

INTERNATIONAL POWERLIFTING FEDERATION NEWSLETTER



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25TH IPF WOMEN'S WORLD CHAMPIONSHIPS—CAHORS, FRANCE

The 2004 IPF Women's World Powerlifting Championships was an extremely well organized Championship – Special thanks go to Ms. Christiane Guingal, and her staff, as well as to the French Powerlifting Federation for a super championship!

Heartfelt thanks to M. Jean Milhau, the Mayor of the City of Cahors and his advisors for their generous financial support to this championship. Overall, 100 lifters from 25 countries attended this event, which if I am not mistaken, make this the largest women's world championships in IPF history.

Overall, the championship produced 33 world records (16 open records), with some of these records broken several times.

Cahors is a beautiful city located in the south of France, surrounded by medieval structures and historical landmarks of the past. The mayor of the town along with dignitaries from local government attended the opening ceremony to welcome all the athletes and officials. This demonstrated their commitment and pledge to this championship.

The competition took place in Cahors, at the Palace of Sport, which was a superbly equipped venue that included an elevated lifting platform and bleacher seating, surrounded and prepared with beautiful flowers from the countryside. The medal podium and for the victory ceremony was made of wine barrels. Awards were made by the children from the local school, and were provided to all of the athletes.

All of the warm-up and platform equipment came from Pallini, and performed flawlessly throughout the championship. This standard will be expected at all future IPF Championships.

The championship hotel sat atop a mountain overlooking the countryside some 15 km from the venue. The picturesque view captured the true majesty and beauty of the French countryside.

All meals were served "buffet style" and were very good. Each evening there was entertainment and a show. One featured a fashion show for the ladies. The hotel provided a sauna, massage, and open bar, which were included in the 75 Euro per person/per night price. Excellent value for the price!

SPECIAL POINTS OF INTEREST:

- *President's Message*
- *IPF Technical News*
- *Tribute to Barrie Scott of the British Amateur Weightlifting Association (BAWLA)*
- *Invitation to the IPF Congress in Capetown, South Africa*
- *IPF World Championship Calendar - date, contest, and venue.*



Priscilla Ribic wins Gold for the USA in 67.5kg class at the 2004 IPF Women's World Powerlifting Championships in Cahors, France!

25TH IPF WOMEN'S WORLD CHAMPIONSHIPS (CONTINUED)

The transportation from the airport to hotel, and from the hotel to venue and back, was well organized, on-time, with plenty of space. Local automobile dealers provided vehicles for the staff, which made things quite efficient.

Overall, 35 referee's were nominated and available to

officiate the championship. Each having the opportunity to referee at least one session at the event.

On a final note, the banquet was exceptional with Christiane staying awake the entire night to ensure that all of delegation were on-time to the airport.

Finally, special thanks go out to both Inzer Advance Designs and Pallini for their kind and generous support of this event. Overall, this was an exceptional and well-planned championship, and the IPF looks forward to returning to Cahors again in the future. **Gaston Parage/Robert Keller**

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4TH IPF MASTERS WORLD BENCH PRESS CHAMPIONSHIPS-TRENCIN, SLOVAKIA



Sergey Fedosienko (above) from Russia receiving the gold medal at the 27th European Powerlifting Championships. Sergey totalled 655kg in the 52kg class. (Wilks score of 648 points).

This was a very well organized competition - thanks to Michal Capla, the contest director, and Pavol Muller, the Technical Secretary. The championship was extremely well attended with 283 bench pressers from 27 countries from around the globe.

At this championship, lifters from both Egypt and Iraq mounted the platform for the very first time in IPF world championship history. Congratulations to both countries! At this time, Egypt has been a long time member, and Iraq is a provisional member awaiting approval from both the IPF and Asian Power-

lifting (APF).

Overall, the championship produced 32 world records, and with so many being set at this championship, 35 doping tests were performed from lifters representing 16 countries.

The competition took again place in the Dukla military club, the same venue as the Open Worlds Bench Press Championships in December 2003.

The opening ceremony, held on Thursday, was attended by the mayor of the city of Trencin, who said some words to welcome the

lifters and officials. The accommodation in the Tatra and Slovakia Hotels was again very good and also transportation was on time with no delays.

The championships concluded on Sunday late afternoon, and afterwards a festive banquet, with free drinks, delicious food, and disco music was held downtown in the city hall of Trencin. To conclude, this was a very good championship, and our sincere thanks and appreciation to the organizers.

