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Contact: Lance Slaughter

(310) 995-0047

lanceoslaughter@yahoo.com

## **COUNTDOWN TO THE 2008 IPF MASTERS WORLD POWERLIFTING CHAMPIONSHIPS**

August 4, 2008 – Less than 60 days remain until the first weight is lifted to kick-off the 2008 IPF Masters World Powerlifting Championships presented by CON-CRET which will be held in Palm Springs, CA. Over 300 athletes, men & women forty years of age and older, will gather at the Palm Springs Convention Center to compete for the coveted title of World Champion.

The World Championships are not just contained to the competition venue however, but will be comprised of activities throughout the week dedicated to promoting the sport of powerlifting and enhancing the experience of its international attendees. The festivities begin on Tuesday, September 30th with the Opening Ceremonies and continue throughout the week to Saturday with athletes and officials participating in a media reception, Palm Springs Villagefest, the Closing Banquet and world class competition.

In addition to the United States, other powerhouse teams that will be in Palm Springs include Canada, Czech Republic, Finland, France, Germany, Great Britain and Japan. Athletes from close to thirty nations from every continent will be present making this year's IPF Masters World Powerlifting Championships one the best attended in the history of the International Powerlifting Federation (IPF). "Hosting the Masters Worlds is a great honor for USA Powerlifting, and a real opportunity for our teams to bring its best performance on our home soil ", said Lance Slaughter, Executive Committee member for USA Powerlifting serving as Chair of the Organizing Committee for the World Championships.

Proving that "age is just a number" and that athletes can get better and stronger with time, many of today's top masters-age powerlifters are still some of the best in the world, regardless of age.

Top US team members considered among the world's best lifters include Harriet Hall among the women and Mike Bridges, Tony Harris and Brad Gillingham among the men. For many of the athletes participating it is the pinnacle of their powerlifting season or even their sporting career to make it to the world championships and proudly wear their country's uniform.

All of the week's action at the Palm Springs Convention Center is free and open to the public. Online coverage is available at [www.mastersworlds.com](http://www.mastersworlds.com) including championship information, entry lists, competition schedules, daily results, photo galleries, media center and special features leading up to the 2008 IPF Masters World Powerlifting Championships.

## **2008 IPF Masters World Powerlifting Championships**

### **The Numbers**

310 competitors

27 countries

100 volunteers

Plus families, media & spectators

### **Schedule of Events**

Tuesday, September 30th

10:30 am      Opening Ceremonies and Parade of Athletes

11:00 am      Men 50-59, 60+                      56 kg – 67.5 kg

3:00 pm        Women 40-49, 50+                    48 kg – 56 kg

6:30 pm        Men 40-49                                56 kg – 67.5 kg

Wednesday, October 1

10:30 am      Women 40-49, 50+                    60 kg & 67.5 kg

2:00 pm        Men 40-49, 50-59, 60+                75 kg

7:00 pm        Media/VIP Reception

Thursday, October 2

10:30 am      Women 40-49, 50+                    75 kg & 90+ kg

3:00 pm        Men 40-49, 50-59, 60+                82.5 kg

6:00 pm        Palm Springs Villagefest

Friday, October 3

10:30 am Men 40-49, 50-59, 60+ 90 kg

3:00 pm Men 40-49, 50-59, 60+ 100 kg

6:30 pm Men 40-49, 50-59, 60+ 110 kg

Saturday, October 4

10:30 am Men 40-49, 50-59, 60+ 125 kg & 125+ kg

7:00 pm Closing Banquet

\*\*Note: All times are local.

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