** official and payable to the promoter.

** Accepted unanimously

16.28.2 Member nations must notify the General Secretary and the promoter of each world championship of their attendance/non-attendance at the event. This notice must be received no later than 21 days prior to the start of each championship. Member nations who do not comply with this requirement will be fined EUR 30 and will not be permitted to participate in any World Championship until the fine has been paid.

(preliminary date) GS

** Accepted unanimously

16.27 will renumbered in 16.29

By-Laws 6.2 delete and follow paragraphs renumbered

(proposal by Detlev Albrings)

Both proposals accepted.

17.1 General Rules

Add and Change in 17.1.1.9.2: Those included in the pool for out of competition testing will **be** nominated by members of the Executive, Medical Committee, or the Technical Committee. **The Doping Control Officer** will maintain this list.

(proposal by John Stephenson and Detlev Albrings)

** Accepted unanimously

IPF BY-LAWS

5.4 IPF Medals

Delete: In the event of two competitors lifting the same weight, the lighter lifter will be declared the winner; **any necessary re-weighing of lifters shall take place at the end of the competition, not at the end of the individual lifts.**

(proposal by John Stephenson)

** Accepted unanimously

5.4 IPF Medals.

(Proposed by India, Russia, Taiwan and Czechia) :

"Medals of IPF Worlds can be produced by the Meet director."

** Failed

If accepted, the Gen. Sec. propose the following rules:

1. No advertising is allowed on the medal
2. The organizer must have the design accepted by IPF prior to the production.
3. The medals for the Total must be minimum 9 cm in diameter, and the medals for the individual lifts 5-7 cm in diameter.
4. The medals must be produced in high quality. One side must show the IPF World Globe and be surrounded by the text "International Powerlifting Federation".
2nd side is free for the Organizer but must show which Championship it is and the year.

** Not voted at as 5.4 failed.

Conclusion:

The proposal to allow individual organizers to produce medals was rejected. The IPF will maintain control of the medals for world championships to assure quality. The IPF will work with the Nations authoring this proposal to find acceptable medals of high quality and for good value.

** Accepted by the majority

5.9 Categories of World Records

Delete and new: 5.9.1 The IPF recognises world records in the following categories: Men's Open, Women's Open, Juniors Men and Women, Juveniles Men and Women and Masters Men and Women.- **Single lift Bench Press: Open Men's, Open Women's, Masters Men and Women.**

5.9.2 World records will be accepted and registered only within the categories listed in item.

-

Delete 5.11.1: Is then 5.9.2 / 5.11.2 is renumbered to 5.11

(proposal by John Stephenson)

** All accepted as written.

6.12 Disabled Athletes competing in Able Bodied Divisions, Procedures for Weigh-In

Add in first paragraph of 6.12: "Benchpress Championships shall be organised without a special division of disabled lifters. Disabled lifters can compete within the abled classes, if they fulfil the IPF rules **as** for abled lifters **pertaining to the actual lift. The blind, sight impaired, mobility impaired, may be assisted to and from the bench with the aid of the "coach" or/and with the aid of crutches, or sticks.**

(proposal by John Stephenson)

** Accepted unanimously . It is noted that disabled athletes must follow the rules of competition, but may be assisted to the platform by a coach, and use of assistive devices is allowed.

6.17 Anti-Doping-Control Passport

Following text was voted at:

Every lifter must present at the Weigh-in an Anti-Doping-Control-Passport, in which all doping controls are registered. The athletes must have been subject to doping control within the **preceding six months** or will not be eligible to participate in the championships.

Lifters not able to present an anti-doping control passport registering doping controls in the preceding six months , shall be given the option to undergo such doping control at the championships at their own expense. Receipt of payment for such doping control must be presented at the Weigh-in and the doping control must be carried out during the championships.

The anti-doping control passport will be implemented for the World Open championships for Men , Women and Bench Press starting from 2003 Men's Open World championships.

**Accepted.

Note:

Vote for implementing the passport: 25 for, 9 against

Vote for 6 month period: 16 for, 13 against.