Norbert Wallauch



(Above) Victor Furashkin of Russian wins the 82.5kg class with an 885kg Total.

(Below) Tony Saunders of the USA, acknowledges the crowd after breaking Hans Zerhoch's 40+ WR squat with 421kg.

27TH EUROPEAN POWERLIFTING CHAMPIONSHIPS-NYMARK, CZECH REPUBLIC

The meet director Miroslav Vacek and the technical secretary Jiri Hofirek with a great team of clever people made a splendid organisation of the 27th Open European Powerlifting Championship. The venue was prepared in the City's Culture house and was well suited for this championship.

Except for a rather small space in the warm up area, all detailed was perfect prepared

and the running of the championship was excellent by experienced people. The spotters made no mistake at all during the 4 days of competition and they were extremely fast unloading and loading the bar. Their performance was very impressive.

Also the lifting was exiting with many good performances. The standard of the lifters were high and several European and world records

being broken. The best lifter was Sergey Fedosienko from Russia with incredible 648 Wilks points.

A friendly banquet with free beer and tasty food completed the championship.

Congratulation to the organiser for a very well organised championship!

Arnulf Wahlstrom

2ND NAPF POWERLIFTING CHAMPIONSHIPS—MAIMI, FLORIDA



The 2nd IPF North American Regional Powerlifting Championships were held in Miami, Florida. This year's event was again a tremendous success, with a total of 45 lifters, from six countries (USA, Canada, Puerto Rico, Bahamas, Guatemala and Venezuela) attending the championship, with a commitment of participation from other nations from the region for next year. Brad Gillingham and Priscilla Ribic were awarded the overall best lifters. The championship

took place in the Rose & Alfred Miniaci Performing Arts Center on the Campus of Nova Southeastern University. Under the direction of Dr. Larry Maile and the IPF EC, the IPF country affiliates from the North American Region formed the NAPF. The formation of the NAPF shall serve as a significant step in the IPF's application to the International Olympic Committee (IOC) later this year.

Robert Keller

IPF Directory**IPF TECHNICAL NEWS****TECHNICAL COMMITTEE
NEWSLETTER NO: 4/2004**Sudden Death

I was deeply shocked and saddened to hear of the sudden death of Barrie Scott, IPF Category 1 Referee and approved examiner for Great Britain. Barrie was the most gentlemanly of men and of an extremely willing disposition. He was most conscientious in his position, always informing me in advance of potential candidates. I would like to extend my personal condolences and that of the IPF Tech-

nical Committee to his family and friends. He will be sadly missed.

New Gear (for T.C. approval)

The Technical Committee has received new Bench Shirts and Wraps from Metal Shop (Finland) for IPF approval. They were studied in Committee during June at the Women's World Championships in Cahors, France, to see if they meet the required criteria. A Bench Shirt from MURPHY (Brazil) handed casually to the Chairman for scrutiny is not legal -- The re-

quired fee not having been paid to the IPF.

New Referees

The following IPF members have recently passed their IPF Referee's Examination. IPF Category II - Carlos Herranz, Ayman Kichi; and Manuel Martinez from Spain; Tone Ingebretsen of Norway; Ilkka Seppala, Jari Tatinen, and Vuokko Viitasaari of Finland; Wing - Yuk Ip from Hong Kong. IPF Category I - Anatolyi Bykov from Kazakhstan. Congratulations to each candidate for passing their exam.

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TECHNICAL NEWS (CONTINUED)Proposal to Congress
(November 2004)

The Technical Committee is not in receipt of any more proposals than those published in earlier Newsletters this year. National Secretaries please note that the Technical Committee would appreciate proposals on behalf of your members by the end of June. Proposals will not be accepted from the floor on the day of Congress!

Technical Checklist

Organizers of all World IPF Meets must now complete a Technical Checklist provided by the IPF Championships Secretary Gaston Parage, return it to him, with a copy to the Chairman of the Technical Committee John Stephenson. This comprehensive document contains all of the requirements one would expect at a major championships.

International Language

We would urge all who wish to receive a response to letters addressed to the Technical Committee that e-mails should be typed in English --The official IPF language.

