



IPF WORLD MEN'S & WOMEN'S POWERLIFTING CHAMPIONSHIPS 2009

in New Delhi / India

Sanctioned by the International Powerlifting Federation
and
the Indian Powerlifting Federation

invites the IPF member nations to participate in the

30th Women's World and the 39th Men's World Powerlifting Championships 2009

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

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Address: 3/3, meghmallar apptt. 86 M. Road, Bistupur, Jameshedpur -831 001 (Jharkhand), India

Technical Secretary: P.J. Joseph – **Phone** +91 9447262202

IPF Championship Secretary: Gaston Parage, 1, rue Pasteur, L-4642 Differdange, Luxembourg

Mobile Phone: +352-621165214, Fax: +352-582696, E-Mail: gaston.parage@powerlifting-ipf.com

Host City : New Delhi / India

Date: 01. November. - 07. November 2009

Venue: Ball room, Fortune Hotels, Globle Arcade, Mehrauli Gurgaon road, Gurgoan-122002 Haryana (New Delhi Boarder) 15 km from Indira Gandhi International Airport, New Delhi.

Congress: Sunday, 01. November 2009, Begin: 14.00 at the Congress room/Ball room

Technical Meeting: Sunday, 01. November 2009, after the Congress at the Congress Room/Ball room

Meet Hotel: Hotel name and address: BALL ROOM, **FORTUNE HOTELS.(4 Star)**, Globle Arcade, Mehrauli Gurgaon road, Gurgoan-122002 Haryana (New Delhi Boarder) 15 km. From Indira Gandhi International Airport, New Delhi.

Single Room : 6930 INR approx. 105.00 EURO per room/night including breakfast

Double Rooms : 8910 INR approx. 135.00 EURO per room /night including breakfast

Triple Rooms : 10890 INR approx. 165.00 EURO per room /night including breakfast

Hotel : Park Premier (4 Star) 3km from venue (Championship Shuttle available)

Single Room : 6930 INR approx. 105.00 EURO per room/night including breakfast
Double Rooms : 8910 INR approx. 135.00 EURO per room /night including breakfast
Triple Rooms : 10890 INR approx. 165.00 EURO per room /night including breakfast

Hotel Blue Sapphire : Janpratinidhi Tower, Sector-28, Gurgaon-122 001 Haryana (New Delhi Boarder) 2 km from venue (Championship Shuttle available)

Single Room : 5148 INR approx. 78.00 EURO per room/night including breakfast
Double Rooms : 5544 INR approx. 84.00 EURO per room /night including breakfast
Triple Rooms : 5940 INR approx. 90.00 EURO per room /night including breakfast

Hotel Subperb Star Residency : 1031, Sector, Near Unitech Cyber Park, Gurgaon Haryana (New Delhi Border) 3 km from venue (Championship Shuttle available)

Single Room : 5148 INR approx. 78.00 EURO per room/night including breakfast
Double Rooms : 5544 INR approx. 84.00 EURO per room /night including breakfast
Triple Rooms : 5940 INR approx. 90.00 EURO per room /night including breakfast

Note: Amount is per room, single room for one people only, Double room for two people only, Triple room for three people only.

For room booking please contact Subrata Dutta E-mail: sdutta21@yahoo.co.in. Payment will be done directly to the Indian Powerlifting Federation. Electronic Money Transfer as below

Name of the Bank : United Bank of India, Sakchi Branch, Jayant Building, Jamshedpur -831 001 Jharkhand (India)

Account No. : 0063010111961

R.T.G.S Code : UTBI – OJSD – 423 MICR – 831027002

Account Holder : INDIAN POWERLIFTING FEDERATION

At all World Championships the accommodation fees shall be payable by bank transfer or credit card as follows (Exceptions may be granted by the IPF EC).

By bank transfer as specified by the organizer in the invitation for each World Event; payment must be received at the account of the organizer 7 days prior the beginning of the Championships

By credit card, in cash in INR or in Euros according to the actual exchange currency rate.

All bank charges go at the expense of order party. If you choose the payment by bank transfer or by credit card, you must inform the organizer in advance.

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible. All the rooms must be booked at latest with the deadline of the final nomination – 11.October 2009. After the deadline the organizer cannot guarantee for accommodations.