Vote for 1 year period: 13 for, 16 against

Discussion was had as to the need for the passage of the doping control passport, which is being instituted by all Olympic sports in 2003.

Opinion of Kalevi Sorsa / Finland to this rule:

In principle, this is one of the best proposals that I know. But I am afraid this wouldn't work in practice, because of too high testing costs. Look, there are many IPF/EPF member nations with the number of 100 -200 (and even more) entries from them at Worlds & Europeans in every year.

The testing costs of e.g. 150 tests would be nearly 30.000 Euro per year (according to the test prices in Finland).

It wouldn't be too big money in sports which one single start fee payable to their athletes may be much more than that. But in powerlifting such sum of money to put on testing by the national federations is not within reality, unfortunately.

In addition, approximately half of the total number of tests should be carried out on master lifters, which certainly must not be a main target group in testing activity.

If this kind of rule appears in the IPF/EPF codes, it unavoidable will mean a big reduction to the number of participants in future championships. I wonder if this is the purpose of this proposal after all!

Gentlemen, don't misunderstand me. I am all for the most effective testing. But I think a real possibility to follow all requirements should be taken into consideration when determining of new rules. Regardless of fact that something must be done in this situation where the powerlifting is at the moment

6.18 Consent form

New paragraph: All lifters taking part in IPF championships and cups shall sign the IPF Consent Form. This shall take place prior to his/her participation in an IPF championship or cup, a lifter shall sign such form with the text translated into the lifters' native language. This form to be handed over to IPF officials during the weighing in. An copy in the lifter's native language, and two copies in English shall be completed. The English copy, and the native language copy shall be retained by the IPF and submitted to the IPF General Secretary. A copy, in English shall be given to the lifter.

The Consent Form will be active from 1st of January 2003.

(proposal by EC)

** Accepted unanimously

Consent Form and Acceptance of the Constitution and By Laws of the IPF

My Personal Information:

Family Name: _____ 1st Name: _____ Middle Initial: _____
 Date of birth: DDMMYYYY _____ Nationality _____
 Town _____ Street _____ ZIP _____
 Country _____
 Passport Number: _____
 My nominating Federation. _____

Acknowledgement and Acceptance of the Constitution and By-Laws of the IPF.

With my signature below, I acknowledge and accept the Constitution and By-Laws of the IPF, and specifically including rules and guidelines with regard to doping and doping offenses. It is my responsibility to review and be familiar with these documents, available at www.powerlifting-ipf.com, and www.europowerlifting.org. By my signature below, I attest that I accept these documents, that I am legally bound, for myself, my heirs, and agents, to submit to any testing method deemed appropriate by the IPF including in-competition and out-of-competition testing, and accept any and all sanctions meted out by the IPF. I further acknowledge that the suspension for a 1st time positive test for anabolics and related compounds is two years, and for 2nd and later positive tests for anabolics and related compounds is up to a lifetime suspension. I will accept punishment for positive tests for other compounds as detailed in the IPF constitutions.

My signature below also confirms my agreement to follow, exactly, the procedures for appeal of all doping-related punishment until their conclusion. I will follow such steps as defined in the IPF constitutions in the order they are set out in these documents regardless of whether I disagree with the steps taken in completing doping testing by the IPF. If I fail to follow such steps, in proper order and to completion, I agree to pay all legal costs, on both my part, and that of the IPF, for all legal actions, regardless of outcome.

Signature: _____ Place : _____, Date : _____ Witness _____ (IPF repr.)

** Accepted unanimously

Proposals from the Technical Committee.

1) ORDER OF COMPETITION

Page 21 (K) Change from third sentence to read:

If no weight is submitted within the one minute time allowance, the lifter will be granted a 2.5 kg increase on his next attempt. Should the lifter have failed his previous attempt and not submitted a weight for a further attempt within the one minute time allowance, then the bar will be loaded to the failed weight. In the event of a fourth attempt for a world record being granted, the lifter must submit the weight within one minute of the lights having been activated for his successful third attempt.