Commonwealth Powerlifting
Championships

Peter Fiore (G.B.) tells me that he is making considerable progress in his quest to establish a "British" Commonwealth Championships, probably August

TECHNICAL NEWS (CONTINUED)

2005. To consider it a success Peter says he needs a minimum of 10 countries to participate. His current thinking is to have Junior, Senior and possibly Master teams combined from each Nation. Peter is asking for IPF approval of this proposed calendar event. We the Technical Committee will support him in any way possible!

Suits/Shirts (Supportive)

Although the IPF requirement of the material for supportive equipment is of one ply, some of the samples sent to the T.C. for approval are becoming increasingly thicker and of very, very, little elasticity. Our recommendation to the Executive Committee is that the material be limited to ---- microns? And the shirt, like that of costume is made of stretch material. This will be under discussion at the first full

meeting of the T.C./E.C. in June.

Crain Gear

Gaston Parage IPF Treasurer informs the Committee that all Crain supportive equipment approved by the T.C. is now legal. The licensing fees having been received.

John Stephenson

MESSAGE FROM THE PRESIDENT

Dear Powerlifters and IPF Affiliated Member Federations,

As you know from many statements I have made since I was elected President of the IPF our application to the IOC to make Powerlifting become an Olympic sport is one of the main goals I always have had. By the way it is less the vision to once become included into the Olympic programme to enhance our efforts but all the other advantages we can expect as financial support from IOC, NOCs, governments, communities, sponsors etc. to our affiliated members as well as to the IPF and finally the higher respect and appreciation that would be extended to our sport.

During the last twenty years there have been several attempts to become IOC recognized but they all wrecked out of different reasons as wrong information, lack of lobbyists or personal animosities. In the first period of my presidency there was an interruption in affiliating new sports to the ARISF, the Association of IOC recognized International Sports Federations, because of a change of the Olympic leaders (IOC President Juan Antonio Samaranch was followed by Jacques Rogge) and a new concept for criteria to achieve this status. In July 2003 this new Recognition Procedure was decided and in November 2003, immediately after the IPF Congress in Vejle, forwarded to the applicants. Since this date the IPF Executive is working on that.

Let me tell you what is required from International Sports Federations which want to become IOC recognized:

First, their role within the Olympic Movement is "to establish and enforce, in accordance with the Olympic spirit, the rules concerning the practice of their respective sports". They ensure, in particular, the development of their sport worldwide in order that it can be practiced in as many countries as possible. Their statutes, practices and activities must conform to the Olympic Charter, though each recognized IF preserves its independence and autonomy in administering its sport.

As stipulated in Rule 2.1 Chapter 1 of the Olympic Charter, the IOC "encourages the coordination, organization and development of sport and sports competitions and ensures the promotion and application, in liaison with the international and national sports institutions, of measures aimed at strengthening the unity of the Olympic Movement". Being a Recognized International Federation does not mean that the sport it governs will be automatically included on the programme of the Olympic Games, but once recognized they may appeal for being included by the Olympic Programme Commission following the procedure set out in the framework of the regular review of the Olympic programme, carried out after each edition of the Olympic Games.

The ARISF, as already mentioned, was created to bring together all IFs recognized by the IOC except those whose sports are already included on the Olympic programme. ARISF thus contributes to an exchange of information between the recognized IFs through permanent contact with the IOC.

And these are the necessary criteria to become an IOC recognized sport:

- o Conform to Rule 29 of the Olympic Charter.
- o Apply the World Anti-Doping Code and conduct effective out-of-competition tests in accordance with the rules established, which must be attested by the World Anti-Doping Agency.
- o Recognition of the Court of Arbitration for Sport (CAS) jurisdiction and acceptance of the Code of Sports-related Arbitration.
- o Be the only Federation governing the sport worldwide.
- o Have existed for at least five years.
- o For summer sports IFs (as Powerlifting belongs to) have a minimum of 50 affiliated countries from at least three continents.

MESSAGE FROM THE PRESIDENT—NORBERT WALLAUCH (CONTINUED)

o Respect the following general rules: The Federation should, in particular, monitor the athlete's health, education, non-discrimination, fair play and solidarity. The development of young people's activities must be a key focus of the Federation. Sports competitions must be organized at world and continental level for young people/juniors, as well as for men and women. The judging and marking system of the sport used by the Federation must be objective, fair and transparent. The Federation must attach great importance to women practicing the sport.

