

## Official Invitation

### **The International Powerlifting Federation and USA Powerlifting invites all IPF member federations to attend the: 12<sup>th</sup> IPF Men/Women's World Masters Bench Press Championships April 19 – April 22, 2012 / Aurora, Colorado USA**

**Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.**

Contest Director: Dan and Jennifer Gaudreau: [rmlcco@yahoo.com](mailto:rmlcco@yahoo.com) / Tel: 303.337.4613  
Champ. Secretary: Gaston Parage: [Gaston.Parage@powerlifting-ipf.com](mailto:Gaston.Parage@powerlifting-ipf.com)  
Tel: +352-621165214 / Fax: +352-582696

Technical Secretary:  
Contest Format: Standard IPF weight classes and age groups  
Awards: Medals for 1st, 2nd and 3rd place for each weight class and age group. The Women's Master III / IV and Men's Masters IV categories will be determined by the Wilks Formula. A best lifter trophy will be awarded in each age division for women and men determined by the Wilks Formula. Trophies will be awarded to the top three teams for each age group and participation diplomas/certificates will be awarded to all nominated lifters, coaches and referees that take part in the championship.

Organizer: USA Powerlifting Federation  
City: Aurora, Colorado USA  
Dates of Event: Thursday to Sunday, April 19 – April 22, 2012  
Lifting Venue: Red Lion Hotel  
Hotel: Red Lion Hotel  
Hotel Website: [Red Lion Hotel](#)  
Hotel Rates: € 76.00 Euros for single, double and triple room (breakfast included)  
€ 93 Euro for quad room (breakfast included)

Hotel bookings: All athletes/nations are responsible for payment of all their hotel expenses. The organizer of this event is not responsible for payment of hotel accommodations.  
If you want to make a reservation please contact the Red Lion Hotel by  
Phone-No.: 303.695.1700 Please mention that you are competitor at the IPF World Master Bench Press Championships.  
Online Reservations: [Red Lion Hotel Reservation](#) You must enter **ROCK0417** for the group/convention code, on the right hand side of the page, to receive the correct rate.

**At all World Championships the accommodation fees shall be payable by bank transfer or credit card as follows (Exceptions may be granted by the IPF EC).  
By bank transfer or credit card as specified by the hotel in the invitation for each World Event;**

Airport: Denver International Airport <http://flydenver.com/>

Transport: The Red Lion Hotel  
A free shuttle will run every 30 minutes to the airport to pick up athletes/coaches/officials/dignitaries.  
The organizer provides transport only between Denver International Airport and the accommodation hotel, the Red Lion Hotel. Each team must provide a detailed itinerary to the organizer at [rmlcco@yahoo.com](mailto:rmlcco@yahoo.com)

Charge for transport: Free

Scales: The competition scale will be available beginning on April 19, 2011.  
National Flag: Each nation must provide its national flag - Approximate size 1.5 m x 1.0 m.  
National Anthem: Each nation must also provide its national anthem CD.  
Participation Fee: € 30.00 Euros per lifter – Payable to IPF  
Anti-Doping Fee: € 50.00 Euros per lifter – Payable to IPF  
Anti-Doping: Each lifter will be required to present official identification [Passport] as well as an IPF Anti-Doping Release Form at the weigh-in.

Technical Meeting: Thursday, April 19, 2011 @ 17:00 / West Wing A & B – Red Lion Hotel  
Opening Ceremony: Friday, April 20, 2011 @ 10:00 / Grand Ballroom – Red Lion Hotel  
Banquet Tickets: € 30.00 Euros per person.  
Breakfast Buffet: Included in hotel cost

Competition Website: <http://www.usaplNationals.com/2012-IPF-WMBP/>

Train Station: The Nine Mile Light Rail train station is a short walk, 7 minutes, from the competition venue/hotel. It will take you to many places such as the Theatre District, Convention Center, Sports Authority Field at Mile High, Pepsi Center, the bustling 16th Street Mall, Downtown Denver and Park Meadows Shopping Center.

Rental Car: If you wish to rent a car while in Colorado, the Red Lion Hotel has an on-site rental car agency, Enterprise Rent-A-Car.

**Note 1: All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).**

Nominations: Team nomination forms must be in the hands of the Meet Director [micco@yahoo.com](mailto:micco@yahoo.com), and the IPF Championship Secretary [gaston.parage@powerlifting-ipf.com](mailto:gaston.parage@powerlifting-ipf.com) not later than:

**Preliminary: 19<sup>th</sup> February 2012 (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).**

**Final: 29<sup>th</sup> March 2012 (later entries will not be accepted).**

All nominated lifters and officials must cover all hotel costs if we have received no information about a cancellation 7 days prior to the championships, and the same applies for the participation and anti-doping fees (IPF-By-Laws105.5.2).

**7 Days Before Technical Meeting: 12<sup>th</sup> of April is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If a withdrawal is not made 7 days prior to the Technical Meeting of a World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

Correspondence: E-Mails regarding the championship must be sent to: JOHNNY A. GRAHAM, [grahamj7@aol.com](mailto:grahamj7@aol.com) and a copy to the IPF Championship Secretary Gaston Parage. [Gaston.Parage@powerlifting-ipf.com](mailto:Gaston.Parage@powerlifting-ipf.com)

VISA information: Robert Keller, [rhk@verizon.net](mailto:rhk@verizon.net) 954-790-2249

### Provisional Timetable of Events

Day		Event	Location	Start
Thursday, April 19, 2012		Technical Meeting	West Wing A/B	17:00
Day	Weigh-In Time	Age Group	Weight Class	Start
Friday, April 20, 2012	09:00-10:30	Men M2-M4	59-66kg	11:00
	11:30-13:00	Women M1-M3	47-52kg	13:30
	13:30-15:00	Men M1	59-66kg	15:30
	15:30-17:00	Men M1-M4	74kg	17:30
Saturday, April 21, 2012	08:00-9:30	Women M1-M3	57 & 63kg	10:00
	10:00-11:30	Men M1-M3	83kg	12:00
	12:30-14:00	Women M1-M3	72-84kg	14:30
	14:30-16:00	Men M1-M4	93kg	16:30
	16:30-18:00	Men M1-M4	105kg	18:30
Sunday, April 22, 2012	08:00-9:30	Men M1-M4	120kg	10:00
	10:30-12:00	Men M1-M4	120+kg	12:30
		Event		
		Banquet	Grand Ballroom	19:30

### Important Items to Remember

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Thursday, April 19, 2012.

Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive a confirmed cancellations of hotel rooms at least 7 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Detlev Albrings  
President, IPF

Gaston Parage  
Championship Secretary

Larry Maile  
President, USAPL

Dan and Jennifer Gaudreau  
Meet Directors