Arrivals/Transportation: Transport from Indira Gandhi International Airport to meet hotel. Max. fifteen minutes drive. Bus will be provided free of charge from Airport to Hotel and Hotel to Venue all the time.

Please send therefore your detailed travel itinerary to Subrata Dutta at sdutta21@yahoo.co.in filled out in your Preliminary Nomination and confirm your itinerary in the Final Nomination. So the Meet Director can arrange enough rooms.

The Team leader is responsible to provide correct departure schedule of their team to the championship office at the hotel.

Scales: Scales available at hotel and venue

Training: at venue

Flag and anthem: Each nation must bring its flag and anthem to the Technical Meeting.

Photos: Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. A maximum of three coaches will be allowed into the venue free of charge. Photos must be sent together with the final nominations. If possible, send a digital version by mail.

Closing Banquet: **Saturday, 07. November 2009 at 19.30 hours**, site will be announced on arrival.

Price for banquet ticket: 24 Euro per person

Entry Fee: 30 EUR for each lifter declared must be paid by wire transfer to the IPF account.

Anti-Doping Fee: 50 EUR for each lifter declared must be paid by wire transfer to the IPF account.

Opening Ceremony: **2. November 2009, at the venue 10:00 a.m. hours**

Health and Travel Insurance: All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.

Please ensure that your athletes & team officials possess the requisite insurance coverage to meet current requirements.

Nominations: Team nomination forms must be in the hands of the Meet Director and IPF Championship Secretary not later than:

Preliminary: 2. September 2009 (**preliminary form must be sent. No final nomination can be accepted if the preliminary was not sent**)

Final: 11. October 2009 (Later entries will not be accepted)

All Hotel costs must be covered by all nominated lifters and officials if we have received no information about a cancellation 7 days prior to the championships, and the same applies for the participation and anti-doping fees (IPF-By-Laws 105.5.2).

7 Days before Technical Meeting.: 25. October is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If not any withdrawal is made 7 days prior to the Technical Meeting of an World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination sheet

New rules:

- 1) Preliminary nomination must be sent not later than 60 days before the date of the Championships. Final nomination must be submitted not later than 21 days before the date of the Championships, and it includes only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nomination will be accepted).***
- 2) According Technical Rules Page 4 item 7 at the final nomination you must definite list the athletes, who takes part. At the Technical meeting you can only delete athletes from your final nomination or change the weight classes. Replacing of athletes through reserve lifters at the Technical meeting is not possible.***

All lifters are expected to produce passports or other documents at the weigh-in.

Correspondence: E-Mails or fax messages (E-Mails are preferred) regarding the championships must be sent to the Meet Director; and a copy to the IPF Championship Secretary Gaston Parage.

**Provisional schedule for the World Men's & Women's Powerlifting Championships
in New Delhi, India, 1. - 7. November 2009**

Day	Weigh in time	Classes	Start
Mon 2.11.2009		Opening Ceremony at the venue	1000 hours
	0900-1030 hours	Men 56.0 & 60.0 kg	1100 hours
	1300-1430 hours	Women 48.0 kg	1500 hours

Tue 3.11.2009	0900-1030 hours	Men 67.5 kg	1100 hours
	1300-1430 hours	Women 52.0 & 56.0 kg	1500 hours

Wed 4.11.2009	0800-0930 hours	Women 60.0 & 67.5 kg	1000 hours
	1100-1230 hours	Men 75.0 kg	1300 hours
	1500-1630 hours	Men 82.5 kg	1700 hours

Thu 5.11.2009	0800-0930 hours	Women 75.0 & 82.5 kg	1000 hours
	1200-1330 hours	Men 90.0 kg	1400 hours
	1600-1730 hours	Men 100,0 kg	1800 hours

Fri 6.11.2009	0900-1030 hours	Women 90 & 90+ kg	1100 hours
	1200-1430 hours	Men 110.0 kg	1500 hours

Sat 7.11.2009	0700-0830 hours	Men 125.0 kg	0900 hours
	1000-1130 hours	Men 125+ kg	1200 hours
		Closing Banquet	2000 hours

Victory Ceremonies: At the end of each competition part.

Important Note: Changes may occur to the timetable. All changes will take place at the technical meeting.

Indemnity &

Insurance : Any participating federations and its delegated athletes / officials should agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Detlev Albrings
IPF President

Subrata Dutta
Meet Director

Gaston Parage
Championship Secretary