



International Powerlifting Federation [IPF]
CZECH Powerlifting Federation

Official Invitation

The International Powerlifting Federation
and the Czech Powerlifting Federation

invite the IPF member nations to participate in the

23rd IPF World Open Men's & Women's Bench Press Championships and the 4th IPF World Sub-Junior & Junior Men's & Women's Bench Press Championships 2012

In Parkhotel Congress Center Pilsen, Czech Republic

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Vladimir Mati, Liskovecka 2510, 738 01 Frydek-Mistek, Czech Republic
e-mail: mati@taurusagency.cz

Correspondence, visa: Lenka Černikova cpf@powerlifting.cz

Accommodation, transport:
Jana Sevcikova worldpowerlifting@seznam.cz, phone: +420 773 077 739

Technical Secretary: Ivan Karpisek

IPF Championship Secretary:
Gaston Parage, 1, rue Pasteur, L-4642 Differdange, Luxembourg,
phone +352-621165214, fax: +352-582696, e-mail:
Gaston.Parage@powerlifting-ipf.com

Host City : Pilsen, Czech Republic

Date: 21th – 26th May 2012

Venue: Parkhotel Congress Center Pilsen, U Borskeho Parku 31, 320 04 Plzen

Technical Meeting: Sunday 20th May at 20:00 at Parkhotel Pilsen

Referees Clinic: Sunday 20th May after the Technical Meeting at Parkhotel Pilsen

Official hotels:

1. Parkhotel Congress Center Plzen

U Borskeho parku 31, 320 04 Plzen, Czech Republic, www.parkhotel-czech.eu

Single room: 1780,- CZK per person / night, including breakfast
(only 50 single rooms are available at the hotel)

Double room: 1120,- CZK per person / night, including breakfast



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2. Hotel Primavera Plzen

Nepomucka 1058/128, 326 00 Plzen, www.primaverahotel.cz

Single room: 1730,- CZK per person/ night including breakfast
Double room: 1280,- CZK per person / night including breakfast

Notes:

Note 1: All athletes, coaches, referees or officials from each federation must stay in the official hotel. If not they will have to pay administration fee of 100 euros or they will not be allowed to participate at the championship.

Note 2: The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms at the arrival at the Championship office.

Accommodation fees payable by:

1. credit card (+ 5% bank fee)
2. cash in CZK, EUR (according to the current exchange rate)
3. bank transfer to the following bank account:

Bank account No.: 2099876/5800
IBAN: CZ39 5800 0000 0000 0209 9876
SWIFT code (BIC): JTBP CZ PP
Bank address: J&T Banka, Pobrezni 14, 186 00 Praha

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship. All bank charges go at the expense of order party. If you choose the payment by bank transfer or by credit card, you must inform the organizer in advance.

All rooms must be booked at the latest with the deadline of the final nomination – **29th April 2012**. **13th May 2012 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.** If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee, the doping and the banquet tickets for all lifters and officials specified at the final nomination form

Arrivals/Transportation:

Transport from Prague airport to hotel in Pilsen

When arriving 1 person: 1500,-CZK per person/one way
When arriving 2 people: 750,-CZK per person/one way
When arriving 3 or more people: 600,-CZK per person/one way

Price of transport must be paid at arrival at the championships office. Any national team will not be accredited until the reserved transportation has been paid. Please send therefore your detailed travel itinerary to Jana Ševčíková, so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Scales: Scales available at the official hotels.

Training: Special training area available at the venue every day from 9 a.m. to 8 p.m.

Flag and anthem: Will be provided by the Organizer.



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- Photos:** Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. Photos must be sent together with the final nominations. If possible, send a digital version by email.
- Closing Banquet:** Saturday 26th May, 20:00 at the Congres centre Parkhotel.
Price per ticket: € 30,-.
- Participation Fee:** 30 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.
- Anti-Doping Fee:** 50 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.
- Opening Ceremony:** Monday 21th May at 20.00 hours at the Venue (Congres centre Parkhotel). All representatives from each participating country shall take part at the Ceremony.
- Nominations:** Team nomination forms must be in the hands of the Meet Director (mati@taurusagency.cz) and the IPF Championship Secretary (Gaston.Parage@powerlifting-ipf.com) not later than:
- Preliminary:** **22th March** (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
- Final:** **29th April** (later entries will not be accepted).
- Correspondence:** E-Mails regarding the championships must be sent to: Lenka Cernikova (cpf@powerlifting.cz) and a copy to the Meet Director and the IPF Championship Secretary.
- Web site:** More information available at the special web site of the Championship: <http://www.powerlifting-czech.eu>.
Web media: www.ronnie.cz, www.svetkulturistiky.cz.



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Provisional Time table

World Sub-Junior & Junior & Open Bench Press Championships in Pilsen, Czech Republic, May 20-26, 2012 Provisional timetable

Day	Weigh in time	Classes	Start
Sunday 20 th May		Technical meeting	20:00
Monday 21 th May	11:00- 12:30	Sub-Junior and Junior Men 53.0-59.0kg	13:00
	12:00- 13:30	Sub-Junior and Junior Women 43.0-52.0kg	14:00
		Opening Ceremony	16:00
	15:00-16:30	Sub-Junior and Junior Men 66.0-74.0kg	17:00
Tuesday 22 th May	11:00-12:30	Sub-Junior and Junior Women 57.0-63.0kg	13:00
	13:00-14:30	Open Men 59.0-66.0kg	15:00
	15:00-16:30	Open Women 47.0-57.0kg	17:00
Wednesday 23 th May	11:00-12:30	Sub-Junior and Junior Men 83.0-93.0kg	13:00
	13:00-14:30	Sub-Junior and Junior Women 72.0- +84.0kg	15:00
	16:00-17:30	Open Men 74.0-83.0kg	18:00
Thursday 24 th May	11:00-12:30	Sub-Junior and Junior Men 105.0kg	13:00
	13:00-14:30	Open Women 63.0-72.0kg	15:00
	16:00-17:30	Open Men -93.0kg	18:00
Friday 25 th May	11:00-12:30	Sub-Junior and Junior Men 120.0- +120.0kg	13:00
	13:00-14:30	Open Women 84 - 84.0+kg	15:00
	16:00-17:30	Open Men -105.0kg	18:00
Saturday 26 th May	09:00-10:30	Open Men -120.0kg	11:00
	11:00-12:30	Open Men +120.0kg	13:00

Important Items to Remember:

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the time table of events. All changes will take place at the technical meeting that will be held on Sunday May 20, 2012.



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Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive a confirmed cancellations of hotel rooms at least 7 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Detlev Albrings
IPF President

Vladimir Mati
Meet Director

Gaston Parage
IPF Championship secretary