What the IPF in the recognition procedure already has done:

We have sent a letter of intent to the IOC Sports Department. In the second stage we received a questionnaire with all the required details of the recognition procedure. This questionnaire, as far as it concerned with the regions, has been forwarded to our Regional Federations at the beginning of April 2004 but until June 28th the IPF President and General Secretary have received complete information only from Europe and Oceania, missing the information about their regional federation from South America, missing the information about their affiliated member nations from North America and missing everything (!) from Asia and Africa. Please do not waste any more time!

In the meantime the IPF has signed the WADA Code and sent the Implementation of the IPF Anti-Doping Rules and a draft of the corrected IPF Constitution to WADA for examination. Thanks to Kalevi Sorsa for your perfect work. All the other requested papers will be prepared by the President, the General Secretary and the IPF Executive. They have to be "written in English or French and presented in a simple and concise style with no other presentations attached" - that means no brochures or video cassettes, CD-Roms etc. as supposed in the past.

Once a year the IOC Executive Board, consisting of 15 people, including the IOC President, 4 Vice Presidents and 10 additional members, decides upon the recognition if the Director of the IOC Sports Department has recommended the request. At the SportAccord Congress in May in Lausanne Detlev Albrings, Gaston Parage and I have contacted several people who are involved in this process and who might be helpful for our application. The first step will be a provisional recognition of two years with all advantages of a full membership. At the end of the provisional recognition period, and upon the recommendation of the IOC Executive Board, the IOC Session decides upon full recognition of the International Federation concerned.

Gentlemen, you see Powerlifting is nearer to our big goal of becoming an Olympic recognized sport as at any time before. We should be proud on that and continue in our efforts to make it true. But remember, we, the International Powerlifting Federation, are the only door into the Olympic Movement a big advantage to all other challenging organizations which also claim to represent our sport though they do not conform to the requirements of the IOC and are far away from being worldwide as the IPF is. On the other hand the IPF's duty is also to watch that its reputation will not be soiled by anybody or anything as doping failures or disregarding the rules or constitution.

I herewith invite everybody who is willing to agree with the ideology and the visions of the IPF to join us on our way to get Olympic Recognition.

Norbert Wallauch

President, International Powerlifting Federation



INTERNATIONAL POWERLIFTING
FEDERATION NEWSLETTER

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INTERNATIONAL POWERLIFTING
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Under the patronage of the
International Olympic Committee

2004 IPF World Championships

08. – 12. September	World Sub-Juniors/ Juniors	Pretoria / South Africa
05. – 10. October	World Masters	Udaipur / India
09. – 14. November	World Men	Capetown / South Africa
01. – 05. December	World Bench Press	Cleveland / U.S.A

Invitation for the 2004 IPF Congress

The “Good Hope Centre” (Venue) in Cape Town / South Africa
Tuesday, 9th. November 2004 / Start: 10:00 am
To all affiliate nations of the IPF:

The rules congress shall be held this year, and therefore I would like to request that everyone send your proposals, by the 31 July 2004, to John Stephenson, the Chairman of the IPF Technical Committee. Proposals can be sent via E-mail to John at: stephensonjsy@supanet.com

As you know, last year we accepted the WADA code, and therefore we must make changes to several rules in our Constitution and By-Laws.

Please send your amendments according IPF-Con. 7.3.6.3 latest 10. September 2004 to me. Please keep in mind, that normally at this Congress no Constitution and By-Laws can be changed, except if the Congress decides about amendments with a 2/3-majority.

Detlev Albrings

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Tribute to Barrie Scott— “An Ambassador to the Sport of Powerlifting”



I cannot believe we have lost this lovely man without any warning.

We spent many happy hours “dissecting” Powerlifting - mainly in the bar, glass in hand, after a World or European championship. Our mutual love of waistcoats - a new one was the first thing we looked for on meeting - and I remember well, him

presenting me with one I particularly liked, in Italy! His stories of “Life with the Krays” had many rolling their eyes, but his life in London meant a lot to Barrie - and made interesting listening - better with glass in hand! I am proud to say that when Barrie passed his Cat 1 in Denmark, I was on the jury that invigilated him.

We later celebrated - glass in hand!! A lovely man, a wonderful friend, an organized and fair referee - you don't need much more in Powerlifting. To June - my sincere condolences. He will be greatly missed.

I hope there's a bar in heaven that never closes - and sells beautiful waistcoats!!

*REST IN PEACE BARRIE,
Love always,
Doreen Dowsett*