



INVITATION

ASIAN POWERLIFTING CHAMPIONSHIPS – 2012 UDAIPUR, INDIA

Sub-Junior, Junior, Senior, Masters (All age groups, Men & Women)

Preliminary entry: March 1, 2012	Not participating: March 1, 2012	Final entry: April 9, 2012
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Sanctioned by : Asian Powerlifting Federation , International Powerlifting Federation

Organized by : Indian Powerlifting Federation

Meet Director : Subrata Dutta

3/3, Meghmallahar Appartment, 86, M.Road, Bistupur, Jamshedpur-1, India.

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Tel: +91-98108-59374, +91-94313-01965

Fax: +91-657-2222125

APF Technical Committee Chairman: P.J. Joseph, E mail: pjoseph_arjun@yahoo.co.in .

Host City: UDAIPUR, INDIA

Date: 1st to 7th May, 2012

Venue: Banquet & Conferences Hall, Hotel Inder Residency, Udaipur

Hotel: **HOTEL INDER RESIDENCY, Five Star (*****)**

Goverdhan Vilas, Ekling Nagar, Shikharbadi Road, Udaipur-301 001, India

Tel: +91-294-2489888, Fax: +91-294-2488733 Website www.inderresidency.in

E-mail : info@inderresidency.in

Single room US\$ 135 (per day, per person,) (Only 15 Room Available)

Twin room (two beds room) US\$ 90 (per day, per person)

Triple room US\$ 75 (per day, per person)

Hotel rate include breakfast in the hotel ,and lunch Box will be prepare Continental/
Indian Food at the Venue & Buffet Dinner at the Hotel. These are all free for everyone

who are staying in the Meet Hotel . And the transportation from the Airport / Rly.

Station to Hotel and Hotel to the Airport / Rly. Station. **Is free for everyone**

Sight Seeing : A Bus will arrange for Udaipur sight seeing starting from Hotel Daily 10.30 a.m. and
Will come to Hotel by 4.30 p.m. (**Free of Charge**)

Note 1: *All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100, per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).*

Hotel booking : All Hotel booking should be sent to the Meet Director at least one month before the Championships.

On the arrival at the Hotel, Team Managers need to pay all the members hotel fees to the special championship desk at the hotel.

All team members are responsible for their hotel expenses. The organizer of this event will not pay for any hotel unpaid bills. Team managers will be responsible for all unpaid bills.

ID-Card: Each nation must send current passport size photos (for security reason) to the Meet Director, with name in block letters on the back for each officials and lifters. We will accept photos by E-mail.

Scales: Venue and Hotel Room (Championships Office)

Asian Congress: 1st May,2012 at 19:00 Hrs. At the Meet Hotel

Technical meeting :After Asian Congress at the Meet Hotel.

Opening ceremony:2nd May,2012, 09:45 a m. At the Venue

Banquet: 7th May,2012 19:00 Hrs.

Banquet fee: Banquet Ticket US\$30

Airport: Udaipur International Airport

(You can come by Bus or Train to Udaipur from Delhi Nizamuddin Railway Station & from International Airport also. If you require we can book Bus for your Team from International Airport to Udaipur)

Transportation: For transportation from Udaipur Airport & Railway Station to Hotel and from Hotel to Udaipur Airport & Railway Station will be arranged by the Organizer, if arrival and departure details is notified 3 weeks in advance. The cost is free.

Drug Test Fee & Participation Fee:

Drug Test Fee USD60\$, Participation USD30\$ per lifter will be collected at the Technical Meeting.

National Flag & Nation Anthem:

Each participating nation must bring their National Flag and Cassette /CD of their National Anthem

Health and Travel Insurance: We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc. The organiser and the APF will not incur any expenses for a doctor or a stay in hospital.

Nominations: Team nomination forms must be in the hands of both Meet Directors (sdutta21@yahoo.co.in) and APF Technical Committee Chairman (pjoseph_arjun@yahoo.co.in).

Preliminary: March 1,2012

Final: April 9,2012

Correspondence: E-Mails or fax messages (E-Mails are preferred) regarding the championships must be sent to the Meet Directors Subrata Dutta & a copy to P. J. Joseph (CTC).

Susumu Yoshida
APF President

P.J. Joseph
Chairman,T.Committee

Subrata Dutta
Meet Directors &

susumu@phouse.jp, hisako@phouse.jp

APF General Secretary

Provisional Timetable of Events (Final Time Table will be made after the Technical Meeting)

Date	Weigh-in time	Classes	Start
Wednesday, May 2, 2012		Opening Ceremony	09:45
Wednesday, May 2, 2012	09:00 – 10:30	Women 43 – 47 kg (All Age Categories)	11:00
	14:00 – 15:30	Men 53 – 59 kg (All Age Categories)	16:00
Thursday, May 3, 2012	8:00 – 09:30	Women 52 – 57 kg(All Age Categories)	10:00
	13:00 – 14:30	Men 66 Kg. (All Age Categories)	15:00
Friday, May 4, 2012	08:00 – 09:30	Women 63 – 72 kg(All Age Categories)	10:00
	13:00 – 14:30	Men 74 Kg (All Age Categories)	15:00
Saturday, May 5,2012	08:00 – 09:30	Women 84 - +84 Kg. (All Age Categories)	10:00
	13:00 – 14:30	Men 83 (All Age Categories)	15:00
Sunday, May 6,2012	08:00 – 09:30	Men 93 Kg. (All Age Categories)	10:00
	12:30 – 14:00	Men 105 Kg. (All Age Categories)	15:50
Monday, May 7,2012	08:00 – 09:30	Men 120 - +120 Kg. (All Age Categories)	10:00
		Farewell Banquet	19:00 Hrs

Victory Ceremonies: At the end of each competition session

Programme subject to change by the discretion of the APF Management