Reason:

Quite often it has been noted that lifters suffer (forfeit attempts) because of coaches failing to submit further attempts within the one minute time allowance, or table officials not responding quickly enough.

** Accepted

2) POWERLIFTS AND RULES OF PERFORMANCE

2a) Bench Press. Page 16 item 8

After sentence which reads:

The lifter must then return the bar to arms length with no excessive/immoderate uneven extension of the arms, both arms locking out simultaneously/together. Insert the following:-

In the course of pressing out, the bar must travel a minimum distance of 15 cm i.e. from the highest point of the chest to the underside of the bar when the arms are fully extended.

**Withdrawn by the TC.

Much discussion was offered on this topic. One nation suggested that this only addresses the technique of a few lifters and the rule need not be changed for just this few. Others suggested that alternatives to reducing the arch might be employed, such as restricting the angle of the leg. Another suggestion was to require that the upper arms must descend to parallel to the floor. No consensus was reached on these matters and current rules remain in place.

Causes for Disqualification of a Bench Press.

Page 17 new item.

Failure to press the bar to full extension of the arms with at least 15 cm of movement.

Reason:

It has become quite obvious that the sport of powerlifting is being ridiculed now that a "shrug of the shoulders" appears to be all that is needed to be an acceptable movement / within the rules.

**Withdrawn. See above.

2b) Bench Press. Page 16 IPF Technical Rules

Rules for the disabled competing in IPF single lift Benchpress championships.

Change first paragraph. That which says:

Benchpress Championships shall be organised without a special division for disabled lifters.

Disabled lifters who can walk to the bench unaided may compete in IPF single lift Benchpress Championships -

To the following:

Benchpress Championships shall be organised without a special division for disabled lifters. Disabled lifters e.g. the blind, sight impaired, mobility impaired, may be assisted to and from the bench. Assisted to mean " with the help of the 'coach' or /and

with the use of crutches, sticks/canes"

Reason

Discriminating against lifters on the basis of disability or mode of access to the bench is not legally defensible under the laws of the majority of countries.

The rules of performance are not altered by this proposal. The disabled lifter will not gain any advantage.

(This change has already been passed by the E.C. and T.C as a commonsense proposal.)

** Accepted unanimously

3) PROPOSAL FROM POWERLIFTING AUSTRALIA

RULES FOR THE DISABLED COMPETING IN IPF SINGLE LIFT BENCH PRESS CHAMPIONSHIPS.

Page 16 IPF Technical Rules

Include in the first paragraph:-

Severely mobility impaired lifters may use their wheelchair to access the platform/bench.

Reason:

Discriminating against lifters on the basis of disability or mode of access to the bench is not legally defensible under the laws of most countries.

** Failed. (Against: 17, For: 15)

4) WORLD RECORDS

Page 31 World, Continental, Regional and National Championships.

Change sentences in first paragraph of I to read:

Men's 50-59 and 60+ records exceeding those gained in the 40-49 age group will be included in the 40-49 category.

Men's 60+ records exceeding those gained in the 50-59 age group will be included in the 50-59 category.

Women's 50+ records exceeding those gained in the 40-49 age group will be included in the 40-49 category.

Likewise, Sub-Juniors 14 / 18 records exceeding those gained in the Juniors 19 / 23 age group will be included in this group.

Reason:

It would appear logical that the lifter "advancing" in years should be credited with a record in the lower age category if the record made in the higher age category exceeds that record.

A Sub-Junior who may make a new Open Record but be unable to claim the Junior Record just does not make sense.

**Accepted.

5) GENERAL RULES OF POWERLIFTING

Page 3 and 4 Age Categories.

Change Masters to read:

Men - Masters One: from 1 January in the calendar year in which he reaches 40 years to and including the calendar year in which he reaches 49 years.

Men - Masters Two: from 1st January in the calendar year in which he reaches 50 years to and including the calendar year in which he reaches 59 years.

Men - Masters Three: from 1st. January in the calendar year he reaches 60 years and upwards.

