

TECHNICAL COMMITTEE NEWSLETTER NO 3 2004

Proposals withdrawn (Rules Congress 2004)

The Finnish Powerlifting Federation have informed the T.C. that they will withdraw their proposals to Rules Congress 2004.

These refer to : GENERAL RULES OF POWERLIFTING Rule 7

Each Nation must submit a team roster giving the name of each lifter, body weight category **the best result in each discipline and total** achieved at National **Championships** or International Level **Contests** during the previous twelve months. The date and title of the **National Championship or International Contest** in which the total was achieved must also be stated.

And to : WEIGHING IN Rule 6

A lifter who fails to make the body weight as entered on the final entry form, is excluded from the actual competition.

The question regarding a change to body weight limits and the depletion of classes was discussed/debated by delegates at a round table meeting following the IPF 2003 Congress. Little or no enthusiasm for change was forthcoming, therefore, Powerlifting Australia and the Swedish Powerlifting Federation will leave their proposals in respect of this subject in abatement.

Further Proposal from the T.C.

Only Squat and Bench Racks from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in International Powerlifting Championships.

Reason: To secure a high technical standard at International Championships.

New Gear (Finland)

Metal Shop have submitted two suits and wraps which have met with the Committees approval and have been added to the list.

New Squatter 2
New Squatter v - type 2
Triple Black Line Wraps

PALLINI (France)

The Technical Committee welcome the Pallini Manufacturing Company (Bars, Discs, Bench and Stands) to the list of approved equipment. It is all of an extremely high standard and will be used at the "Women's Open Worlds" in Cahors, France in June 2- 6 2004.

Logos

The rule in respect of Logos worn by lifters will be discussed by the Executive Committee at their first full meeting of the year to be held in conjunction with the World Open Women's Competition in June.

It relates to the size of some manufacturers "Emblems" on non -supportive suits and T.Shirts which may not need to be licensed or masked.. Up until such time that a decision has been made, referees are advised to see that logos not on the approved list are covered.

Nominations (Referees)

The Technical Committee are pleased to see that Championships Secretary Gaston Parage has made space on the Nomination's Form for the insertion of weight categories in which nominated referees are available for. This will help the Technical Committee immensely in pre-selection of referees which will be announced at the Technical Meeting.

2003 Men's Open (T.V. Coverage)

The much awaited screening of highlights from the 2003 Men's Open took place on Friday 13th February.

Generally, Euro Sport portrayed our sport in " good light " .

The commentary was fairly accurate, and mention was made of the strict refereeing in the IPF.

As only third round attempts were shown, it was inevitable that there would be many failed lifts.

With the live coverage by Danish T.V. also, our premier event was given a welcome " airing " .