Women - Masters One: from 1st. January in the calendar year in which she reaches 40 years to and including the calendar year in which she reaches 49 years.

Women - Masters Two: from 1st. January in the calendar year in which she reaches 50 years and upwards.

Reason:

Much less confusing especially if lifters birth date may be on the eve or day of competition and for some reason his/her class day is changed. Yes, it does happen

Also, year of birth would be of great help to the records Registrar who is experiencing some difficulty in processing

**Accepted against 6 votes.

9. New Member Applicants.

Azerbaijan, Moldavia, Israel and Armenia were all accepted as new members. This forming a total of 90 IPF member nations.

Discussion with Iran as to difficulties in being affiliated with the Weightlifting Federation. Powerlifting does not receive adequate funding or recognition. Mr. Khosravi requested guidance in forming a separate, IPF affiliated national federation. He received support for this, but must constitute an organization which may be recognized, including having officers, a constitution, etc. This item will be tabled until the Executive hears further from Mr. Khosravi or until the 2003 congress.

10. Action on Delinquent Nations

The Moroccan Federation has nominated athletes and officials for a number of competitions over the past several years and failed to attend or to contact organizers of the IPF to announce their intentions not to attend. They have had fines levied for these actions which have not been paid.

Motion to suspend the Moroccan Federation indefinitely unanimously accepted by the Congress.

11. Hall of Fame.

JARMO VIRTANEN

from Finland is awarded Hall of Fame as decided by the IPF Executive.

LIFTING ACHIEVEMENTS:

World Men's Open Powerlifting Championships:

Altogether nine (9) World titles: 1985, 1986, 1987, 1988, 1989, 1990, 1992, 1993, and 1995

Silver medal in 1984

Bronze medal in 1983.

Junior Worlds:

World Champion in 1985.

European Men's Open Powerlifting Championships:

Altogether six (6) European titles: 1986, 1987, 1988, 1989, 1990, and 1992

Silver medals in 1983 and 1985.

Junior European Powerlifting Championships:

European Champion in 1985 and 1986.

Records:

82,5 KG CLASS EUROPEAN MEN'S OPEN RECORD OF 870,0 KG ON TOTAL IN 1993

82,5 KG CLASS EUROPEAN MEN'S OPEN RECORD OF 337,5 KG ON SQUAT IN 1993

Numerous junior World, European, Nordic and Finnish records.

Honours:

The EPF Hall of Fame in 1993

The Finnish Powerlifting Federation's highest medal of honour in 2001.

Placed 7th on "The Athlete of the Year in Finland" selection by the Finnish Sports Journalists' in 1991, and 9th place in 1995.

Associated with 11th - 13th places in other years when he won a men's World titles.

The Best Finnish Powerlifter between 1983 – 1993 and in 1995 admitted by the Finnish Sports Journalists.

Other:

Jarmo Virtanen has always been strongly against doping in sports. He made it very clear known on many interviews he gave for newspapers and magazines and his appearances on various TV programmes in Finland during that time he was on the top of the world in powerlifting.

Jarmo was drug tested at least 50 times during his career without any problem with the test results.

Received with unanimous acclaim by the Congress.

12. Future Championships

Bids entertained by the Congress and future championships decided. Please refer to the IPF Calendar for a complete view.
Bids for 2005 accepted:

2005		
Students World	2nd weekend April	venue requested
Masters World Bench	April 22nd to 26th	Czechia
Womens World	June 1st to 5th	Finland
Worldgames	July 14th to 18th	Duisburg Germany Lapanjo Gebläsehalle
World Juniors and Subjuniors	September 7th to 11th	Forth Wayne USA
Worlds Masters	October 4th to 9th	RSA (Cape Town)
Mens World	November 2nd weekend	USA (Philadelphia)
Bench open Worlds	December 2nd weekend	Sweden (Gothenburg)

A discussion for having more combined championships to reduce the number of championships gained majority. E.g. combined Juniors and Sub-Juniors, combined Men's and Women's Open.

Adjournment: Congress adjourned. Next meeting: November 11, 2003, Vejle, Denmark.